

## GENERAL NEWS

## Mayor promises to quiet motorists

Carlisle residents who continue to operate loud vehicles and play loud music may soon be cited for their inconsideration to others within the city.

The subject has been discussed in recent city council meeting and Monday evening Mayor Ronnie Clark told city council members he was abandoning the concept

of purchasing a "decibel machine" or noise meter, and would instead seek to control the problem through the enactment of a noise ordinance.

"I've been looking at different ordinances," Clark said. "I'm still comparing them."

Others at the meeting commented on the problem. "I think our police should

just start stopping them (those in question of being excessively loud) and start asking them to quiet down," Councilman Billy MacGowan said.

"Sometimes the only way to get someone's attention is to get into their pockets," Clark said.

Some in the community say action is long overdue.

"About 90 percent of the time, once they make that turn, they hammer down," said David Biddle recently while standing on Main Street and discussing the problem.

Biddle is a resident of downtown Carlisle, who says the loud vehicles and the music they play is bothersome. "Those boom boxes

will rattle the windows. They wake you up if you're trying to sleep."

Biddle also said he has observed many unsafe U-turns and right-of-way violations near his house.

"It kind of makes me afraid to walk near the street," he said.

Biddle said he has discussed the problem with

neighbors and city officials.

"I like the town other than the noise from a few vehicles," he said. "It's a nice country town with friendly people."

Clark told council members he will continue to review various noise ordinances from surrounding communities and will suggest action soon.

## Caution urged as temperatures soar

Heat-related injuries caused by high temperatures can be deadly and all Nicholas County citizens are urged to exercise caution this week and throughout the remainder of summer as the temperatures are set to soar.

According to the Texas Children's Gordon Emergency Center, the largest children's emergency center in South Central Texas, which treats approximately 75,000 patients annually, and Dr. Kate Grossman, the Medical Director of About.com, more than 4,000 heat-related deaths occur in the U.S. every year.

High humidity can cause heat stress even without extremely high temperatures. 70 percent of heat stress is due to humidity; 20 percent is due to solar radiation and only 10 percent is due to actual air temperature.

Seniors, small children, and people with diabetes are especially at risk for heat illness, and knowing the warning signs can mean the difference between life and death.

When children are in the heat, make sure they have plenty of water to drink. Cool water is better than warm water. Salt tablets can make dehydration worse.

## County gets \$20,000 grant

According to a spokesperson from the office of U.S. Representative Geoff Davis, Nicholas County Fiscal Court has received a \$20,000 Land Water Conservation Fund Grant from the National Parks Service.

This grant will be used to help complete the East End Tennis Park Court.

## Police investigate arson case

Police continue to investigate an act of arson that occurred in the early morning hours of Aug. 7 in Carlisle.

According to those who discovered the fire, and an incident report filed by Carlisle Police Officer Tim Layne, someone set fire to a pair of tennis shoes on the side porch of a house at 311 Liberty Street at approximately 1:39 a.m.

"My son saved the day," said resident of the house, Lisa Mattox, of her 14-year-old son Justin Hughes who discovered and extinguished the flames.

"The window was open and Justin smelled smoke. I was in bed. When he woke me up I panicked, but he remained calm and got a fire extinguisher and put the fire out."

A pair of shoes sitting on the concrete side porch had apparently been doused with a flammable liquid and the ensuing flames were moving up the side of the house when Justin Hughes extinguished them.

Mattox called the police as soon as the fire was out and Carlisle Police Officer Tim Layne responded.

"Officer Layne arrived here very quickly after I called the police," Mattox said.

"At my request he contin-

ued to patrol the neighborhood after his initial investigation. I was afraid that whoever did this might come back."

Layne discovered the source of the accelerant used by the would-be arsonist, a nearby yard torch. Someone had poured lamp oil on the shoes and set

them on fire," Layne wrote on the incident report. "A yard torch was lying on the ground in the front yard and the can was empty."

No arrests have been made but Layne continues to investigate the incident and citizens who may have information regarding the incident are urged to contact office Layne or Chief of Police William Denton at 268-3710.

Harold Bussell, the owner of the property, expressed concern.

"It's pretty scary when you think about it," he said. "I'm glad no one was injured."

Heat cramps usually occur after invigorating exercise with perspiration and occur most commonly in the abdomen, legs and thighs or in those areas of the body used in the activity. Resting in a cool area, and drinking lots of fluids can generally alleviate heat cramps.

Heat exhaustion is the body's response to a loss of water and electrolyte balance. It begins with the accumulation of large quantities of blood in the skin in the body's attempt to increase its cooling efficiency.

One of the first symptoms of heat exhaustion is a body temperature higher than usual, accompanied by nausea, weakness, rapid heartbeat, faintness, and cold moist, sweaty skin. If you suspect someone is suffering from heat exhaustion, move the person to a cool area promptly and provide

cool, non-alcoholic fluids to drink. Keep the legs slightly elevated, and loosen any tight clothing. Use cold compresses, especially to the neck and head. Never use an alcohol rub. Do not administer any medication to lower temperature. Heat exhaustion can quickly progress to heat stroke if not treated properly.

Heat stroke is dangerous and life-threatening and is generally precipitated by heat exhaustion, though not always. It is caused by the body's inability to sweat, while continuing to overheat. Any temperature above 103 degrees Fahrenheit is suspect and should be investigated immediately.

Signs of heat stroke are hot, dry skin with no sweat, confusion, throbbing headache, rapid heartbeat and/or unconsciousness. Emergency help should be gotten immediately. Until help arrives, the main point to remember when encountering someone suspected of heat stroke is to instantly begin

treatment, which should first and foremost consist of cooling the person down by whatever means available. Heat stroke deaths are directly related to the victim's body temperature and length of time within which the person stays hyperthermic. If at all possible, cooling down should be done within the first thirty minutes (the recommended time frame for survival).

Move the person to a cool area, loosen or remove any tight clothing and apply cold compresses, towels, or spray mist, water from a garden hose, whatever. If available, wrap the person in a cool wet sheet. Do not use an alcohol rub, and do not try to force liquids into the victim's mouth as this presents a danger of choking. Do not place a pillow under the victim's head as this may cause the airway to become blocked.

Keep the person as calm as possible (talking through a temple, calm reassuring words) until help arrives.

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Photo by

## Creek fishing

A Blue Heron searches for fish along Cassidy Creek last week following a rainstorm.



Photo by Charles Mattox

## 2007 NC Fair winners

Picture above the Petite Princess winners of the 2007 Nicholas County Fair are L-R, third runner-up Jasmine Gayhart, winner Kaylee Land, first runner-up, Emerson Sexton, second runner-up, Trinity Taylor, fourth runner-up, Hannah Howard. Below, Princess winners at the Nicholas County Fair were L-R, winner, Brooke McFarland, first runner-up, Taylor Buchanan, second runner-up, Alyssa Kenney, third runner-up, Leandra Evans, and fourth runner-up, Gewn Livingood.

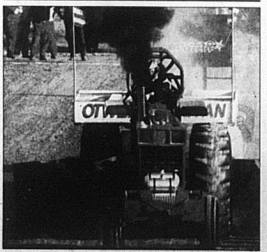


## Outdoor beauty

Workmen raise a barn quilt on West Main Street.



Photo by Dustin Robinson



## Take off

The county fair tractor pull was canceled following sled problems. The event will be rescheduled.

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