Viewpoint

For what it's worth...

By: Elicha Insko

Buckle Up...

Just a couple of weeks ago the Kentucky State Police ran an editorial in our paper on child restraints. This was done to give parents a warning that they would be watching for children not restrained properly.

At times I have been guilty of this. Thinking, "Well I'm just going a block over and there is no way I'm going to have an accident." I'm sure it would be safe to say that many parents have done this from time to time.

So, I'm watching Dateline on Monday night and as their "consumer update" a family of five was involved in a 50 mph accident. They were hit in the side by another vehicle. The six-year-old child and her mother riding in the front were both killed. The three children in the back suffered not even a scratch. The children in the back were in car seats, and the little girl in the front had on a seatbelt.

This kind of tragedy may make a parent wonder what they have done wrong. How could you be the safest parent in the world and still not protect your child?

Dateline had a team of Philadelphia doctors that say parents are restraining their children, they just aren't doing it right. The doctors also say this is the leading public health problem.

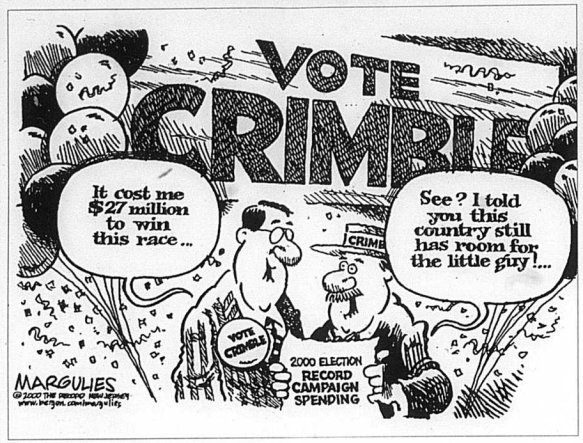
When I'm watching a show and learn that there are 1.3 million car crashes a year and 15% of children are injured, it makes you think about those few times you've said, "I'm just going to the store," and so you don't fool with a restraint.

The show also warned parents that you can use a car seat wrong by improper installment. The restraint should not be able to move, if it can then it's wrong. A study was done and out of 150 parents only five were fastening their car seats properly.

If you aren't sure if your child's car seat is installed properly then you can call your local State Police Post and they can direct you to someone who can help you. The doctors also said there are parents who think their children are big enough to just be in a seatbelt. You could be wrong. The six-year-old girl should have been in some type of a booster seat, instead of a regular seatbelt.

So my final two cents....

When we get lazy just remember that 2,000 children under 16 die in a car crash every year.



TWINS: Two is better than one

It's official.

The new grand-twins, due early in 2001, are one of each.

A boy and a girl.

That will bring my total grandchild count up to four boys and two girls, about enough of a head count to do me.

Beth will have the daughter she wants, and all I could ever ask is that the new baby girl turn out like her mother.

Grandchildren do not, as many non-grandparents assume, make you feel any older. It's quite the opposite.

Grandchildren will help keep you young, in spirit if not in body.

A recent Sunday with Holly Ann, now a first grader, separated from her rowdy brother and co-troublemaking partner Brad, was a low keyed pleasure, a sweet little girl instead of half of a non-stop noisy team of white-haired terrors.

Catching up on what a modern first grader has already learned in school is an eye opener, and both Holly and Brad have been named "Student of the Month" at the Ewing Elementary School. Older brother Brian, now in middle school, was recently selected for the All-State Choir.

Clay, the baby of the family, can count to 10.

And say "Poppy."

He won't be 2 years old until late March, and by then Clay will be the big brother to the new twins.

Beth and Matt will have literally have their hands full with three little ones.

I'd help, but they won't let me name the new babies.

I suggested George and Tammy, after my favorite country music duo, or Loretta and Conway as an alternate.

Maybe George and Gracie?

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Contact the author at garrybarker@netscape.net or visit www.angelfire.com/ky/barker

Head of the Holler

Garry Barker

Guest Columnist

My favorite radio personalities are Click and Clack, the tappet brothers, on NPR, but I won't even bother to suggest that option.

