

# IN THE KITCHEN

## MAKE IT MEMORABLE

### Summer Parties

# With Air

For a main that goes beyond the basic grilled meat and separate side dishes, think about mixing things up. Side dishes don't have to stay on the side, and the grill enhances the fresh flavor of fish. The bold flavor of Uncle Ben's new whole grain rice produces and fresh mangoes then these recipes surprisingly simple.

**A Menu to Remember**

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**Grilled Fajita**  
Sun-Dried Tomato Rice Salad With Guacamole Dressing

Serves 4  
Prep Time: 20 minutes  
Cook Time: 10 minutes

**Chicken With Spiced Mango Rice**

Serves 4  
Prep Time: 5 minutes  
Cook Time: 15 to 20 minutes

**Mango Chiles Rellenos**  
Al Carbon

Serves 4  
Prep Time: 20 minutes  
Cook Time: 10 to 15 minutes

**How to Cut a Mango**

1. Stand the mango on cutting board stem end down and hold. Place knife about 1/4 inch from the widest center line and cut down through the mango just along one side of the seed. Flip the mango around and repeat this cut on the other side.

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**In the Kitchen**

Fall Menu coming in mid-September  
1/2 price on selected wines on Wednesdays  
Now Booking for Holiday Parties

## GENERAL NEWS

**1840**  
Continued from Page 3

ing shirts, with huge buckeye sticks in their hands, all told of the people's abhorrence at the White House, and their desire to return to the simple tastes and habits of the earlier presidents.

**The Big Barbecue**

A mass meeting was called, and a committee of arrangements appointed to get up a great political barbecue at or near Carlisle. The point selected was the beautiful woodland pasture, which then belonged to Col. John S. Morgan and now the homestead of Mrs. Mary Munger. The committee comprised most of the prominent Whigs of the county, of which Mr. Joseph P. Tureman was Chairman. At that time there were but three dry goods stores in the place, Chevis & Sims, J. F. Tureman and John Dougherty. James A. Chappell was clerk for Mr. Tureman, and Isaac H. Howell for Mr. Dougherty.

**Whole Grain Goodness**

• Whole grain foods are low in fat, low in cholesterol and provide vitamins, minerals and fiber, which are the cornerstones for overall good nutrition. They also provide carbohydrates the body needs for producing energy.

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Piper, Sam Baird, William Dougherty, Joel Howard, Harrison Mathers, David Hughes, William McDonald, William Sharpe, J.M. Chevis, Andrew Ogden, Major Townshend, Henry T. Chevis, W.W. Fritts, James H. Bryan, David M. Spanglin, John Davidson, William Stewart, George Summers, James P. Ashley, T. Bell, William McIlwaine, Proctor Dilts, J.F. McMillan, R.P. Higgins, Elijah West, Harry Fritts, in all 29. Mayor Marston Clerk of the Board. But to return to the great Whip Barbecue. The Committee of arrangements had spared no labor or expense to make the meeting a success. A band of music and cannon were hired to come from Mayville. Distinguished speakers had been invited and accepted the invitation. The day previous had been devoted to digging trenches upon the grounds, where to roast the beef and mutton contribution to feed the multitude. Barrels upon barrels of hard cider (a weak specimen of vinegar) had been hauled in the heads knocked out of an ample supply of tin cups provided to drink from. The log cabins with its live coals had been erected and everything made ready for the Kimbrough House, was dismantled, every pane of glass broken out, the fences down and the wheels of the wagons the very picture of desolation and decay. Fragments of the old hemp factory were still standing; the cotton factory desolate and deserted became a prey to all who wished to carry away any part of it once valuable machinery.

**The First Cannon**

In front of Mr. Tureman's house, just at the northwest corner of the public square, the cannon was planted. It was a heavy cast iron gun carrying about an eight pound ball. The muzzle was pointed down Main Cross Street, thus exposing the dwellings of two of our most prominent Democrats to its conclusion. These were Squire Henry T. Chevis, father of our prominent townsman John M. Chevis, and Joe Howard, Esq.

**Come One, Come All!**

September 5th  
**LIVE BAND**  
at the WFU  
from 8-12  
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**HAM**  
Continued from Page 1

blue). Of the 8 youth who participated in the project 5 of them placed in the top 5 for the state for either their ham or their speech. These five youth were as follows: Bryan Buzzard, Amanda Pope, Elizabeth Pope, Nick McCarty, and Beth McCord. Elizabeth Pope was also given the honor of Reserve Champion in Kentucky for 11 year olds. Beth McCord was also given the honor of Grand Champion in Kentucky for the 10 year olds.

The country ham project is a great project that takes time, patience, dedication, and lots of love. All of our youth should be commended for a job well done. Nicholas County is also one of the few counties in the state

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**Yard Sale and Bake Sale**

on  
**September 6th**  
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in the parking lot at the corner of  
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All proceeds to go to the Ladies' Auxiliary of  
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Customer Appreciation Picnic

Whitaker Bank of Carlisle wants to show our appreciation to you and our community by inviting you to a very special event

**Thursday, September 18th**  
from 5:00 p.m. to 7:00 p.m.

at the Kentucky National Guard Armory in Carlisle

Join us for great food, prizes and much more!

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