

School Menus

Nicholas County Elementary School Menus

Monday May 11, 1998
Lunch: Pizza, Tossed Salad, French Onion Soup
Breakfast: Bananas and Raisins or Cereal, Milk

Tuesday May 12, Lunch
Hamburger - on Bun, French Onion Soup, Potato, French Fries, Milk
Breakfast: Scrambled Eggs, Toast and Jelly or Cereal, Milk

Wednesday May 13, Lunch
French Fry, Chicken, Green Beans, Tully, Mash, Potato, Baked Apple, Milk
Breakfast: Cereal, Milk

Thursday May 14, Lunch
Spaghetti, Meat Sauce, Jumbo Soft, Garlic Bread, Orange Juice
Breakfast: Donuts or Fruit and Cereal, Milk

Friday May 15, Lunch
Hot Dog, Bun, Beans, French Fries, Peas, Mayonnaise
Breakfast: Breakfast Fruit and Cereal, Milk

Alternatives to spanking may encourage a child's future

Teaching children the correct way to act and then encouraging that behavior with praise will eliminate inappropriate actions, says a child psychologist.

The doctor goes on to say that children who are spanked tend to act in a violent nature towards friends, pets and siblings, their own children in the future.

You may ask the question, 'What else can I do?' Heavens, says there are alternatives to spanking, and the Kentucky Council on Child Abuse offers a list of positive forms of discipline, including a loss of privileges, grounding, expressing disappointment in the undesirable behavior and time-out.

Heavens says that even though many parents today were spanked as children, that does not make it a good form of discipline and parents should avoid the many alternatives before punishing their child.

newsworthy trends

Consumers: Consumers Simply Love Them

SNAPS—if you didn't think coupons were beloved by consumers, this story may change your mind.

In January 1996, a major corporation with a wide range of grocery and household products announced plans to test the elimination of coupons in several New York State markets.

The public outcry was so strong against the concept that a month later, a state legislator sponsored a campaign to halt the test. In March of 1996, New York's Attorney General launched an antitrust probe into the firm, prying and marketing tactics, as well as those of ten other similar companies.

Consumers in New York State—young and old, male and female, rich and poor—reacted powerfully to the prospect of loss.

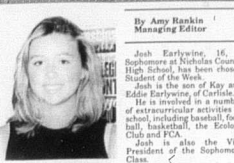
By the spring of 1997, the test was ended. That fall, the company announced it would continue to distribute about \$4.2 million worth of coupons.

It's obvious that consumers love, and coupon-using families grocery product manufacturers should love.

YOUNG FARM MACHINERY
From Mercedes - Pennington Road 508 200 turn right across from Chrysler Dealer - (606) 840-2677

SELLING OUT SALE ALL PROM GOWNS WEDDING DRESS VEILS, BRIDESMAID & PAGEANT GOWNS & PAGEANT GOWNS
All Accessories...
REDUCED!!! REDUCED!!!
Satin & Lace
17 South Main Street, Winchester 606/744-8591

Students of the Week



Ashley VanMeter

Monday May 11, 1998
Lunch: Chicken Nuggies, French Onion Soup, Potato, French Fries, Milk
Breakfast: Bananas and Raisins or Cereal, Milk

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Hamburger - on Bun, French Onion Soup, Potato, French Fries, Milk
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Lexington church to host special event

Porter Memorial is presenting "What's in a Name" featuring living pictures on May 10, 11, 12, 13 & 14 at 7:00 P.M. Free presentation, 4300 Ruffin, Lexington, KY. Call (606) 272-3444 for information.

Lindsay Wilson College approves graduate program in education

The Lindsay Wilson College Board of Trustees approved today an additional graduate program in education.

The 30-hour program in curriculum and instruction, which will begin this fall, is designed for students who hold a master's degree, teachers working on their 1 certification, and business people who are involved in continuing education programs.

It is the second master's program added at Lindsay Wilson. The first, a program in counseling and human development was launched in 1992.

Lindsay Wilson's graduate program is built on the college's teacher-education program, one of Kentucky's strongest. Undergraduate programs recently were recognized for meeting 90 percent of the Kentucky Department of Education's accreditation requirements.

The new Lindsay Wilson program will be an undergraduate quality-point average of at least 2.75 on a 4.0 scale for the last 60 hours attempted. Three letters of recommendation and an interview with a member of the Education's accreditation are required.

The new Lindsay Wilson program is accredited through the Kentucky Department of Education. Education, Brown said, is another strength of the college.

JUDY DRIVE-IN

606-498-4113
MAY 8 - 10th
Feature #1 DEEP IMPACT
Starring Tea Leoni, Elijah Wood, Vanessa Redgrave, Robert DuVall & Morgan Freeman

Feature #2 TWILIGHT
Starring Paul Newman, Susan Sarandon & Gene Hackman

Showtimes: 8:40 P.M.

Letter To Parents:

The N.C.E.S. P.T.A. will hold the election for the parent members of the Nicholas County Elementary SBDM School Council members on May 19, 1998 at N.C.E.S. at 6:7 pm. A nomination form is attached to this notice.

What is the school council?

