

Wednesday Evening January 9, 2008. Table listing various TV programs and their times.

Friday Evening January 11, 2008. Table listing various TV programs and their times.

Sunday Evening January 13, 2008. Table listing various TV programs and their times.

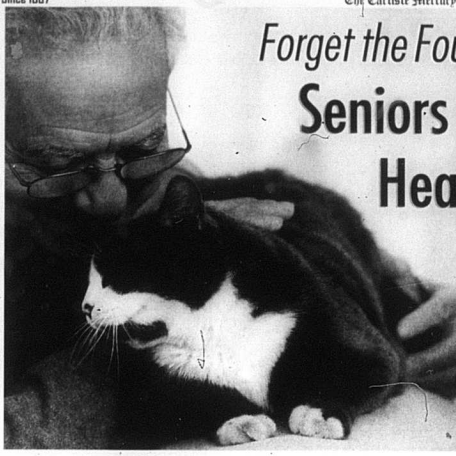
Tuesday Evening January 15, 2008. Table listing various TV programs and their times.

Thursday Evening January 10, 2008. Table listing various TV programs and their times.

Saturday Evening January 12, 2008. Table listing various TV programs and their times.

Monday Evening January 14, 2008. Table listing various TV programs and their times.

Monday Evening January 14, 2008. Table listing various TV programs and their times.



Pick of the Litter — How to Find the Right Pet for You. For seniors, choosing the right pet is a very important decision that involves a lot of considerations.

Forget the Fountain of Youth... Seniors May Just Need a Healthy Dose of Pets

Pets May "Paws-ively" Benefit Seniors by Helping Their Minds Stay Sharp and Their Bodies Fit

Mom's best friend may be the secret to helping seniors feel their very best, so they can continue to enjoy living life to its fullest. Research showing the physical benefits of pet ownership for seniors has been well-documented over the years, but now the mental and emotional benefits are becoming even more apparent.

Seniors Get Up and Get Moving for Pets. Although constant companionship is one aspect of owning a dog or cat, according to 89 percent, seniors also see other benefits of pet ownership that include a positive outlook on life and a renewed interest in being active.



Purina Pets for Seniors. In order to communicate the life-enriching benefits of pet ownership among senior citizens, and to help homeless pets find loving homes, Purina has established the Purina® Pets for Seniors program.

Ask about our Purina Senior Adop Program discount. Soper's Family Drug. THE ONLY PHARMACY YOUR FAMILY WILL EVER NEED. Convenient Drive-Thru Window • Senior Discount • In-Store Delivery • Accept Most Insurance Plans.

HOROSCOPES

ARIES - Mar 21-Apr 20. Your ambitious and energetic spirit will be very useful. Adept external support will be very useful. Adept external support will be very useful.

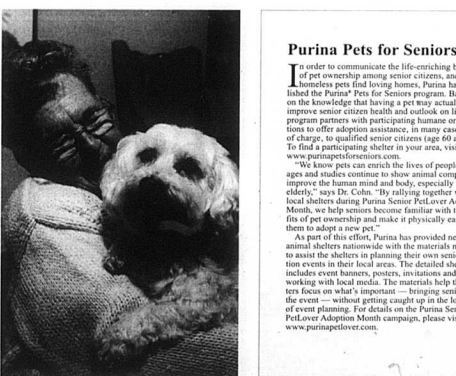


Photo by Tom Gannam