NICHOLAS COUNTY SCHOOLS VENDORS' LIST

VENDOR	ITEM DESCRIPTION	AMOUNT
CENTRAL BANK & TRUST CO.	KSTA & BOND PAYMENTS	$340,803.64
KENTUCKY UTILITIES COMPANY	ELECTRICITY	$141,583.36
SOMERSET FOOD SERVICE	FOOD AND SUPPLIES	$131,572.42
KENTUCKY SCHOOL BOARDS INSURAN TRUS	WC/INSURANCE/FLEET PD/LIAB	$117,870.07
ARK REHAB, P.S.C.	OTHER PROFESSIONAL SERVICES	$112,967.20
GFS-ID	FOOD AND SUPPLIES	$111,939.74
CITY OF CARLISLE	GAS/WATER/SEWAGE	$104,629.97
COMMUNITY ACTION	OTHER PROFESSIONAL SERVICES	$74,612.00
HARPER OIL PRODUCTS, INC.	DIESEL FUEL/GASOLINE	$71,439.76
NICHOLAS COUNTY FISCAL COURT	REPAIRS AND MAINTENANCE	$51,858.73
SOUTHERN BELLE	MILK	$49,085.21
HARCOURT, INC.	TEXTBOOKS	$43,396.31
THE BANK OF NEW YORK TRUST COMPANY	KSTA	$42,412.95
TIGER DIRECT	TECHNOLOGY EQUIP	$33,275.40
PEARSON EDUCATION	TEXTBOOKS	$29,096.31
NICHOLAS COUNTY	MISC COLLECTION FEES	$28,448.82
KENTUCKY DEPART OF EDUCATION	REFUND OF PRIOR YR EXPENDITURE	$25,013.87
KENTUCKY STATE TREASURER	MISCELLANEOUS PURCHASED SRVS	$23,891.45
WAL-MART COMMUNITY GRC	GENERAL SUPPLIES	$22,778.92
NICHOLAS COUNTY SHERIFF	RESOURCE OFFICER CONTRACT	$20,946.14
TIGERDIRECT	OTHER SUPPLIES AND MATERIALS	$20,320.78
DELL MARKETING, L.P.	PAPER, MISC SUPP, & CUSHION	$19,816.43
HASSLOCH OFFICE SUPPLY COMPANY	TEACHING/OFFICE SUPP/FURN	$19,352.04
TOSHIBA BUSINESS SOLUTIONS-KY	RENTALS	$19,277.17
KENWAY DISTRIBUTORS, INC.	REPAIRS AND MAINTENANCE/CLEAN	$16,803.56
BLUEGRASS INTERNATIONAL TRUCKS & BUSES	REPAIR PARTS	$16,187.91
JENNIFER STRONG	OTHER PROFESSIONAL SERVICES	$14,737.50
XPEDX	PAPER, MISC SUPP, & CUSHION	$13,652.25
KENTUCKY SCHOOL BOARDS ASSOC.	CONFERENCE/REGISTRATION	$13,036.81
INTERSTATE BRANDS CORP.	FOOD/BREAD	$12,860.55
DATA FUTURE	OTHER PROFESSIONAL SERVICES	$12,019.38
S & S TIRE	TIRES & LUBES	$11,452.98
SCHOOL SPECIALTY	CLASSROOM SUPPLIES	$10,989.03
PLATINUM PLUS FOR BUSINESS	PD/TRAVEL/MISC.	$10,637.18
DEE JAY AUTO PARTS	TIRES & LUBES	$10,631.72
WEDCO	CONTRACT FOR NURSE	$10,006.22
DIXIE MCKINLEY	MISCELLANEOUS PURCHASED SRVS	$9,975.00
SIMPLEXGRINNELL LP	REPAIRS AND MAINTENANCE	$9,779.20
NICHOLAS COUNTY BOARD OF EDUCA	TRANSP REIMB.	$9,541.68
THE MCGRAW-HILL CO.	TEXTBOOKS	$9,494.37
WALMART	GENERAL SUPPLIES	$9,043.18
CENTRAL KENTUCKY PSYCHOLOGICAL SERV	OTHER PROFESSIONAL SERVICES	$8,435.00
PLATO LEARNING, INC.	GENERAL SUPPLIES	$8,433.72
JOHN NOLAN SUPERSTORE	MAINTENANCE VEHICLE	$8,380.00
HORD'S LANDSCAPING & LAWNCARE, INC.	REPAIRS AND MAINTENANCE	$8,253.45
XEROX CORP.	TELEPHONE	$8,196.37
SCHOLASTIC INSURORS, INC.	OTHER PROFESSIONAL SERVICES	$8,170.00
HARCOURT ACHIEVE	TEXTBOOKS	$8,032.24
DANA D. SORRELL	OTHER PROFESSIONAL SERVICES	$7,637.50
