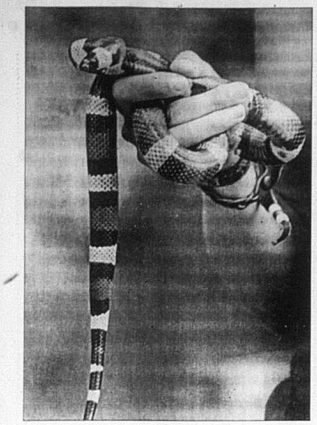


Denver Brown photo

The Kentucky Reptile Zoo is home to 100 different types of snakes, not to mention turtles and several alligators.

ZOO FROM FRONT

even a typical rat snake, like we have around here in eastern Kentucky, can eat a dozen a month."

The Kentucky Reptile Zoo, a non-profit organization, is located in the middle of the Natural Bridge State Park just south of Frenchburg and is home to 100 different species of snakes, not to mention a ton of turtles and a gaggle of 'gators. In its new location at the rest area on KY 11/15 for the past two years, the 60-acre compound attracts visitors from all over the country. And the operators hope those taking the daily tours are noticing that live-animal shows will come away with a better understanding of some of the oldest animal species on the planet.

"There are a lot of people who don't think snakes are okay," Wiley told the crowd of 20 during one of the daily tours. " So I got into it to help the underdog, the snakes, so more people would understand how fascinating and helpful they are."

On the grounds are several open-air exhibits and three snake houses. The different buildings are identified by their tongue-flickering residents; North America, Tropics and Giants!

The zoo's founder and director, Jim Harrison, has been involved in the collecting

Denver Brown photo

Assistant Director Kristen Wiley offers information about snakes during a live show at the Kentucky Reptile Zoo in Slade, Ky. earlier this week. The Zoo is located in the Natural Bridge State Park.

of venom of some of the world's most dangerous snakes for years - and he has the scars to prove it. The venom is then sold off to cover day-to-day expenses.

"For the most part we sell our venom to universities and pharmaceutical companies," Wiley said. "Most of that venom goes for medical research. We're non-profit and we just hope to recoup cost of keeping snakes."

The dangerous task of "milking" the snakes also helps hospitals keep stocked up on life-saving antivenin.

Peeking into the glass-enclosed boxes, visitors can view several types of cobras, rattlesnakes, mambas and even the little snake that kills more people a year than any other, the Saw-Scaled Viper. The alligator swamp is home to Fluffy, an adult female, and to several younger ones.

Most of the 'gators and some of the snakes at the zoo are confiscated pets. One of the juvenile alligators came from the Little Miami River in Dayton, Ohio.

"In the past three days we've had two calls for us to come get snakes from a house or yard," Wiley said. "But that's more than usual - most calls are seeking information like 'what kind of snakes look like this' or 'can snakes do this'."

The educational tours and knowledgeable staff at the Zoo are paying off. Several apprehensive visitors shed their fears and touched one of the resident 'giants' - a 12-foot Burmese Python.

"I learned that Green Anacondas (also kept at the Zoo) are not the longest snake," said 11-year-old Stuart Wilham of Lexington. "And I learned that rattlesnakes aren't as dangerous as I thought. I'm glad I came here."

The Kentucky Reptile Zoo is open daily with tours at 1 p.m., 3 p.m. and 5 p.m.

RIVERS FROM FRONT

support protecting the nation's rivers but lack a good understanding of how watersheds work, a poll for the National Geographic Society suggests.

Protecting and conserving rivers was important for 98 percent of the respondents.

But only 15 percent knew that the greatest source of river pollution comes from the actions of individuals. Nearly three times as many, 44 percent, incorrectly identified industrial sources as the biggest culprit in polluting waterways.

Just one-third correctly identified land use and urban sprawl as the most serious threat to watersheds.

The "River IQ" study, released recently, was commissioned by National Geographic. It is part of a program that will involve students, teachers, families and communities in projects aimed at preserving rivers and watersheds and conserving water.

The goal is to encourage Americans to become responsible river stewards, said John Fahey, president of the society.

