

LIFESTYLE Community Calendar

AA meetings held
AA meetings are held every Tuesday at 8 p.m. except the third Tuesday of the month is at 7 p.m. in the Community Room of the Nicholas County Health Department.

Veterans Benefits Field Representative at Courthouse

A Veterans Benefits Field Representative with the Kentucky Department of Veterans Affairs will be at the Nicholas County Courthouse on the third Tuesday of each month. The hours are 9-11 a.m. Veterans and their families will be given counseling in filing for Federal and State Veterans benefits. This service is provided free of any charge or fee by the Commonwealth of Kentucky, Department of Veterans Affairs. Feel free to call and leave a message if we are out. 1-866-376-0208 your call will be returned as soon as possible. Come see us and bring all documents pertaining to filing a claim.

Auxiliary meets second Tuesday

The Johnson Mothers Health Care Auxiliary meets the second Tuesday of each month at 10 a.m. in the hospital dining room. Anyone interested in joining the auxiliary is welcome.

Orient Lodge #500 to hold meeting

Bourbon Drive-In
June 13, 14 & 15th
440 Centre and Courthouse
Starting at 9:00 p.m. or Dark

King Fu Panda
PG
Inland Cinema Inc. 1000 Main St. 1000 Main St. 1000 Main St.
Ad at 10:30 pm.
Baby Mama
PG-13
Lunch, serving lunch to the home
Friday and Saturday nights at 9:00 pm.
See Website: www.inlandcinema.com

TENTH FRAME CINEMA
930 Camargo Road
Mt. Sterling, KY
www.tenthframe.com
859-497-2518

Indiana Jones and the Temple of Doom
PG
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Let's Go to the Movies
SEX AND THE CITY
PG-13
YOU DON'T MESS WITH ZOHAN
PG-13
INDIANA JONES: KINGDOM OF THE CRYSTAL SKULL
PG

WHAT HAPPENS IN VEGAS
PG-13
THE INCREDIBLE HULK
PG-13
THE STRANGERS
R
THE HAPPENING
R
KUNG FU PANDA
PG

STERLING LANES
COMING MOVING
FRI. & SAT. MIDNIGHT - 3 AM
BOOK YOUR BIRTHDAY PARTY OR GROUP
CALL FOR RESERVATIONS

The Orient Lodge #500
meets the second Thursday night of each month at 7:30 p.m. All Master Masons are welcomed.

N.C. Adult Learning Center News

The Adult Learning Center offers a flexible schedule and personalized instruction to help students successfully complete their GED. The center offers students the opportunity to study at their own pace and on their own schedule. Interested persons may stop by anytime between 8:00 a.m. to 7:30 p.m. on Mondays and Tuesdays and 9 a.m. to 1 p.m. on Wednesdays.

Stop Smoking Classes
Wedco District Health Department will be beginning new "Stop Smoking Classes" on Thursday, July 3rd at the Nicholas County Health Center at 5 p.m. For more information call Peggy Sifers RN at 1809-588-9517 or toll free 1-888-664-4242.

Kiwanis Club will meet

The Rose Hill United Methodist Church will have Vacation Bible School June 9th thru 13th from 7:30 p.m. All ages are welcome. We have "No Adult" class also. The title of this year's Bible School is "Gods Big Backyard".

Woodmen of the World to host activities

Every Day's Sundae!
Win free ice cream for a year* as FCS salutes Dairy Month!

June is Dairy Month - time for Farm Credits to salute our dairy farmers. From delicious ice cream to savory cheeses, we appreciate the fresh, delicious products these farmers bring to your nation's table.

Register by June 20!
To show our appreciation of their hard work, FCS is offering a chance to win FREE ice cream through June 2009. Register by June 20 to meet Farm Credit... and make every day "Sundae".
*Not to exceed \$1,000 annually.

Farm Credit Services
Financial Service Officer
MAYSVILLE
www.farmcredit.com 1-800-830-5911

Livestock Water Systems
Nothing's Easier or More Cost Efficient!

A Water System For Every Need

5 Year Warranty

Peck's Farm Supply 627 Main Street Sharpburg, KY (606) 247-2421

The Carlisle-Nicholas Co. Kiwanis club will hold their meetings at 7 p.m. on the first Thursday of every month at the Neal's Building.

John Brislin to be in Nicholas County

John B. Brislin from Optimized Senior Care Medication Services will be coming to our Center for two days. The days will be June 16 and June 30. For more information please contact the Nicholas County Senior Citizens at 859-285-3729.

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Following activities: June 14th-Summer Backyard Carnival and Flag Day Presentation, 10-12pm, at the Eastern Kentucky WOW Youth Camp, 8811 Yates Creek Rd., Lexington, KY. (There is no charge for this activity) July 4th-WOW will be formally carrying on field and presenting a 20' flag at the Lexington Legends Game. If you are interested in attending the game and helping with the presentation, please contact 859-749-7398 to obtain information about ticket prices and seating. WOW members, their guests, and local community members are invited to attend.

Democratic Women's Club to meet

Carlie Democratic women's club will meet June 17th at 6:30 at the small court room.

1998 Class Reunion to be held
Any member of the 1998 Class will be having their 10-year class reunion on Saturday June 14th at the

Elliville Reunion to be held

Elliville Reunion to be held held at Irvingville Baptist Church 3652 Morning Glory Road, June 16-20 from 6:30-8:30 p.m. Classes

Vacation Bible School to be held

Twain Pin Lanes
Presents Carl Storey & The Homestead Jamboree Band
Country Music Show
Special Guest Appearances
Recording Artists - Sheftin Cash & Gwen Wells
Country Singer Haley Kelly
Saturday, June 14, 2008
7-10 p.m. doors open at 6 p.m.
Bowling Alley/Restaurant/Dance Floor
Come early and Eat at the Twin Pin Lanes Restaurant - Featuring Jamboree Specials
SHOW TICKETS \$12.00 DOOR PRIZES
AGE 6 AND UNDER FREE WITH ACCOMPANIED BY AN ADULT
Come enjoy the show and please support our sponsors!
Family Entertainment
TWIN PIN LANES - BANQUET HALL
With custom seating, air conditioning/heat
150 Foster St. - Flemingsburg, KY
For information or to reserve seats call (606) 845-8407 or (606) 748-3292

for all ages. For more information, call 859-234-5030, 289-2001, or 484-2049.

Cruise In scheduled June 21st.

Lagunita Hot Rod Club presents their annual "Chrome and Cruise" cruise-in (Saturday, June 21st. This year's event is at a new location at the Mayville-Mason County Recreation Park, US 68 in Washington, KY. For more information call 606-882-2486 or 606-796-3446.

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1 package (10 ounce) frozen broccoli-cooked - since it's in season try fresh broccoli
1 beaten egg
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LIFESTYLE A Pinch of This and a Dash of That

By Jill Hutton
EHN Program Assistant
Nicholas County Extension Office

It's really beginning to feel like summer out there now. As I wrote last week, we will spend two weeks with Kentucky Broccoli and Kentucky Greens. This week we will spend with broccoli. Why is broccoli so healthy? Why should I eat broccoli? My child does not like broccoli...for that matter I don't like broccoli. I hear those three questions and statements a lot throughout the year when I work with families and children. Here are some answers to your questions.

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