CYNTHIANA PLANT	MISCELLANEOUS PURCHASED SRVS	$7,113.88
BAILEY DISTRIBUTING CO., INC.	GENERAL SUPPLIES	$7,016.10
BUDGETEXT,INC.	TEXTBOOKS	$6,964.53
TRUCK SUPPLIES, INC.	REPAIR PARTS	$6,927.00
REID AND VICE	REPAIRS AND MAINTENANCE	$6,924.16
ROBERT L. KAPP ASSOC	GENERAL SUPPLIES	$6,350.00
JAMES H. SMITH, CPA, PSC	AUDITING SERVICES	$6,200.00
TECH LINE	GENERAL SUPPLIES	$6,038.06
NICHOLAS COUNTY HIGH SCHOOL	REIMB FOR SUPPLIES	$5,974.49
TAMMY BEAM	SS CLUB SERVICES	$5,842.60
S.W. REYNOLDS CONSTRUCTION	MISCELLANEOUS PURCHASED SRVS	$5,750.00
SOFTWARE TECHNOLOGY, INC.	REGISTRATION FEES & OTHR DUES	$5,682.00
ATLAS MACHINE & SUPPLY, INC.	MISCELLANEOUS PURCHASED SRVS	$5,659.96
AMERICAN BUS AND ACCESSORIES.	OTHER FIXED ASSETS	$5,644.30
CROCKETT SHOPWISE	FOOD/SUPPLIES	$5,593.22
COREY MITCHELL	TECH SUPPORT	$5,472.50
BRICK MCVEY	REPAIRS AND MAINTENANCE	$5,425.18
HASSLOCH OFFICE SUPPLY	TEACHING/OFFICE SUPPLIES	$5,178.17
STANDARD INSURANCE COMPANY	GROUP LIFE INSURANCE	$4,999.90
MERRY KAY WINTER	OTHER PROFESSIONAL SERVICES	$4,979.00
FIZER CARPET	REPAIRS AND MAINTENANCE	$4,700.00
BURST TECHNOLOGY, INC.	OTHER FIXED ASSETS	$4,608.00
KIMBALL MIDWEST	GENERAL SUPPLIES	$4,534.00
IKON OFFICE SOLUTIONS	RENTALS	$4,392.25
AMERICAN COMPUTER SUPPLIES, INC	OTHER FIXED ASSETS	$4,277.77
KASA	REGISTRATION FEES & OTHR DUES	$4,033.41
NICHOLAS COUNTY ELEMENTARY	WELFARE(FOOD/CLOTHES/UTIL)	$3,909.19
H & H CONSULTING	OTHER PROFESSIONAL SERVICES	$3,900.00
FOLLETT EDUCATIONAL SERVICES	TEXTBOOKS	$3,845.64
D.C. ELEVATOR CO.	MISCELLANEOUS PURCHASED SRVS	$3,800.25
KIM BLAKE	CLASSIFIED/PARAPROF SALARY	$3,750.00
CINGULAR WIRELESS	COMMUNICATIONS	$3,731.55
CENTRAL KY. EDUCATION COOPERATIVE	REGISTRATION FEES & OTHR DUES	$3,717.76
AT & T	TELEPHONE	$3,636.72
DAWN CURRAN LETCHER	OTHER PROFESSIONAL SERVICES	$3,593.75
STI-ILLINOIS, INC.	SECTION SEVEN ALLOCATION	$3,523.70
CKEC	REGISTRATION FEES & OTHR DUES	$3,513.44
BURGINE SECURITY GROUP	MISCELLANEOUS PURCHASED SRVS	$3,500.00
PHYLLIS GUTHRIE	PROF SERVICES & TRAVEL	$3,414.42
PRESENTATION SOLUTIONS, INC	GENERAL SUPPLIES	$3,296.50
BEN BUCKLER	GENERAL SUPPLIES	$3,296.47
XEROX CORPORATION	RENTALS	$3,150.44
HAPPY THE GLASS MAN, INC.	REPAIRS AND MAINTENANCE	$3,102.40
HURST MUSIC INC.	GENERAL SUPPLIES	$3,065.25
RIDGEWAY DISTRIBUTORS, INC.	REPAIR PARTS	$3,030.85
KENTUCKY ASSOCIATION OF SCHOOL ADMI	REGISTRATION FEES & OTHR DUES	$3,020.00
JESSICA LETCHER	CLASSIFIED/PARAPROF SALARY	$3,000.00
RESERVE ACCOUNT	COMMUNICATIONS	$3,000.00
TRAUTH DAIRY	FOOD	$2,929.95
HILLYARD	GENERAL SUPPLIES	$2,929.65
CARTER CAVES STATE RESORT PARK	PROFESSIONAL DEVELOPMENT	$2,833.45
POSITIVE PROMOTIONS, INC.	GENERAL SUPPLIES	$2,771.51
