

# Saltwell News

**By Mrs. Fred Hollar**

Mrs. Gary Pirthe and son Gale of Henderson spent Wednesday night with her grandmother Mrs. Nell Gaunce.

Header and Tracy Cain of Fenderstar spent Thursday night with Lois Mitchell and Lyle Hillier.

Mrs. Howard Allen Jr. of Carlisle attended Central Baptist Hospital in Lexington early last week and underwent surgery there. She remains a patient there but is recovering nicely.

Everyone enjoyed the watch night services at the Headquarter's Church and Roger Hill's Church on Tuesday night.

Mrs. Brenda Spang of Carlisle spent Sunday with Mrs. Betty Spang.

Martha and Daley Kennedy were Sunday dinner guests of Mrs. and Mrs. Herbert Blakeman and family. Honoring Penny Miller's birthday. Mr. and Mrs. Raymond Kennedy were also dinner guests.

Mr. and Mrs. Frank McCoy were in Lexington on Monday when he underwent arm surgery at Humana Hospital the past week and Howard Livingston Jr. is a patient of St. Joseph Hospital at Columbus Hospital. Howard will remain for further treatment.

Layne Hillier and Mrs. Mitchell visited with Mr. and Mrs. Fred Hollar on Saturday night.

Fun and Tracy Allison and John Lee were Saturday supper

# Deaths

**WASHINGTON**

**CARLISLE**—Janice H. Washington, 69, wife of Harold M. Carlisle, died Sunday at the Hospice Center with Friends Bill and Donna Jackson, sons Collin and Alex Pringolds, all of Oxandale, Calif.

While there, he visited Los Angeles, Beverly Hills, and visited at Malibu Beach and visited several places of interest before returning home Jan. 5.

Max Inan, son of Vickie Roberts, spent Christmasbreak and New Year with friends Bill and Donna Jackson, sons Collin and Alex Pringolds, all of Oxandale, Calif.

While there, he visited Los Angeles, Beverly Hills, and visited at Malibu Beach and visited several places of interest before returning home Jan. 5.

# Pastor's Pen

**By The Rev. Kevin Thomas**

**First Baptist Church**

Have a Healthy New Year! I can tell it is the New Year. You ask me how I know? Two words: Exercise! equipment! The beginning of a new year has many significant meanings for many people, but for most Americans it calls forth this insatiable desire to do something drastic. Most people will at least consider getting in better shape, and will go off to war to fight the "battle of the bulge."

And yet, there are many who are not doing it. They are buying it. The irony of it all is this. While most of us have this deep rooted desire to do something drastic to improve our physical condition, how many of us consider the importance of improving our spiritual condition?

The new year really should bring about worthwhile expressions of bettering ourselves. It is a time for putting off old and unworthy things, and putting on new disciplines and commitments.

During the course, students were taught launcher operation and traversing of the launcher. They also were taught communications for sending and receiving firing information.

Clarence L. Compton of 112 Pickwick St. and Rosemary Compton of 200 N. Broadway, both of Carlisle, were the privates in a 1996 graduate of Nicholas County High School.

# Medio

**Continued from Page 2**

interests in metropolitan newspapers, broadcast and cable television, the acquisition of information systems.

Ryan said the deal is for the exchange of shares of certain Park properties.

The largest of these realizations is the exchange of the Park television station, WTVB in Richmond for two other stations network affiliates in Savannah, Ga. and Jackson, Miss.

A condition of the Federal Communications Commission's approval of the transfer was the divestiture of WTVB within a year because Media General owns Richmond's major daily newspaper, The Richmond Times-Dispatch.

And a series of newspaper sales, trades and purchases are part of the Park acquisition.

Nicholas man dies of microwave electrocution

A Nicholas County man died Sunday, apparently from the heat of the microwave oven he was using to heat a meal.

According to the Lexington Herald, Charles Clinton, 37, of the town of Nicholas County, died Sunday.

Clinton was found dead in his kitchen, having been electrocuted by a microwave oven.

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# Medio

Forty-three papers will be sold for approximately \$107 million to Community Newspaper Holdings Inc. of Lexington, and offer further possibilities in our core Southeastern market," said Ryan.

The publications are located in and around Clinton and Anderson, N.C.; Sapulpa and McAlester, Ok.; Dowell, Laha, N.D.; Burley, Idaho; Jefferson and Plymouth, Md.; Pittsburg and Macon, Ill.; Lockport and Medina, N.Y. and Warner, Va.

When the transactions are complete, Media General will operate a total of 20 daily newspapers in the Southeast including the 10 dailies it currently owns in the region along with a number of weekly and periodical publications.