Or any others, for that matter. Naming of children is a job for parents only. When my own two were born, we politely ignored all suggestions, and I'm sure Beth and Matt will do the same.

Old family names often burden a good kid with a troublesome expectation, not to mention the jeers of his/her classmates and playmates, and frivolous names are even worse.

Of course, at a certain age, we all have the option of legally re-naming ourselves if we want.

I plan to keep mine, especially since I found out that the spelling, with two "r"s, is the old Scottish version. As in "Loch Garry," the lake pictured on the postcard Sharyn McCrumb sent me several years back. I haven't found an explanation for the spelling of her name, but I do still have my copy of one of her novels, just prior to printing, with her name spelled wrong.

It's ok with me, I reckon, if Beth and Matt name their own twins.

It's their loss.

Two of my lambs were named Buck and Becky.

Two of my brothers are Bobby and Billy.

I'm good, if only they'd turn me loose.

Nicholas County Menus

Week of December 11 -December 15, 2000

Elementary School

Breakfast

Monday, December 11- scrambled eggs, toast, cereal, jelly, juice, milk.

Tuesday, December 12- bacon/cheese, biscuit, cereal, jelly, juices, milk.

Wednesday, December 13- french toast sticks, syrup, cereal, toast, jelly, juice, milk.

Thursday, December 14- sausage and gravy, biscuit, cereal, toast, jelly, milk.

Friday, December 15- cereal, cinnamon toast, jelly, juice, milk.

Lunch

Monday, December 11- chicken o's, green beans, french fries, peaches, milk.

Tuesday, December 12- bologna/cheese sandwich, potato chips, pork n beans, banana, milk.

Wednesday, December 13- beef stew, slice bread, tossed salad, fruit, milk.

Thursday, December 14- Christmas Dinner, ham, yeast rolls, mashed potatoes, green beans, cranberry sauce, stuffing, ice cream, milk.

Friday, December 15- mini corn dogs, macaroni and cheese, mixed vegetables, fruit, milk.

High School

Breakfast

Monday, December 11- bacon, egg, cheese on bun or pop tart, milk, juice.

Tuesday, December 12- biscuits and gravy or pop tart, milk, juice.

Wednesday, December 13- sausage and biscuit or poptart, milk, juice.

Thursday, December 14- donuts or honey bun or poptart, milk, juice.

Friday, December 15- breakfast pizza or poptart, milk, juice.

Lunch

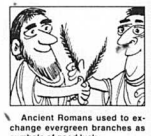
Monday, December 11- tacos, lettuce/tomato/cheese/ onions, salsa/sour cream, refried beans, corn, fruit,milk, tea, lemonade.

Tuesday, December 12- chicken nuggets, broccoli with cheese, cole slaw, fruit, milk, tea, lemonade.

Wednesday, December 13- pizza, corn, tossed salad, fruit, birthday cake, milk, tea, lemonade.

Thursday, December 14- Christmas Dinner, hame, mashed potatoes and gravy, green beans, rolls, fruit salad,milk, tea, lemonade.

Friday, December 15- footlong chili dog, relish/onions/cheese, french fries, baked beans, fruit, milk, tea, lemonade.



Ancient Romans used to exchange evergreen branches as symbols of good luck.

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Council Members
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Tommy Vaughn
Libby Earlywine
Betty Barton
Charlie Fay
Cartmill Lester

SCHOOL BOARD MEMBERS
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Charles Ring
Donna Mattox
Mona Vice
Sherry Uptegraft

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Charles Ring
Clyde Miller

Jailer
Billy Mac Gaunce

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Hamilton, Massey lead Nicholas Co. over Augusta

Lady Jackets net first win

The Lady Jackets meet with coachNikki Smoot during a recent game in Carlisle.

Denver Brown photo

By DENVER BROWN
Sports Editor

Ashley Hamilton and Whitney Massey combined for 27 points as the Nicholas County Lady Jackets varsity basketball team rolled to its first win of the season — a 57-25 win last Thursday over Augusta.

The 32-point triumph came in front of the home crowd for the Lady Jackets and it was first-year Head Coach Nikki Smoot's inaugural victory with the whistle.