CHILDREN'S PLUS, INC.	BOOKS AND PERIODICALS	$2,767.04
S.W.H. SUPPLY COMPANY	REPAIRS AND MAINTENANCE	$2,738.26
SAX ARTS AND CRAFTS	SECTION SEVEN ALLOCATION	$2,692.56
LOWE'S	REPAIRS AND MAINTENANCE	$2,509.21
BILL GUTHRIE	OTHER PROFESSIONAL SERVICES	$2,500.00
MICHAEL F. SOWELL	CLASSIFIED/PARAPROF SALARY	$2,500.00
GRKIN EXTERMINATING	MISCELLANEOUS PURCHASED SRVS	$2,476.16
CINTAS CORPORATION #312	UNIFORMS	$2,362.03
DONNA M. BROSTEK	OTHER PROFESSIONAL SERVICES	$2,320.00
PHILIP FRENCH	TRAVEL	$2,311.62
FASTENAL COMPANY	OTHER SUPPLIES AND MATERIALS	$2,299.32
THE GALE HOUSE	TRAVEL	$2,299.29
CROCKETT'S IGA	GENERAL SUPPLIES	$2,265.62
SPORTS UNLIMITED	ATHLETIC EQUIP.	$2,259.62
PITNEY BOWES PURCHASE POWER	POSTAGE	$2,222.51
MID-AMERICAN CHEMICAL& SUPPLY CO.	GENERAL SUPPLIES	$2,203.20
CHARDON LABORATORIES, INC.	MISCELLANEOUS PURCHASED SRVS	$2,200.00
SCHOLASTIC	TEXTBOOKS	$2,189.99
AHAPROCESS, INC.	REGISTRATION FEES & OTHR DUES	$2,189.50
CARLISLE GIFTS & COLLECTIBLES	SUPPLIES/DIPLOMAS/ ETC.	$2,183.74
U.S. POSTMASTER	POSTAGE & PERSPCT MLNG	$2,120.40
CLEM'S REFRIGERATED FOODS	MISCELLANEOUS PURCHASED SRVS	$2,109.34
SUPER DUPER SCHOOL CO.	SECTION SEVEN ALLOCATION	$2,088.94
SIRCHIE FINGER PRINT LABORATORIES	KIP SURVEY/OTH PROF SERV.	$2,048.85
BUSINESS CARD2	TRAVEL/TEXTBOOKS/MISC	$2,029.93
NICHOLAS CO. SHERIFF SRO	CLASSIFIED REGULAR SALARY	$1,981.44
BLICK ART MATERIALS	S.IOTT. GENERAL SUPPLIES	$1,891.61
CAROLINA BIOLOGICAL SUPPLY CO.	SCIENCE EQUIPMENT	$1,872.06
JUNIOR LIBRARY GUILD	BOOKS AND PERIODICALS	$1,810.20
AMAZON.COM CREDIT	OTHER SUPPLIES AND MATERIALS	$1,795.44
LAKESHORE CURRICULUM MATERIALS	PAPER, MISC SUPP, & CUSHION	$1,776.76
PITNEY BOWES	RENTALS	$1,776.62
MCI	TELEPHONE	$1,722.82
JWF FOOD SERVICE DESIGN & SUPPLY	GENERAL SUPPLIES	$1,684.80
STAFF DEVELOPMENT FOR EDUCATORS	REGISTRATION FEES & OTHR DUES	$1,621.00
ACADEMIC BOOK SERVICES, INC.	TEXTBOOKS	$1,612.04
A.D.O.M. INC	GENERAL SUPPLIES	$1,550.00
CAROLINA BIOLOGICAL SUPPLY COM	GENERAL SUPPLIES	$1,540.34
THERMAL EQUIPMENT SALES	REPAIRS AND MAINTENANCE	$1,528.69
KENTUCKY ASSOCIATION OF SCHOOL COUN	REGISTRATION FEES & OTHR DUES	$1,520.12
THE BOOK FARM	BOOKS AND PERIODICALS	$1,502.22
NICHOLAS COUNTY HIGH SCHOOL BAND	SECTION SEVEN ALLOCATION	$1,500.00
PEGGY R. SEITHERS	AWARNESS/EDUC MATERIALS & SUP	$1,500.00
RADIO COMMUNICATIONS SYSTEMS	GENERAL SUPPLIES	$1,485.00
AMERICAN FLAGPOLE & FLAG CO.	OTHER FIXED ASSETS	$1,464.20
NICHOLAS NEWS	OTHER PROFESSIONAL SERVICES	$1,480.88
THE PENWORTHY CO	BOOKS AND PERIODICALS	$1,450.45
TOSHIBA BUSINESS SOLUTIONS	RENTALS	$1,462.78
FOLLETT SOFTWARE COMPANY	MACHINERY/EQUIP (NONINSTRUCT)	$1,458.00
COASTAL VIDEO SECURITY, INC.	OTHER FIXED ASSETS	$1,454.79