We are enthusiastic about these transactions which will allow us to exit the Northeast.

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# Medio

Two Nicholas County women have been arrested and charged with receiving stolen property in an incident at the home of Robert Sumner Jr. of Short Stoney Creek Road.

Angela Sexton and her sister, Ginger Sexton, are accused of stealing nine firearms from Sumner.

Reportedly, Ginger Sexton may unknowingly be involved in the criminal activity. Law enforcement said it is possible she was sold by her sister that they were going to buy a claim of \$500 reward offered for information about the stolen weapons.

Mercury got its information from the Herald. He said the applicant was unemployed when he was arrested.

Tami Brunker Yastel, wife of

# Medio

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# School menus for Jan. 13-17

- Nicholas County Elementary School**
- BREAKFAST K-4**
- Monday, Jan. 13, 1997  
Sausage/Biscuit or Cereal/Toast/Jelly, Milk/Juice
- Tuesday, Jan. 14  
Donuts or Cereal/Toast/Jelly, Milk/Juice
- Wednesday, Jan. 15  
Breakfast Pizza or Cereal/Toast/Jelly, Milk/Juice
- Thursday, Jan. 16  
Eggs Cheese/Bun or Cereal/Toast/Jelly, Milk/Juice
- Friday, Jan. 17  
Frap/Biscuits or Cereal/Toast/Jelly, Milk/Juice
- BREAKFAST 5-8**
- Monday, Jan. 13, 1997  
Milk/Juice
- Tuesday, Jan. 14  
Donuts or Rice Krispies, Milk/Juice
- Wednesday, Jan. 15  
Breakfast Pizza or Power All Bar, Milk/Juice
- Thursday, Jan. 16  
Eggs Cheese/Bun or Power All Bar, Milk/Juice
- Friday, Jan. 17  
Apple Turnover or Power All Bar, Milk/Juice
- LUNCH**
- Monday, Jan. 13, 1997  
Chicken Patty on Bun, Braised Potatoes, Broccoli, Fruit, Brownie, Milk
- Tuesday, Jan. 14  
Taco Supreme, Shredded Lettuce/Tomato/Cheese, Bread Slice, Buttered Corn, Fruit, Milk
- Wednesday, Jan. 15  
Ham, California Bread, Mashed Potatoes, Rolls, Fruit, Jelly, Milk
- Thursday, Jan. 16  
Spaghetti with Cheese, Tossed Salad, Garlic Bread, Fruit, Cake, Milk

# Reed-Flora to wed

Cheryl A. Reed of 140 Oriole Street and Allen L. Flora of 951 Buffalo Trace Rd. are proud to announce their forthcoming marriage.

The wedding will take place Jan. 25, 1997 at 6:30 p.m. at the headquarters of United Methodist Church at Headquarters-Saltwell Rd.

Reception immediately following the ceremony at the Carlisle Old Jail Main Street. All friends are welcome.

# Dr. Archer talks tinnitus

The following article is presented as a public service to Nicholas County from Sanford Archer, M.D.

**Friday, Jan. 17**  
Chills/fevers, ear ringing, dizziness, tinnitus, hearing loss, diabetes, head or neck injuries can also cause cases of tinnitus.

Tinnitus is an absolute rite to go by when tinnitus occurs. Usually, if the problem is serious, the tinnitus is accompanied by other symptoms.

Even those who identify a ringing in their ears, most are unaware of the association with exposure to loud noises.

However, if you are one of a few people who suffer from persistent or long episodes of tinnitus, you may have good reason to be concerned. Tinnitus may be a warning sign of a much more serious condition.

Loud noise, as expected, is most often the cause of tinnitus. Unless there is prolonged exposure to loud sounds, this type of ringing is usually only a temporary problem.

Another cause of ear ringing may be a small plug of wax deep in the ear canal that is rarely removed and relieves the annoyance.

But tinnitus can be a symptom of something more serious, a middle ear problem or even a hole in the eardrum. These problems should be treated by a doctor.

# Need Instant Cash?

**LET US HOLD YOUR CHECK UNTIL PAYDAY OR CASH YOUR PAYROLL CHECK!**

Call The Price Group at (606) 784-9125  
151 East Main State A (Above Study Master), Morehead, KY

# Hospital Notes

**Johnston Mathers Health Care**

Admissions and Discharges Dec. 19 through Dec. 31, 1996

**ADMISSIONS**

Carlisle-Mildred Adams, Roy Farland, Marguerite Eton, Elva Davis, Amy Bowles, Clevie Livingston, Raymond Sadler, Lizzie Radtke, Samantha Hunt, Ernie Hill, Mary C. Curtis, Patricia Gages, Velma Childs, Sadee Hazel Moore, Carol Wickes, Gregory Myers, Lola Rich, Mark Terrell, Sally Ashary, Vernon Willoughby, Pearl Campbell, Cheryl Frightmaster, Ludena Foster.

