tmeyer. Rev Hearing 4/20/09

# **Student Focus**





Do you know a farmer who





Annual for the Court Management of the Court Managemen

year, and he has led by ex year, and he has led by ex-ample. Kyle is one of the first ones to practice and always one of the last ones to leave. What I like most about Kyle is his work ethand his will to get bet er! He is always in the gym working on his game trying working on his game trying to get better, and to play a sport on the next level you must have that will to get better. Kyle most certainly has that will! Kyle's dedica-

# Tenth Frame Cinema

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SHOWTIMES FOR APR 17 - APR 23, 2009

MONSTERS vs. ALIENS PG DRAGONBALL EVOLUTION

| 7:20, 9:45   | CRANK: HIGH VOLTAGE<br>1:45, 4:40, 7:40, 10:00<br>ILOVE YOU MAN *<br>7:10, 9:30<br>OBSERVE & REPORT<br>1:30, 4:30, 7:35, 9:40<br>17 AGAIN **0-13<br>1:00, 4:00, 7:30, 9:55 |  |
|--|--|--|
| 1:20, 4:10, 7:00, 9:45   |  |  |
| FAST AND FURIOUS PG-13<br>1:25, A:(5, 7:25, 9:50                   |  |  |
| HANNAH MONTANA<br>THE MOVIE <sup>0</sup><br>1:10, 4:25, 7:05, 9:35 |  |  |

## STERLING LANES

tic Bowling - Fridays and Saturdays - 11:30 p.m. - 1:30 a.s. S Your Birthday - Party or Group - Cost \$50 starting Jan. Call for Page 1 stone; \$59, 198, 7755

# bone density screening

We've all seen it. The little old lady hunched over, suffering from osteoporosis. We shudder and vow to faithfully start taking those calcium supplements we purchased, but never used.

In the United States, osteoporosis affects thousands of women and can trigger the start of bone fractures and unnecessary pain. Like other organs in the body, bones are constantly changing, growing in strength and size. However, around age 30 hooses reach their one-ke. 30, bones reach their peak strength and density and then gradually decline as we age. Osteoporos occurs when bones become weak to the point of breaking. Warning signs include a decline in one's height and curvature of the upper back.

But proper diet, exercise and calcium supplem

osteoporosis. Fortunately, the staff at Just For Women OB/GYN can help. We offer bone density imaging, which is a quick, painless method for assessing your risk for bone disease.

Dr. Gerald Harpel heads Just For Women OB/GYN and has 30 years of experience. He is an Associate Clinical Professor of OB/GYN at the University Clinical Professor of OB/GYN at the University of Kentucky College of Medicine, a Fellow of the American College of Obstetrics/Gynecology and a Fellow of the American College of Surgeons.

may not be enough. Bone density testing is critical information for women to have in the fight against

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# COMMUNITY

# Mercury Memories

25 Years

Historical Society will ded-McClanahan, Sally Poole. Herrington propen house Sunday, Apr. , grams operating between Carol Tincher, Mike Mar Bewman. 129, from 2-4 pm, in con- July 1, 1984 and June 30, increase yellowation. Elected district FHA of day marmine.

Education board Okays leasing of 1984 tobacco

Wildlife to put on a "Gun the State Department of Safety Program" at Nicho-Health are exhausted.

Wheat and Rye below normal Kentucky's wheat

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las County Elementary.

The Nicholas County Act funds to the state's

se of school facilities and

Chapter I accounts. the program from the lo- Allow Kentucky cal Health Department
Department of Fish and an appropriation from

Ellisville entry wins blue the winter in only fair con-

Human Resources Sectetary Al Austin has an In the Bourbon Vocaretary Al Austin has an nounced final allocations of tional school the Ellisville Body of youth found in Job Training Partnership Teenage club won a blue lake
Act funds to the state's ribbon on their skit which nine service delivery areas.
included Tony Caswell, old Comer Franklin, alleg-The Nicholas County Act tunds to the states ribbon on their skit which Historical Society will ded-inservine delivery areas; included Tony Caswell. Tony Caswell and County Foundation allowed the Carlais Depot with an in will be distributed for pos McClanaban, Suly Pools. He description of the Carlais Depot with an in which the distributed for pos McClanaban, Suly Pools. He remove that by Neal Historical Society and the Carlais Depot with an in which with the Carlais Depot with

> 50 Years Mercury Memories April 16, 1959

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report plainlying the April
9 meeting of the Nicholas
The dental program in
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75 Years Mercury Memories April 19, 1934

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School, was elected first fernoon

normal Kentucky's wheat, remain in the dis-

Elected district FHA of day morning by one of the three United States Navy

April 6, 2009

COURT NEWS

See COURT Page 10





CPH SALE

Thursday, Apr. 16, 2009 7:00 p.m.

ALL CATTLE MUST

1:00 P.M.



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