

**Elizabeth's Ad-Libs**

**ELIZABETH LEWIS**  
Staff Writer

## I brake for turtles

This weekend I saw what I consider to be the first sign of spring—a turtle sunning himself on the road. Now begins the task of saving as many of my velocity-challenged friends as possible. I'm not sure why, but many people seem to take an equal amount of delight in hitting turtles as I am committed to save them. I've heard excuses ranging from "They eat tomatoes" to "They're ugly." Not being a tomato lover, I think, "Good, that's one less tomato someone will try to feed me!" As far as their attractiveness goes, I may be alone in this. I think they are very cute in all their scaly weirdness.

They're also pretty smart. If the old wives tale is true, supposedly, if you see a turtle on high ground, it's going to rain. If I missed that slow and knew rain was coming, I would have braked for the hills as well.

No matter the reason, I just don't think it's fair to pit a vehicle traveling 55 miles per hour against a turtle plodding along about six inches in 30 seconds. So this summer, like every other, I keep a sharp eye out for my shelled friends. Even if it means turning the car around and going back, I pick up the turtle, and even take him across the road in whatever direction he is facing.

It's just common courtesy. Even if you don't like turtles, just indulge me in my quirk. Don't hit the poor little guy. I'll be along sooner or later.

As for anyone behind me, remember—I brake for turtles.

## Switch back to 'fast time'

The spring switchover to "fast time" seems to have been harder on me and everybody else this year.

I don't know why, except maybe that our clocks sprung forward on the heels of a month of floods, freezes, extreme temperature swings, and all the other madness of March. Daylight Savings Time is great for golfers and gardeners, I guess, but I'm not sure any of us really remembers just why it was originally implemented. Around here farmers ignored the time changes for years, arguing very sensibly that cows and chickens can't read a clock anyhow and that a daylight-to-dark workday is the same no matter what time the government says it is.

"Slow time" was the term used to describe the conventional clock settings, and I learned as a teenage farm hand to ask the people I worked for which time they used.

I assume most people go along with Daylight Savings Time to avoid the confusion, so twice a year we scramble to re-set the clocks on all the devices and vehicles. My computers make the change on their own, but the VCR, CD player, oven, wristwatches, clocks, cash registers, thermostats, and other timed gadgets require individual attention.

I didn't bother to reset the two watches with dead batteries or the clock with the hands that no longer rotate. By the time I get every clock set it'll be time to back them up again. To "fall back," I simply doesn't really make any sense to me since I wind up driving to and from work in pitch blackness for almost two months every winter no matter the season.

It's just common courtesy. Even if you don't like turtles, just indulge me in my quirk. Don't hit the poor little guy. I'll be along sooner or later.

As for anyone behind me, remember—I brake for turtles.

**Head of the Holler**

**Garry Barker**  
Guest Columnist

matter-which system we use. Leaving the clocks set to fast time all year would suit me better.

At my age I don't adapt nearly so easily to disruptions of my life's routine, so my body and what's left of my mind take about two weeks to get used to the time changes. That adds up to a whole month each year when I have to let the clock tell me when to go to bed and get up instead of doing what comes naturally.

For image reasons I prefer that we go full time to fast time. Our rural reputation for living slow has been perpetuated for over 200 years and choosing "slow time" would just add to the stereotype.

Surely I'm not the only person who questions the need for changing the time twice a year.

I may just have to run for president again, on a platform of one time all year for all three days of the week.

Except that I may be too tired from switching back and forth, to work up enough energy for a campaign.

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## 'Play Ball!' Farm and garden questions answered

With spring training finally over an opening day in the books all around the country, I thought it was time to throw my personal Top 10 list together.

Here they are, the Top 10 Baseball Movies:  
10. **Mr. Baseball** - A Giant Sell to a Japanese baseball star as an aging rookie.

8. **The Bad News Bears** - This movie, along with two sequels (BNB go to Tokyo and BNB in Breaking Training) and a TV show, set the formula for foot-for-the-underdog movies.

7. **Major League** - A funny look at the Cleveland Indians that features early performances from Charlton Heston and Wesley Snipes.

