

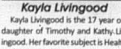
Senior Spotlight



Andy McCarty
David Andrew McCarty is the 18 year old son of David McCarty and Cindy Jones. His favorite subject is lunch. He plans to attend Mayville Community College and to work hard. He enjoys playing sports, hunting, and now...



George Kiser
George Kiser is the 18 year old son of Jo Lynn and Frank Burkhardt. He plans to work hard and take care of his family. He enjoys hunting and making money.



Jacob Frederick
Jacob Frederick is the 18 year old son of Marvin and Karen Frederick. His favorite subject is PE. He plans to go to the Marines. He enjoys playing football. His favorite memory of school is being named Steve.



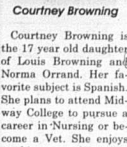
Tabitha Bussell



Tabitha Bussell
Tabitha Bussell is the 17 year old daughter of Teresa and Chuck Bussell. She enjoys Creative Writing. She plans to attend EKU to pursue a career in Medical Office Assisting. Tabitha's hobbies are texting, cell phones and books. Her favorite memory is when Chase pulled the chair out from Sara at lunch and she fell to the floor on her butt.



Kayla Livingston
Kayla Livingston is the 17 year old daughter of Timothy and Kathy Livingston. Her favorite subject is Health and PE. She plans to attend college to pursue a career in Nursing. She enjoys playing sports. Her favorite memory is her first prom.



Courtney Browning

Courtney Browning is the 17 year old daughter of Louis Browning and Norma Orand. Her favorite subject is Spanish. She plans to attend Midway College to pursue a career in Nursing or become a Vet. She enjoys working, spending time with Mark and family. Her favorite memory is when Mr. Baker showed her where the beach was.



Megan Howard

Megan Howard is the 18 year old daughter of Leatha and Jackie Howard. She plans to go to college. Her hobbies are hanging with her boyfriend and friends.

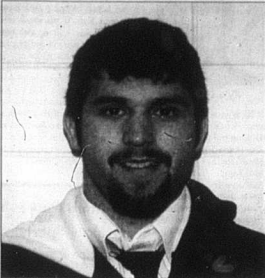
SPORTS NCHS track team excels at EKU ROTC Patriot Relays

RICHMOND — The Nicholas County High School track and field program competed in the EKU ROTC Patriot Relays hosted by Eastern Kentucky University on March 28. NCHS track and field team members thrived during the EKU-hosted event, which featured high school track and field programs from numerous Kentucky counties. Head coach Greg Letcher guides the Nicholas County High School track and field program. A breakdown of the NCHS track team members who excelled and the awards they won during the EKU ROTC Patriot Relays follows.

Jackets drop district game to Harrison

Campbell hits third home run in setback
The Nicholas County High School baseball team had a three-game winning streak halted on Monday at home. Nicholas County, which had defeated Breathitt County, Model Pendleton County for back-to-back-to-back wins, suffered the 38th District loss despite hanging in with a highly-touted Harrison County team. Harrison County defeated Nicholas County 18-5. "We made four errors and hit four batters along with some walks and it just wouldn't stop," said Nicholas County Coach Travis Sims. "Harrison is ranked in the top 10 this year and when you make that many mistakes to a good team you pay for it." Harrison County engaged multiple leads over the Jackets in mid-April matchup. Despite his team suffering the setback, Sims saw some bright spots come out of the loss. "I was pleased with the way our kids didn't quit playing," said Sims. "We hit the ball well just about every inning. Kyle Campbell hit his third home run of the season and Cody Fryman tapped a two-run double in the first inning for the Jackets. Darius Workman also had a couple of hits for Nicholas County. The Nicholas County mentor will now work on getting his team focused for the upcoming 10th Region All "A" Classic. "We need to regroup and get ready for our week," said Sims. "I will play like we are capable of we have a chance to do well." Nicholas County was scheduled to face Paris in the opening round in the EKU ROTC Patriot Relays held on March 28 in Richmond. In that same meet, Tedder, Pope, Smith and Cameron Dale — as one unit — placed sixth in the Boys Sprint Medley. "NCHS track fans should expect more solid times to come from Tedder as he joins with his teammates in relay events

