SPORTS

Jackets drop road game to Bourbon

PARIS – The Nicholas County High School baseball team dropped its second straight road game on Tuesday (May 5), falling to Bourbon County. The host Colonels established an early lead and defeated Nicholas County 7-3 in the early-May high school baseball match up.

"We started out kinda rocky," Nicholas County Coach Travis Sims commented following the loss.

The Jackets scored one run in the top half of the first inning and had an opportunity to have a big inning offensively, but instead left the bases loaded. In the bottom half of the initial inning, Nicholas County gave up five runs.

"We should have got out of the inning with only giving up two runs, but we made a couple of costly errors," Sims said.

Bourbon County added two more runs in the sixth inning, extending its lead over the Jackets.

The Jackets managed to get those two runs back in the top of the seventh inning as Jordan Mynear delivered a two-run hit.

Kyle Campbell pitched and absorbed the loss for the Jackets.

"I thought Kyle pitched well enough to win the game," Sims added. "We just left too many runners on base throughout the game."

The Jackets left 10 runners on base. Inactivity has hindered the Nicholas County baseball program's progress in recent weeks.

"We have only played three games in the last two weeks and that has hurt our team from every aspect of the game," said Sims.

"Pitching, hitting and fielding all are a part of baseball that must be done on a consistent basis or you lose your timing on everything. The weather has been a big disappointment for baseball all across the state this year as teams have lost many games and practice time. Bourbon County is 19-2 this year and is one of the top teams in our region. I feel like if we put together a solid game all around we can compete with anyone in our region and can contend in the district and regional tournament. On the other hand, if we don't, then we can get beat at any time. We just have to go out and try to get better everyday we play so when tournament time gets here we can make the plays it takes to win games."

Nicholas County carried an 11-8 record into the weekend.

Photo by Phyllis Sims

Pre-game Pep Talk

The NCHS Bluejackets infielders, took a few minutes before a recent game to have a few quick words of encouragement.

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COPHER

Nicholas County Schools Menu

Menu subject to change
Fresh Fruit and Canned Fruit Available Daily

Monday, May 11
Breakfast: Breakfast Pizza
Lunch: Chicken Patty on Bun, Mac n Cheese, Green Beans, Fruit, Milk

Tuesday, May 12
Breakfast: Biscuit & Gravy
Lunch: Cheese Sticks, Corn, Tossed Salad, Fruit, Milk

Wednesday, May 13
Breakfast: Sausage & Biscuit
Lunch: Corn Dogs, Mac n Cheese, Peas, Fruit, Milk

Thursday, May 14
Breakfast: Bacon Egg on Bun
Lunch: Chicken Strips, Mashed Potatoes, Green Beans, Texas Toast, Gravy, Fruit, Milk

Friday, May 15
Breakfast: Breakfast Bagel
Lunch: Cheeseburger on Bun, French Fries, Lettuce, Tomatoes, Pickles, Fruit, Milk

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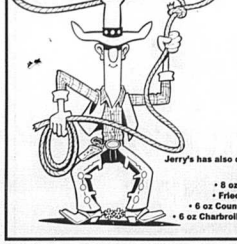

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THANK YOU

I would like to express my sincerest thank you to everyone during my emergency surgery, hospital stay and recovery. All the phone calls, visits, cards, prayers and thoughts are all greatly appreciated. God Bless each and everyone. Thank you and God Bless,
John Jones

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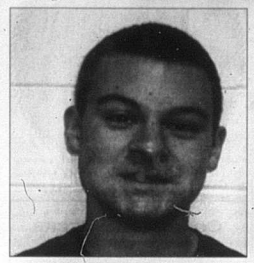
SPORTS SPOTLIGHT



Cameron Dale

The Nicholas County High School track and field program boasts its own iron man. If there's a running event, chances are Nicholas County High School track and field member Cameron Dale can step in and go the distance. Dale, a junior, ranks as one of the Nicholas County High School track and field program's most experienced members. He continues to run as part of multiple relay teams for the Jackets. Dale is also an individual performer for Nicholas County as he competes in the 400-meter dash. His efforts have helped to elevate the Jackets' track and field program.

"Cameron is a very integral part of the 2009 track team," said Nicholas

County High School track and field head coach Greg Letcher. "He is on the 4x800, 4x200 and 4x400 relay teams. He also runs the 400-meter dash. As one can see by the events in which he participates in, Cameron is an ultimate iron man."

Dale has developed into the role of a leader for the Nicholas County High School track and field program.

"Cameron is a joy to coach," said Letcher. "He has a great attitude and work ethic."

Dale is a part of a talent-heavy NCHS track and field junior class that also features state shot put title contender Megan Hunt. The Jackets have enjoyed a successful season that has offered plenty of highlights in meets featuring top-notch competition.

Dale and his Nicholas County High School track and field teammates entered the week poised for postseason competition.

Shelby Sosby

Nicholas County High School junior Shelby Sosby made her high school debut early on, making an immediate strong impression. Sosby started at shortstop during her freshman campaign. She has settled in at shortstop and ranks as one of the area's top high school softball players.

"Shelby is one of the top players – not only in the 10th Region but in our area," said Nicholas County High School Coach Barry Bretz. "I started her at shortstop her freshman year and people were skeptical about the move, but now they have come to expect Shelby at short."

Sosby has enjoyed a great amount of success, and that includes state tournament experience.

