Obituaries

Thelma Macie Snapp Morris

Thelma Macie Snapp Morris, 86, of Archdeacon Avenue, Carlisle, widow of Roscoe Morris, died on Saturday, January 15,m 2000 at the Harrison Memorial Hospital.

She was born in Nicholas County to the late Tilton and Rose Ritchie Snapp, was a retired employee of Johnson-Mathers Nursing Home and was a member of the Rose Hill United Methodist Church where she was a member of the Missionary Society.

Survivors include a son, Stanley (Linda) Morris, Carlisle; four daughters, Jewell Ishmael, Carlisle, Mrs. Robert (Helen) Hyatt, Cynthiana, Mrs. Arthur (Faye) Buzzard, Carlisle, and Mrs Ronnie (Charlotte) Buchanan, Bourbon County; a brother, Thurman Snapp, Carlisle; 13 grandchildren, 23 great-grandchildren, 6 great-great grandchildren and several nieces and nephews.

Services were held on Tuesday, January 18, 2000 at Mathers-Gaunce Funeral Home by Rev. Gaylord Gillispie, Rev. James Gaunce, and Rev. Howard Livingood with burial in the Rose Hill Cemetery.

Casketbearers were Ben Brierly, Tommy Crawford, Tim Layne Clyde Miller, Teddy Shaw and David Smith.

Honorary bearers will be grandsons and great-grandsons.

Matilda Mae Scott

Matilda Mae Scott, 94, died on Thursday, January 13, 2000 at Johnson-Mathers Nursing Home.

She was born in Nicholas County to the late Harmon and Laura Bell Banta Scott, and was a member of the Stoney Creek Christian Church.

Survivors include a daughter, Mary Belle Selvage, Carlisle; three granddaughters, Judy Scott, Linda Massie and Rebecca Davis and three great-grandchildren.

Services were held on Monday, January 17, 2000 at Mathers-Gaunce Funeral Home by Rev. James Gaunce with burial in the Carlisle Cemetery.

Casketbearers were Barry Fryman, Rick Livingood, Melvin McKee, Lester Snapp, Dr. Robert Sparks, and Tommy Vaughn.

Honorary bearers were Earl Hamm, Marion Kearns, George and Richard Logan, Bill McNabb, Elgin Mitchell, Allen Tolson and Charles Watkins.

Contact Lenses May Improve Your Love Life

Experience Fun And Romance With Contact Lenses, Survey Says

(NAPS)—To become Superman, Clark Kent first takes off his glasses, which helps change him from an ordinary newspaperman into a dashing superhero. While this simple gesture may not be enough to give any person superhuman powers, a new survey shows that many Americans actually believe that wearing contact lenses instead of eyeglasses can change their lives.

In particular, the survey showed that people believe contact lenses can actually help improve a person's love life. More than half (56 percent) of contact lens wearers surveyed said their intimate relationships have improved since they started wearing contact lenses.

In addition, 45 percent of contact lens wearers surveyed said they were asked out on dates after they switched from eyeglasses. The majority of all contact lens wearers surveyed said they feel more romantic, attractive and self-confident than they did when they wore eyeglasses.

Overall, 61 percent of all contact lens and eyeglass wearers surveyed said they thought wearing contact lenses instead of eyeglasses could increase their chances of good things happening to them.

The survey, which was sponsored by Vistakon, and conducted by Roper Starch Worldwide, polled 1,010 men and women age 18 and older, included people who wear either contact lenses or eyeglasses, as well as those who do not use any form of vision correction.

Despite the perceived life improvements by wearing contact lenses, many people have stopped wearing contact lenses. Lack of comfort was the reason most often (43 percent) cited by past contact lens wearers.

Now, there is a new, technologically advanced soft disposable contact lens that is easy to use and comfortable enough for almost anyone to wear. Vistakon's ACUVUE 2 lens has a Contour Intelligent Design that makes the lens hold its shape on the fingertip, allows it to be easily applied onto the eye, and is so comfortable, it feels like wearing no lens at all. ACUVUE 2 delivers exceptional ease of handling, wearability and vision clarity—even for people who have never worn contact lenses.

For more information about ACUVUE 2 contact lenses, see your Eye Care Professional or call the toll-free number, 1-800-531-2121.