The council is the governing body for the school. It determines school policy for curriculum, staffing, discipline, scheduling, instructional practices, extra curricular activities and all other matters pertinent to the operation of the school. The school council meets the first Wednesday of each month at 5:30 p.m. in the Elementary School Library.

Who serves on the council?

2 Parents, 3 teachers and the principal.

Who may run for council?
Any parent, step-parent, foster parent or legal guardian of a student who will be attending the school during the parent's term of office. A parent is ineligible if he/she is a school district employee, a relative of a school district employee, a local school board member or a spouse of the school board member.

What are the terms of office?

Those elected will serve until June 30, 1999.
How will I know who is running for council?
The slate of nominees will be sent home with students.

If I want to run for the council, what do I do?

Complete the attached nomination form and return it by May 14, 1998. You may nominate yourself or another parent, if you have the parent's consent. Nominations from the floor will not be permitted. Nominations must be by 3:00 p.m. on May 14, 1998.

Who may vote in the election?

Parents, step-parents, foster parents, legal guardians of students attending Nicholas County Elementary for the 1998-1999 school year.

When do we vote?
Voting will take place from 6-7 pm at the Nicholas County Elementary cafeteria on May 19, 1998.

Two parent ballots will be elected to serve on the council. There will be separate ballots allowed. Absentee ballots must be in by May 19, 1998.

Parents May Nominate Themselves or Another Parent!

Name of Nominee _____ Date: _____

Address: _____

Name of (Children enrolled in Nicholas County Elementary): _____

I accept this nomination and hereby certify that I am eligible to serve on this council and meet all qualifications as described above.

Signature of Nominee: _____

Date: _____

BUTCH AND DOUGIE BY ALEX HOWELL

THE CARLEISE MERCURY

Your Horoscope by Natasha

ARIES (March 21 to April 19)
You're serious-minded and can't get things done this week. In some ways or another, things could get off on a bad. Take heart, your judgment in money matters is sharp.

TARDELS (April 20 to May 20)
You have a better time in staying in one place. Preoccupations are both, but the 'carriage' partners, women just get your sounding board for now.

LIBRA (September 23 to October 23)
You're generous with family and you bring out the best in those you care for. Lying plans have family and friends. It's a good weekend for romance and visits with children.

GEMINI (May 21 to June 20)
Some serious matters early in the week. A responsibility in connection with a partnership could arise. However, try not to spread yourself too thin. You're not a workaholic.

CANCER (June 21 to July 21)
Although there could be some trouble with higher-ups, you're proud of your achievements in the actual carrying out of tasks. Good and good will will look over this week.

LEO (July 23 to August 23)
You're shopping off this week. Are you simply trying to get by? Or are you trying to save? Or are you trying to save? Or are you trying to save? Or are you trying to save?

SCORPIO (October 23 to November 21)
Budgets should prevail over everything. Neither you nor a partner seems to want to give up positions of authority. Keep your eyes on the prize.

NOVEMBER 21 to DECEMBER 21
You're serious-minded and can't get things done this week. In some ways or another, things could get off on a bad. Take heart, your judgment in money matters is sharp.

DECEMBER 21 to JANUARY 21
You're serious-minded and can't get things done this week. In some ways or another, things could get off on a bad. Take heart, your judgment in money matters is sharp.

ACROSS

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Junior Whirl

by Charles Barry Townsend

THE ARTS IN THE PANTS!

What's in the pants? Well, the word 'PANTS' is in the dictionary. So are two words that contain these three letters:

1. What's a ghost done?
2. A ghost's name.
3. A ghost's name.
4. A ghost's name.
5. A ghost's name.
6. A ghost's name.
7. A ghost's name.
8. The ghost's name.
9. The ghost's name.
10. The ghost's name.

WORD SEARCH: Find the words in the puzzle.

R.F.D. BY MIKE MARLAND

Soap Updates

GENERAL HOSPITAL: Helena stepped back after catching him with Luke's kissing gloves. Before Luke could react, Luke's mother, who had been watching from the shadows, stepped in and pulled Luke away. Helena was unable to get any sense out of Luke. She was angry at Luke for not telling her about his affair with her sister. Helena was angry at Luke for not telling her about his affair with her sister. Helena was angry at Luke for not telling her about his affair with her sister.

ONE LIFE TO LIVE: A drunk Nick Lane, shaking his head, came into the house and found the man in the white shirt in the kitchen. Nick Lane was angry at Luke for not telling her about his affair with her sister. Nick Lane was angry at Luke for not telling her about his affair with her sister.

THE BOLD AND THE BEAUTIFUL: Sheila was angry at Luke for not telling her about his affair with her sister. Sheila was angry at Luke for not telling her about his affair with her sister.

THE NERD: Helena was angry at Luke for not telling her about his affair with her sister. Helena was angry at Luke for not telling her about his affair with her sister.

THE WALKER: Helena was angry at Luke for not telling her about his affair with her sister. Helena was angry at Luke for not telling her about his affair with her sister.

THE TALKING SHOPS: Helena was angry at Luke for not telling her about his affair with her sister. Helena was angry at Luke for not telling her about his affair with her sister.

THE GUNNERS: Helena was angry at Luke for not telling her about his affair with her sister. Helena was angry at Luke for not telling her about his affair with her sister.