

OPINION

Bluegrass Beacon

Oklahoma-like land grab should come later than 'sooner'



Bluegrass Beacon by Jim Waters

Surely Northern Kentucky University land grabbers don't think they can use eminent domain to seize private property for a new athletic complex. Or do they?

You never know what people in power, who seem to disdain the sacredness of private-property rights, are capable of doing.

our (a.k.a. fair-market value) price, we'll condemn their land."

McFord predicts local government "will have to use eminent domain" to avoid using eminent domain.

tuckians going to stand by and allow government to take private property owned, maintained and invested in by their fellow residents for a tennis court?

Even with legitimate cases, eminent domain should remain a last resort, Jesus said as a means to attain land for the public good

promise that NKU "will work to develop a plan that addresses (property owners') interests as well as we can."

Jim Waters is the director of policy and communications at the University of Kentucky's Free-market think tank. You can read previously published columns at www.bippis.org.

Carlisle students to perform in Town And Village School of Dance annual recital

Students of Town & Village School of Dance will present their annual recital at Harrison County High School on May 16th, 16th, 17th, Evening performances begin at 7:00 p.m. and the matinee on Saturday begins at 2:00. Tickets are available at the door.

Carlisle students include: Fielden Behanan, Bailey Darbro, Sadie Darbro, Shanna Davis, Ella Evans, Delaney Green, Darrah Green, Jenna Ishmael, Sydney Ishmael, Alyssa Judd, Brooklyn Kinder.

Abby Lawson, Adrienne Letcher, Holden Markland, Olivia Mattox, Elliott Mattox, Hope Matley, Sydney Payne, Hailey Paynter, Megan Poe, Andi Rector, Katelyn Robinson, Tamara Robinson, Shanna Robinson.

The Competition Team will present some of their award winning pieces in the on Thursday and Friday evenings at 6:15 and the Saturday matinee at 1:15. The prologue is not presented at the Saturday evening performance. Carlisle students performing include...

ATTENTION

Parents, Grandparents, Aunts, Uncles, Brothers and Sisters

Congratulate your favorite graduate with an ad in our Graduation Special Tribute Pullout



We are so proud of you. We know you will be able to do anything you make up your mind to do.

One 6" Ad with Picture - \$15.00 Other Sizes will be quoted.

Graduation Special Tribute Pullout will be published in The Carlisle Mercury May 28.

Ads must be in The Carlisle Mercury office no later than 5 p.m. Monday, May 19.

Bring your ad into The Carlisle Mercury office at 117 S. Locust St. or mail it with payment to POB 11 Carlisle, KY 40311

PURSUANT TO KRS 424.290, "MATTERS REQUIRED TO BE PUBLISHED," THE FOLLOWING NAMES WILL APPEAR ON ALL BALLOTS FOR CHINESE IN NICHOLAS COUNTY FOR THE PRIMARY ELECTION, MAY 22, 2008.

OFFICIAL BALLOT FOR NICHOLAS COUNTY - 4TH CONGRESSIONAL DISTRICT PRIMARY ELECTION HELD ON TUESDAY, MAY 20, 2008

Table listing candidates for the 4th Congressional District, including names like Min Romney, Alan Keyes, Mike Huckabee, Ron Paul, John McCain, and others.

SENIOR LIVING How to Regain Freedom From Bladder Problems

They say that men are from Mars and women are from Venus. Despite these differences, one similarity both men and women share is the need to urinate. Health problems, which can put undue stress in their lives, experience urinary tract problems. These may include trouble holding or controlling urine, or frequent urination (ED), both men and women at times in their lives experience urinary tract problems. These may include trouble holding or controlling urine, or frequent urination (ED), both men and women at times in their lives experience urinary tract problems.

BetterWOMAN are supplements tailored to the unique needs of men and women with relation to their overall health and bladder health. They're comprised of a proprietary blend of all-natural herbs as part of Traditional Chinese medicine (TCM) practices.



(E.D.) and it also helps promote urinary and prostate health. While there are no known side effects or medication interactions in the process, this supplements, a doctor should be advised before beginning treatment.

What Most People Fear About Their Aging Bodies How You Can Alleviate Common 'Problems'

Aging is something everyone around the world must face. Each year, time passes by and changes take place - some good, some less desirable. Certain common fears arise over and over in studies conducted about the fear of aging. But thanks to simple steps most people can take, quality of life doesn't have to be compromised just because there are some common fears associated with aging.

foods and beverages can be harder on the bladder than others. Citrus fruits, carbonated beverages and coffee are also irritants for the bladder. Behavioral modifications include: avoiding caffeine, Kegels, which are exercises designed to strengthen the pelvic floor and other techniques such as bladder retraining, a behaviorist technique that involves scheduling bathroom visits and gradually increasing the time between urination.

users saw improved control within two months of taking the supplements. Education is the first step toward treating bladder health issues and making strides toward a more active and healthier life. Supplementation with BetterMAN and BetterWOMAN is a safe way to regain control over bladder issues and feel younger and more rejuvenated in the process.

Adapting to a Fixed Income Essential to Enjoying Retirement

Thanks to advancements in medicine and an increased emphasis on physical activity and fitness, people are living longer than ever before. While that's a good thing, longer life expectations mean money now has to go longer as well.

your children cultivate their own wealth, you can begin to carry less insurance. While you still want to carry some life insurance should you predecease your spouse, if your children have established themselves financially, you can save money by reducing your life insurance coverage.

more than you thought you would avoid using credit when making purchases. Using credit too much can lead to large interest charges, especially if a medical emergency arises and you don't pay the balance in full by the due date.

Advertisement for Soper's Family Drug, featuring the slogan 'THE ONLY PHARMACY YOUR FAMILY WILL EVER NEED' and contact information for the Nicholas County location.