

Obituaries

Lawrence Crouch 1915-2000

Lawrence Crouch, 84, of 1785 Radford Road, Sharpsburg, Kentucky died on Saturday, January 6, 2000 at Mary Childs Hospital in Mt. Sterling.

Charles P. "Pat" Dale 1933-2000

Charles P. "Pat" Dale, 66, of 5031 Mayville Road, Mt. Sterling, Kentucky died on January 9, 2000 in Carlisle, Kentucky.

David Edwin Darnall 1924-2000

David Edwin Darnall, 75, of 2010 Sugar Street, Salvisa, Kentucky died on Saturday, January 8, 2000 at his home in Carlisle, Kentucky.

Recent study discovered untreated thyroid deficiency affect the child's brain development.

INAPS—A recent study discovered untreated thyroid deficiency affect the child's brain development. Treatment of hypothyroidism simply involves taking a synthetic levothyroxine sodium tablet once a day.



Porter took the 1799 Salem-built schooner Cape Horn into the Pacific surpassing the British to destroy or take 14 ships there during the 1812 War.

LOOKING FOR A CHANGE? OWN YOUR OWN BUSINESS!!

A Franchise is available for Morehead



Curves for Women is the first to offer both, a state-of-the-art fitness facility & one-on-one weight loss guidance in one affordable program!

Curves Offers: QUICKFIT, a break through in fitness. A 30-minute circuit class, set to music, that does both strength training and aerobics at the same time.

QUICKFIT is the world's first 30-minute total workout & the #1 fat burning program.

OVER 1,800 LOCATIONS

FAST, FUN, FITNESS

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Christian Women's Club luncheon to be held

The Bourbon County Christian Women's Club invites all ladies in Bourbon and surrounding areas to a luncheon titled "Your Best Foot Forward".

The speaker for January is Carolyn Seifried and she is joining us from Seymour, Tennessee. Carolyn is a business officer manager and also a Medical Physical, dose.

Orrell to speak at Abundant Life

Larry Orrell of Nashville, Tennessee will be speaking at Abundant Life Worship Center, located on Paris Parkway, at Alverson Drive on Sunday, January 16th at 10:30 a.m. and 6:00 p.m.

More recently, Larry has joined forces with Terry Blackwood, who for many years was a vital part of the Imperials and "Andrus Blackwood and Company."

SMART TRENDS Anniversary Trends

Marlin Luther King Day: A Day On—Not A Day Off

INAPS—Rather than seeing it as a day off, an increasing number of people are using Marlin Luther King Day as a one-day day of community service honoring King's legacy.

The civil rights leader famous for his "I Have a Dream" speech has died. Everybody can be great because everybody can serve.

On August 3, 1964, President Lyndon Johnson signed the Civil Rights Act designed to transform Marlin Luther King Day into a day of service that reflects his life and teaching—bringing people together to serve others and breaking down the barriers that divide us as a nation.

The greatest birthday gift my husband could receive is if people of all racial and ethnic backgrounds celebrated the holiday by participating in acts of kindness through service to others.

This year, the holiday falls on January 17. On that day, thousands of Americans will honor King by renovating houses and schools, cleaning up neighborhoods and parks, organizing food drives, tutoring young people, and meeting other important community needs.

In life, King won many important battles in the struggle for civil rights. When he died, he was working on a bigger challenge—helping end poverty in our cities and giving a generation of young people hope and opportunity.

The King Day of Service is sponsored by the Corporation for National and Community Service, the Marlin Luther King Jr. Center for Nonviolence and the National Center for the Arts.

Memorials can be sent to the Salvisa Christian Church.

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Food Stamp disaster relief

Food bought with food stamp benefits can be replaced if it is destroyed or spoiled by disaster. The cabinet officials urged food stamp clients who have lost food in disasters or similar events to contact their local office of the Department for Community Based Services.

Officials of the Cabinet for Families and Children said today that households affected by such events as tornadoes, floods, fires and power outages can receive food replacements worth up to one month's allotment of their government food benefits.

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January 15, 2000 "Soul Food" Sale

Food is Sole Wesley Chapel C.M.E. Parsonage 114 N. Broadway Carlisle, KY 40311 11:00 a.m. - Until All Donations Accepted \$2.50 - \$5.00 Donations Exceed \$50.00

SPECIAL DENTURES

- 1. THE PALATELESS UPPER DENTURE
2. THE SNAP-ON-LOWER DENTURE
3. NO MORE PLAGGING
4. NO MORE CHANGING
5. NO MORE PLAGGING

YOU ARE WHAT YOU EAT! "It's better than the foods that are hard to eat."

