

Nicholas County Football

Mostly young Jackets return to gridiron

There's a youth movement going on within the Nicholas County High School football program. Over a dozen freshmen are out for the Nicholas County football team. A promising freshman class highlights the current Nicholas County High School roster. In recent years, Nicholas County has hit the gridiron 50 or more players strong. This season, that number hovers right around 40.

Nicholas County lost 16 players from last season's team. Fryman plays with a considerable amount of varsity experience and back for the Jackets.

Veteran head coach Robert Hopkins and his staff hit fundamentals hard throughout the preseason as the Jackets look to rebuild. "We've got a good freshman class," Hopkins commented early on during the preseason. "We're very young."

The Nicholas County High School freshman team is expected to play a full schedule. Hopkins noticed early on during the preseason that this year's team would be much faster than last year's squad.

"Speed is definitely a strength we're a lot faster," Hopkins commented. "We feel we might be more athletic at some positions as well."

Only two backs with experience have returned for Nicholas County. Senior quarterback Zack Lemons is expected to lead Nicholas County. Lemons, who stepped in for an injured Jordan Mynar during each of the last two seasons, started seven games under center for the Jackets during the 2008 season.

Fryman plays with a considerable amount of varsity experience and back for the Jackets. Senior Wes Hopkins is the only other returning running back with several carries to his credit.

Hopkins, a player who initially made his mark for the Nicholas County football team on the defensive side, started the last four games of the 2008 season at the fullback position.

Seniors Cody Barnett and Pat Fryman are two experienced linemen back for the Jackets. Barnett is an experienced offensive guard for the Nicholas County football team. Pat Fryman is back for his senior

season. Fryman started along the Nicholas County offensive line in 2007 as a sophomore before missing the entire 2008 season.

Senior tight end Ben Layne is another returning offensive starter for the Jackets. Barnett and Wes Hopkins are ranked as two of the top players in Class A, District 5. Wes Hopkins will lead the Nicholas County defensive unit from his line-backer position. Coach Robert Hopkins expects his team to

improve steadily. The Jackets will compete against a lot of capable opponents as part of a challenging schedule. "We'll have lots of growing pains early on," Coach Hopkins commented. "We want these kids to improve and show improvement from week to week."

Depth remained a question for the Jackets during the preseason. "We're still very vulnerable to injury," Coach Hopkins said. "As of right now, we're healthy."


Nicholas County High School Football

Coach: Robert Hopkins
Class: JV/Juniors/Seniors

2009 Schedule/Results

Aug. 21	at	Booth County, 29-17 (W)
Aug. 29	at	Marion County, 38-0 (W)
Sept. 4	at	Wetzel County, 38-0 (W)
Sept. 14	at	Wayne, 38-0 (W)
Sept. 23	at	Booth County, 28-0 (W)
Oct. 2	at	Marion County, 38-0 (W)
Oct. 13	at	Wayne, 38-0 (W)
Oct. 23	at	Wayne, 38-0 (W)
Oct. 30	at	Booth County, 38-0 (W)

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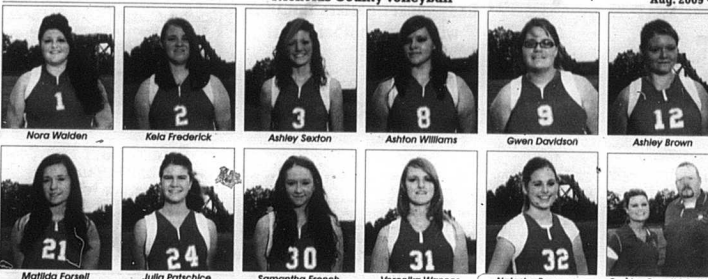
Wishing you all the best this season

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Nicholas County Volleyball
AUG 26 2009
Aug. 2009 • 9



Nora Walden, Kala Frederick, Ashley Sexton, Ashton Williams, Gwen Davidson, Ashley Brown, Malissa Forsell, Julia Patschke, Samantha French, Veronika Wannier, Natasha Bromagen, Coaches Cornett & Buckler

New coaches guiding NCHS volleyball program

There's plenty of excitement surrounding the Nicholas County High School volleyball program. New coaches Ben Buckler and Jennifer Cornett are guiding the Lady Jackets volleyball team this year. Buckler commented, "Although it's my first year as their coach, I see a lot of promise in this team. Our girls have a lot of hard work ahead of them and I see improvement every practice and game."

The new Nicholas County High School volleyball coach is quick to compliment his seniors. "My seniors have really stepped up and been leaders on and off the floor,"

2009 Nicholas County Volleyball Team

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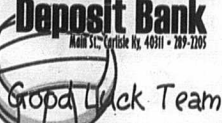
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