Other findings include:

- About half of respondents, 56 percent, could correctly define a watershed as an area through which all surface and underground water flows to a river or other body of water.
- Just 36 percent knew that nonpoint source pollution - contamination from many sources that is carried by runoff - is the largest source of water-quality problems for rivers.
- Fifty nine percent did not know that runoff from farms causes more river pollution than industrial sources.
- Forty two percent incorrectly through water that goes down storm drains is treated at water treatment plants.
- Asked how large an oil slick is created by dumping a quart of oil down a storm drain, half said 100 square feet or less. The actual figure is two acres, 6,000 square feet.

"What we need to get across is that everyone's small actions have greater impacts downstream" said Rebecca Wodder, president of American Rivers, a conservation group.

The national telephone poll, conducted by Penn, Schoen and Berland Associates in Washington, covered 750 adults and 250 children. the margin of error was plus or minus 4 percentage points.

AID FROM FRONT

institutions, businesses and organizations.

It will show information that will be useful for the traditional and non-traditional student. Prospective students can even go to the index, look up their home county, and find available aid programs that are offered from institutions, businesses and organizations located right within their home county.

A copy of this book can be found in most high school guidance offices, college financial aid offices, public libraries and some businesses and organizations. For more information, call the Kentucky Higher Education Assistance Authority at 1-800-928-8926, or visit the web site at www.kheaa.com.

Good luck and remember that education really does pay.

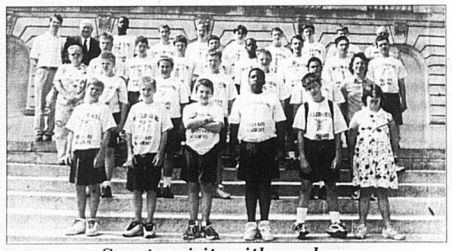
ELECTRIC FROM FRONT

especially powered vents that pull the hot air out of the attic, can reduce the load on the air conditioner.

- Locate window units on the shaded side of the house, where possible.
- Turn off window units in unoccupied rooms and close off the rooms.
- Buy an energy-efficient air conditioner. When replacing the old system, look for one with a high Energy Efficient Ratio (EER) or Seasonal Energy Efficient Ratio (SEER). Newer, more efficient units may use one-fourth less electricity than older models.

For more information about saving energy, contact KU at 1-800-981-0600.

Kentucky Utilities Company, based in Lexington, is committed to serving communities by producing reliable, low-cost electric energy. The company provides electricity to more than 495,000 customers in 77 Kentucky counties and five counties in Virginia. KU is a subsidiary of LG&E Corp., which is a part of the family of companies owned and operated by Powergen plc of the United Kingdom.



Senator visits with academy

State Senator Ed Miller visited with students at Millersburg Military Academy at the capitol in Frankfort recently. The group traveled to Frankfort to learn about state government and tour the Kentucky History Center, the governor's mansion and the capitol building. The senator is pictured with the students. A Cynthiana democrat, Miller represents the state's 30th senatorial district, comprised of Bourbon, Bracken, Harrison, Nicholas, Scott and Woodford counties. Constituents can contact the senator at 1-800-372-7181.

Families sought to host exchange students

American Intercultural Student Exchange, Inc. is now seeking families to host high school age exchange students from over 23 countries for the 2001/2002 school year.

Students arrive in August to live with American host families and attend the local high school for the school year.

These eager young people, between 15 and 18 years of age, speak English, have their own spending money, medical insurance and the desire to participate as an active member of a family.

Families have the opportunity to learn about other countries without leaving home.

Prospective host families are interviewed by a program representative and assisted with the selection of their student.

Host families provide a room and food for their student and a loving, supportive atmosphere where the student can discover American traditions and experience cross-cultural understanding.

Call AISE's toll free number at 1-800-SIBLING or visit the AISE web site at www.aise.com to learn more about the benefits and rewards of hosting an exchange student.

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INVITATION TO BID

Bids for an audit of the Carlisle -Nicholas County Industrial Development Authority will be accepted until Thursday, August 9, 2001. Bids will be opened at the regular meeting of the Industrial Authority on Monday, August 13, 2001, at 5:00p.m. at Whitaker Bank in Carlisle.

