

Web Watch

(NAPS)—According to Americaningles.com, the largest independent global online dating service, there are at least 16 million people already looking for love online with 1.5 million at their site alone. The large numbers mean that people are finding new, fast and innovative ways of communicating their feelings.

A new survey shows that a recently introduced medicine, Comtan, can significantly improve the mood and overall sense of well-being of those with Parkinson's Disease, a chronic progressive disorder of the nervous system. To learn more about Comtan, visit www.comtan.com.

The key to managing your weight is a positive attitude and the right kind of motivation, say experts at the American Dietetic Association. For information on managing grief in a healthy way, read the Consumer Resource Guide at the International Cemetery and Funeral Association Web Site at www.ifa.org.

Grieving the death of a loved one is part of human nature—scientists have found evidence of burial rituals dating back more than 60,000 years. For information on managing grief in a healthy way, read the Consumer Resource Guide at the International Cemetery and Funeral Association Web Site at www.ifa.org.

Studies show that cremation is becoming an accepted practice for a growing number of Americans. The rate at which cremation is

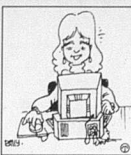


Illustration of a person sitting at a computer terminal.

used has grown from 4.5 percent of deaths in 1969 to 25 percent in 1999. To learn more, consult the consumer resource guide at the Web site of the International Cemetery and Funeral Association www.ifa.org.

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Saltwell News

By Mrs. Jeff Mattox

Mrs. Ramona George of Carlisle and Samantha Sowell visited on Monday with Mr. and Mrs. Fred Hollar.

Mr. Bob Kenny visited on Thursday with Mrs. Gladys Kenny.

Mr. Layne Hollar visited on Thursday with Mr. Bob Kenny at his newly built home near Williamstown.

Mr. Chris Hollar brought dinner and visited with Mr. and Mrs. Fred Hollar.

Mrs. Phyllis Brady spent Monday afternoon with Reynolds Allison at Grand Haven.

Mrs. Phyllis Brady and Mr. and Mrs. Bobby Brady and Mr. and Mrs. Charles Doyle spent Sunday afternoon

with Edward O'Neal at Johnson Mathers Health Care. Getty Weddle, Mrs. Frances Fiesback and many others visited throughout the week. Edward was able to return home on Monday.

Phyllis Brady visited Mr. Nellie Gaunce, Thelma Wilson, Mrs. Ruth Ishamel and others the past week at Johnson Mathers Health Care.

Mr. and Mrs. Ben Glass spent one night the past week at the Shearnton Motel in Lexington as a result of winning the overnight stay at the Nicholas County Cancer Coalition last fall.

Mr. and Mrs. Bobby Brady and Mr. and Mrs. Charles Doyle spent Sunday afternoon

Never hear more than one trouble at a time. Some people hear three kinds—all they have had, all they have now, and all they expect to have.

—Edward Everett Hale

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5:00 PM: REBELS, ANNIE HANNAH, SWEET NOVEMBER, CAST AWAY, THE WINDY CITY

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