Zinc Nutritional Hotline Available To You

(NAPS)—The Rockefeller University, the New York Hospital—Cornell Medical College, and the Memorial Sloan-Kettering Cancer Center announced the opening of the Zinc Information Nutrition Center (ZINC), a first-of-its-kind clearinghouse of information for consumers and professionals on the health benefits of zinc. The center will be located at The Rockefeller University in New York City and is being supported by the American Zinc Association and the International Zinc Association.

Zinc, the number-one nutritional deficiency in U.S. children according to a Tufts University study, has become a favorite subject of clinical investigation recently, due to the critical role this "forgotten nutrient" plays in fighting common colds and maximizing physical growth and development. New clinical studies demonstrate that dietary zinc clearly enhances overall immune system competence and can act to prevent diarrhea, acute lower respiratory infections, and pneumonia in children.

ZINC will serve as a clearinghouse of information on the many health benefits of dietary zinc. In addition to information distribution, ZINC will advance information on clinical trials in development as well as those soon to be published. "We have established a first-class Advisory Board which will serve as the backbone of the operation, spreading the word on the health benefits of zinc worldwide," said George Vary, Executive Director of the American Zinc Association located in Washington, D.C.

The initial focus of ZINC will be to emphasize zinc's role in child development, urging families not to overlook the vital role zinc plays in the overall health of children. Parents, teachers, medical and health professionals and others with questions about zinc are encouraged to use ZINC's resources.

ZINC is located at 1230 York Avenue, Box 246, New York, New York, 10021. Telephone number is 212-327-7707. More information on zinc can be found at <www.zinc.org>.

Shop the Classifieds

EVERY DAY, THOUSANDS OF KIDS BRING GUNS TO SCHOOL

Find out how to get guns out of the hands of children.

1-800-WE-PREVENT

Not one more life.
Not one more grieving family.
Not one more.

CRIME STOPPERS

SALTWELL NEWS

Mr. and Mrs. Fred Hollar visited Thursday with Ramona George and Stephanie Sowell and their new great-granddaughter, Samantha at her home in Nicholas Square.

Mrs. Gladys Kenny returned home on Thursday after a long stay at the Harrison Memorial Hospital due to illness.

Mr. and Mrs. Raymond Willoughby moved to the property of Mr. and Mrs. Fred Hollar in Headquarters on Sunday.

Mrs. Ragena Ford and children, Ashley, Elizabeth and Patrick of Cynthiana visited on Sunday with Mrs. Jean Mattox and Mr. and Mrs. Jeff Mattox and family.

Mrs. Liela Hollar has been confined to her home with bronchitis this week, but is improving daily.

Amanda Mattox was among several youth from the Nicholas County Band that performed in their All District Band Concert held on Saturday in Ashland. They enjoyed a three day stay before traveling home on Saturday.

John Lee Allison spent Saturday and Sunday with Mr. and Mrs. Gary Hollar.

Robert Doyle, "Robbie" son of Mr. and Mrs. Charles Doyle has accepted a position of head manager of Southern States Cooperative store in Pulaski, Virginia and moved there over the weekend to start work on Monday. Jeff Doyle, Sharon and Willie Riggle, and Charles and Shelby Doyle helped him move there from Owenton, Kentucky.

The names of Mr. and Mrs. Donnie Doyle were omitted from those last week who surprised Mr. and Mrs. Charles Doyle with a housewarming.

Mrs. Phyllis Brady spent part of the night Saturday night in Harrison Memorial Hospital.

The Headquarters Methodist men and women will meet this Wednesday night with supper at 6:30 prior to the meetings. Phyllis Brady will be program leader for the ladies and Dave Mefford will be speaker for the men.

East Union Homemakers

East Union homemakers held their January meeting Thursday night at the home of Della Mitchell. There were nine people present.

Monthly business matters were discussed, and dealt with. Yearly reports were filled out.

Our lesson on "Home Shopping" was given by our hostess, Roberta Howard. Refreshments were served and the meeting adjourned.

Ruggles Association to meet

The Ruggles Association of United Methodist men will hold their January 24, 2000 meeting at the Carlisle United Church.

The dinner will be served at 6:30 p.m. It will be followed by an inspirational program and special music. President Shelby Osborne urges all the men of the association to attend.

NEWS OF SENIOR CITIZENS

Legislation Proposed For Notch Babies

(NAPS)—New legislation provides a refundable tax credit of Medicare Part "B" premiums to help compensate those born in the Notch years for the lower Social Security checks they receive. If passed, the law requires the IRS to send Notch Victims a check equal to the amount paid into Medicare Part "B" after paying any taxes owed by the recipient. This year that would amount to $546 and, since the premium increases every year, it would grow to about $858 within four years.

