NOV 2001

MOPINION

MIDDLETON

Talking Turkey

'So much for the diet season!

Sports

Lady Jackets action

Denver Brown returns to Rupp



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Epinion

Vol. 156, No. 48

"Froud to be serving Nicholas County since 1867"

Thursday, November 29, 2001

David Reddick



Across **Nicholas County**

Veterans rep to be in

A Veterans Benefits Field A Veterans Benefits Field Representative with the Kentucky Department of Veterans Affairs will be at the Nicholas County Courthouse in Carlisle on the third Wednesday of each month,

third Wednesday of each month, from 9 a.m. to heir families may Veterans and their damilies may Veterans and their damilies may veterans and their damilies may veterans benefits.

This is a free service, provided by the state department of appropriate documents at visit, appropriate documents at visit, for details or to answer questions, call I - 866-376-3038. Leave a message if office staff are unable to answer

Free higher ed guide for

seniors

The 2001-2002 edition of "Getting In," a free guide to postsecondary education is Kentucky, is now being sent t guidance counselors for distribution to all high school

distribution to all high school seniors.

The booklet is published by the Kentucky Higher Education Assistance Authority and is available online at www.kheas.com, as well. It offers information on financial aid. For more information, call 1-809-928-8920.

Assistance for adults returning to school online

to school online
Adults interested in returning to
school have an online guide to help
school have an online guide to help
school have an online guide to
technical training, the 2001-2002
edition of Adults Returning to School
an be accessed it www.khean.com,
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For more information about programs and services, write to the Kentucky Higher Assistance Authority, 1050 U.S. Highway 127 S Frankfort, KY, 40601-4323 or call 1 800-928-8926, extension 7381.

■ Jackets stun Bath 51-43



Denver Brown photo Nathan Hicks snags a rebound during the 'Jackets 51-43 win over Bath County Tuesday

Seth Saunders' 25 leads team in comeback win

Jackets down 18-11 at half

By DENVER BROWN Sports Editor

Myon have a slow start, you just need a fast finish. And that's exactly how the Nicholas County boys baskethalt team vapped up the Grand Coach Bobby Stories Blue Jackets revered up after the break to huste their way because the break to huste their way to be the break to huste their way to be the break to huste their way to be the first way the first way to be the first way to b

that his bunch was ready to break out.

"We didn't give up," the Jacket skipper told The Carlisle Mercury of his club's disastrous opening half. "The kids just hung in there. And they had to be frustrated with they had to be frustrated with how they were shooting, but at halftime I didn't see any long faces or hear them say that we'd get beat. "I say kids wanting to come

Nicholas County managed just a pair of field goals and seven free throws in the first and second quarters. But thanks to 15 turnovers by the taller Wildcats, the boys in black-and-blue stayed within a

Help through the holidays

By RON MIDDLETON Staff Writer

The Hospice of the Bluegrass is offering three programs each highlighting a difficult holiday

situation.
"We do it every year, and this year, we chose
Nicholas County," Kelly Kendall of Hospice of
the Bluegrass said. 'Our whole team will be
there, from the nurses down to the bereavement

For more information, call Hospice of the Bluegrass at 1-800-756-6005.

Center Conference Room.
On Dec. 10, the program will cover how hospice can help you or your family at home or in the nursing home.
The Dec. 11 program will feature what to do when a loved one doesn't want to eat and drink

and starts losing weight.

The final program, on Dec. 12, will highlight ways to get though the holidays during a serious illness or recent death.

For more information, call Hospice of the Bluegrass at 1-80c-756-6005.

New brochure highlights beef

By RON MIDDLETON Staff Writer

On behalf of Nicholas Cousty beef producers and others, a brochure and two other projects are being distributed to help make preparing beef dishes fun and seasonal.

Funded in part by Nicholas County beef Funded in part by Nicholas County beef checkeff, this bachure delivers important information about beef, including shopping, storage, grading, cooking, nutrition and food safety. Carrie Taylor, Director of Producer Communications of the Kentucky Beef Council, communication and promotional efforts, including distribution to food editors and consumers.

consumers."

The brochure is an updated version of 'Confident Cooking With Beef,' a comprehensive beef/cooking guide that includes the new 'Beef Made Easy' chart and current information on fully-cooked beef products. In addition, reciperate updated with current pan sizes and cooking ethods and times. One of the color newspaper pages is Tackle

Local students in Who's Who'

A total of 32 students from this area are included in the 35th Annual Edition of "Who's Who Among American High School Students, 2000-2001".

Who's Who, published by Educational Communications, Inc., Lake Forest, Ill., is the

Communications, Inc., Lake Forest, Ill. is the argest recognition program to students were named to the students with the students of the students and publication in the students high school of the students and publication in the students high school of the students and publication of the students will be students and publication to the students with the students and publication and publication and publication in the students will be students and publication and publication in the students will be students and publication in the students will be students and publication in the students will be stud

involvement in extracurricular activities. Traditionally, 99 percent of Who's Who students have a grade point average of 'B' or better and 97 percent are college bound.

See STUDENTS on 7

Weather

See the forecast on page 2! On the Record

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Inside

12 Pages

Saltwell News... Obituaries.

How to reach us