

FALL FUN

Enjoy Kentucky; You'll need to hurry

Due to the dry conditions, the leaves at Carter Cave State Resort Park in Olive Hill are falling faster than they are changing. They're at between 40 to 50 percent change throughout the park...

Peak would be one to two weeks early, but it seems the color will be the best around the third and fourth week of October. Don't forget to make your reservations for the Elk Viewing Tours. Bull oars are being harvested for the eastern Kentucky with over 100 elk staked on each tour...

At Cumberland Falls State Resort Park in Corbin the change has slowed and the peak should be around this time of year. At Natural Bridge State Park in Slade the forest's fall color display is increasing although they are still seeing more green than usual at this time of year...

This week at Greenlee Lake State Resort Park in Cresap, the cool temperatures have turned approximately 45 percent of the trees into oranges, yellows and reds. You'll see deep reds in the dogwoods and Virginia cypress...



Huntin' pumpkins. Carlisle resident Pam Randolph browses through a large variety of pumpkins on the lot at Donna's Styling Shop in preparation for Halloween and fall decorations. The pumpkins were sold by members of an Amish family.

Although ATV fun is part of a year-round recreational process, safety while riding always takes an important role when planning an off-road outing.

There are approximately seven million ATVs in use in the United States being operated by more than 15 million Americans. It is estimated that all parents understand the importance of safe and responsible use of ATVs. Almost 90 percent of ATV-related injury in children occur when a youth is operating an adult-sized ATV, meaning that the engine size is greater than 90 cc.

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It's safety first when planning an ATV outing

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Always wear a helmet and other protective gear. Never ride on public roads another vehicle could hit you and has eyes back there. Never influence of alcohol or other drugs. Never carry a passenger on a single-rider vehicle.

The ATV Safety Institute has eight Golden Rules of ATV safety that address these behaviors and apply to all riders. Always wear a helmet and other protective gear. Never ride on public roads another vehicle could hit you and has eyes back there.

Apply a natural mask of cosmetics rather than have a child wear a loose-fitting mask that might restrict breathing or obscure vision. If a mask is used, however, make sure it fits securely and has eyeholes large enough to allow full vision. Swords, knives, and similar weapons should be removed from the vehicle.

Children should not enter homes or apartments unaccompanied by an adult. Pediatrician Safety: Young children should always be accompanied by an adult or older, responsible child. All children should WALK, not run from house to house and use the sidewalk if available, rather than walk in the street.

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Safety tips for a fun and safe Halloween

A few tips from Carlisle and Nicholas County Emergency Management can protect children who plan to go trick-or-treating this Halloween. Wednesday, October 31 is Trick or Treat night in Nicholas County. Trick-or-treat hours are from 6 p.m. to 8 p.m.

Costume Desires: Purchase or make costumes that are light-colored and bright enough to be clearly visible to motorists. For greater visibility during dusk and darkness, decorate or trim costumes with reflective tape that will glow in the beam of a car's headlights.

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Have fall fun roasting pumpkin seeds

This year when you are carving your pumpkins to make Jack-O-Lanterns or cooking fresh pumpkins don't throw out the seeds. Those seeds make an excellent snack and are rich in fiber as well as vitamins B and E. Children will especially love them.

der, cayenne pepper, seasoning salt or Cajun seasoning for a little different flavor. Once you have decided on what you would like them to taste like. Preheat your oven to 300 degrees. While it is okay to leave some strings and pulp on your seeds because it does add flavor, clean off any major chunks. Toss the pumpkin seeds in a bowl with the melted butter or oil and the seasoning of your choice.

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OPEN TO THE PUBLIC. Hours: Thurs. 5-10pm - Fri. & Sat. 5pm-12 Midnight. Live Band - Every Fri. & Sat. - 8:30-Midnight. Sat. Oct. 27th Halloween Costume Party. Cash Prizes Live - \$100, 2nd - \$50, 3rd - \$25 gift certificate. Drink Specials - Live Music 8:30-Midnight.

