

HIGH SCHOOL SPORTS

Carlisle High School to play Fleming

NCHS Football Team changes name for "Throwback Night"

Nicholas County (1-School jerseys as we compete as Carlisle High School." The NCHS football program only has four home games on its slate for the 2009 season. Homecoming and Senior Night activities are scheduled for two of the other three home contests, Nicholas County Schools System and the NCHS Football Alumni Association have collaborated for Throwback Night. This is a great way to pay tribute to Carlisle High School will be admitted into the Aug. 28 game. A reception for those who attended Carlisle High School will be held one hour prior to the Carlisle-Fleming football game at 6:30 p.m. Kickoff for the varied practice early in the week. Nicholas County opened the 2009 season on a victorious note. Friday night, defeating center with two different quarterbacks calling signals and sharing the snaps. Hopkins acknowledged that he had an opportunity to watch Fleming County scrimmage against Bourbon County on Saturday in a final preseason tune-up.

ing with the season. It's a big challenge for us. This is another border rivalry game. They're a talented team. Coach (G) Petersen and his staff will have their team ready to play." Fleming County is currently using a platoon system under center with two different quarterbacks calling signals and sharing the snaps. Hopkins acknowledged that he had an opportunity to watch Fleming County scrimmage against Bourbon County on Saturday in a final preseason tune-up.

Player of the Week



Sebastian Culbertson was selected as this week's Player of the Week for his hard work on the defensive line.

His efforts contributed significantly to the Bluejackets' win over Bath County.



Turn Your Trash Into Treasure. Advertise Your Garage Sale in the Carlisle Mercury. Just drop off your ad at 218 N. Locust St., Carlisle 40311.



Bourbon Drive-In. August 28th & 29th. Starting at 8:30 p.m. or Dark. The Orphan Home. A Perfect Getaway. Sausages - Sausage Melt Sandwich.

Now Accepting Patients. Fred V. Lausé, D.P.M. 112 W. High Street Mt. Sterling, Ky. Podiatrist - Specializing in the medical and surgical treatment of foot and ankle disorders. Call 498-5151 for an appointment. Office Hours: 9:00 a.m. - 4:30 p.m.

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JAMIE'S DANCE STUDIO HOME TO TAPS IN MOTION. New Clogging Classes Starting SOON! Classes start the first week of September for kids age 4 and older. Adult classes will be offered based on enrollment. For more information call (606) 474-7987 or email jtopinion@twobirds.net

Table with 2 columns: Description and Amount. CARLISLE CEMETERY COMPANY OPERATING ACCOUNT JANUARY 1 TO DECEMBER 31, 2008. Beginning Balance January 1: \$11,319.02. Income: 17,380.36. Sale of Lots (25): 40,355.93. Grave Openings (60): 23,062.51. Monument Sales and Services: 6,756.49. Perpetual Care Trust Fund Interest: 11,375.00. Donations: 1,895.07. Interest on Estate & Memorial Gift CDs: 1,415.34. Refunds & Misc: \$102,387.63. Total Income: 20,746.61. Contract Labor (1-4 people part time): 8,140.84. Contract Services (mainly grave openings): 16,325.00. Federal FICA and Withholding Taxes: 6,461.04. State Income & Unemp. Taxes & Fees: 1,622.21. City & County payroll Taxes: 671.40. Equipment Purchases: 6,430.18. Grounds Improvements: 3,256.14. Equipment Maintenance: 2,571.69. Fuel: 2,263.84. Utilities: 4,712.59. Workers Comp. Insurance: 4,401.00. Property & Liability Insurance: 3,832.67. Perpetual Care Trust Fund: 3,565.00. Monument Inventory & Supplies: 14,684.50. Misc. Expenses: 1,383.89. Total Expenses: \$161,988.80. Ending Balance December 31: \$11,717.85. Carlisle Cemetery Company Financial Statement - January 1, 2009. Assets: Operating Account (Checking): \$11,717.85. Pre-Need Savings Accounts: 30,229.08. Estate & Memorial Gift CDs: 38,968.37. Perpetual Care Trust Fund: 131,041.26. Total Assets: \$211,956.56.

LIFESTYLE

Governor Beshear proclaims Sept. 22 - Fall Prevention Awareness Day

Kentucky Safe Aging Coalition Hopes to Draw Attention to Issue

FRANKFORT, KY - The Kentucky Department for Public Health (DPH), the University of Kentucky College of Public Health, UK's Cooperative Extension Service, the Kentucky Department for Community Based Services (DCBS), the Kentucky Pharmacists Association, the Kentucky Department for Aging and Independence (DAI), the AARP, Cardinal Hill Rehabilitation Hospital, the Brain Injury Alliance of Kentucky, Health Care Excellence Body Recall Inc., the Kentucky Association of Health Care Facilities and Hospice of the Bluegrass. The coalition members are partnering to promote Falls Prevention Awareness Day. According to state and national findings, falls among the senior citizens and the leading cause of death from unintentional injuries among older adults. It is estimated that one-third of seniors over the age of 65 fall each year, resulting in home and being aware

tackles being treated for fall-related injuries in Kentucky hospitals in 2008. "Falls are a serious public health concern though many may not consider them so," said DPH Commissioner William Hacker, M.D. "It is imperative that we do more to prevent falls, especially for the elderly who are so much more susceptible to developing complications after a fall. Often, this can mean extended hospital stays or even death." "We know elderly people who have osteoporosis or arthritis are more at-risk of severe complications for a fall," said DAI Commissioner Deborah Anderson. "We want to let our residents know that there are steps that can be taken to reduce these risks." Injuries from falls are largely a preventable community health problem. The coalition strongly advises taking steps to reduce safety hazards in the home and being aware

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What a find! At Shelter Insurance, we pride ourselves on helping folks like you get the right auto insurance coverage at the best rate possible. Call, click or come see us to find out how one should can help protect you! For data on falls specific to your county, visit http://www.hspan.uky.edu/data.htm. For information on programs available contact the Buffalo Trace District Health Department at (606)-564-9447.

Bill Clark 152 Old Path Road Carlisle, KY 40311 859-289-2500

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2009 NCHS Volleyball Seniors. Head Coach: Ben Buckler. Asst. Coach: Jennifer Cornett. Table with 4 columns: Name, No., JV/V, Year. Owen Davidson 9 V Sr Taylor Johnson 85 V Jr. Ashton Williams 8 V Sr Kyla Holte 7 JV Jr. Kaito Fredrick 2 V Sr Katie Kiley 6 JV Jr. Samantha French 30 V Sr Kayla Lane 5 JV/V Jr. Chelsea Ritchie 10 V Sr Amy Smith 25 JV/V Jr. Nora Wilden 1 V Sr Blake Andrus 23 JV/V So. Monisha Bronnegen 22 V Sr Karly's Crawford 17 JV/V So. Ashley Brown 12 V Sr Chelsea Lyons 11 JV/V So. Ashley Seaton 3 V Sr Lindsey Banks 13 JV/V So. Veronika Wornner 31 V Sr Cassidy Barnett 21 JV So. Kaito Panchish 24 V Sr Britton Johnson 19 JV/V Jr. Mattilda Forsall 21 V Sr Laura Parrish 5 JV/V Jr. Whitney Morris 8 V Jr Emily Flora 00 JV Jr.

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