GENERAL NEWS

Diversity and **End-of-Life Care**

Hospice of the Bluegrass Hospice Foundation of America 16th Annual Living with Grief

Teleconference Each year the Hospice Foundation of America impact that culture has (HFC) presents a nationat the time of death and ally recognized distance during bereavement. One learning program, live of the goals of the telecon-via satellite and webcast, ference is to increase sen-to more that 125,000 peo-sitivity by helping profesnle in 2 000 communities sionals acknowledge how For more than a decade, the annual educational and assumptions influprogram has been in ence the delivery of care. strumental in educating. The program will also dishealth care professionals cuss the challenges that and families on the is-sues affecting end-of-life considerations may cause sues affecting end-of-life considerations may cause care. The program protriangle conservation of the co ideas and obtain continuing education credits.

day, April 29, 2009 from ing education credits.

1:30pm to 4:00pm EDT.

This year HFA/s 16th R. Seno will lead the

ty and End-of-Life Care examine how diversity

influences end-of-life de cisions making and the Annual National Be- panel of noted authorities H. Jenkins, Bereavement private practice.

girl talk endometrial ablation

heavy or prolonged menstrual-periods, it's time to take back control of your life. You may be a good candidate for endometrial ablation, an

outpatient surgical procedure where the lining of the uterus is removed to prevent excessive bleeding during menstruation.

Endometrial ablation is a less costly alternative to a bysterictomy, doesn't require an incision and results in a horter hospidal stay. This procedure can even be performed in the physician's office in most cases. The uterine lining can be destroyed using beating or freezing technology. The procedure, which usually takes less than half as hoor, allows

the patient to resume normal activity in a

cample of days



Spreading sunshine

Sonshine Sisters of Carlisle Christian Church: Sarah Massey, Wilma Campbell, Jessica Gilkerson, Phyllis Smoot Patty McClure, Ginny Smith, Trish Stone, Whitney Mathes. "Tea's for All Occasions" was held Saturday April 18th at the Carlisle Christian Church. This annual fundraiser was a huge success again this year with more than 60 in attendance.

TEXAS HOLD'EM

TOURNAMENT

Saturday, Apr. 25th Nicholas County Fire Department

Market Street, Carilsi

egistration begins at 6:00 Games begin at 7:00 p.: \$30.00 Entry Fee

Payout half of entry fees (3 prize

gs, etc. served beginning at 6:00 p.m.

Come and enjoy the fun!

Please contact Alan Teegarden or Georgia Gilvin to pre-register:

(859) 588-5362, (859) 289-5972, or

(859) 289-7181

All proceeds benefit the Nicholas County Relay For Life on behalf of the Bedpan Brigade Team

ship and Leadership. hosting a Challenge Over 100,000 boys camp the week of June and girls will learn the 16th-19th at their soc-Challenger Way this cer fields in Carlisle summer - find out what which will undoubtedly makes them America's be the highlight of the favorite soccer camp! summer! Appropriate Campers will each re-ceive a free British Soc-provided for kids aged cer Ball & T Shirt, a 3-18 and there's even a personal skills evalua- chance to host a Brittion and a giant soccer ish Soccer Coach for a poster. Plus, if you reg- week!!!

APPLE

MARKEI

289-5889

April Specials



Bell's Outdoor Sports Supply

ST.MARK'S ACADEMY

24/7 Access to One-on-One I struct Affordable Monthly Tuition Your Pace, Your Goals Grades 7-12 (866-296-3140) www.StMarksAcademy.ne

A Name You Can Depend On Open 7 Days A Week - 24 Hours A Day Money Orders Sold Here • We accept Food Stamps Whitaker ATM in store for your convenience We have cell and land phone cards We also have Green Dot Cards

> Breakfast Sausage Biscuit and any size coffee or fountain drink only \$1.79

Cutie Pie Snack Pies Apple or Cherry only 59¢ each

\$1.99

Cheeseburgers \$2.39 Make it a Combo M for just \$2.00 more!

SUBWAY Any Regular Footlong - \$500

NOW HIRING - Full & Part Time

GENERAL NEWS





Since 1867

Johnson Mathers Health Care Auxiliary sponsored "Go Red" on February 6, 2009, which was National Wear Red Day. A reception was held in awareness of the "Go i,Red" event. Literature about heart attack and stroke was given to all particpants along with small favors. SJMHC staff participated by wearing red to show their support to the American Heart Association for their ongoing research and education about women and heart

Youth Soccer

the ball, but they will will be wearing the also share lessons on week of camp!!

Respect, Responsibility, Nicholas County Integrity, Sportsman- Youth Soccer will be

NOW HERE

New Camel SNUS

Your child deserves ister at least 45 days the most popular soc-cer camp in the country! challengersports.com Staffed by a team of Brit- we will give you a great ish Experts, Challenger looking British Soccer Sports British Soccer game jersey (see above) camp will not only help which retails at \$39.99 your child learn how to dribble, shoot and passe, the coaches themselves

SNUE

· Fishing Hunting · Pawn · Guns. · Archery

We are now compling a waiting list for Kindergarten at New Beginnings Christian Academy, If you have a child entering kindergarten and would like information about enrollment, please contact Tracey Bussell at 859-289-7001 after 3:00 pm or leave a message.

The residents of Shepherd Place Apartments will enjoy a Gazebo, which was donated by an anonymous "Good Citizen" of Nicholas County. Transportation & placement was donated by a group of local good Samaritans.

Tenth Frame Cinema

930 Carmago Road, Mt. Sterling • Ph (859) 497-2517 or 2518 SHOWTIMES FOR APR 17 - APR 23, 2009

Tickets for evening shows (6 p.m. & after)
itors and Children under 12 - 55 - 50 Adults - 57.00
Tickets for matines (before 6 p.m.)
tros and Children under 12 - 35 O Adults - 54.50
"As always - Children 2 & under FREE! OBSESSED PG-13 1:15, 4:30, 7:10, 9:40 CRANK: HIGH VOLTAGE STATE OF PLAY PG-1 OBSERVE & REPORT FAST AND FURIOUS

STERLING LANES

HANNAH MONTANA

We are now taking applications for Teachers and Substitutes at the New Beginnings Christian Academy. If interested contact Tracey Bussell at 859-289-7001

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Freyen William Ser.

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wing 2000 Delimporet To 1 Bills will be of Annae Adams (10 yr 8 Trian Y 10 yr

Courthouse on Friday May 29, 2009 at 10:00 a.m. Offices

JUST FOR WOMEN OB/GYN 12 IO KY HWY. 36 EAST SUITE IA CYNTHIAMA, KY 4 IO31 859 234 5555

Dr. Gerald Harpel, an OB/GYN with more than 30 years

experience, specializes in endometrial ablation.

He is an Associate Clinical Professor of OB/GYN

Medicine, a Fellow of the American College of

Medicine, a Fellow of the American College of Obstetrics/Gynecology and a Fellow of the American College of Surgeons. Having completed more than 8,000 surgeries, he offers competent, trusted care.

For information or a consultation regarding endometrial ablation, contact Just For Women OB/GYN today at 859, 234,5555.

at the University of Kentucky College of

ames A... Tree Servicing LLC

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L. A. B. A. B. A. B. A. B. A. B. A. B. C. A. B. C. A. B. C. A. B. A. B. C. B. C. A. B. C. B. C. A. B. C. A.

whose can be made in person at this date and time
BILLID. Name.

STATE CONTROL OF THE CONTROL OF

must be at least 18 to apply see store for details and application