

BRIDES 2008

Unveiling the story of bridal veils

Who would've thought a thin piece of lace or tulle could truly make a bride look and feel like she is getting married. Veils have remained an important part of wedding day attire for centuries. Veils date back to ancient Greeks and Romans, who used them to fend off evil spirits and demons. The thinking was that the evil spirits would not be able to get to the person behind the veil, hence keeping her safe for her husband. In the late eighteenth century in America, veils became quite popular. Aides came to America wearing their hair and makeup sim-

ending at the bride's elbow. No matter what you choose in a veil, it's important that it complements your overall look and doesn't compete with your gown. A fancy veil will be too much for a detailed gown, but you can embellish a plain dress with a detailed veil. When selecting veils, it helps if you have an image of your gown in mind. Some dress shops also specify in veils, so you may be able to try on your gown and different veils to compare looks. It is also wise to style your hair and makeup sim-



While veils are very beautiful, they are extremely optional for the bride (unless your house of worship has rules regarding veils). Many other headpieces and accessories are available if you opt out of a veil. These include tiaras, barrettes, hats, and more.

What will your wedding cost?

(According to The Knot, an online resource for all things nuptial, the average cost of a wedding is \$22,000. However, depending on the region of country, the bride and groom can expect to spend far more or even a lot less than that. Some interesting tidbits gathered in a survey of bridal consultants across the country conducted by The Knot:

Those living in regions where the cost of living is highest can expect to spend more than the average. These regions include the Northeast, where a high-end reception site, such as an estate or museum, will fetch a minimum of \$3,000, according to Meg Holland of Newton, Massachusetts-based Events Unlimited, Inc. In comparison, Ann Marie Kjelland of Weddings by Ann Marie, in Plymouth, Minnesota notes that a similar site in that region will likely charge in the neighborhood of \$1,000.

Throughout much of the country, the cost to feed the guests is roughly the same. A more upscale meal in the Northeast can expect to fetch \$120-200 per plate. A similar meal



Arrangements. Regardless of where the wedding is taking place, a middle-of-the-road floral arrangement will cost in the neighborhood of \$2,000 pretty much anywhere. Such an arrangement typically includes in-season flowers and elaborate bouquets. While most consultants put such arrangements between \$1,500 and \$2,000, the Midwest, perhaps surprisingly, reported the cost to be far more than that, as Kjelland reported a couple can expect such a floral tab to be \$3,000.

Beyond the bliss: Get to know your spouse before you tie the knot

Speak to anyone who has been married for years, and you will often find that communication is the key to a successful relationship. However, many couples enter a marriage without really knowing about their spouses, or how they feel about certain beliefs, hopes, aspirations, or even financial concerns. After the glow of the wedding is over, couples who haven't discussed these important topics may find that stress or arguments arise from miscommunication or misunderstanding.

Taking time to sit down with your fiancé or fiancée prior to the wedding planning can help you learn even more about your compatibility and potential for a long-lasting marriage. Here are some of the questions you can ask each other, which may spark meaningful conversation. (Questions courtesy of WeddingPlanningWorksheets.com)

Finances/Home: Will we keep our money in joint or individual accounts? What kinds of things will my family be doing first before buying? Who is going to be in charge of paying bills and other expenses? How much time do we expect to spend with each other and when? Where will we live? How much will we be able to afford? What if one of us had a career opportunity that required a move to a new city or country? What if one of us, or both of us, got fired or laid-off? How important is money to our relationship and marriage? What type of material possessions are important to you (each other)? What is your definition of financial security? How much is enough for a "safety net" or "rainy day" fund? How much of our income will we save or invest?

Entertainment/Friends: Will we have a special "night" together that we always plan? Once a week, once a month? Who is responsible for cooking or will we share that and how? Do we have conflicting ideas of what our marriage is all about? What if an old boyfriend/girlfriend calls? What if we bumped into one on the street? How would you feel? What about me driving you out with friends together? What about our personalities are different and might be a source of conflict? How would we know we're having problems ahead of time and what would we do about it?

our families during the holidays? Intimacy and Children: How do we deal with each other's sexual expectations and needs? Describe your ideal of the ultimate sexual experience. Is it romantic, is it spontaneous? Will we have children? When and how many? What will we do if we can't have children together (adoption, other options)? How might having children change our relationship and the time we spend alone with each other? How might things around the house home change once a child is born? Will one of us give up our career to stay home with our child/children? Our Relationship: What do you love about me? Why are you marrying me? How might previous relationships we've had affect our marriage, if at all? What if an old boyfriend/girlfriend calls? What if we bumped into one on the street? How would you feel? What about me driving you out with friends together? What about our personalities are different and might be a source of conflict? How would we know we're having problems ahead of time and what would we do about it?

The Carpet's Down
The Walls are Painted
Everything is in Its Place
Please join us to

CELEBRATE

at

The "New" Plain Rabbit

Friday, February 8, 10 to 7
Sat., February 9, 10-4

39 S. Maysville St.
Mt. Sterling, Ky.
(859) 498-2300

Vera Bradley, Spring 2008 Collection

Etc. etc.

Gifts & Decorative Accessories

635 N. Maysville
Mt. Sterling • (859) 497-0278
Mon-Fri 10-5 • Sat 10-4

70 S. Main St.
Winchester • (859) 744-7454
Mon-Fri 10:5 • Sat 10:3

BRIDES 2008

Planning an interfaith marriage

While a person's wedding day is a time for celebration, as any bride and groom know, the day itself can be a monthly leading up to the big event can be stressful. Such stress is of ten heightened for couples, in which each person is from a different religious background. Whereas such couples used to be rare, studies continue to show that interfaith marriages are on the rise. In the 2001 American Religious Identification Survey, nearly 25 percent of all couples responding were in interfaith marriages. Interfaith couples need to take care of certain matters that, for couples of the same faith, needn't be discussed. For interfaith couples, the following tips should help ease the stress of the big day.