As Low As \$595 Ballard Rogers, DMD 1510 Newman Pike, Suite 201 Lexington, KY 40511

Lab on Premier Soft Lined Dentures. Repair work you wait others. Financing available with approved credit.

FREE CONSULTATION Prices may vary with additional or different materials, techniques used or individual needs of patients.

Your Horoscope by Natasha

ARIES (March 21 to April 19) The week is likely to surprise you expecting the best and good news. Social life feedback from others that you'll be glad to definitely a time to mix and mingle.



Junior Whirl

THE PYRAMID OF WORD POWER FACTORS: An 8 green word factors at the bottom of the word pyramid by dropping one letter from each word you will have 34 words at each level up to a new word at the top.

Find the seven words puzzles in the word search. The words are: COLE, POPE, etc.

POPE: What happened to their... COLE: What happened to their...

Soap Updates ALL MY CHILDREN: Liz pulled back from "Stuart's" kiss when she realized he may actually be Adam. Erica accused Alexa of maliciously pushing David down the stairs, but David insisted he tripped and fell.

GENERAL HOSPITAL: Carly and a classmate, Sonny were finally freed from the stalled deviate and came face to face with Al. Roy and Jason were released from Polk county after Alexa came to the rescue. Mac gave Luke and Felicia one last chance to come clean about what happened in the bunker.

THE YOUNG AND THE RESTLESS: Nick's call prompted Paul to leave for the ranch. Chris was pleased to see her turn up for her date with Tomaz. Ryan warned Tricia against playing games with Tony. Al called the Victoria and hung up when the learned Victor wasn't back yet. Later, Victor called from New Mexico asking how to get in touch with Nikki. Michael was upset when Diane said she'd talked to Ashley about Victor. Michael was curious about Callie's continuing to postpone their wedding. Ryan learned Tricia had not been seeing her therapist. Mac called Billy on his insensitivity toward Paul. Wait to see Ramona is forced into a reluctant decision.

THE KEY TO GREAT SAVINGS AND PROFITS IS FOUND IN THE...

Home Baker makes Dean's List at Cumberland College

Cumberland College, located in Williamsburg, Kentucky, is a private liberal arts college with a 110th year of operation. Cumberland offers four undergraduate degrees in 34 major fields of study, 30 minors and nine pre-professional programs.

New reservation policy for Kentucky Parks

A new reservations policy is now in effect for Kentucky State Parks. The policy that went into effect on January 3, allows a guest to make a room reservation three years to the month in advance.

State Parks Guide published

The annual guide to Kentucky State Parks for 2000 is now available free for the asking. The 29-page booklet contains descriptions of all 49 Kentucky parks (and one interstate park), lists all major special events, outlines campground facilities, and provides accommodation room rates for the year.

The guide may be obtained by calling toll-free at 1-800-255-PARK, e-mailing State.Development@state.ky.gov or writing to the Department of Parks, 500 Marco Street, Frankfort, Kentucky 40601-1974.

web search

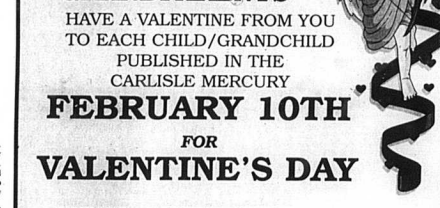
INAPS—A new website offers helpful information on crime and family safety and security. To learn more, visit www.familystreetusa.com.



Movies 9

THE HURRICANE, START LITTLE, THE GREEN MILE, etc.

ATTENTION: PARENTS & GRANDPARENTS HAVE A VALENTINE FROM YOU TO EACH CHILD/GRANDCHILD PUBLISHED IN THE CARLISLE MERCURY FEBRUARY 10TH FOR VALENTINE'S DAY



DEADLINE: FRIDAY, FEBRUARY 4TH Ages: Birth - 18 Years

\$11 ONE BLOCK \$18 TWO BLOCKS \$23 THREE BLOCKS Please, Only One Child Per Block (no exceptions) (Actual Size Of Block Shown)

CASH IN ADVANCE (Actual Size Of Block Shown)

Enclose Return Address And Phone No. Please Print Phone No. Child's Name: Parents/Grandparents: Address: Bryce Kidd Brandon of Mr. & Mrs. Eric Kidd, 1101 Floyd County and Mr. & Mrs. Essil Crisp of Morehead Not Just For Parents & Grandparents Mail or Bring Photo, Name and Payment to: CARLISLE MERCURY 113 S LOCUST STREET CARLISLE, KY 40301