JACK PARKER BATTERIES	REPAIRS AND MAINTENANCE	$1,424.15
THE LEARNING CORNER	T.SMITH GENERAL SUPPLIES	$1,420.78
PARENT-TEACHER STORE	GENERAL SUPPLIES	$1,416.44
OFFICE DEPOT, INC.	GENERAL SUPPLIES	$1,351.34
CINGULAR	COMMUNICATIONS	$1,343.14
COLE INDUSTRIES	GENERAL SUPPLIES	$1,338.00
DOLLAR GENERAL STORE	WELFARE (FOOD/CLOTHES/UTIL)	$1,338.71
WESTON SMOOT	CLASSIFIED/PARAPROF SALARY	$1,250.00
BUMBLEBEE MARKETING, INC.	GENERAL SUPPLIES	$1,249.50
BLUE LICKS BATTLEFIELD STATE PARK	TRAINING/TRAVEL	$1,247.96
LICKING VALLEY IM & PED, PSC	DRIVERS PHYSICALS	$1,225.00
JIM SIMONS	TRAVEL	$1,193.60
WEST-LITE SUPPLY CO.	REPAIRS AND MAINTENANCE	$1,170.47
SUE DENTON	TRAVEL	$1,165.90
LOUISVILLE COPIER, LLC	GENERAL SUPPLIES	$1,143.00
NASCO	GENERAL SUPPLIES	$1,113.45
HAROLD WHITE LUMBER COMPANY	INDUSTRIAL ARTS	$1,110.00
PENN STATE INDUSTRIES	OTHER SUPPLIES AND MATERIALS	$1,087.50
NEW PRESTIGE	GENERAL SUPPLIES	$1,080.00
ACTION BUSINESS SUPPLIERS, INC.	S.DENTON GENERAL SUPPLIES	$1,075.28
MARLIN	REPAIRS AND MAINTENANCE	$1,037.88
ALICIA HUGHES	TRAVEL HOMEBOUND	$1,030.40
GENERAL BINDING CORP	GENERAL SUPPLIES	$1,023.00
ALFAX WHOLESALE FURNITURE	OTHER FIXED ASSETS	$1,010.80
MARKET STREET DISCOUNT	REPAIRS AND MAINTENANCE	$1,008.99
BIL LEPP	REGISTRATION FEES & OTHR DUES	$1,000.00
DARREN ROBINSON	CLASSIFIED/PARAPROF SALARY	$1,000.00
DAVID PARNELL	GENERAL SUPPLIES	$1,000.00
ERIC D.McGUFFEY	CLASSIFIED/PARAPROF SALARY	$1,000.00
LIMESTONE ACADEMIC LEAGUE	GENERAL SUPPLIES	$1,000.00
MASON COUNTY SCHOOLS	REGISTRATION FEES & OTHR DUES	$1,000.00
RICHARD'S HOOD & DUCT CLEANING SER.	MISCELLANEOUS PURCHASED SRVS	$990.00
D.A.R.E. AMERICA MERCHANDISE	GENERAL SUPPLIES	$989.96
SOUTHERN STATES - CARLISLE BRANCH	REPAIRS AND MAINTENANCE	$954.60
ORIENTAL TRADING COMPANY, INC.	GENERAL SUPPLIES	$944.35
THE CARLISLE MERCURY	OTHER PROFESSIONAL SERVICES	$943.86
NICHOLAS COUNTY WATER DISTRICT	WELFARE (FOOD/CLOTHES/UTIL)	$928.08
FEDEX KINKO'S	TELEPHONE	$880.00
PAMELA DUE	CBI TRAVEL REIMB	$831.35
CAREER CONSULTING CORNER	INSTRUCTIONAL FIELD TRIPS	$829.30
KY STATE TREASURER	OTHER	$829.24
HOBART CORPORATION	REPAIRS AND MAINTENANCE	$826.40
WINDSTREAM COMMUNICATIONS	MISCELLANEOUS PURCHASED SRVS	$819.51
MEDBROOK MEDICAL ASSOCIATES INC.	DRUG TESTING	$801.00
LOUISE CURRAN	TRAVEL	$800.96
WHITAKER BANK, N.A.	AWARENESS/EDUC MATERIALS & SUP	$800.00
ATD-AMERICAN CO.	GENERAL SUPPLIES	$790.70
BLUEGRASS ENERGY	WELFARE (FOOD/CLOTHES/UTIL)	$755.35
TOM SNYDER PRODUCTIONS	TEXTBOOKS	$770.40
BUDDY BUCKLEY	GENERAL SUPPLIES	$750.35
CLIFTINA MCGUFFEY	TRAVEL	$743.65
KMH OF KY	MISCELLANEOUS PURCHASED SRVS	$731.84
GOPHER	SIMMS GENERAL SUPPLIES	$725.82
