MERCURY MEMORIES

Five Years Ago
April 16, 1992

Air National Guard Airman 1st Class Steven L. Baker has graduated from Air Force basic training at Lackland Air Force Base, Texas.

The Nicholas County Bluejackets ended last week with two wins in a double header against Pendleton County Saturday, without benefit of their strong senior players.

Seven line tests run by state supervisor Gene Kelley show the plant after treatment is nearly as clean as drinking water, Kelly said.

DEATHS: James Paul Boone, 45, died Wednesday, April 18; Connie Gaunce Carmical, 39, died Monday, April 6; Ida Bess Arlington Crouch, 81, died Tuesday, April 7; Martha Elizabeth Shea, 87, died Wednesday, April 8.

TEN YEARS AGO
Thursday, April 16, 1987

The Nicholas County Board of Education voted 4-1 Monday night to allow sex education courses to be taught in grades five through nine in Nicholas County schools, beginning with the 1987-88 school year.

Statewide crime figures released by the Kentucky State Police reflects a 5.5 percent increase in the number of serious crimes reported by law enforcement agencies in Kentucky for 1986. The Nicholas County rate showed a 37 percent increase in overall crime over the previous year.

BORN: Camille Hoffman, March 31.

DIED: Estill M. "Buddy" Carpenter, April 5; Clayton Curtis, April 6; Mrs. Hannah Bowen, April 9; Mrs. Grace Baugus, April 9.

20 YEARS AGO
April 14, 1977

Clay Farm was purchased Fri day by the Kentucky Department of Fish and Wildlife for the sum of $1,680,000. According to William D. Graves of as the "Clay Wildlife Management Area", and will be used to provide public hunting and other recreational activities such as bird watching and pinising.

In a special called session Saturday night, the Nicholas County Board of Education appointed Herbert Cecil Duncan to fill the spot left vacant by the resignation of Roy Linville from the Board. City Council voted to contribute up to $2,150 as the Fiscal Court has also voted to do, toward the Title III Senior Citizens Program being in initiated in Carlisle by CALF. The building on Locust Street, now owned by Jimmy Carter, where the Sewing Basket was, has been leased for this purpose.

MARRIED: Pamela J. Bussell and Theodore W. Flynn Saturday, February 26; Kathy Lynn Hudson and Jerry Wayne Hilander Saturday, February 19.

DEATHS: Dorsey Watkins, 72, died Friday, April 8; Graveside rites at the Elizaville Cemetery for Darrel April Alexander and Candice Bridget Alexander, infant twin daughters of Howard and Virginia Thacker Alexander.

30 YEARS AGO
April 20, 1967

The Presbyterian and the First Christian Church will exchange ministers and worship programs of Sunday, April 23 to commemorate Church Union Sunday.

A Bluegrass Area Tobacco Plant Tour will be held Tuesday, April 25.

Saturday, April 15 was the date of the Blue Grass Area 4-H Speeches and Demonstration.

William Small was guest speaker at the meeting of the Carlisle Garden Club, Monday at the Nicholas County Library.

BIRTHS: Angela Carol Blake, April 16; Melanie Sue Coyle, April 16.

MARRIED: Miss Ivs Jean Thomas and Carl Evans, April 14.

DEATHS: Berry Paul Hun, 15, died April 8.

Remember When

This is a view in the late 1960s of Main and Broadway shows times are changing. The sign stating Finch's Pool Room is where the the current police station is located. "Cooch" Rawlings can be seen in the doorway and Roger Terrell has his hands in his pocket. Veach Taylor appears to be going into Garrett's Restaurant.

Hospice thanks volunteer Patricia Leaver

Hospice of the Bluegrass gives special thanks during National Volunteer Week to Patricia Leaver of Nicholas County.

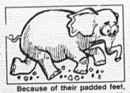
Leaver is one of 100,000 volunteers nationwide who devote their time to serving terminally ill patients and their families.

More than five million hours of service are given annually through hospice volunteers.