6. **Eight Men Out** - A portrait of one of the darker moments in baseball history featuring an all-star cast, including Charlize Theron.

5. **A League of Their Own** - A great look at the women's leagues that formed during World War II.

**Q:** I know about using implants to stimulate growth in calves. Should I use implants in my meat goats?

**A:** Growth promoting implants like Halgro and Synovis are not approved for use in goats. As such, the public should have confidence in that the product they are consuming is free of growth promotants.

Producers should take the long view in this and avoid using implants in that it could do serious damage to the reputation of goat meat as a product. As a reminder, applications for cost share assistance for breeding stock and goat handling equipment are now available. Please contact the extension office at 784-5457 to request an application.

**Q:** What should I look for when buying trace minerals? A. Trace mineral salt includes mineral ingredients that are an essential part of a goat's nutritional needs. At least two things to look for in a good trace mineral product include phosphorus and copper as copper sulfate. Providing an adequate supply of free choice mineral is important year around. To avoid grass tetany problems in lactating cows, providing a mineral supplement containing at least 15 percent magnesium would be a good choice.

**Q:** I need to work my goats and calves. Can I get the portable chute? **A:** No problem. The portable cattle handling

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## PUBLIC NOTICE

Customers of the Harrison County Water Association, Inc. are hereby notified of the rate increase ordered and approved by the Public Service Commission effective April 27, 2002. These rates are approved from April 27, 2002, through April 26, 2003.

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Over	50,000 Gallons	3.84
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First	1,000 Gallons	\$24.71
Next	2,000 Gallons	\$24.71
Next	45,000 Gallons	4.61
Over	50,000 Gallons	3.84
1" Inch Meter	5,000 Gallons	Minimum Bill
First	1,000 Gallons	\$30.11
Next	45,000 Gallons	4.61
Over	50,000 Gallons	3.84
1 1/2" Inch Meter	10,000 Gallons	Minimum Bill
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**As I See It**

**Stephanie Davis**  
Managing Editor

**Wake up, there's work to be done**

Going to bed Wednesday night I was still struggling with what to write my column about.

Waking up this morning, I knew I had an idea. When the telephone rang at 8:30 a.m. I knew what I had dismissed as possibly could happen in fact did.

My electricity had gone off sometime during the early morning hours, thanks to passing storms. My alarm clock didn't go off at 6 a.m. like I had planned.

I was supposed to be at work at 7 a.m. for production day at The Morehead News. Guess my back up battery is dead.

Thanks to an alert sports editor who dialed the phone, I made it to work just after 9 a.m. If he hadn't called, I would still have been asleep when lunchtime came.

I like to sleep. I hate getting up early.

Another problem is that I was supposed to meet my stepad at the Buick dealership to drop off my car for an oil change. He was going to drive me to work for another day of writing and editing and designing.

I thought he would have given up on me when I didn't show up at 8 a.m. or 8:15 a.m. or 8:30 a.m., driven to the newspaper office and kidded me for forgetting to stop by the garage.

I jumped into the shower really fast, trying to recall the garage to ask if I was still there.

Like a good parent, he waited and waited, and waited. I didn't answer my telephone at home. I went to the office. I think my parents thought I was dead.

I was not dead. Just lazy. I've never developed a habit of waking up about the same time every day. I sleep until the alarm tells me I've got about 45-60 minutes to get where I'm supposed to be.

Unless the alarm doesn't go off. That's a situation I'll prepare better for.

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- ★ **The Banking and Insurance committee:** RJ's recent appointment to this important committee means we now have a seat at the table when the legislature reforms Kentucky healthcare.
- ★ **The Education committee:** His appointment to this committee gives us a say in the future of Kentucky education. Providing our children with quality educational opportunities will insure the growth, prosperity and well-being of our families and our commonwealth.
- ★ **The Appropriation and Revenue Committee:** This committee oversees all budgets and spending. It is quite likely the most significant committee in the Kentucky Senate. RJ's appointment to this committee means Republicans and Democrats alike recognize his talent, his insight and his education as unquestionable qualifications for a leadership role in the Kentucky Senate.

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