NANCY CURRY	DAY CARE SUB	$719.90
BAND SHOPPE	D.HALE GENERAL SUPPLIES	$710.05
HAMMOND & STEPHENS	PRINTING/BINDING	$704.59
YOUR NAME HERE" ADVERTISING PRODUCTS"	GENERAL SUPPLIES	$684.04
CHENOWETH LAW OFFICE	OTHER PROFESSIONAL SERVICES	$681.29
FRANK FRYMAN	REPAIRS AND MAINTENANCE	$680.00
KY. STATE TREASURER	REGISTRATION FEES & OTHR DUES	$677.08
CERTIFIED SERVICE CENTER	REPAIRS AND MAINTENANCE	$675.17
RADISSION PLAZA HOTEL LEXINGTON	TRAVEL	$670.91
APOLLO GRL, LLC	GENERAL SUPPLIES	$669.48
KENTUCKY GARDEN SUPPLY	VOCATIONAL AG.	$669.45
SCOTT-GROSS	VOCATIONAL AG.	$665.58
BRIGHT SOLUTIONS	GENERAL SUPPLIES	$659.65
ENOS E. SCHMIDT	MISCELLANEOUS PURCHASED SRVS	$648.00
KUSTOM DESIGNS	BAND	$653.68
AMANDA BRANSCUM	TRAVEL	$640.30
CAREER RESOURCES, INC.	REGISTRATION FEES & OTHR DUES	$641.76
WEINER'S LTD.	GENERAL SUPPLIES	$636.25
TRIUMPH LEARNING	SOCIAL STUDIES	$625.14
D & P TEXT	TEXTBOOKS	$618.00
ACME AUTO ELECTRIC, INC.	REPAIR PARTS	$613.00
THE LIBRARY STORE	MACHINERY/EQUIP (NONINSTRUCT)	$609.48
ANDERSON COUNTY BOARD OF EDUCATION	REGISTRATION FEES & OTHR DUES	$600.00
TRI-STATE CIRCUIT FOR THE PAGEANTRY ARTS	D.HALE GENERAL SUPPLIES	$600.00
KENTUCKY ASSOCIATION FOR CAREER AND	GENERAL	$598.00
GROTT	REPAIRS AND MAINTENANCE	$582.87
MYRON CORP	GENERAL SUPPLIES	$569.61
AIR SOURCE TECHNOLOGY, INC	MISCELLANEOUS PURCHASED SRVS	$570.00
EDUCATIONAL RESOURCE SERVICES	REGISTRATION FEES & OTHR DUES	$567.00
E Z RIDER PIZZA	GENERAL SUPPLIES	$557.00
CAREERTRACK	REGISTRATION FEES & OTHR DUES	$551.00
SNAP-ON INDUSTRIAL	REPAIR PARTS	$551.53
ACCENT SYSTEMS, INC.	OTHER FIXED ASSETS	$539.00
ANDERSON FURNITURE	REPAIRS AND MAINTENANCE	$525.18
EBSCO CURRICULUM	BOOKS AND PERIODICALS	$524.78
GENERAL SOUND AND ELECTRONICS	REPAIRS AND MAINTENANCE	$522.50
GEMCO PRODUCTS & SERVICES, INC.	REPAIRS AND MAINTENANCE	$514.14
FERGUSON ENTERPRISES, INC	REPAIRS AND MAINTENANCE	$509.35
KENTUCKY SERVICE COMPANY, INC.	REPAIRS AND MAINTENANCE	$501.59
FLEMING-MASON ENERGY	OTHER PROFESSIONAL SERVICES	$500.73
BRAINPOP LLC	GENERAL SUPPLIES	$500.00
TOM BROCK FORMS	GENERAL SUPPLIES	$497.12
DECKER EQUIPMENT	REPAIRS AND MAINTENANCE	$496.02
HARCOURT ASSESSMENT	TEXTBOOKS	$489.12
SMART APPLE MEDIA	BOOKS AND PERIODICALS	$487.20
HARVEY DYER	REPAIR PARTS	$480.00
ALLIED COMMUNICATION	MISCELLANEOUS PURCHASED SRVS	$479.98
REXEL SOUTHERN	MACHINERY/EQUIP (NONINSTRUCT)	$470.90
KEVIN MILLER	TRAVEL	$469.69
FOLLETT LIBRARY RESOURCES	MACHINERY/EQUIP (NONINSTRUCT)	$463.50
STANDARD QUIK PRINT AND OFFICE SUP	GENERAL SUPPLIES	$458.45
ARTHUR J. GALLAGHER	MISCELLANEOUS PURCHASED SRVS	$452.69
ABELL & ASSOCIATES EDUCATIONAL CONSU	GENERAL SUPPLIES	$449.69
KELI JONES - CPR INSTRUCTOR	REGISTRATION FEES & OTHR DUES	$450.00