DOWN HOME THURSDAY NIGHTS. November 1 Seafood Buffet. November 8 Euchre Tournament. November 15 Family Night Magic Show. November 22 Cornhole Tournament.

Keep safety in mind when you hunt for deer this season

Frankfort, Ky. - Although hunting is one of the most popular activities you can pursue, deer hunters should keep some important safety tips in mind as modern gun season opens Nov. 10 in all areas of Kentucky.

Always wear your safety harness whenever you use a tree stand. It is the single most important safety item a deer hunter can use. One of the leading causes of injury to deer hunters isn't an errant shot from another hunter, it is a fall from a tree stand.

In Kentucky, one in five hunting incidents involve a tree stand, said Bill Balda, hunt education coordinator for the Kentucky Department of Fish and Wildlife Resources. "One in four tree stand incidents results in a fatality."

After getting into a deer stand before sunrise and sitting there for hours and hours without so much as a sign of a deer, it is easy to lose patience. Avoid the temptation to fire just at a sound, movement or color. It may not be a deer.

"Be sure of your target and be sure of your backdrop behind the target," Balda said. "Almost half of Kentucky's reported hunting incidents involve a victim who was mistaken for game or out of sight of the shooter. Once a shot is taken, there is no way to call back the arrow or the bullet. It is the hunter's responsibility to make absolutely sure his or her target is the intended game."

"Since hunter education became mandatory in 1991, the rate of fatalities has decreased by 40 percent," Balda said. "Also since hunter education became mandatory, total youth hunting incidents are down 37 percent and youth fatalities are down 46 percent. Hunter education works."

STERLING LANES HAUNTED ALLEY HALLOWEEN PARTY. October 31, 12 a.m. - 3 a.m. Only \$70 a Land. Costume Contests. Door prize giveaways. All night long! Grand Prize Free Bowling Ball. For more info or reservations call: 859-498-7755

Keller's Farm Store now has Corn Gluten Soybean Hull and Corn Mix. \$4.50 a bag in handy 50-lb bags. STRETCH HAY WITH THIS MIX. Keller's Farm Store, Inc. 4 Legion Road • Paris, Kentucky. 859-987-4864. Toll Free 1-866-913-3373

Archery Supplies Hoyt, PSE, Bowmaster, Pearson Firearms and Arrows. BOW & GUN SALE. ARCHERY. Authorized PSE Dealer. AUTHORIZED BEAR DEALER. 20 Yard Indoor Range. BOW Tuning/Alignment. HATCH & CUT ARROWS. HUNTAL Accessories. GUNS. Buy, Sell & Trade. Carry New & Used. Will Order Customers at Customer Request. Ammunition. Savage 300 Mag \$379.99. Savage 20-06 \$389.99. Stevens 243 \$289.95. Ruger Mini 14 \$499.99. S & W 24M \$329.99. Springfield 451 \$479.99. Sig Sauer .22 LR \$379.99. Taurus .357 Mag \$369.99.

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Henry Repeating Arms. Nicholas County Tribute Rifle. Engraved Receiver and Stock of Historical Nicholas County. I of 50 made. Shep's Sport World. 7278 Morehead Rd. Flemingsburg, KY 41041. 606-845-4867. www.shepsworld.net

In Stock Now. Tractors from 28-108 hp. Other available to choose from. Kubota. 0-36 months financing for selected models. Sauer Implement. ROUTE 11 NORTH FLEMINGSBURG, KY 41041. Office (606) 849-4853. www.sauerimplement.com

2007 TWIN PIN LANES SECOND ANNUAL HALLOWEEN BASH. Saturday October 27, 2007. 8:00 p.m. - Midnight. Cost \$20.00. 606-845-0407. Children under 6 free when accompanied by a paying adult. Must be 16 years of age or older. Under 18 must be accompanied by an adult. Maximum of four people to a lane.

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