



Kim Hamilton photos

Angie Shrout and Christopher.



Courtney Shrout



Cody Shrout

**TRIPLETS from 1**

Having triplets is the type of thing that runs in families—apparently on Angie's side. She said her cousin and his wife have a set of triplets that are three years old now.

Since these are the Shrouts' first children, Angie said she really has no other methoded experience to compare to having three babies at one time.

"It's really not that bad," she said. "But, [I] tell you, the best invention ever is the hands-free feeding bottle. I just sit them in their bouncers and look them up. It's the best thing for when they wake up in the middle of the night."

"Then, I just go right down the line and burp them, one at a time," she said.

She and her husband had tried to get pregnant for a year and a half before she conceived.

"I was told by some doctors that I might not be able to conceive, but then, out of the blue, it happened," she said. "I think we had just been stressed out."

"Then we went on a vacation to Tennessee, and found out we were pregnant just a few weeks later!" she said. "I think when we let go of the stress just a little, that's when we got pregnant."

She and her husband have both lived in Nicholas County all their lives.

**EDUCATION from 1**

guarantees tuition at any of the colleges, universities or technical colleges in exchange for early tuition purchase of either full tuition or monthly payments.

"About 57 percent of children in the lower income bracket said they would not be going to college because their parents couldn't afford it," Miller said. "If more children can get a higher education, we will have a better educated work force, which creates a better economy."

There are three plans: Value, Standard or Premium.

The value plan covers most community and technical schools and guarantees payment of tuition when a beneficiary enrolls.

"You pay today's prices no matter how young your child is," Miller said. "We could see a lot of young people going to school who could not afford it before."

The standard plan covers public universities and similarly guarantees tuition upon enrollment.

The premium plan guarantees the average price of tuition at the state's private

schools.

Those eligible to participate include anyone interested in the welfare and education of a Kentucky child—parents, grandparents, friends, loved ones, even trust foundations and corporations.

The younger the child is when the program is started, the more benefit the program will be to them when they're ready to begin college.

Miller added that there are funds to back up the program, so taxpayers will "never have to bail it out."

KAPT contributors can save with the program whether they live in Kentucky or in another state.

Funds can be used at any accredited university, college, community college or technical

school—public or private—anywhere in the country.

For example, the money can be used to pay tuition at any accredited Kentucky school. The money can also be applied to out-of-state schools, although KAPT will not guarantee the full tuition.

All taxes on earnings of the KAPT account will be deferred until the tuition credits actually are used. Then, the amount of tuition paid is taxed at the tax rate for the student, which is usually less than if the income were taxed to the adult purchaser.

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**INVITATION TO BID**

The City of Carlisle, Kentucky will accept sealed bids for the blacktopping of city streets. Opening of sealed bids will be March 22, 2001 at 9:15 a.m. City Hall. No bid will be accepted after 5:00 p.m. on March 21, 2001.

Bid will be awarded to the lowest and best responsible bidder.

Specifications for bidding may be picked up at the City Office, Monday - Friday 8:00 a.m. to 5:00 p.m., except legal holidays.

The City reserves the right to accept the lowest or best bid, or to reject any or all bids.

Thank You  
City of Carlisle, Kentucky

**GREEN from 1**

longevity, experience, skill level, work ethic, any disabilities the nominee has to overcome to perform the job and a description of their community involvement.

Official nomination forms may be obtained from Group Thumb Inc., P.O. Box A, Beattyville, KY, 41131 or grnthumb@tcl.net

Entries may be mailed, faxed or e-mailed to Carole Kincaid at the same address.

The deadline for nominations is May 25. A committee will make selections and a winner and runner-up will be announced no later than June 6.

**NOTICE**

Pursuant to KRS 355.9-504 on April 4, 2000 Marvin and Crystal Gail Watkins executed a security agreement assigned for value to the Deposit Bank of Carlisle, Ky. Default having been made on this agreement, Deposit Bank shall offer for sale by sealed bids a 1983 Ford F100 1/2 T. Pickup Serial #1FTCF10YXDLA03113, 1970 Sears 14' gas boat with 1979 John 25 HP motor, and Statesman 38' cut 12 HP Riding Lawn Mower. Bids will be opened at 10:00 AM on March 9, 2001 at 386 West Main Street Branch Bank, Carlisle, KY. The bank reserves the right to refuse any and all bids.

**PUBLIC NOTICE**

A Public hearing will be held by the City of Carlisle at City Hall on Thursday, March 22, 2001 at 9:00 A.M. for the purpose of obtaining written or oral comments regarding the proposed use of Municipal Aid and Local Government Economic Assistance program funds for the upcoming fiscal year with total funds available of \$52,015.30 as of February 26, 2001. Breakdown is as follows:

Municipal Aid Program	Local Government Economic Assistance
\$27,852.61	\$2,834.20
\$1,504.15	1,884.54
1,893.14	46.56
\$12,249.90	\$4,765.40

**PUBLIC INSPECTION:** The City's proposed budget and proposed uses of Municipal Aid and Local Government Economic Assistance Program funds are available for public inspection at City Hall during normal business hours. Interested persons and organizations in Carlisle are invited to the public hearing to submit written or oral comments on the proposed uses of Local Government Economic Assistance funds as they relate to the City's entire budget.