Hospice of the Bluegrass relies on its 346 volunteers to provide direct patient care to patients and families as well as assistance at many levels of the hospice's administration. The work of hospice volunteers is being honored during National Volunteer Week, April 13-19.

To find out how to become a hospice volunteer, contact Rhonda Parrott at Hospice of the Bluegrass by calling 234-6462 or 1-800-750-6905. To locate a hospice in another part of the country call the National Hospice Organization Helpline at 800-658-8898.

Hospice provides terminally ill patients with care that seeks neither to hasten nor prolong the dying process. An interdisciplinary, medically directed team addresses the physical, emotional, social and spiritual needs of terminally ill patients and their families. The team typically includes a physician, nurse, social worker, therapist, spiritual caregiver, home health aide and volunteers. Last year hospice of the Bluegrass served 2,005 patients and families. Nationally, over 400,000 patients and their families were served by hospice care.



Because of their padded feet, elephants can walk and run with surprisingly little noise.

To Ms Missy,
Even though you misplace your keys, even though thoughts are slipping your mind, working with you is such a joy!
We still love you!
Happy 30th Birthday!
Your Caring Staff At Head Start

LETTERS TO THE EDITOR

Business owner thanks everyone

Dear Editor:

Due to failing health, I am going blind, I find it necessary to close my tax office here in Carlisle.

While here I have met many fine people with only one person not paying his preparation fee and only one person becoming irate for something I had no control over.

I wish to thank the ladies at IGA and the Shopwise deli for the food they serve and aren't those pies at Garrett's the best ever. Also I would like to thank Linda Ratliff for her most valuable help. Further I would be amiss if I did not thank the ladies at The First National Bank for their help in financial matters.

I leave with mixed emotions; a feeling of satisfaction knowing I have done my best for the people of this area and yet a feeling of sorrow knowing I will not see these many fine people again.

Respectfully,
Raymond E. White
owner
Carlisle Tax Service

Cleanup Campaign says thank you

Dear Editor:

As Chairperson of the 17 Nicholas County Clean Community Campaign I would like to thank everyone who has pledged their participation or made donations to insure the success of the campaign.

The committee especially appreciates the generosity of the Nicholas County Homemakers Clubs who are serving breakfast tour volunteers on Saturday, April 26 and the Chamber of Commerce, Deposit Bank and First National Bank whose donations have made it possible to promote the "Before and After" contest.

We would like to urge Nicholas Countians of all ages to become involved in this important project, especially the Adopt-A-Spot Program.

If everyone in Nicholas County would simply pledge to keep the area in front of their own business or residence litter clean and not throw litter from their automobile, there would be no need for cleanup campaigns in the future.

We all need to stop and take a good look at our community and what we are doing to our natural resources. We all pay a price when we pollute the Earth.

Please be sure to send in (or drop off) your pledge to the Nicholas County Extension Office by Monday, April 21, to receive your free trash bags and gloves and also have your dumping fee waived for the week of April 21-26. Let's all work together to show that Nicholas County has great pride in the beauty of our community and appreciation for our natural resources.

Joan Morris
Hair Hut

KSP Trooper investigates non-injury accident

Trooper Brent Kirkland investigated a noninjury crash Apr. 4, at 10:50 on Ky 57, 2 2/10 miles East of Moorefield. The driver involved was Robert Carson, 20 years old from Carlisle. Mr. Carson was driving a 1993 Ford Pickup.

Isiah Hill investigated a theft by unlawful taking of property with a value of over $300 on Apr. 10 at 3:55 p.m. in Moorefield. Items taken was vehicle parts.

Trooper Bret Kirkland charged Norvel Garrett, 39, Carlisle, with Assault 4th degree and violation of a Domestic Violence Order. He was arrested Apr. 13 at 1:31 p.m. on Upper Lick Road; One mile North of Moorefield. He was than turned over to the Nicholas County Transportation Officer.

