

Steve's Report

This past Wednesday evening, the High School hosts a Leadership Recognition Night where many students were recognized for outstanding academic or vocational achievements. It was enjoyable sitting in the bleachers and applauding as they were called forward to receive their awards and to get their pictures taken. It was obvious that my youth take education seriously and put their best effort into getting good grades. It was also obvious that the teachers care deeply for their students and are passionate about the subjects they teach.

And then our son, Max, was called forward to receive his award. He got his picture taken and was heading back to his seat when he was told, "Don't go anywhere, Max. You might as well just take a seat up here for a while." As proud as we were of Max, it was hard to miss his embarrassment. As he took a seat next to Chad Ockerman, this year's Valedictorian, Chad leaned over and whispered, "You're as smart as I am."

After the presentations were over, a number of people congratulated Cindy and me. "You're so lucky to have such a smart kid," they said.

And we do feel lucky and blessed - that all four of our children seem to be exceptionally bright and capable young people with bright futures ahead of them. I don't mind telling you, however, that our kids must have gotten their smarts from me - because Cindy still has all of hers.

But in all seriousness, we have learned through difficult experience that good grades often have less to do



Steve's Report by Steve Seal

with a child's intelligence and more to do with hard work and discipline. And it was also through these experiences that Cindy and I learned a few tricks that I believe have given our children an edge when it comes to getting good grades. If it doesn't seem too pretentious, I wouldn't mind sharing some of these with you.

First, we taught our children how to read at an early age. Every evening, we gathered together as a family and read a chapter from the scriptures. Generally, I would hold the youngest child on my lap and every time we came to an easy "right word" (words children can recognize by their shape) - such as "at," "add," "is," "the," "for," and "my" - I would have them read that word. The little ones loved this. Not only did they get to participate, it made them feel like they could read, just like the big kids. By pointing to each word as we read them, the little ones quickly began to

recognize additional words. Before long they were reading on their own.

In addition to reading scriptures, we would read bedtime stories to our children. They also frequently saw their parents reading for enjoyment. Cindy easily reads over 30 books a year. When parents love reading, kids pick up on it, and good reading skills are fundamental to doing well in school.

Second, too much television, particularly low-quality cartoons that depict "illy" violence, tends to lead to lower grades. We tried to screen the quality of what they watch. The same thing goes for the internet and cell phones. According to John Tesh, kids who spend an hour more a day on social networks like "Facebook" and "MySpace" or texting on their cell phones tend to score a full grade point lower than kids who don't.

Third, music also influences grades - for good or for bad. Listening to classical music - or learning to play a musical instrument - tends to improve Math and Science grades. Rap and heavy metal music tend to have the opposite effect. And finally, kids whose families sit down and eat the evening meal together (without television) also tend to do better in school. We capped this off by establishing set bedtimes for our children. Our grade school kids were in bed by 8:00 with lights out at 8:30. High school kids 10:00. To make sure their minds were well-rested and alert the next morning.

And that's about it. Teach your children to love reading; screen the quantity and quality of the movies and television they watch; and make sure they listen to place reasonable limits on their computer and cell phone usage; eat together as a family; and get them to bed on time - these are all fairly simple things parents can do to help their kids do well in school.

And one more piece of advice: Start by imagining trying to introduce these things to high school students could fill your life for bad. Listening to classical music - or learning to play a musical instrument - tends to improve Math and Science grades. Rap and heavy metal music tend to have the opposite effect.

And that's my two cents, Steve Seal

DEAN'S LIST



Andrea Hinton makes dean's list again at NKU. Andrea is the 21 year old daughter of Jeff and Connie Hinton and is majoring in Criminal Justice. Upon proud.

graduating from NKU. Andrea plans to apply for Law School. In order to make the dean's list at NKU, you have to achieve a grade point average of 3.0 or greater for each semester. Andrea made the dean's list in the fall of last year and the spring of this year. The letters she received from NKU states that this is a noteworthy accomplishment of which she and NKU can be very proud.

Carlisle Cemetery Notices
Artificial Flowers and Shroud Holes for Memorial Day is now over and it is time for you to begin our moving and yard maintenance again. Please help us by removing all artificial flowers, except those in approved containers, by Sunday, May 31, 2009. All unapproved flowers left after that time will be removed by Cemetery personnel. Thank you Carlisle

Sharpburg Water District
Water Quality Report for year 2007
KYN06972

Water Department led by: **Walter**
District Manager: **Walter**
District Engineer: **Walter**

This report is intended to provide information to the public regarding the quality of water supplied by the Sharpburg Water District. The information is provided for informational purposes only and does not constitute a warranty of any kind. The information is provided for informational purposes only and does not constitute a warranty of any kind.

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COMMUNITY CALENDER

May 31
Gospel Travelers
Perform at Millersburg United Methodist Church

June 5
1953 Class Reunion
NCHS graduating class of 1953 will have its 56th class reunion June 6, 2009 at Blue Licks State Park Lodge beginning at 11:00 a.m.

June 6
Project Graduation on Mondays
Project Graduation will be having a meeting every Monday at the High School Library at 6:00 p.m.

Paula Hunter
Blue Lick Lodge #495 F.&A.M. hold meeting Thursday of each month at 7:30 P.M.

Old Jailers Home Luncheon
The second Thursday of each month at 11:00 a.m. at the Old Jailers Home.

Dogs available for adoption
Nicholas County Animal Welfare Society has dogs available for adoption.

opportunity to study at their own pace and on their own schedule. Interested persons may stop by anytime between the hours 9 a.m. to 7:30 p.m. on Mondays and Tuesdays and 9 a.m. to 1 p.m. on Wednesdays.

Diabetes self-management classes
The WEDCO District Health Department will be hosting Diabetes Self-Management education classes each month.

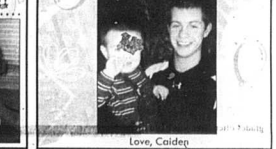
N.C. Adult Learning Center News
The Adult Learning Center offers a flexible schedule and personalized instruction to help students successfully complete theirGED. The center offers students the opportunity to meet with

June 1
The Courthouse Square Arts Guild
The Courthouse Square Arts Guild

Happy 1st Birthday Kylie!
Kylie Marie Earls will celebrate her 1st birthday on May 30th. Kylie is the daughter of Joel and Hannah Earls. She is the granddaughter of Ronnie and Penelope Clark and Eddie Earls and Kay Earls. Her great-grandparents are Elsie Harshbarger and Louise Clark.

HAPPY 13TH BIRTHDAY UNCLE GOMER?
Uncle Gomer's 13th birthday celebration.

Annual Nicholas County Historical Society Dinner
Friday June 12, 2009
Neal Welcome Center
6-7 Social Hour, 7:00 Dinner
Speaker - Thomas Strohfeldt - Historian
Cost \$ 15.00 per person
Reservations to P.O. Box 222, Carlisle or by calling Sue Conley 859-289-8359 or Michelle McDonald 859-289-2614



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South Ridge 108 Clark Street 606-498-2304

Table with 10 columns: Agency, Address, City, State, Zip, Phone, Fax, Email, Website, Notes

Table listing various agencies and their contact information, including addresses and phone numbers.