Michael J. Zabko, Executive Director of TREA Senior Citizens League (TSCL) applauded the new legislation, "Representative Jo Ann Emerson is doing the right thing," he said Rep. Emerson introduced the new legislation. "Notch Victims have been ignored too long and need exactly this kind of financial relief to make up for the benefits they've been denied."

For more information about proposed Notch reforms send a self-addressed business-size envelope and $1.00 to cover shipping and handling to TREA Senior Citizens League, Department N916, 909 N. Washington St., Suite 300, Alexandria, VA 22314.

Attention Korean War veterans

June 2000 will commemorate the 50th Anniversary of the start of The Korean War. The US Korean Foundation, based in Alexandria, Virginia would like to contact Korean War veterans who served on active duty between June 25, 1950 and July 27, 1953. Veterans will be informed of special events schedules in the local area, in the United States and in Korea.

The Republic of Korea is planning events in Soeul and elsewhere in South Korea to express their thanks and appreciation for the efforts of American service personnel in their behalf during the Korean War.

Veterans of the Korean War may register to be placed on the official mailing list for continuing events during the three year commemoration period at American legion Post 22, Winchester Road, Mount Sterling, on Saturday, January 29 from 8 a.m. until 10 a.m. Immediate family members of deceased Korean War Veterans are strongly encouraged to participate.

Did You Know?

(NAPS)—The oldest continually published medical textbook in the English language has been published since 1899 as a non-profit service to the scientific community. The Centennial Edition of The Merck Manual is available at bookstores nationwide or by calling 1-800-659-6598.

The style lab at Newport News has developed an easy style solution to getting the perfect pair of jeans to flatter your figure. Call 1-800-955-0404 for a Newport News Jeanology Catalog.

Educational kits to help people learn about investing may be donated to libraries through NAIC, a non-profit group. For more information, call 1-877-ASK-NAIC toll free or visit the web site at www.better-investing.org.

According to the Vinyl Institute, vinyl window trim is just one of the many vinyl products recycled in "post-industrial" form.

In a typical year, BURGER KING restaurants serve more than 407 million ounces of orange juice, 339 million eggs and 980,000 pounds of bacon.

Unlike other available weight loss treatments that work in the brain to suppress appetite, a new medication, Xenical, works in the gastrointestinal tract and does not require entry into the brain or bloodstream.

Scientists have done a lot to control infectious disease and increase human life span, but the threat remains. According to the Centers for Disease Control and Prevention, using antibiotics only when necessary is an important step in fighting infectious disease.

RENEW YOUR SUBSCRIPTION
RENEW YOUR SUBSCRIPTION

If this is what your caddie looks like...

you need to hit The Trail.

WINTER. What a miserable time for golf. Unless you head for the sunny South and the red-hot Robert Trent Jones Golf Trail. Last year, over 5,000 golfers from Minnesota took advantage of the beautiful courses, the nice weather and the low rates to experience what the *New York Times* called "some of the best public golf on Earth." And while we can't guarantee the weather, we can promise you great golf. Call for information about our 3-day/2-night golf and hotel packages as low as $162.

1-800-949-4444 or
www.rtjgolf.com

ALABAMA'S ROBERT TRENT JONES GOLF TRAIL

Lexington's Eyes
Vision for Less

You may pay a lot more elsewhere, but you won't see any better!

MT. STERLING
Gateway Plaza
(Off Bypass, Next to JC Penney)

498-9144
toll free 1-800-461-5065

Hours: Mon-Sat 9 am-5 pm, Evening Appts. Available, Walk-ins Welcome

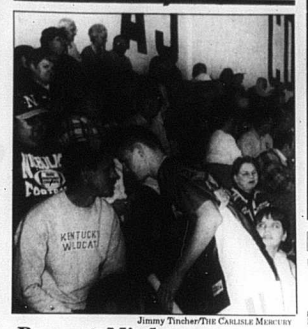
Also in: Winchester, Lexington & Georgetown

Free Lenses
Receive a free pair of single vision prescription lenses with purchase of any new frame. Bifocal lenses only $30. Valid only with this coupon.
Must Present Coupons at Time of Service. Not valid with any other offer, same restrictions apply. 1 Coupon per Customer. Coupon expires 2-12-00