NATIONAL SCHOOL FORMS	OFFICE SUPPLIES	$445.35
GRAU OIL EQUIPMENT	MISCELLANEOUS PURCHASED SRVS	$444.10
CORPORATE EXPRESS	MISCELLANEOUS PURCHASED SRVS	$443.56
KELLER FARM STORE	REPAIRS AND MAINTENANCE	$424.00
NICHOLAS COUNTY HOSPITAL	DRUG TESTING	$421.60
MODERN SCHOOL SUPPLIES	OTHER SUPPLIES AND MATERIALS	$420.89
LYNN CARD COMPANY	GENERAL SUPPLIES	$414.75
DOUG BECHANAN	TRAVEL	$412.51
HOLBROOK'S EMBROIDERY PLUS LLC	GENERAL SUPPLIES	$410.00
RAY RAWLINS	OTHER PROFESSIONAL SERVICES	$400.00
RESOURCES FOR EDUCATORS	OTHER PROFESSIONAL SERVICES	$396.00
RIVER VALLEY MUCH, LLC	GENERAL SUPPLIES	$395.00
HOPKINS DRUG	OTHER PROFESSIONAL SERVICES	$394.52
HIGHBRIDGE SPRINGS WATER	GENERAL SUPPLIES	$392.75
THEATRE HOUSE INC #61-0592086	SECTION SEVEN ALLOCATION	$383.93
NATIONAL SCHOOL PRODUCTS	MACHINERY/EQUIP (NONINSTRUCT)	$377.95
MARK D. PERRAULT	TRAVEL	$374.66
J. W. PEPPER AND SON INC	BAND	$374.39
FAMILY DOLLAR	L.FRYMAN GENERAL SUPPLIES	$371.44
CAMBIUM LEARNING ISC	TEXTBOOKS	$368.94
NELSON INSURANCE AGENCY, INC.	OTHER PROFESSIONAL SERVICES	$363.38
NATIONAL BUSINESS FURNITURE	OTHER FIXED ASSETS	$362.95
WEST MUSIC	J.CORNELIUS GENERAL SUPPLIES	$362.29
JUMBOFUND, INC.	GENERAL SUPPLIES	$360.00
TOTALSIR	MISCELLANEOUS PURCHASED SRVS	$360.00
SCHOLASTIC, INC.	MARTIN GENERAL SUPPLIES	$348.47
HEATHER ALLISON	TRAVEL	$345.28
PARADISE BREEZE	BOOKS AND PERIODICALS	$341.64
COMMONWEALTH COMMUNICATIONS OF KY	MISCELLANEOUS PURCHASED SRVS	$340.00
AMERICAN BUSINESS SYSTEMS	SECTION SEVEN ALLOCATION	$332.00
WEEKLY READER	OTHER SUPPLIES AND MATERIALS	$328.80
PAM RANDOLPH	TRAVEL	$327.08
CHILD CARE COUNCIL OF KY. INC.	REGISTRATION FEES & OTHR DUES	$325.00
KENTUCKY ASSOCIATION FOR ACADEMIC COMPET	GENERAL SUPPLIES	$325.00
SARA KISKADEN	TRAVEL	$323.30
NICHOLAS CO. BAND BOOSTERS	STUDENT TRANSPORTATION	$315.03
ERIC ARMIN INC.	GENERAL SUPPLIES	$314.47
THOUGHTFUL EDUCATION PRESS	GENERAL SUPPLIES	$314.37
JENNINGS SEPTIC SERVICE	MISCELLANEOUS PURCHASED SRVS	$312.00
D & A EXHAUST	REPAIRS AND MAINTENANCE	$310.00
THOMAS INVESTMENTS, INC.	GENERAL SUPPLIES	$308.81
ATLAS CONCRETE PROD.	REPAIRS AND MAINTENANCE	$307.00
THE WALDEN COMPANY	GENERAL SUPPLIES	$307.00
BETTY MORFORD	OTHER PROFESSIONAL SERVICES	$300.00
KSCA	REGISTRATION FEES & OTHR DUES	$300.00
THE NICHOLAS COUNTIAN	OTHER PROFESSIONAL SERVICES	$297.00
AMERICAN ACCESSORIES	BAND	$296.50
KAYLOR'S INC.	GENERAL-6UPPLIES	$296.42
ANNE POE	TRAVEL	$293.35
THE UNIVERSITY PRESS OF KENTUCKY	TEXTBOOKS	$288.03
POSITIVE PROMOTIONS	GENERAL SUPPLIES	$286.00
ZEE SERVICE COMPANY	GENERAL SUPPLIES	$281.24
TROPHY WORKS	GENERAL SUPPLIES	$279.75
MEDICAL ARTS PRESS	SECTION SEVEN ALLOCATION	$279.36
