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Lambert enters basic training

Army National Guard Pvt. Emily N. Lambert has entered basic military training at Fort Jackson, Columbia, S.C.

During the eight weeks of training, the soldier will study and receive instruction in drill and ceremonies, weapons, map reading, tactics, military courtesy, military justice, physical fitness, first aid, Army history

Nicholas County has a great time at Rotary Club Turkey Bingo

AND THE WINNERS ARE... Top right: Brenda Hughes and her best daughter Alexander Ross took home a nice box, turkey, and a U.K. blanket. Bottom left: Lela Gales with her winning turkey. Bottom right: Sue Lester with the Thanksgiving Turkey.



PHOTOS BY JIMMY TORRES THE CARLSLE MERCURY

Livingood's on Who's Who

Karen, Livingood, a senior at Georgetown College and the daughter of Henry and Bonnie Livingood of Carlisle, KY, was recently named to the 200 edition of *Who's Who Among Students in American Universities and Colleges*.

Thirty-five students from Georgetown College were selected as national outstanding campus leaders based on their academic achievement, service to the community,

and traditions, and special training in human relations. Livingood is the daughter of Judith E. Lambert of 318 W. Sun St., Morehead, Kentucky, and Gary E. Lambert of 54 Owens Road S., Clearfield, Kentucky.

She is a 1994 graduate of Rowan Senior High School, Morehead.

leadership in the extracurricular activities and potential for continued success.

These 35 students join an elite group of students selected from more than 2,300 institutions of higher learning in all 50 states, the District of Columbia and territories and nations. Outstanding students have been honored in the annual directory since it was first published in 1934.

SALTWELL NEWS

By Mrs. Jeff Mattox

Mr. Lane Hollar and Lois Mitchell attended the 60th birthday party of Mr. Rocky Bland on Sunday. A large group of family and friends were present to celebrate at the Agricultural Park in Bourbon County.

Mr. Lella Hollar underwent eye surgery at St. Joseph Hospital in Lexington on Tuesday. She returned to the Eagle Creek Clinic on Friday for a check-up.

Mrs. Debbie Hollar and Mrs. Tracy Allison held a baby shower at the home of Mrs. Allison on Sunday for Mr. and Mrs. Mike Sowell who are expecting a new baby in December.

Mrs. Opal Gaunce recently purchased a home in Carlisle where she now resides. Our community will miss her but extend best wishes at her new residence.

Mrs. Jeff Mattox and children Amanda, Jonathan, Anna Marie and Jessica spent the weekend in Louisville visiting family. They also attended the Riedley family reunion on Sunday at the former home of Mr. and Mrs. Willie E. Riedley.

Tracy and John Lee Allison visited with Mr. and Mrs. Gary Hollar one day this week.

Mrs. Phyllis Brady visited Maxine Whitson, Brenda Nolen, Margie Fryman all of Cynthiana the past week.

Mrs. Bobby Brady attended a Thanksgiving dinner at Mr. and Mrs. Fred Whitson's, Cynthiana, on Sunday.

Charles Neal Franklin and others visited Bobby Brady at the farm several days the past week.

Mrs. Ramona George, Mrs. Phyllis Brady and Mrs. Debbie Hollar and others attended a baby shower for Stephanie and

Did You Know?

(NAPS)—A new dryer sheet, called Downy Premium Care, helps reduce wrinkles so clothes can be ready-to-wear straight from the dryer.

Shop the classifieds

Palm & Card Readings
by Tina
PAST, PRESENT & FUTURE
606-784-1329
SPECIAL \$10.00 READING
Northend, KY
USA & MASTERCARD ACCEPTED

By Gof!
I've spotted a clue in the Classifieds!

CARPET - CARPET - CARPET
The Lowest Priced Building Product...
Take Advantage of this Now!
Noon Til 9 Carpet Maysville, Kentucky has over 300 rolls of carpet left from a 2 trailer load sale at the Ramada Inn.

It's plain and simple - They are going to leave here immediately. Here's the deal - You buy a 12x12 carpet for \$97.00 & you receive a 12x12 carpet FREE! You purchase a 12x15 berber or plush carpet for \$196.00 and you receive a 12x12 carpet free! This is the only way to get them out of here. Now think about it - your could conceivably buy 4 rooms of carpet at Noon Til 9 Carpet for \$194.00.

Nobody - Nope - Nobody will sell you carpet or vinyl for less. We buy our own, haul our own, sell our own, install our own.