April is National Child Abuse Prevention Month

Nicholas County Attorney Joseph H. Conley reminds you that April is National Child Abuse Prevention Month. In 1999 alone, twenty-four Kentucky children died from abuse and neglect. Help protect Kentucky's children by seeking help and reporting child abusers.

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Laura's Life

OPINION BY LAURA FRYMAN

Talk to kids earlier about responsibility of birth control

I have been thinking of a way to help kids with birth control, and have come up with some suggestions.

The first thing that I would do is start teaching birth control in the seventh and eighth grade. Children are not too young to be taught about safe sex when they are in jr. high.

The second thing I would do is to help parents talk to their child on a one-to one basis, so that they can feel like they have someone they can trust to talk too.

I would also like to teach the parent how to react when their child says that they want to have sex, it is not an easy subject for the child to talk about and if the parent reacts in a negative way the child will not talk to them again.

I am not saying to let your have sex and for you to condone it, but if you are not there for him or her to talk to just imagine the kind of advice their getting from their friends. Which would you rather do, talk to your child and give them the correct answers to their questions or to have their friends tell them their ideas about sex.

I would also like for kids to have to take care of their own child not the parent, if their old enough to have a child then they are old enough to take care of it. We are making things too easy on them and that's why they are not worried as much about safe sex. But not only are these kids having kids but they are putting their life in danger of catching a very serious STD'S.

I think if we also need to make them go through natural child birth, they would not be so quick to go have the second child if they knew exactly what it felt like to have a child.

It is my opinion that we are making it to easy for children to have babies and we are not making them face the responsibilities there are when they have children.

Babe Ruth tryouts April 20 at Nicholas County high ball field

Tryouts for the Nicholas County Babe Ruth League will be held Sunday, Apr. 20 at 2 p.m. at the Nicholas County High School baseball field. All participates must be between the ages of 13-15 and must present a birth certificate at tryouts. A league fee of $30 (per participate, $45 for two) is due the day of tryouts.

Babe Ruth baseball is a youth-oriented amateur baseball program. Presently, it is the largest teenage regulation baseball program in the world. It is one of few programs in Nicholas County reaching our teenagers.

League fees are used to pay insurance, sanction fees, and to meet everyday expenses, and payment for umpires. As with any organization, funding is necessary.

Anyone having questions about the Nicholas County Babe Ruth Program or would like to donate to this program may do so by calling Ron Roser at (606) 289-5269 or Ray Earlywine at (606) 289-3919.

Card Of Thanks

The family of Lillian Rose Vice would like to take this opportunity to thank everyone for the food, flowers, cards and prayers sent to us during the loss of our loved one. Thanks to Dr. Villafior, the Robertson County Health Center who worked so hard so many times to give us more precious time and cherished memories with her. Thanks to Bro. Gillespie and Bro. Gaunce for the prayers and a beautiful service, also to Mathers and Gaunce Funeral Home for their kindness, help and professionalism during a most difficult time. Also thanks to the pallbearers. She would have wanted her grandchildren to carry her the last mile. We sincerely appreciate everything that was done. Your kindness will never be forgotten.

~The Family Of Lillian Rose Vice

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Nicholas County's blood donors give enough to save 93 lives

Out of 35 Nicholas County citizens who registered to donate during the blood drive last March, 31 pints of whole blood were collected.

"This amount can be processed into enough transfusable components to save 93 lives in the state," Glen White, Donor Resource Consultant for the CKBC, commented.

The blood drive was held in the parking lot of Johnson Mathers Health Care.

Nicholas County is well-known for its active participation in CKBC blood drives throughout the year, but in the last few months, the level of donations had declined.

The CKBC was enthused to see many of its regular donors return for the last blood drive. Donations in Nicholas County are consistently high, which is why it is one of the few counties which has five blood drives each year.

"It was great to see some of our regular donors return and also to meet new people," White said.

The CKBC expressed hope that people will show up again during the next blood drive at JMHC on June 16th.

