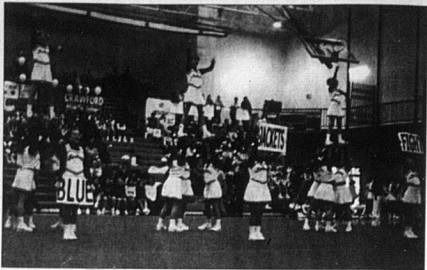
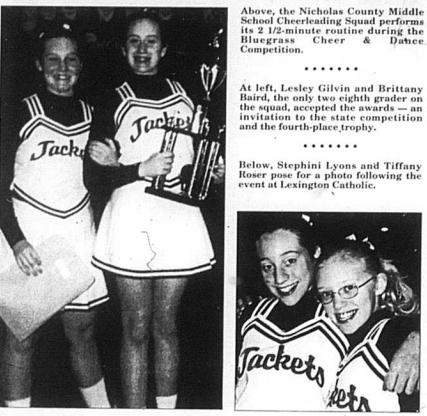


Calendar



Elicha Insko photos
Above, the Nicholas County Middle School Cheerleading Squad performs its 2 1/2-minute routine during the Bluegrass Cheer & Dance Competition.



At left, Lesley Gilvin and Brittany Baird, the only two eighth graders on the squad, accepted the awards — an invitation to the state competition and the fourth-place trophy.
Below, Stephni Lyons and Tiffany Rowel pose for a photo following the event at Lexington Catholic.

Maysville Bridge creates new passage

The William H. Harsha Bridge will officially be opened at 11 a.m. on Friday, January 12, 2001.

Mayor Cartmell, of Maysville and Aberdeen Mayor Etzel will be the first to drive across the \$37 million bridge. Local officials from surrounding counties will also have the opportunity to christen the new bridge. The bridge was initially scheduled

to open in early November, however poor weather conditions held up the final construction phases. Jim Rummaker, Chief District Engineer said, "The bridge project will be completed ahead of schedule, even though it was not opened in November."

The 2,108-foot Ohio River Bridge is the first cable stayed bridge in Kentucky. The bridge runs along US-62/68 and will connect the AA Highway in Kentucky to US-52, US-62 and US-68 in Ohio.

The new passage is expected to bring endless possibilities to the cities of Aberdeen and Maysville. "We inspect the new bridge to be the dawn of a new era for Maysville," says Mayor Cartmell. First discussions of building a new bridge in Maysville began in 1977 with

a group led by Clyde T. Barbour and Congressman Carl D. Perkins. Nine alternatives were developed and eventually narrowed to the current bridge location after numerous public meetings.

The prime contractor, Taylor Brothers, Inc., began construction in April of 1997. The late Representative Pete Worthington was passionate throughout his career in making sure the Maysville Bridge project became a reality.

On October 9, 2000 Representative Worthington was the Master of Ceremonies during the dedication of the William H. Harsha Bridge.

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Calendar of Events

Irvingville Church
The Irvingville Baptist Church would like to invite all to our services to hear the preaching of God's word. We are fundamental in our doctrine and in our worship, we preach the Bible like it is to people like they are.
Sunday School starts at 10 a.m. preaching at 11 a.m. Sunday and Wednesday nights at 7:00 p.m. For more information call Pastor Gary Stebb, 859-234-0816.

Family Resource and Youth Services Center
In collaboration with the Nicholas County Migrant Program, is accepting winter coats for the Community Coat Closet.
Coats may be dropped off at the Resource Center located at 105 School Drive, Carlisle (second to last trailer beside the elementary school). Coats in good, clean condition of all sizes are needed.
For additional information on the Coat Closet, please call 859-289-7372.

Do you want to change your life?
The Nicholas County Adult Education Program classes are held on Monday and Tuesday from 10 a.m. until 8 p.m. in the Community Action Center.
To enroll in classes in Nicholas County, please call 859-289-7372.

PUBLISHERS NOTICE:
All real estate advertised in this newspaper is subject to the Federal Fair Housing Act which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, gender, handicap, familial status or sexual orientation." This newspaper is an equal opportunity advertiser in that all dwellings advertised in this newspaper are available on an equal opportunity basis. If you believe you have been discriminated against in connection with the sale, rental, or financing of housing call the Kentucky Commission on Human Rights 1-800-292-5556.

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Center accepts coats
The Nicholas County

Frank Johnson 1932-2000

Frank Johnson, 68, of Johnson Mather Nursing Home, died on Monday, January 15, 2001 at the Nichols County Hospital.
He was born in Nicholas County to the late Amos and



Services were held on Thursday, January 18, 2001 at Mather's Gaud Funeral Home by Rev. Julian Hammonds with burial in the Bartlett Cemetery.
Casketbearers were his nephews.



MSU Wins!