Bids should be submitted to: Carlisle -Nicholas County Industrial Authority, P. O. Box 94, Carlisle KY 40311, Attn: Lanny Hutchison.

Prospective bidders may obtain additional information about the audit by contacting Lanny Hutchison at 859-289-2251.

PAYROLL CLERK

Guardian Automotive Morehead Plant is looking for a payroll clerk. the successful candidate will have the following skills:

- **Proficient in Microsoft Office software**
- **Ability to work in a fast paced environment**
- **Excellent organization skills**
- **Good verbal communication skills**
- **Ability to work in a team environment**
- **Accurate data entry**

We prefer a candidate with 1 - 2 years prior experience in processing payroll or related field, report writing experience, and a B.S. in Accounting.

We offer competitive benefits such as medical, life insurance, and retirement savings.

If qualified and interested, please send resume to:

Human Resource Manager
Guardian Automotive Morehead Plant
Attention: Payroll Clerk
200 Guardian Ave.
Morehead, KY 40351

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Deaths

Thelma Caswell

CARLISLE - Thelma Gertrude Caswell, 84, of Sycamore St., died Thursday, July 12 at Johnson-Mathers Nursing Home.

She was born in Nicholas County to the late Omar Lee and Rebecca Jones Hollar.

She was a member of Carlisle United Methodist Church.

Survivors include two sons, Don (Michelle) Caswell and Bobby (Flora) Caswell, all of Tampa, Fla.; four sisters, Janie Vinson of Moorefield and Helen Demetriou, Mildred Laughlin and Delbert Worman all of Batavia, Ohio; a grandson, Thornton (Kathy) Caswell of Lexington; a granddaughter, Nancy Caswell of Tampa, Fla.; and two great-grandsons, Joey and Joshua Caswell.

She was preceded in death by her husband, Ray Caswell; a son, Thornton Lee Caswell; and two sisters, Juanita Boaz and Nebia Peapia.

Funeral services were conducted Monday, July 16 at Mathers-Gaunce Funeral Home with Rev. James Doughton and Rev. James Gaunce officiating. Burial at Carlisle Cemetery.

Pallbearers: Ronnie Boaz, Billy Pugh, Jimmy Caswell, John Caswell, John Demetriou and Sonny Munn.

Betty Farley
1931 - 2001

CARLISLE Betty Campbell Farley, 69, of Horseshoe Drive in Paris, died Monday, July 9 at St. Joseph Hospital.

She was born July 13, 1931 Barterville to the late Mathew and Reesa Earlywine Campbell.

She was a retired school teacher in the Bourbon County School System, a 41 year member of Paris Marie Chapter #167 O.E.S. and a member of the Bedford Acres Christian Church, where she was pianist for many years. She was a graduate of Carlisle High School Class of 1949 and Morehead State University.

Survivors include a daughter, Kathy (Dean) Harpe of Paris; a brother, Kenneth (Joyce) Campbell of Las Vegas, Nev.; two grandsons, Stephen (Sheila) Orrand and Joshua Harpe; a granddaughter, Lauren Harpe; a great-granddaughter, Alexus Marie Orrand, all of Paris; an uncle J.R. (Margie) Campbell of Carlisle; three nieces, numerous cousins and a very special life long friend, Mrs. Johnnye Berry of Paris.

Funeral services were conducted Saturday, July 14 at 10 a.m. at Mathers-Gaunce Funeral Home in Carlisle with Rev. James Hutchison officiating. Burial at Carlisle Cemetery.

Elders and Deacons from Bedford Acres Christian Church will be pallbearers. Honorary pallbearers will be extended family members James H. Orrand and Larry C. Blanton and members of Paris O.E.S. Chapter 167.

Contributions are suggested to Bedford Acres Christian Church, 5414 Lexington Road, Paris, KY 40361.

Ask advice before using any dietary supplements

By MAUREEN MCARTHUR
UK Information specialist

Natural remedies, herbs, formulas and other dietary supplements are available in health food stores, drug stores and even some grocery stores.

The labels read "improve memory," promote higher energy levels," or "maintain healthy digestion."

Many consumers seem to believe the claims. According to the U.S. General Accounting Office, an investigative division of Congress, about $31 billion was spent on dietary supplements and related products in 1999.