$29 Professional Introductory EYE EXAM
Excludes dilation if contact lens exam. 1 Coupon per Customer. Coupon expires 2-12-00
Must Present Coupons at Time of Service. Not Present Coupons at Time of Service. Not valid with any other offer, same restrictions apply. 1 Coupon per Customer. Coupon expires 2-12-00

4 for 1 EYE EXAM, DESIGNER GLASSES, CONTACT LENSES & FITTING FEE $199
Choose a pair of single vision designer glasses and a pair of first-wear contact lenses, fitting fee included.
Not valid with any other offer, same restrictions apply. 1 Coupon per Customer. Coupon expires 2-12-00

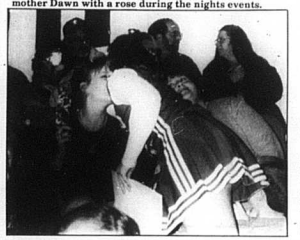
School



Jimmy Tincher/THE CARLISLE MERCURY

Parent Night. . . .

Timmy Crump shows his appreciation for his mother and Stepfather during Parent Night at the recent Paris and Nicholas County game held on Friday, January 14th. Bottom Photo: Jessica Letcher presented her mother Dawn with a rose during the nights events.



BIG 40

Happy Birthday Jeff (Jan. 20th)

Love, Jim, Mom, Lisa & Linda

MAKING FAMILY LIFE MORE FUN

Arcade Games Return

(NAPS)—Classic arcade-style games make a comeback on CD-ROM for a new generation.

The games that many parents grew up with in the '70s and '80s, have been updated with popular sidekick characters from classic Disney animated films—such as fun and "crabby" Sebastian from *The Little Mermaid* in Disney Interactive's *Arcade Frenzy*.

In addition to Sebastian, the games in *Arcade Frenzy* feature Mushu, Abu, Iago, Pegasus, Flounder, Hiiloiloes and other favorite sidekicks from hit Disney movies *Mulan*, *Aladdin*, *Hercules* and *The Little Mermaid*.

The four games, featuring original music, animation and wacky sound effects, are *Mu-Shoot*, *Monkey Mayhem*, *Flying Frenzy* and *Flounder Quest*.

These non-violent, action-packed games are designed to be simple enough for children, but fun and challenging for adults as well. More than one person can play at a time and the top 10 high scores are even honored in the "Hall of Fame," so parents and children can have a fun-filled battle to the top.

NICHOLAS COUNTY ELEMENTARY SCHOOL
Breakfast and Lunch Menu

Monday 1/24	Tuesday 1/25	Wednesday 1/26	Thursday 1/27	Friday 1/28
BREAKFAST: Eggs, Cheese, Bun, Cereal, Toast, Jelly, Juice, and Milk. LUNCH: Cheese, Hamburger, Bun, Potatoe Bites, Peas, Lettuce, Tomato, Pickles, Grapes, Brownie, and Milk.	BREAKFAST: Bacon, Cheese, Biscuit, Cereal, Jelly, Juice, and Milk. LUNCH: Hot Dog, Chili Sauce, Bun, French Fries, Baked beans, Pear half, Peach Half, and Milk.	BREAKFAST: Breakfast pizza, Cereal, Toast, Jelly, Juice, and Milk. LUNCH: Steak Nuggets, Mashed Potatoes, Green Beans, Applesauce, Pineapple Slice, and Milk.	BREAKFAST: Sausage, Biscuit, Cereal, jelly, Juice, and Milk. LUNCH: Sloppy joe, Bun, Corn, Cole Slaw, Applesauce, Peach Half, and Milk.	BREAKFAST: Donuts, Honey Bun, Cereal, Toast, Jelly, Juice, and Milk. LUNCH: Pizza, Cheese, Pepperoni, Corn, Pineapple Slice, Cole Slaw, and Milk.

FREE THINGS TO SEND FOR

(NAPS)—For information on a National Therapeutic Massage and Bodywork certification program, call 703-610-9015 or visit www.ncbtmb.com.

To find out more about the "Pennsylvania is Part of You" campaign, which is calling back former residents, visit the Web site at www.madeinpajobs.com or call 1-888-522-6363.

For a free catalog of Fellowes home and office organizational products, call 1-800-945-4545 or visit the company's web site at www.fellowes.com.

For information about the Montgomery Youth Works program, which helps at-risk youth find summer work, call 1-800-251-7236 or visit the school-to-work website at http://www.sw.ed.gov.