Cleanup Week

Nicholas County Judge Executive Chuck Smith, seated left, and Carlisle Mayor Ronnie Clark, right, signed a proclamation for Cleanup Week as supporters Joan Morris and Jim Wente of the Carlisle/Nicholas Chamber of Commerce attend ceremony.

Board has no plans to hire employees at lower salary

By Leigh Stone
Managing Editor

The Nicholas County Board of Education would have to adjust the salary schedule to hire back classified employees at a lower rate.

Classified employees include bus drivers, cafeteria workers and teacher aides, all to receive pink slips next week stating they may not be re-hired next school year.

"They have no plans of doing that," said Superintendent Randy Everly Tuesday morning abut the board's lack of intention to adjust the pay scale.

Everly intends to mail letters of a reduction in force to all 80 classified staff members and 12-15 non-tenured teachers in the district the week of April 21.

The measure is being taken to help the district's financial woes - it is $300,000 less funding than this time last year and will have great difficulty being debt free as required by law June 30.

The site based decision making councils were asked by Everly to make staff reductions to assure there won't be a budget deficit threat next year.

The high school site based decision making council cut a physical ed position and two teacher aid positions for the 1997-98 school year.

The elementary site based decision making council cut the guidance counseling position, a fifth grade teacher position, and kindergarten position during a meeting held Monday, April 7.

"Basically, it is weeding out the non-tenured, but it can be tenured personnel, too. You've got to stay within your field of expertise. For instance, a social studies position cannot bump an English position even though they may have been there longer - but that's an extreme scenario," Everly explained.

The superintendent cautioned that although the fifth grade teaching position was one of the elementary site based council positions cut, that doesn't necessarily mean a fifth grade teacher will be unemployed. "They may be certified for something else. You have to find out who is certified for what and who has tenure."

Bridge

Continued from Page 1

have the money for it."

Stacy said he was told by Bill Johnson, a state road official and two time county judge executive, that the bridge repair would cost about $80,000. With a remark that the bridge didn't have to which means it could be a concrete mixer, Stacy said all he wanted for the bridge was new decking and painting. It has a five ton limit now.

Reeder said his bid had the better decking, but the metal forms commonly used are more flimsy. "It looks like it's made out of old barn tin now and it's held for 30 years," Stacy contended.

"You'd be surprised how strong that was. That was regular steel decking," Reeder, a former Department of Transportation employee, clarified. "It's so flimsy it'll flop. It makes you wonder how it would hold up a broomstick. This this bid's decking! is 10 gauge heavy."

"We want a safe bridge and the deck to be safe but it can't be that big of a deal You don't have to be a bridge expert to do that (painting)" Stacy added.

Reeder said to contact his company if the magistrates decided on different specs. The bridge bids were tabled.

"It's not used that much. We'll have to get back with you to see if we cant get more in the ball park."

Dr. Rinaldini to begin Carlisle practice early with a special spring schedule

The Nicholas County community will get an early opportunity to meet Dr. Ana Rinaldini before her full time practice gets underway in July.

Dr. Ana, as she prefers to be called, has made arrangements with Johnson Mathers Health Care, Inc. to see patients on a special part time spring schedule:

Dr. Ana will be available from 9:30 am until 12:00 pm at Johnson Mathers Clinic on the following Saturdays:

- **April 12 (w/Dr. Kardan)**
- **April 26 (w/Dr. Kardan)**
- **May 17th**
- **May 24th**

Dr. Rinaldini will also be available in June. A schedule for the month will be announced later.

This is a valuable opportunity for people to meet and get to know the new doctor in town.

You don't have to be ill. Dr. Ana invites members of the community to stop by the clinic for a visit.

Patients may make an appointment by calling 289-2283 tonight that nothing was taken care of," Bean said as he left city hall Monday night.

Clark told him he had water on his Sycamore Street property during heavy rain and that action could set a prescedent, making the city liable. HUD had did some work to Brooks Lane several years ago and Bean said "everyone knew it wasn't done right" but he still wanted to know what needed to be done to fix the water runoff and who had to do it.