Leading just 22-17 at the break, Nicholas County put it to Augusta in the second half. A dozen of sophomore center Jenny Hunter each scored two points.

Grimes also grabbed eight boards and Howard muscled down six rebounds.

Howard dished four assists.

The wave of offense the Lady Jackets rode in the second half of their win over Augusta did not carry them very far in Maysville this week. Hosting St. Pat's won 47-31 as Nicholas County's scoring stalled.

"We just did not execute our offense very well," Smoot said. "We didn't play as well as we did last week."

The Lady 'Jackets were plagued by 25 turnovers and only managed to score 12 points in the first half.

Howard led Nicholas County with 12 points and Massey added six. Dale finished with four, Hamilton had three and Grimes, Treadway and Ashtine Howard each put in two.

Massey grabbed eight rebounds, Hamilton took seven, Heather Howard six and Treadway four.

Massey handed out four assists and Grimes recorded three steals.

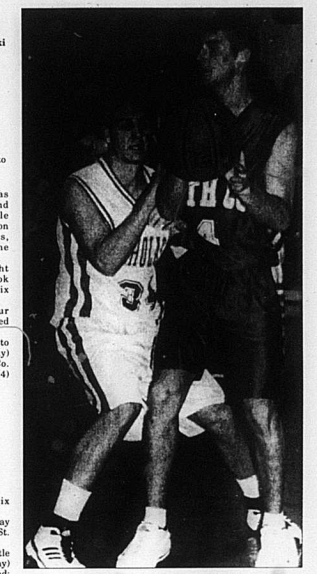
The varsity club travels to Frankfort tonight (Thursday) and then hosts Fleming Co. (Dec. 11), Estill Co. (Dec. 14) and Menifee Co. (Dec. 18).

Hamilton's game-high 14 points came in the third and fourth quarters.

"We really came out and attacked them in the third quarter," Smoot told *The Carlisle Mercury*. "The girls did a great job pushing the ball up floor — our defense picked up the intensity and we held them to scoring just two points in the third."

Nicholas County (1-3) outscored the visitors 19-2 in the game-deciding third period.

Massey, a senior guard, finished with 13 points and eight rebounds for Smoot's crew. Senior forward Heather Howard and sophomore guard Courtney Dale each connected for six points. Kari Beth Stacy and Heather Treadway each found the hoop for five points and Beth Grimes, Jenci Smith, Tabitha Fryman and



Denver Brown photo

D-E-F-E-N-S-E!

Jacob Broderick of the Nicholas County High School Jackets applies defensive pressure during a recent basketball game in Carlisle. Nicholas County is yet to win its first contest.

4th quarter offensive explosion leads JV Lady 'Jackets to victory

By DENVER BROWN
Sports Editor

The Nicholas County junior varsity Lady Jackets romped for 20 points in the closing quarter of Monday night's matchup with Maysville St. Patrick in Mason County to pick up their first win of the season.

The visiting Lady Jackets won 43-31.

"We scored 20 points in that final period to get the win," Coach Alicia Hughes told *The Carlisle Mercury*. "And our defense really picked up in the final minutes for us to pull away and win."

Nicholas County had to battle back from deficits at halftime (17-13) and after the third quarter (26-23) to rack up the win.

Freshman guard Kari Beth Stacy led the Lady 'Jackets with a game-high 10 points - but Hughes' club combined for a total team scoring effort.

Heather Treadway put in nine points, Jenny Hunter added eight, Whitney Gray had five and Ashtine Howard finished with four. Jennifer Amburgey, Tabitha Fryman and Kellie Roberts each chipped in a basket. Ashley Whalen completed the scoring with a free throw.

Gray grabbed a team-best six rebounds.

Stacy dished five assists and Treadway snagged a half-dozen steals from the St. Pat ball handlers.

The junior varsity Lady 'Jackets battle Frankfort on the road tonight (Thursday) and then begin a three-game home stand: Fleming Co. on Monday, Dec. 11; Estill Co. comes to Carlisle Thursday, Dec. 14 and Menifee Co. visits on Monday, Dec. 18. All jv action tips off at 6 p.m. - prior to the varsity Lady Jackets' action at 7:30 p.m.

Thinking Ahead

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