Former Ashland standout Kyle Umberger (55) puts in two points against Austin Peay last week. The Morehead State Eagles came from 13 down to defeat Tennessee State on Saturday for their first OVC win of the season.

spotlight on health

MS Trial Shows Sustained Benefits
NARS—An estimated 350,000 Americans live with a chronic disease called relapsing remitting multiple sclerosis (MS). MS is a chronic, degenerative disease of the central nervous system that strikes adults, mostly women, between the ages of 20 and 50. A recent six-year study is giving hope to those who wait for the progression of this disease.
One such person is Sus Rebstock, who was first diagnosed in her mid-30s. She had developed a blurred spot in one eye and initially consulted her optometrist. It wasn't until she was referred to a neurologist, however, who performed an MRI scan, that she found out her symptoms were due to MS—specifically the slowly debilitating form of relapsing-remitting MS.
Through her research, Rebstock found out that, on average, she could expect to have some sort of permanent disability within 10 years of diagnosis. Even more discouraging, she read that within 15 years of diagnosis, half the people living with MS require assistance in walking.
Fortunately for Rebstock, in 1993 she qualified to participate in a clinical study of a new drug for the treatment of relapsing-remitting MS. After six years, the results of that ongoing study show that sustained use of the drug Copaxone significantly reduces the relapse rate and delays disability.
Of the 101 patients who received daily injections of Copaxone over the six years of the study, 77 had three or fewer relapses, and 26 of those patients experienced no relapses. Doctors believe that, with fewer relapses, the disease progresses more slowly.
"Within one month of starting Copaxone, I noticed a big differ-

Nicholas County Menus

Week of January 15-January 21, 2001

Elementary School Breakfast	High School Breakfast
Monday, January 22-NO SCHOOL!	Monday, January 22-NO SCHOOL!
Tuesday, January 23 pizza, toast, cereal, jelly, juice, milk.	Tuesday, January 23 bacon, egg and cheese on bun, pop tart, milk, juice.
Wednesday, January 24 sausage/biscuit, cereal, jelly, juice, milk.	Wednesday, January 24 biscuits and gravy, pop tart, milk, juice.
Thursday, January 25 bacon/cheese biscuit, cereal, jelly, juice, milk.	Thursday, January 25 breakfast pizza, pop tart, milk, juice.
Friday, January 26 glazed donuts, cereal, toast, jelly, juice, milk.	Friday, January 26 sausage, egg and cheese on bun, pop tart, milk, juice.
Lunch	Lunch
Monday, January 22-NO SCHOOL!	Monday, January 22-NO SCHOOL!
Tuesday, January 23 grilled ham and cheese sandwich, veggie sticks, peas, milk.	Tuesday, January 23 chicken noodle soup, grilled cheese sandwich, pickle spears, fruit, milk, tea, lemonade.
Wednesday, January 24 chicken nuggets, green beans, mashed potatoes, cottage cheese and peaches, milk.	Wednesday, January 24 pizza, corn, tossed salad, fruit, milk, tea, lemonade.
Thursday, January 25 fish sticks, cole slaw, baked beans, corn bread, pinto apples, milk.	Thursday, January 25 potato bar, chili/cheese/chips, onion/honey biscuits, salsa/sour cream, pickle spears, fruit, milk, tea, lemonade.
Friday, January 26 taco salad, taco chips, diced tomatoes, lettuce, corn, fruit, milk.	Friday, January 26 chicken strips, mashed potatoes and gravy, peas, fruit, milk, tea, lemonade.

MCC's Dean List for the fall 2000 semester

Dr. Ed Stroy, Mayville Community College interim Dean of Academic Affairs, has released the Mayville Community College's Dean's List for the fall 2000 semester.
To be included on the dean's list, students must attend the College full-time (12 credit hours or more) and maintain a 3.5 grade point average or above on a 4.0 scale. A total of one hundred and ten students were honored for the fall 2000 semester.
Those from Nicholas County included Kimberly L. Adams, Coranna Sue Bell, Belinda G. Bromberg, Melissa Florence, Jennifer L. French, Sheila Fryman, Barbara Hatton, Martha F. Holbrook, Mary Beth Hopkins, Beverly L. Howard, Martha G. Leonard, Jennifer J. Ramey, Rita J. Roberts, Julie Scott, Donna G. Smith, Angela Snapp, Peggy Sparks, Michelle L. Watson.

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Important financial assistance deadlines near for Nicholas Countians planning to attend EKU

Nicholas County students seeking financial assistance to attend Eastern Kentucky University in 2001-2002 need to act quickly.
Increasing dollar amounts are available for the next academic year through a variety of grant, loan and scholarship programs, according to John Fish, director of EKV's Division of Financial Assistance, but "certain programs run out of funds very quickly."

Another source for financial help is a campus job. About 1,500 Eastern students help finance their education through either the Federal Work Study Program or the Institutional Work Program. Openings exist throughout the school year, Fish noted.
In addition, various assistance programs are available to veterans or families of deceased or disabled veterans.

Financial aid professionals from Kentucky colleges and universities at EKV, available at each site to answer student questions about the financial assistance process. For more information about College Goal Sunday, see a high school guidance counselor or financial assistance. Timing is very important.
"There's no program to allow a student to see the total cost of an education," Fish added, "so many students see a combination of grants and loans as many as five or six programs."
Many students benefit from one or more scholarships, and an increasing number of scholarships are available to learn more about scholarships available to EKV students, prospective students should see a high school guidance counselor.
Visit www.scholarships.eku.edu for a download form or inquire at Eastern's financial aid office. The deadline for submitting a scholarship application is February 15.
About 80 percent of EKV students receive some type of financial assistance each year. Last year totaled some \$49 million, according to Fish. About \$8 million of that was in the form of grants, which do not have to be repaid. The maximum Pell Grant award has been increased to \$3,750 for 2001-02.
"Eastern always has been helpful in identifying sources of funding for our students," Fish said, "the best form of financial assistance of modest tuition, and we believe we offer a quality education at an affordable price, coupled with opportunities for financial assistance."
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British actor Boris Karloff's real name was William Henry Pratt.

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