Clark said Bean wasn't invited to the sites Tuesday night. Bean's wife said Tuesday night he was on the job at Georgetown.

Liable

Continued from Page 1

neighbor's property under consideration. Watson said perhaps Bean could ask an attorney for advice on how to legally and best resolve the problem. Watson at that time said he didn't know if the city had any stake in the project. However, Clark said Tuesday night, Watson had reviewed the consideration and said the city was not liable.

"I thought I was going to get results. I don't think I got anything. I'm very disappointed.

Migraines and other headaches you should tell your doctor about

Submitted by Regina Rash, M.D.

Headaches affect everyone at some time in their lives. There are many different types of headaches and usually they are nothing to worry about.

There are sinus headaches, tension headaches, even headaches that result from too much caffeine. Some can be treated with an over-the-counter pain reliever, others can be avoided by simply changing habits.

And then there are Migraine headaches. The term "Migraine" is too often used to describe all types of really painful headaches. A Migraine is a specific type of headache with its own unique characteristics and symptoms.

Migraines involve a throbbing or pulsating pain, often worse on one side of the head. The pain can be severe, even debilitating. It can cause nausea and vomiting. Migraine sufferers are often sensitive to light and sound.

The headaches can last from a few hours or a few days and, for some sufferers, disrupts normal activity.

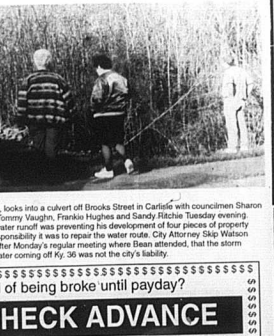
Many researchers believe that migraines are caused by blood vessels in the brain tightening and relaxing, which would explain the throbbing sensation associated with Migraines.

If you suffer from frequent headaches, your doctor can help determine if the headache is a migraine. If so, there are preventive measures and treatments that can help relieve the pain.

While most common headaches can be treated at home, severe headache pain should never be ignored. Severe headache pain can be symptomatic of a migraine or of something far worse.

You should see your doctor immediately if you have any of the following:

- Headaches that occur suddenly
- Headaches that never go away
- Headaches that occur with double vision, increased weakness, or loss of sensation
- Headaches that start to occur after age 55
- Headaches that begin after a head injury or accident
- Headaches that occur with a stiff neck or fever



Mayor Ronnie Clark, far right, looks into a culvert off Brooks Street in Carlisle with councilmen Sharon Faulconer, Libby Earlywine, Tommy Vaughn, Frankie Hughes and Sandy Ritchie Tuesday evening. Resident James Bean said water runoff was preventing his development of four pieces of property and asked the city whose responsibility it was to repair the water route. City Attorney Skip Watson determined Tuesday, a day after Monday's regular meeting where Bean attended, that the storm water drainage problem of water coming off Ky. 36 was not the city's liability.

Courthouse

Continued from Page 1

terials, Walker Company, the Paris Rock Group Hinkle) and the Montgomery Group.

- Heard Kathy Gunnoe's request for $1,500 for the Ombudsman program. Gunnoe, who was accompanied by local year round ombudsman Carol Ostranger, said Johnson Mathers Nursing Home was a fine facility with a mere six complaints this year. She told magistrates her agency could handle problems at about any nursing home, not just local ones. Ombudsmen serve as the patient's advocate. In one instance at another home, an elderly man was eating all of his breakfast which was unusual. Yet the night nurse took his tray, full of food from him each night. The ombudsman watched him one evening and realized he was no longer able to feed

Continued Page 4

NOTICE

Bluegrass Wholesale Jewelry of Lexington, Ky., Inc., dba Bluegrass Jewelry, Harrison Square, Cynthiana, Ky., is closing June 30, 1997. All jewelry and watch repair can be picked up at the Harrison Square location until 6 p.m. June 30, 1997. After that date, you may contact Bluegrass Jewelry through P.O. Box 301, Danville, Ky. 40423-0301.

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