SADDLEBACK EDUCATIONAL	GENERAL SUPPLIES	$274.95
WAYNE DUBLIN COMPANY	REPAIR PARTS	$272.78
C & D ELECTRONICS INC.	OTHER FIXED ASSETS	$269.96
DEVELOPMENTAL RESOURCES, INC.	REGISTRATION FEES & OTHR DUES	$268.00
LIBRARIANS BOOK EXPRESS	BOOKS AND PERIODICALS	$263.07
BAUDVILLE	GENERAL SUPPLIES	$257.27
CRISIS PREVENTION INSTITUTE, INC.	GENERAL SUPPLIES	$255.40
PEPSI-COLA BOTTLING CO.	GENERAL SUPPLIES	$252.00
DAIRY QUEEN	GENERAL SUPPLIES	$250.00
KASS	REGISTRATION FEES & OTHR DUES	$250.00
KASBO	TRAVEL	$245.00
TARGET MUSIC CO.	D.HALE GENERAL SUPPLIES	$243.95
KROGER	OPEN HOUSE/PARENT MTGS	$241.67
SONDRA CHRISTY	TRAVEL	$241.35
ROBERTS DAILY DUTY TOWING, INC.	REPAIR PARTS	$240.91
JUSTICE SHAMROCK GLASS	REPAIR PARTS	$237.56
KWIK SER.CENTER,INC	GENERAL SUPPLIES	$236.90
WOODWORKER'S SUPPLY	INDUSTRIAL ARTS	$235.27
KYSPRA	REGISTRATION FEES & OTHR DUES	$230.00
SHEDD ACADEMY	REGISTRATION FEES & OTHR DUES	$230.00
PAPER DIRECT	GENERAL SUPPLIES	$229.84
CITY ELECTRIC MOTOR COMPANY	REPAIRS AND MAINTENANCE	$228.00
SUPREME SCHOOL SUPPLY	SECTION SEVEN ALLOCATION	$225.90
DAKTRONICS, INC.	REPAIRS AND MAINTENANCE	$225.00
REESE'S AUTO ELECTRIC	REPAIR PARTS	$223.63
UPS	MISCELLANEOUS PURCHASED SRVS	$222.63
KLAKSMA CONFERENCE REGISTRATION	REGISTRATION FEES & OTHR DUES	$220.00
BLUEGRASS REGIONAL CLINIC	GENERAL SUPPLIES	$215.00
NATIONAL FFA ORGANIZATION	TEXTBOOKS	$214.00
THE MASTER PAINTER INC.	GENERAL SUPPLIES	$213.56
QUILL CORPORATION	GENERAL SUPPLIES	$213.27
NIMCO, INC.	GENERAL SUPPLIES	$212.82
TINA MCFARLAND SAVELYEV	OTHER PROFESSIONAL SERVICES	$210.00
HARP ENTERPRISES, INC.	REGISTRATION FEES & OTHR DUES	$209.91
UNIVERSAL ADCOM	GENERAL SUPPLIES	$209.50
CLASSROOM DIRECT.COM	S.COONER GENERAL SUPPLIES	$204.57
ADGRAPHICS PRINTING, INC.	GENERAL SUPPLIES	$204.20
JEREMY MCCORD	TRAVEL	$203.20
COMMONWEALTH OF KENTUCKY	MISCELLANEOUS PURCHASED SRVS	$200.00
DARLING INTERNATIONAL INC.	MISCELLANEOUS PURCHASED SRVS	$200.00
RICHARD E. DAY	EDUCATIONAL CONSULTANT	$200.00
THEATRE HOUSE, INC.	SECTION SEVEN ALLOCATION	$199.00
STACEY B. ALLISON	TRAVEL	$198.00
84 LUMBER	VOCATIONAL AG.	$196.54
ALLISON WEST	TRAVEL	$194.58
UNIVERSITY SUBSCRIPTION SERVICE	BOOKS AND PERIODICALS	$191.71
INSTITUTE FOR EDUCATIONAL DEVELOPME	GENERAL SUPPLIES	$189.00
MORTENSON FAMILY DENTAL	WELFARE (FOOD/CLOTHES/UTIL)	$187.00
TEACHER'S ASSISTANT	NEACE GENERAL SUPPLIES	$185.79
REGION 1 KDPP	TRAVEL	$180.00
STANLEY STEAMER	MISCELLANEOUS PURCHASED SRVS	$180.00
FLINN SCIENTIFIC, INC.	SCIENCE	$177.98
KINKOS	TELEPHONE	$177.75
SAMMONS PRESTON	GENERAL SUPPLIES	$174.72
APOLLO OIL	GENERAL SUPPLIES	$172.86
KENNY PIPE & SUPPLY, INC.	REPAIRS AND MAINTENANCE	$167.95
		SEE VENDORS-2