There's a lot more to Mensa—the high I.Q. society—than just being recognized for smarts. For more information about American Mensa's National Testing Day, call 1-800-66-MENSA or visit www.us.mensa.org.

For more information about the injectable contraception known as DEPO-PROVERA, you can visit www.depoprovera.com or call 1-888-844-DEPO.

Movies 9 I-64, Exit 92 Winchester 745-4900 All Shows before 6 PM

CLIP AND SAVE

HOMETOWN VACUUM

We sell and repair all vacuums
We also repair sewing machines
Shampoo Rental
$19.95/24 hrs.
(606) 783-0036
FREE SERVICE CHECK
135 Pinecrest Rd. • Morehead, KY

STOP SMOKING
WITH HYPNOSIS IN JUST 2 HOURS! WRITTEN GUARANTEE

Plain and Simple. With the extremely powerful techniques of the Sowder Method of Clinical Hypnosis, you can stop smoking tonight by seminar's end — not just cut down — but stop smoking permanently without cravings, without irritability, without weight gain or switch addiction! Thousands already have succeeded before you, and you will too. Parts right. Regardless of your past lives to quit, other programs, or whether you smoked for 5 or 50 years, this is designed so you never have to face the issue of smoking again. You will realize the wonderful state of physical and mental relaxation – always aware, in control.

Fred Sowder, C.Ht., is an author and top expert. He has already conducted nearly a thousand seminars in the U.S. Fred Sowder is regarded by many as the leading authority on behavioral modification hypnosis. Attend his famous stop smoking with hypnosis seminar. Be free of stress and tobacco forever and feel better than you have in years.

The complete seminar fee is only $39.95, and either cash or check is welcome.
Try it because it works! Bring Ad or Page to Seminar

MOREHEAD
Tuesday, January 25
11am till 1pm or 7pm till 9pm
RAMADA INN (formerly Holiday Inn)
1598 Flemingsburg Rd.
(Rt. 32 at I-64 exit 137)
Registration begins at the door
30 Minutes Beforehand

*STOP SMOKING GUARANTEE
Dear Friend, Even if you smoke as many as 3 packs a day, I promise this is designed so you can throw your cigs away, never to smoke it, I promise this is designed so you never have to face the issue of smoking again. You will realize the wonderful state of physical and mental relaxation – always aware, in control. In short, if you ever start smoking again, you'll be admitted absolutely FREE to any Sowder Stop Smoking Seminar. I only offer this guarantee because my technique works.
Sincerely, Fred Sowder

When I grow up, I want to be an animal doctor.

The high cost of college shouldn't stand in the way of a bright future. Find out about the program that's making it easier for Kentucky families to save:

- Earnings grow federal and state tax-deferred.
- Withdrawals are exempt from Kentucky state taxes when used to pay qualified higher education expenses.
- Funds can be used at virtually any accredited college or university nationwide.
- You can open an account with as little as $25.
- Savings in your account do not affect eligibility for Kentucky state financial aid.
- Investment management is provided by TIAA-CREF Tuition Financing, Inc., part of TIAA-CREF, a financial services leader.

KENTUCKY Education Savings Plan Trust
EDUCATION PAYS

Call toll free 1 877 KY TRUST
(1 877-598-7878)
or visit www.kentuckytrust.org

ATTENTION:
PARENTS & GRANDPARENTS
HAVE A VALENTINE FROM YOU TO EACH CHILD/GRANDCHILD PUBLISHED IN THE CARLISLE MERCURY
FEBRUARY 10TH
FOR
VALENTINE'S DAY

DEADLINE FRIDAY, FEBRUARY 4TH
Ages: Birth - 18 Years

CASH IN ADVANCE

(Actual Size Of Block Shown)

Bryce Kidd
Grandson of Mr. & Mrs. Ed Kidd of Floyd County and Mr. and Mrs. Estill Crisp of Morehead

$11 ONE BLOCK
$18 TWO BLOCKS
$23 THREE BLOCKS
Please, Only One Child Per Block (no exceptions)
(Actual Size Of Block Shown)

Not Just For Parents & Grandparents!

Enclose Return Address And Phone No. Please Print! Phone No. _____
Child's Name: _____
Parents/Grandparents: _____
Address: _____
Mail or Bring Photo, Name and Payment To:
CARLISLE MERCURY
113 S. LOCUST STREET
CARLISLE, KY 40311