"Shelby provides a lot of our offense for us," Bretz added. "When we don't score a lot of runs you know Shelby is not connecting."

Sosby has continuously contributed for the Lady Jackets throughout a stellar three-year stint. She is expected to lead Nicholas County down the stretch.

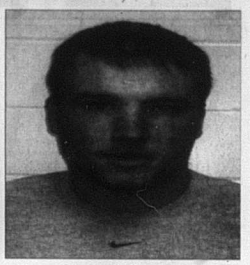
"We are coming up on our most important stretch of the year and we need

"Shelby to get hot for us and carry us into the region," said Bretz.

Sosby has developed into the role of a proven leader for the Lady Jackets.

"Shelby is a three-year starter and has been vital in our two regional and sectional titles," said Bretz. "We threw her into the fire at an early age and she has responded and been productive for us."

Nicholas County owned a 9-6 record through its first 15 games. Sosby helped lead the Lady Jackets to the Bluegrass Conference championship earlier in the season.



Cody Fryman

Junior infielder/pitcher Cody Fryman is a proven performer for the Nicholas County High School baseball program. Fryman, who bats in the middle of the NCHS batting order in the number five slot, consistently delivers for the Jackets.

"Cody Fryman has played first base and pitched this season and has done a fine job," said Nicholas County High School Coach Travis Sims. "He also has been hitting fifth in the lineup all year."

Fryman has shown his versatility through strong pitching and stellar defensive play in the field. Exceptional offensive abilities that have allowed Fryman to produce at the plate.

The Nicholas County baseball coach is pleased with Fryman's progress both offensively and defensively. Fryman's strong work ethic also allows him to excel.

"I am very proud of Cody as he has become a very consistent starter for our team this year," said Sims. "Cody always works hard and you never hear him complain or make excuses. He always is going to give you his best."

The Nicholas County mentor looks for Fryman to finish strong. In addition to being an accomplished athlete, Fryman also excels in the classroom.

Fryman figures to be a key contributor for the Jackets on into the postseason.

"We will look for leadership from Cody as we finish our season and into next year," said Sims. "Cody is a good student and a fine young man."

Nicholas County started the week 11-8 and ranked fifth in the 10th Region standings.

Lady Jackets play well before falling to Harrison

CYNTHIANA – Nicholas County dropped a close 38th District softball game to Harrison County last Tuesday (May 5). The Lady Jackets executed well but couldn't upend the host Harrison County team. Harrison County held off the Lady Jackets 6-4. Nicholas County flirted with a win during the district encounter.

"We played a very good game against a team that was 24-3 and had numerous chances to win," said Nicholas County Coach Barry Bretz. "We aren't hitting the ball like I hoped we would be at this point, but we are putting the ball in play. Sometimes a team needs a bloop hit or something to break out of a hitting frenzy. We hit the ball hard against Bracken in the All 'A' Region Finals, but it was at someone. We did not hit very many hard balls against Harrison County."

Shelby Brown suffered the loss but pitched well for the Lady Jackets.

"Shelby Brown had a great game against Harrison County, allowing only one earned run," said Bretz.

Hannah Coldiron hit a two-out single in the first inning to extend the Nicholas County lead out to a 3-0 advantage. McKenzie Hopkins doubled to lead off another inning to provide Nicholas County its other run.

"The Harrison coach was very complimentary of our team after the game and I told the girls we don't like to lose, but you have to take the positives out of the game and build on it to get better," said Bretz. "They have beaten us 7-4 and 6-4 this year and are considered to be the favorites in our region, so it's not bad for a little Class A team to be competitive with the top dogs."

Nicholas County dropped to 9-3 after suffering the district loss.

Players Of The Week

Jessica Gilkerson

Jessicas' solid defensive plays earned her All A honors last week.Jessica batted .400 during the week and committed 0 errors.

Dylan Fryman

Jackets double up Powell, 6-3

STANTON – Playing on the road Monday evening didn't faze the Nicholas County High School baseball team. Nicholas County prevailed over 14th Region member Powell County in a late regular-season matchup, defeating the host Pirates 6-3.

Jordan Mynear was the winning pitcher for the Jackets. Mynear prevailed in a strong pitching performance.

Nicholas County was able to get back in the win column after dropping back-to-back games. The Jackets dropped games to Pendleton County and Bourbon County last week.

"Jordan Mynear threw well," said Nicholas County Coach Travis Sims. "It was a much-needed win since we hadn't played much for the last couple of weeks. "Hopefully we can get on a winning streak going into the district tournament."

Offensively, Andy McCarty and JD Wagoner had two hits apiece for the Jackets. Mynear and Cody Fryman aided the Nicholas County offensive effort with one hit each. Mynear also drove in the run that put Nicholas County ahead 6-3.

Nicholas County exited Monday's game with a 12-8 overall record and ranked seventh in the 10th Region.

The Jackets will meet Pendleton County in the opening round of the 38th District Tournament Tuesday, May 19. Nicholas County was back at home this past Tuesday evening, hosting St. Patrick in a regular-season finale. The Nicholas County-St. Patrick game ended too late to make this edition. The Jackets have additional regular-season games remaining versus Sayre (Wednesday, May 13) and Bracken County (Friday, May 15). Each of Nicholas County's two remaining regular-season games will be played on the road.

Follow the Jackets and Lady Jackets on 90.7 FM The Wind

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