LIFESTYLE

Farmer's Market...Fresh Ideas

By Jill Hatton
EFNEP Program Assistant
Nicholas County Extension Office

Did you make it out to the market this weekend? I hope so. Well this past week has been fair week so I did not spend a lot of time in the gardens. I am anxiously awaiting my Roma tomatoes ripen so that I can processor some salsa. I have made fresh salsa once this year, but I am looking forward to canning some salsa soon.

This week I will introduce Kentucky Corn to you. Corn is a favorite of many many people. However, it has a very short season so make sure you enjoy it while you can. Hope to see you at the market.

Kentucky Corn

Season: July through August (it's almost over)

Nutrition Facts: Corn in low in fat and a good source of fiber and B vitamins.

Selection: Look for ears with green shucks, moist stems, and silks that are free of decay. Kernels should be small, tender, plump, and milk when pierced, and they should fill up the spaces in the rows.

Storage: Keep unshucked fresh corn in the refrigerator ready to use, wrapped in damp paper towels and placed in a plastic bag. Typical shelf life is 4 to 6 days.

Preparation: To steam: Remove shucks and silks. Trim stem ends. Stand ears in a tall pot with 1 inch of water. Cover with a tight fitting lid and steam the corn for 5 minutes.

To microwave: Place ears of corn, still in shucks, in a single layer in the microwave. Microwave on high for 2 minutes, turning the ears halfway through cooking time. Allow corn to rest several minutes before remove the shucks and silks.

To boil: Remove shucks and silks. Trim stem ends. Carefully place ears in large pot of boiling water. Cook 2 to 4 minutes or until the kernels are tender.

To grill: Turn back the inner shucks and remove the silks. Sprinkle each ear with 2 tablespoons of water and nonfat seasonings such as salt, pepper, and herbs. Replace the shucks and tie them shut. Place ears on a hot grill for 20 to 30 minutes, turning them often.

Corn and Bacon Spoonbread

¼ cup yellow cornmeal
1 ½ cups water
2 cups Cheddar cheese, shredded
1 and ½ cups corn, fresh from cob, cooked*
¼ cup butter or margarine
1 to 2 cloves garlic, minced
1 teaspoon salt
4 eggs, separate whites and yolks
1 cup milk
10 slices bacon, cooked and crumbled

Combine cornmeal and water. Boil 1 minute or until thickened, stirring constantly. Remove from heat. Add cheese, corn, butter, garlic, and salt. Stir until cheese melts. Stir in milk. Beat egg yolks until thick and lemon-colored. Add bacon. Stir into cornmeal mixture. Beat egg whites until stiff but not dry. Pour into lightly greased 2 and ½ quart casserole dish. Bake at 325°F for 1 hour or until a knife inserted in the center comes out clean.

*In season

Nutritional analysis: Yield: 12 servings. 180 calories, 8 g. protein, 9 g. carbohydrates, 1 g. fiber, 12 g. fat, 95 mg. cholesterol, 390 mg. sodium.

Prepared by Pam Sigler and Sarah Ball Brandl. Adapted from Vegetables for Wellness: Kentucky Corn

Whitehead achieves certified Diabetes Educator status

The National Certification Board for Diabetes Educators (NCBDE) has announced that Jane Adams Whitehead