But on these same labels is the disclaimer required by federal law, "This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease."

So how much is really known about these dietary supplements?

"If the product is a dietary supplement, there is a lot we don't know," said Cynthia Smith, Pharm.D., drug information specialist and assistant director of University of Kentucky Hospital Drug Information Center.

"Dietary supplements are not tested in thousands of people before they are marketed like drugs are tested. This means that the evidence for the product's effectiveness is based mainly on historical use rather than scientific studies."

Limited scientific studies have been done for some products and the 1994 Dietary Supplement Health and Education Act passed by Congress created the Office of Dietary Supplements at the National Institutes of Health.

The ODS coordinates research and funding for research on the effectiveness of dietary supplements. But much research still needs to be done.

In the meantime, consumers must use their best judgment.

"If you are considering using a dietary supplement, choose one that references clinical studies rather than just testimonials," said Smith, who also is a clinical assistant professor, Pharmacy Practice and Science Division, UK College of Pharmacy.

Another unknown about these products is the potential side effects and interactions with prescribed or over-the-counter medications.

"Because supplements have not been tested in large trials, we simply don't know about many side effects or drug interactions, which only appear in a percentage of users," Smith said.

For example, the popular herbal remedy St. John's Wort, often taken for treatment of mild depression, has been shown to interact with drugs used to treat cancer and AIDS and with birth control pills.

St. John's Wort makes these medications up to 50 percent less effective in certain people.

Other dietary supplements have been associated with liver damage, kidney failure, and even death. These serious side effects can occur rapidly or over time.

The quality of dietary supplements can also be uncertain. The FDA does not regulate the manufacturing of these products.

This means that a dose of the supplement may not contain the appropriate amount, or in some cases, the appropriate ingredient, or the supplement may contain contaminated ingredients.

Saltwell News

By Mrs. Jeff Mattox

Mrs. Phyllis Brady enjoyed several nights of the Harrison County fair, including the gospel singing, three pageants and the baby shows.

Rob Doyle of Pulaski, Va. spent Friday and Saturday nights with Mr. and Mrs. Charles Doyle and attended the Doyle reunion in Paris on Sunday, July 8.

Mrs. Anna Stodghill of Louisville and Mrs. Angela Kartes of Washington spent Saturday night and Sunday with Mr. and Mrs. Jeff Mattox and family.

The Headquarters church men and woman's meeting will be Wednesday night. Wilson Mathes will be speaker for the men and Phillis Brady will be program leader for the women. Supper will be prior to the meeting and will begin at 7 p.m.

Mrs. Jewell Adams and Mrs. Phillis Brady enjoyed the "Happy Times Club" at the Paris church of the Nazarene on Saturday. Various activities included singing by Lisa Hardin, games, crafts and lunch.

Mr. and Mrs. Bobby Brady, Mr. and Mrs. Marvin Doyle and other family members enjoyed the Ewing horse show on Saturday night. The Carroll Doyle Stables won the following ribbons, one first, two second and one third. Terry J. and Ashlie Doyle of Triple D Stables each won a first place ribbon.

Mr. and Mrs. Ben Glass, Phillis Brady and Mr. and Mrs. Sam Reynolds enjoyed the "Song of the Mountain" production at the Old Homestead at Fairview on Sunday afternoon.

Plummer, Smoot receive degrees

Sara Hurst Smoot Plummer, formally of Bourbon County, and Anna Elizabeth Smoot of Millersburg, received Bachelors Degrees from the University of Kentucky at graduation ceremonies in May.

Sara graduated Magna cum Laude from the College of Communications with a degree in Integrated Strategic Communications with a concentration in Account Management and Marketing.

Anna graduated from the Gatton College of Business and Economics with a degree in Marketing.

Both women named to the dean's list of their respective colleges for the spring semester and were among the top five percent of all undergraduate students enrolled at UK.

Sara Hurst and Anna are the daughters of John N. and Lorrain Smoot of Millersburg and the granddaughters of Mr. and Mrs. Eugene Smoot and the late Mr. and Mrs. Billy Frey of Carlisle.