Any person(s) (especially senior citizens) who cannot submit written comments or attend the public meeting, but wish to submit comments should call City Hall 299-3700, so that the City can make arrangements to secure their comments.

**St. Claire Medical Center  
Morehead, KY**

St. Claire's Medical Center, a not-for-profit health care system comprised of an acute care hospital, primary care clinics, home health, home medical equipment, hospice, and cancer treatment center, invites applications for the following:

**Registered Nurses: Intensive Care, Women's Care, E.D.** Full-time Nights (7P-7A) 2nd shift available. Veterans' Care and Intensive Care Units. Full-time PM (1 Evening) Night shift available in Emergency Department. PHN rate positions available at units (not available to work at unit - weekends). Must have CV license.

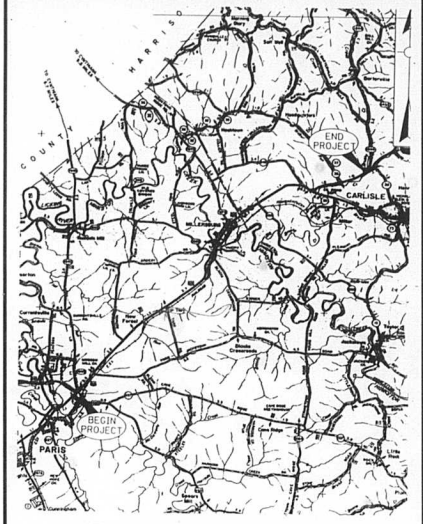
**Medical Technologist (ASCP)** Full-time Nights (10P-8:30A) 2nd shift available in Laboratory Dept. Every two weeks work evenings (12P-12:30A). Rotates every other weekend. ASCP required.

**Respiratory Therapy: C.R.T. / R.R.T.** Full-time Days (7A-7P) 12th shift available. Must have current C.R.T. / R.R.T. certification. 11997B1.

**Utilization Management Coordinator** Full-time Quality Management position. Must have Medical / Surgical background. Coordinates Utilization Management / Case Management programs. Knowledge of Medicare and other health / payer guidelines. Quality Improvement and Discharge Planning in acute care setting.

**Primary Care: Certified Medical Assistants** Full-time Days for both Outpatient and Inpatient Clinics. Performs variety of office and patient care tasks under direction of licensed medical professionals in busy physician office practices. Graduate from formal medical assistant program. Certification required.

Apply to: **HUMAN RESOURCES, ST. CLAIRE MEDICAL CENTER**  
727 Medical Circle, Morehead, Kentucky 40351  
606.783.6580 (fax) 606.783.6589 hrpanderson@st-claire.org EOE



**LEGAL NOTICE OF A PUBLIC INFORMATION MEETING**

Bourbon-Nicholas Counties  
Paris-Maysville Road (US 68)  
FD52 009 008 002 011 005 D  
FD52 001 008 000 005 008 D  
000N1 0084 011  
Item No. 7-310.0

The Transportation Cabinet, Department of Highways has scheduled a Public Information Meeting on March 15, 2001 from 4:00 PM to 7:00 PM, at the Millersburg Elementary School on Main Street in Millersburg, Kentucky for the above referenced project.

Two (2) sessions beginning at the Paris Bypass and continues along US 68 and terminates in southeastern Nicholas County on US 68 near KY 32.

This Public Information Meeting will be conducted in an "Open House" format and has been scheduled to provide all interested persons an opportunity to express their views concerning the proposed improvements of Paris-Maysville Road (US 68). We are seeking comments regarding historic and farmland preservation issues. Interested persons may come and go any time between 4:00 PM and 7:00 PM, and there will be a brief presentation of the project at 4:30 p.m. and again at 6:00 p.m. Leaflets describing the project's purpose and need will be given out during the Public Information Meeting. Representatives of the Department of Highways will be available to assist the public with any information available and to receive their input for the Paris-Maysville Road Improvement.

Both oral and written statements may be submitted during the Public Meeting, as well as at the District Office, and shall be made part of the official transcript. For convenience, a comment sheet will be provided with the handouts for soliciting written comments, and a recorder will be made available for those who desire to make oral statements. Statements will also be accepted and project information made accessible for review from 8:00 a.m. to 4:30 p.m. Monday through Friday at the Transportation Cabinet, Department of Highways District Seven Office, 761 New Circle Road, Lexington, Kentucky up to fifteen (15) days after the Public Meeting.

Once compiled, the transcripts from this public meeting and other supporting documentation will be made available for review and copying only after an Open Records Request has been received and approved. All Open Records Requests must be submitted to the Transportation Cabinet Department of Administration Services, State Office Building, Frankfort, Kentucky 40622.

In accordance with the "Americans With Disabilities Act" if anyone has a disability for which the Transportation Cabinet needs to provide accommodations, please notify Bob Walling at the District Seven Office of the necessary requirements by March 5, 2001. This request does not have to be in writing. The phone number is 606-246-2355. All correspondence may be sent to:

Frank Duncan, P.E.  
Chief District Engineer  
Kentucky Transportation Cabinet  
Department of Highways  
District Seven  
PO Box 1127  
761 New Circle Road NW  
Lexington, Kentucky 40512-1127