3 SETS OF INSTALLERS AVAILABLE DAILY.
Heavy Commercial 3.87 • Heavy Berber 5.85
Heavy Plush 5.87

TAKE 90 FULL DAYS - SAME AS CASH!

We purchased 400 rolls of 1/2" rebond pad, 8 Lb. Density. A blow out at \$7.00 per roll.

New Hours: 9:00 a.m. - 7:30 p.m. • 606-561-0041
NOON TIL 9 CARPET
911 Fleming Road
"We Want To Carpet Every Home In America & It Starts With You!"

Our Holiday Gift To You and Your Family

FREE EYE EXAMS
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Please present this ad at any of our four locations at time of examination.
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VISION FOR LESS

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Is now open in the Colony Shoppe's, Mt. Sterling
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Christmas Open House
at
BLUE LICKS BATTLEFIELD STATE RESORT PARK
Gift Shop & Museum
Saturday, November 27th, 1999
9 AM-3 PM
Free Admission
Free Personalized Christmas Ornament
With A \$20.00 Purchase!

FACES OF THE WEEK

The Carlsle Mercury's Selection of Notable Citizens

What are you thankful for this Thanksgiving Season?

All my children will be home for Thanksgiving.

Shorty and Peggy Thompson Abshfield

I'm thankful to be alive.

Donald Keeton Bartlett Rd

I'm thankful for daddy and all the good food.

Scott Keeton Bartlett Rd

A family is healthy to have a good dinner and make up every morning.

Steve Hamilton Jackson

I'm thankful for my health and family and all the wonderful people who make up our community.

Larry Litcher

(NAPS)—Congestive heart failure (CHF) patients now have their vital signs read daily from the comfort of their homes—and they can do it themselves.

CHF refers to a condition when the entire heart, due to disease or mechanical fault in the valves, is not working effectively and the pumping action of the organ becomes inefficient. Symptoms may include breathlessness, fatigue, swelling of the lower extremities, loss of appetite, and wasting of the arm and leg muscles.

According to the American Heart Association, CHF affects more than five million people in the U.S. alone. Approximately 45 percent of all CHF patients return to the hospital within 30 days of discharge, and more than 250,000 will die from CHF this year.

The HomMed Monitoring System, developed by HomMed LLC, is a patient-friendly, cost-effective way of monitoring CHF patients in the comfort of their homes. Along with adherence to diet, medication and lifestyle changes, the system can have a dramatic effect on this rapidly growing disease. The system is simple for patients to use and costs as little as \$6 per patient per day.

Unlike other home monitoring systems, the HomMed Monitoring System collects true clinical data on the patient's condition using two main components. The HomMed Sentry, which collects and transmits data from the patient, and the HomMed Observer, which receives the data, store and presents it to clinical personnel.

- Decrease readmission rates;
- Reduce or eliminate hospital visits;
- Reduce hospital and HMO costs;
- Maintain the patient in a comfortable lifestyle at home; and,
- Provide the patient's family with an increased sense of comfort and security.

Identifying potential problems. More than just tracking a patient, the Observer also establishes an intervention system to immediately identify and respond to problems associated with CHF. Alarm parameters are set up for each vital sign and, if any sign falls outside those parameters, the clinician is notified immediately upon data transmission by a flashing red alert with the patient's reading.

The HomMed System goes beyond the simple question-and-answer sessions currently available—our system provides real clinical data," said Herschel (Buzzi) Pedford, president/CEO of HomMed. "We have developed perhaps the most clinically effective way to manage CHF patients at home, and at the lowest cost."

HomMed LLC, a leader in home monitoring for disease management, is headquartered in Brookfield, Wisconsin. For more information, visit the company's website at www.hommed.com.

Just In Time For Christmas

We Have Items At...
40%
50% 60%
70% Off

Example of Savings at 70% Off

Retail Price	\$500
You Save	350
Only Pay	\$150

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For 1, 2 and 3 Bedroom Apartments
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T&E's Fine Jewelry Is Offering For Immediate Liquidation To The Public Its Entire Inventory Of Fine Jewelry and Giftware

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In order to accomplish this, I am offering my entire inventory of fine jewelry, colored stone jewelry and gifts at a unheard of savings during our huge Store Closing Sale.

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*APY (Annual Percentage Yield) accurate as of 11-15-99; other restrictions may apply

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