SPORTS SPORTS SPOTLIGHT



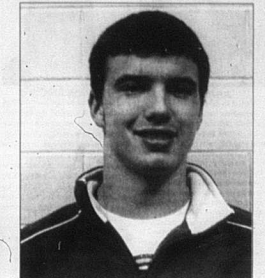
Brandon Tedder

The Nicholas County High School track and field program got a boost this season with the addition of Brandon Tedder. The talented, athletic Tedder has made a return to the track and field scene following a lengthy layoff. "Until just a few weeks ago, Tedder hadn't competed in track and field since junior high. "Brandon is competing in track this year for the first time since running in middle school," said Nicholas County Coach Greg Letcher. "Brandon runs a leg on the relay team and occasionally runs in the sprints." Letcher feels Tedder can make some of his biggest contributions to the NCHS track and field program as a member of the Jackets' 4x100 relay team. "Hopefully, Brandon will improve as the season progresses and he can help lead our 4 x 100 relay to some impressive times," said Letcher. Tedder and NCHS teammates Caleb Pope, Cade Gilliland and Cody Smith finished fifth in the EKU ROTC Patriot Relays held on March 28 in Richmond. In that same meet, Tedder, Pope, Smith and Cameron Dale — as one unit — placed sixth in the Boys Sprint Medley. "NCHS track fans should expect more solid times to come from Tedder as he joins with his teammates in relay events



Kayla Hammond

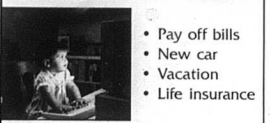
Senior infielder Kayla Hammond has emerged into the role of a key performer for the Nicholas County High School softball program. Hammond ranks as one of the program's hardest-working players. She moved into the varsity starting lineup this season. "Kayla is one of those players that has waited her time and put in the hard work necessary to improve her game," said Nicholas County Coach Barry Bretz. "The work Kayla has put in has been rewarded with her being one of our starters. The past couple of years Kayla's playing time was mainly with the JV team, where she helped the JV team post an undefeated season in 2007 and lose only two games last year. We played Kayla some last year on the varsity but having one of the best teams ever at our school it was hard to overtake some of our starters." The NCHS softball coach appreciates the hard work Hammond puts in along with her great attitude. "You never hear Kayla complain about playing time," Bretz added. "She just kept a positive outlook on the season and knew her time would come. Kayla opened the season strong, going 2-2 for us. I am proud of the way Kayla hung in there during the past few years, it shows her true character." Bretz knows more good things are to come for Hammond. "I'm sure Kayla will succeed in life, because she won't let a little adversity affect her," said Bretz. "I enjoy playing with all the girls and having fun," Hammond said. "I would like to help the team back into the regional tournament. I'll contribute in any way that can help the team become better." Hammond has helped Nicholas County to a 2-0 start.



Jordan Mynear

Nicholas County High School senior baseball player Jordan Mynear is anxious to make a return to the diamond. Mynear, who feels comfortable in the diamond or the griddon, has been sidelined following an injury he suffered during the 2008 football season. One of the leading players for the NCHS football team, Mynear is nearing the end of a comeback bid for the Baseball Jackets. Mynear is a senior infielder/pitcher for the NCHS baseball team. "Jordan has really had some hard luck," said NCHS baseball coach Travis Sims. "He was injured both in football season and had to have surgery on his knee. Jordan has worked as hard as anyone in the past few years to get to be a player that he has become." Mynear — who wears number seven for the NCHS baseball team — has aspirations to play at the next level. "As he winds down his high school career, Mynear will look to help lead the NCHS baseball program. Upon his return, Mynear will give Nicholas County another experienced arm in its pitching rotation. "Jordan really wants to play at the next level and deserves a shot to play," Sims said. "We are anticipating his return in the next couple weeks to really boost our pitching staff. He will be a tremendous lift as we go through the middle and end of our schedule." A pivotal performer, Mynear has showcased the great ability to play throughout the Nicholas County infield. "The Jackets are 5-3 in their first eight games of the 2009 season without Mynear.

