

LIFESTYLE

Retired teachers attend conference

On April 17, 400 leaders of the Kentucky Retired Teachers Association attended the annual State Convention in Louisville.

Members took stroll down "Memory Lane" with Lily Liu, AARP History Coordinator for NRTA, shared Staying Sharp Tips for Improving Your Memory.



Photo by Phyllis Guthrie

The Nicholas County basket offered one of the prizes as part of the state retired teachers convention was made up from items donated by Diano Phillips, Patty McClure, Sandy Laughlin, Carlisle Gifts, Louise Clark, and Willmer Holcomb.

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NICHOLAS NEWS TRAILER

A large crowd attended the Revival at the Saltwell Methodist Church the past week.

Community Calendar

AA meetings held every Tuesday at 8 p.m., except the third Tuesday of the month is at 7 p.m.

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Today's Menu: Breakfast Special Small Biscuit and Gravy Two Eggs, Hash Brown Side Bacon or Sausage \$3.89

LIFESTYLE

It's important that you know how to handle frozen forages

Dr. Garry Laceyfield and Dr. Ray Smith accessed the alfalfa crop during a period of time, the terminal bud (growing point) of alfalfa and red clover was in other words, top growth is finished, and regrowth only comes from crown buds at the base of the plant or auxiliary buds at the base of the stem.

With the wet conditions that exist in most fields, attempting to cut this damaged material or attempting to graze the field could add additional damage to the newly emerging plant material.

one can accurately assess stand loss. We will continue to evaluate the findings and send out additional information as it becomes available.

Thoughts from ... the Pastor's Study

By Julian Hammonds, Retired United Methodist Pastor The Chinese say the longest trip starts with the first step.

5:1-12 Jesus also did his Father's will by faithfully teaching all those things God had revealed to him. He was preparing the apostles and disciples for Calvary and Easter so they could do God's will when Jesus returned to his Father.

Producers if you feel the freeze has caused significant damage contact the FSA office immediately. You only have 15 days from the time of the event to report your damage. You may be able to sign up for damage relief, so don't delay.

When the stricken Israelites looked upon the healed serpent they were healed. God's love starts on the road to healing for his children are stretched by sin.

At last, as Christ goes to the humiliating cross of pain and mockery he seals the victory of mankind sin and death. He arose! He lives! Amen!

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