Determine what's most important in a particular faith, many adults either don't regularly attend religious ceremonies or consider themselves as practicing a particular religion. In fact, a 2005 survey titled Atheism: Contemporary Rates and Patterns found that 39 percent of Americans considered themselves either agnostics (claiming no belief or disbelief in God) or atheists (claiming disbelief in God).

For interfaith couples about to get married, it's important to truly consider one's beliefs. Bride and groom should examine how meaningful their faith is to them, and what they can live with or without in a wedding ceremony.

Attend a service, be it a wedding or wedding rehearsal from each faith. Knowledge is a great mediator when



Tame wedding day tresses

A bride-to-be has a lot on her mind. Are the arrangements set? Will the day go on without a hitch? Every bride hopes for the perfect weather for her wedding, since bad weather could be a source of professional misery. Wind, showers and humidity may unfortunately share the day with you. Just because the weather may not cooperate, doesn't mean your hair should misbehave, too.

Why ruin the magic of your wedding day with a hair-don't instead of a hair-do?

New haircare companies, Professional Beauty has the answer to controlling style-wrecking frizz. Even if it's hot, humid, rainy, or windy, Frizz Defier™ is a head of hair with heavy topical silicones just to conquer

Achieve great honeymoon hair

Aruba, Jamaica, Bermuda, Bahamas. These tropical paradises are always the top honeymoon destinations for couples. Chances are, where there is soft, sandy beaches, palm trees swaying, and lush foliage, you'll find new ways to pamper the hair.

Caribbean, South Pacific and Mediterranean getaways can be terrific for bonding and enjoying the first few days of romance as a married couple. But they can be challenging for women looking to maintain beautiful post-wedding hair. That's because humidity and salt-filled breezes are as common in the tropics as picturesque sunsets and steel drum bands.

That's why top celebrity hairstylist Elin LaVaur offers tips to fight frizz and make peace with hard to manage hair for your honeymoon.

Don't fight the texture. Choose a style that allows you to wear your hair naturally. It will cut down on time and frustration. Your honeymoon should be carefree, not spent in front of a hotel mirror trying to tame your hair.

When in doubt, braid it out. Braids are always fun and casual. Twist or braid hair at night after applying gel or setting lotion in the morning for a soft, long-lasting wave.

Where's the curl, girl? Women with curly hair should embrace their natural hair texture. Use a product that is designed to combat frizz along with a natural hair texture. Use a product that is designed to combat frizz along with a natural hair texture. Use a product that is designed to combat frizz along with a natural hair texture.

Angie's Hair Design

Come and see us for all your hair needs!
Hrs. Mon-Fri. 9 a.m.-7 p.m.
1414 W. Hwy. 60, Owensville
606-674-9130

Heatwaves

Let Heatwaves help you with styles for all your wedding, prom and formal needs!

12813 E. Hwy. 60, Salt Lick
For appointment call (606) 683-2036

The Studio Photography

Your Special Moment
Your Wedding Day

The Studio has been creating wedding and family memories for over 25 years. Please visit our showroom and enjoy the quality, creativity and attention you deserve for one of the most important times of your life. Please begin by making an appointment for a consultation. During the consultation we will discuss the details of your wedding day and you will be able to view the quality photography that is offered to you. The staff looks forward to working with you and your family to capture the moments of your life.

Call (859) 498-2334
401 Commerce Circle, Mt. Sterling • Tom Osborne, Owner

Wedding day meal options

Planning a wedding can seem like one big decision after another. In the months leading up to the wedding, the planning is well known to drive some couples to the brink. One of the biggest decisions a couple has to make concerns how to feed the guests. This boils down to two choices: a sit-down meal or a buffet-style supper. Each has their ups and downs, and which route to take typically depends on a number of factors. Degree of formality: Formal weddings often call for a sit-down meal, as it's generally viewed as more elegant. But this doesn't exclude the buffet-style option from formal weddings. At the other end of the scale, still formal, weddings a buffet-style meal is perfectly acceptable. For weddings that aren't as formal, it's generally best (and less expensive) to offer a buffet-style meal. The guest list: The social nature of the world to food and drinks. While this is true to an extent, buffet-style meals still require a staff on hand to replace food that has run out. In addition, the time of day of the reception plays a role as well. For example, a buffet-style lunch will not be nearly as expensive as a buffet-style dinner. In general, though, a buffet at a wedding is almost always more budget-friendly than a sit-down, typically costing far less per plate. Flexibility: Guest lists are often unique, with each guest having particular preferences when it comes to food. This makes buffets an especially attractive option. Sit-down meals can be very limiting, which won't be well for picky eaters. A buffet, however, offers many selections, and chances are even the pickiest of eaters will find something they can devour.

Blooming Treasures
1102 Indian Mound Rd.; Ste. B
MT. STERLING
(859) 497-0081

We offer rental of wedding equipment
Let us help you with all your wedding needs!

Elegance Boutique
Prom • Bridal • Tuxedo
Special Occasions

Check out our Bridal Package
and Clearance Rack!
414 Kroger Center, Morehead
(606) 783-1213

Special Occasion

We Make Beautiful Memories
East Main Street, Mt. Sterling
859-499-0770

The one stop shop for your wedding, prom, pageant and party attire.

Rent 6 Tuxedos
GET 1 FREE

THE BOOT RANCH
233 Wilmore Drive
Mt. Sterling, KY 40131
(859) 498-3900