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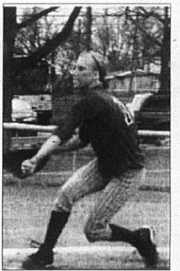
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Jackets blank Pendleton for fifth win

FALMOUTH — Playing on the road Thursday didn't phase the Nicholas County High School baseball team. The Jackets executed well in all facets of the game against host Pendleton County. Nicholas County posted its first shutout win of the season, blanking Pendleton County 5-0. With the win, Nicholas County improved to 5-2. Kyle Campbell led the way for Nicholas County in the key win. Campbell pitched extremely well, allowing just one hit. Casey Fryman led the Jackets offensively. Fryman was 2-for-3 at the plate, finishing with a single and a home run. Campbell helped his cause at the plate, belting his second home run of the season. Dylan Fryman and Ray Strout also had one RBI apiece in the Nicholas County offensive effort. Pendleton County got its lone hit off of the Nicholas County pitcher in the first inning. Overall dominated all of the Pendleton County batters. "It was a big win for us in the district since the district is seeded," said Nicholas County Coach Travis Sims. "The bottom of our lineup came through and knocked in some big runs early in the game. We also played solid on defense." The victory over Pendleton County gave Nicholas County its third straight win after seven games. Nicholas County was averaging 10 runs per contest. Nicholas County is scheduled to host Pendleton County April 30.

Brown, big bats lead Nicholas past St. Patrick

Shelby Brown pitched a complete game Monday as host Nicholas County defeated St. Patrick 9-1. The Lady Jackets improved to 2-0 after Nicholas County was scheduled to face Sayre Tuesday evening in another regular-season matchup. The Lady Jackets set the tone early on Monday, scoring four runs against St. Patrick in the opening inning. "We played several players out of position due to the injury bug," said Nicholas County Coach Barry Bretz. "The girls stepped up and played a solid defensive game." Nicholas County made two errors —



both of which were on throwing errors trying to make an aggressive play after the out. The Lady Jackets were consistent throughout the game. More than one Nicholas County player stepped up and contributed offensively. Jessica Gilkerson and Christian Dunn each had a double, triple and had two RBIs. Nicholas County was able to get in a game following a near two-week hiatus. The Lady Jackets defeated Pendleton County 15-5 in five innings in a season-opener March 31. rain forced the second game against Deming to be called off. The Nicholas County softball team was able to get in a game following a near two-week hiatus. The Lady Jackets defeated Pendleton County 15-5 in five innings in a season-opener March 31.

Nicholas County
Fresh Fruit and Canned Fruit Available Daily

Monday, April 20
Breakfast: Sausage, Egg Bun
Lunch: Pizza, Cold, Tossed Salad, Fruit, Milk

Tuesday, April 21
Breakfast: Bacon, Egg Bun
Lunch: Country Fried Steak, Mashed Potatoes, Gravy, Green Beans, Rolls, Fruit, Milk

Wednesday, April 22
Breakfast: Breakfast Pizza
Lunch: Chicken & Noodles, Peas, Tossed Salad, Bread, Fruit, Milk

Thursday, April 23
Breakfast: Breakfast Bagel
Lunch: CHEF'S CHOICE

Friday, April 24
Breakfast: Sausage, Biscuit
Lunch: BLT tater tots, Pickle Spears, Cottage Cheese, Fruit, Milk

Today's Menu:
Value Sandwich Meal
Com Dog \$3.99 • BBQ Pork Pattie \$1.49
Chicken Patties \$3.99
Double Cheeseburger \$1.49
Add French Fries & Drink for \$1.99 extra

Kitchen Hours
Open 5:00 a.m. - 7:00 p.m.
Mon-Thurs 5:00 a.m. - 9:00 p.m.
Fri-Sat 5:00 a.m. - 9:00 p.m.
Sun 7:00 a.m. - 5:00 p.m.

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Should you have questions about HIPAA guidelines and how we're working hard to protect your privacy, please contact us at 859.289.6118.

HMH

Players Of The Week

Shelby Brown. She threw a 3 hit game against St. Pat improving her record to 2-0.

Casey Fryman—was 2-3 in a district game against Pendleton Co. on Thursday. He hit a single and knocked in a run early in the game that set the tone for the rest of the game and also hit his first HR of the season in the 5th inning.

Follow the Jackets and Lady Jackets on 90.7 FM The Wind

NCHS Boys' Baseball VS Deming
April 28- airtime 4:50

NCHS Boys' Baseball VS Pendleton County
April 30- airtime 4:50

NCHS Girls' Softball VS Mason County
May 6- airtime 5:20

NCHS VS Lexington Christian H
May 12- airtime 4:50

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