Rees attends Sullivan

Dana Rees, a 2001 graduate of Nicholas County High School, recently began her collegiate career at Sullivan University in Lexington. She was the recipient of a Tech Prep scholarship. The Tech Prep scholarship is a combined high school and post-secondary program designed to assist and prepare students for challenging professional and technical careers and was awarded from Nicholas County High School as part of the articulation agreement with Sullivan University. She is currently pursuing an Associate degree in Business Management.

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McKechnie Vehicle Components, located in Nicholasville, KY, is seeking a Plastic Injection Molding Supervisor for its third shift operation. Successful candidate will have a minimum of three years supervisory experience, good communication and team building skills, as well as a strong technical background in plastic injection molding. This position will be responsible for supervising approximately 25 team members, and meeting daily production goals. McKechnie offers a full benefits package including paid medical insurance, vacation, company matching 401(k) and profit sharing. For confidential consideration, qualified candidates should submit resume to:

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Attn: HR Manager
801 John Watts Drive
Nicholasville, KY 40356

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St. Claire Medical Center, a Catholic not-for-profit health care system comprised of an acute care hospital, primary care clinics, home health, home medical equipment, hospice, and a cancer treatment center, invites applicants for the following positions:

Bio-Medical Engineering

BIO-MEDICAL TECHNICIAN - Full time Bio-Medical Equipment Technician to work primarily days. Bio-Medical Technology degree or equivalent experience required. CBET certification preferred. Primary duties include equipment performance inspections and repair. The candidate must have strong technical abilities with careful attention to details. The candidate must possess good written and verbal communication abilities, plus have good customer service skills. The working environment is fast-paced with constantly changing routines requiring flexibility.

Information Services

FINANCIAL SYSTEMS ANALYST - Information Services Department seeking candidate having Bachelor's degree in Information Systems, Business Administration, or related area with a background in one of the following areas: patient accounting, practice management, collections, hospital management, or healthcare Information systems. A minimum of two years experience in information systems in a healthcare setting and five years experience in a business environment is preferred.

CLINICAL SYSTEMS ANALYST - The Clinical Systems Analyst is responsible for coordinating the efforts between the information services staff and the users of clinical applications. Candidate will hold a Bachelor's degree in Information Systems, Nursing, or related area with a background in one or more of the following areas: nursing, clinical, ancillary department, hospital management, or healthcare information systems. A minimum of 2 years experience with information systems in a healthcare setting is preferred.

Laboratory Services

MEDICAL TECHNOLOGIST (MT) MEDICAL LABORATORY TECHNICIAN (MLT) - Seeking a generalist Medical Technologist MT or Medical Laboratory Technician MLT to join our busy 24-hour laboratory. Must be MT/MLT (ASCP). Experience preferred but recent graduates are welcome if certified eligible. Full-time, evening shifts (3:30 pm to 12:00 midnight). Ten-hour shifts possible.

HomeCare Services

PHYSICAL THERAPIST - To cover service area full-time, day shift. Graduate of Physical Therapy school approved by the Council of Medical Education and Hospitals of the AMA. One or more years of clinical experience preferred. Must hold current license to practice physical therapy in KY and a valid KY driver's license. Visits are made in the patient's place of residence in our eight county service area. Must have a reliable vehicle since travel is required.

Nursing Services

All require current KY licensure.

INTENSIVE CARE - Nights, full-time 7:00 pm - 7:30 am and part-time (includes benefits)

EMERGENCY SERVICES - Late evenings, full-time and one evening/three nights full-time

WOMEN'S CARE - Nights, full-time 7:00 pm - 7:30 am

PRN positions available on all shifts. Premium rate offered with three years experience.

Radiography Services

ULTRASOUND/RADIOLOGIC TECHNOLOGIST - Ultrasound/RT ADKMS or six months experience in Ultrasound and RT (ARRT). Monday-Friday, day shift with Ultrasound Call rotation.

MRI TECHNOLOGIST - Current registration by the American Registry of Radiologic Technologists and General Certification as a Radiation Operator by the Commonwealth of Kentucky are required. MRI and/or on the job training with proven technical proficiency in this specialty required with two years MRI experience preferred.

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