**Discharges**

Robert E. Curtis, Robert W. Curtis, Millersburg, Bessie Crump, M. Oliver, Stanley Crump, Ruth Mullikin, Ruby Stewart.

# Part-time Activity Director

Harrison Memorial Hospital in Cynthiana, KY has an immediate opening for a part-time Activity Director in its new Subacute Unit. Certification or degree preferred - experience may be considered in lieu of certification or degree. Qualified candidates may send a resume by fax or mail to:

Harrison Memorial Hospital  
Director of Human Resources  
P.O. Box 250  
Cynthiana, KY 41031  
(606) 234-2300, ext. 302  
FAX (606) 234-3517  
EQUAL OPPORTUNITY EMPLOYER

# Supper is Super at Jerry's

Supper is Super at Jerry's "Friday Night" LAMB FRIES \$6.25

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# Berry's BP Service Station

**Berry's BP Service Station**

More Over Stocked On Tires!

10% Off Total Price Of All Passenger Tires In 1997

January 9, 1997

Through January 18, 1997

Supper is Super at Jerry's "Friday Night" LAMB FRIES \$6.25

# Physical Therapy Center of Grayson

**WHAT IS THE EDUCATIONAL PREPARATIONS FOR PHYSICAL THERAPIST?**

This is not a question answered easily or correctly by most individuals in today's society.

Physical therapists are college graduates with such pre-requisite classes as chemistry, biology, physics, statistics, anatomy, English, professional writing and humanities. Once they have completed a well-rounded basic college education, it is time for them to apply to enter an educational program in physical therapy.

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# Richard Jett announces 1997 vacation tours

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Richard Jett has made complete arrangements for many fun-filled, low cost, vacation excursions throughout Southeastern America for 1997, and you are invited to join the good-times and excitement. Many of these tours make good stops in or near Carlisle, Nicholas County area.

The schedule for these adventures are listed as follows:

Feb. 25-26, Ky-Tenn Basketball game in Knoxville, March 22-23 & March 29-30 - Grand Ole Opry, May 12-17, New Orleans, Deep South, Cajun Country, June 14 - Day Trip - Dinosaur World, June 23-27 - Branson, Mo.; July 8-9 - Canyon, Las Vegas, Rocky Mountain, July 21-23 - Dollywood, General Jackson, Aug. 4-8 - Branson, Mo.; Aug. 10-11 - Niagara Falls and Canada, Polar Bear Wilderness Express, Aug. 22, Ky State Fair, Oct. 16-19 - Tri-State Fall Foliage Tour, Nov. 1-2 and 8-9 - Grand Ole Opry, Dec. 1-7 - Ky-Indiana Basketball Game, and Dec. 13-15 - Christmas Time at Opryland Hotel!

These tours are filled with much fun, good fellowship and interesting attractions that are well-planned for your personal enjoyment. Mr. Jett serves as escort for these excursions. For complete details and free brochures on any of these exciting tours, please call 606-686-0020, or write Richard Jett Tours, P.O. Box 396, Campson, KY 41001. These tours make great gifts for your favorite people.

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# Crazy Sale

- Crazy Sale**
- January 10, 11 & 12, 1997
- Double Coupons
- THIS WEEKS BANKROLL \$400.00**
- Grade A Leg Quarters **.38¢** Lb.
- Bananas **.28¢** Lb.
- Kahns Hot Dogs 1# **\$1.18** (Reg. Only Limit 4)
- Fring Saver Big Chief Peanut Butter (Reg. 10 Oz.) **.98¢**
- Beckmans Tomato Juice **.46¢** Oz. **.68¢**
- Kix Dog Food 18% Chunk **1.10¢** **\$3.48**
- Velvet Bath Tissue **4.00 Lb.** **\$6.48**
- Kahns Bologna (Deli) **1.18**
- Cold King Ant-Freeze **Gal.** **\$3.88**
- R.C. 2 Liters **1.68¢**

# Crockett's Shopwise

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# Primer's

**Primer's**

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# New Hours

**Monday-Friday 9-7**  
**Saturday 9-6**  
**Sunday 12-5**

**Bluegrass Jewelry**

Harrison Sp., Cynthiana  
606-234-9696

# Free Estimates

**FREE ESTIMATES**

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# Bluegrass Window Tinting

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- Tint Auto, Homes & Commercial
- Auto and Truck Accessories
- Repair Cloth and Vinyl Seats

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