

LIFESTYLE

Family and Consumer Sciences Corner

Safe Food Handling A Must At Tailgating Parties

When safe food handling practices aren't followed, people who have hand-to-hand contact with food...

Birds can present serious health risks

Large populations of black birds make a temporary home for themselves somewhere in the neighborhood...

ries instead of a case of food-borne illness at your next tailgating party, make safe food handling a top priority...

in an unglazed coffee urn or a large insulated drink container with a spigot...

Senior Flu Clinic

Senior Flu Clinic Saturday, October 13, 2007 1:00pm-4:00pm We are committed to senior wellness and are pleased to offer flu immunizations.

Today's Weather Local 5-Day Forecast

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Kentucky's Fall Vegetable and Fruit Crops

By Jill Hutton EFNEP Program Assistant Nicholas County Extension Office...

high in potassium, making it a great natural snack...

Apple Salad

2 cups diced apples (with peel) 1 cup diced celery 1/2 cup raisins 1/2 cup nuts...

Preparation

Preparation: Raw apples will darken when the cut surface is exposed to the air...

Halpin enters goats in exposition

Marie Helgen of Sharsburg has entered four head of dairy goats in the Alpine and Nahian division of the 34th annual North American International Livestock Exposition (NAILE)...

Goats

Goats are a popular and profitable livestock animal...

SELL IT FAST IN THE CLASSIFIEDS!

Classifieds section header and introductory text.

Table with columns for various categories and numerical data, likely a results table for an event.

Shell Food Mart advertisement featuring various food items and prices.

Kentucky At A Glance map and regional information.

Green crowned Miss Teen Germantown

Darah Lindsay Green of Carlisle, Nicholas County was crowned Miss Teen Germantown at the annual Germantown Fair August 3, 2007.

El Camino Real Mexican Restaurant

El Camino Real Mexican Restaurant advertisement with menu items and prices.

There's a new doc in town...

Advertisement for Daniel Melville, MD Family Practice.

Thank you message from Daniel Melville, MD regarding his education and practice.

Advertisement for Bourbon Community Hospital with contact information.