Five Years Ago...
January 31, 1991

Brownie Scouts Troop #515 will sponsor a candlelight ceremony to support our service men and women in Saudi Arabia.

Rhonda Durbin named Student of the Week. She is a Senior at Nicholas County High School and the eighteen year old daughter of Mrs. Janice Warmouth. Her extracurricular activities are ecology club, office aide, working at Eddie's Family Restaurant and interests are working with young children, music, dancing, being with friends and meeting new people. Rhonda plans to attend college and major in Child Psychology.

Patrick Ritchie has joined the Carlisle Unit of The Kentucky Army National Guard. Ritchie, 17, is the son of Jenette and Paul Ritchie of Carlisle and is a junior at Nicholas County High School.

BIRTHS - Chucky and Melanie Hunt, Carlisle, announce the birth of their second child, a boy. He weighed seven pounds and thirteen ounces and was twenty and a half inches long. He has been given the name Tyler Dean Hunt.

DEATHS - Leanna Anthony, 71, widow of Harris L. Anthony. She was a native of Woodford County, a member of the St. Matthew AME Church, the daughter of the late George and Sarah Thomas.

Ivels "Vee" Walton Greene Avery, 57, Paris. A native of Bath County, she was the daughter of the late Benjamin Harrison and Hattie McBee Greene. She was a member of St. Paul United Methodist Church, where she was a member of the Senior Choir.

Mercury Memories

Henry E. (Pete) Gaunce, 75, Carlisle, a member of the Carlisle First Baptist Church, a retired farmer, a veteran of WWII, a member of the American Leion and V.F.W. He was born in Bourbon County to the late Lora C. and Verna Earlywine Gaunce.

Roy A. Kingsolver, 85, Carlisle, husband of Louise Auxier Kingsolver. He was a 65 year member of the Broadway Christian Church having served as a deacon and president of the Sunday School class. Following his retirement, his interests were his family and gardening.

Elizabeth C. Hughes Kokendoffer, 80, Carlisle, widow of James Hughes and Bryon Kokendoffer. She was a member of the Myers Christian Church. She was born in Nicholas County to the late Archie and Annie Payne Crawford.

Whitney Nicole Lane, five month old daughter of Keith and Angie Moore Lane of Liberty.

Charlie Rhoades Scott, 72, Carlisle, husband of Bernice Bromagen Scott. He was born in Nicholas County to the late Chester A. and Sadie Mae Ewell Scott, he was a member of the Lecust Grove Baptist Church.

Raymond C. Waggoner, 85, Carlisle. He was a farmer and veterae of WWII. He was born in Nicholas County to the late William and Oma Curtis Waggoner.

Ten Years Ago...
January 30, 1986

Colder than normal December weather has caused increases in the electric bills that some people are receiving this month.

According to National Weather Service data for Lexington, there were 1092 heating degree days in December 1985, which was 203 percent higher than the previous month. December 1985 also had 82 percent more heating degree days than December 1984 and 22 percent more degree days than the 30-year average for the month.

Degree day is a measure of time & temperature used to estimate heating energy use. The more degree days, the more heat is needed to warm a home. For example, about twice as much fuel would be needed to heat the same house on a day with 20 degree days as on a day with only 10 degree days.

DEATHS - Miss Elizabeth Donnell, 89, a resident patient of the Edgemont Manor Nursing and Convalescent Home in Cynthiana, natvie of Nicholas County, daughter of the late John Milton and Ida Rhodes Donnell and member of the Covenant Presbyterian Church.

The first woman writer of detective stories was Anna Katherine Green of Buffalo, N.Y., who wrote The Leavenworth Case in 1878.

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Pedestrians need to walk with care

LEXINGTON - The AAA Safety Foundation urges pedestrians to use extreme caution when walking in the street.

Kentucky State Police statistics show that walking in the roadway is the second leading cause of pedestrian injuries and deaths. In 1994 alone, cars struck 192 people walking in the roadway.

The AAA Safety Foundation reminds all walkers slick and hazardous roads make it difficult for drivers to avoid pedestrians. Drivers many not be able to avoid skidding when trying to slow down or stop.

Even at slow speeds a sudden swerve easily can send a car out of control.

"Pedestrians in the roadway make an already dangerous situation worse," Lilla Mason, Safety Foundation director, said. "One slip and fall could put a pedestrian in the path of a car that doesn't have the traction to stop."

The Safety Foundations offer pedestrians the following tips:

•Stay out of the roadway.

•Walk facing traffic where there are no sidewalks.

•Wear brightly colored clothing or a reflective vest.

Basketball

(NAPS)—Basketball is the greatest game in the world. I realized that the first time I laced up a pair of sneakers, the first time I held a ball in my hands. Throughout my life—as a high school athlete, as a collegian at UCLA while playing for the great John Wooden, as a professional, and now as a broadcaster, I have cherished the opportunity to be a part of this exciting, exhilarating sport.

It is for this reason that I am assisting the Atlanta Tipoff Club and Boost® nutritional energy drink, to promote the Naismith Awards program during this college and high school basketball season. Founded in 1969 and named after Dr. James Naismith, who invented my favorite sport, the Boost® Naismith Awards Program honors excellence in basketball in all areas—playing, coaching, officiating, and administration.

State meets health care goals

FRANKFORT, KY (Jan. 19, 1996)--A recent assessment of the health status of Kentuckians shows that the state has reached national Healthy People 2000 goals for three indicators, measles, homicides and syphilis.

The assessment is being used to track where Kentucky stands on 18 health indicators at the mid-way point of the decade. Goals for Healthy People 2000 were set by the U.S. Department of Health and Human Services in 1990. These 18 indicators measure health status factors that put individuals at an increased risk for disease or premature mortality.

According to the assessment based on 1990-1994 data, Kentucky has met the goal of no reported cases of measles, is well below the mark of 10 cases per 100,000 population of syphilis, and below the homicide rate goal of 7.2 deaths per 100,000 population.

Kentucky has not had any reported measles cases since 1992, which mirrors national trends, said Reginald Finger, M.D., director of Kentucky's division of epidemiology in the Department for Health Services.

"The Absence of cases in surrounding states and our high immunization rates increase our confidence that the zero number of measles cases is truly real. Meeting the goal shows that parents are having their children vaccinated according to health care guidelines and that the message that the message that immunizations are important is getting across," said Finger.

The state's homicide rate of 6.6 per 100,000 population is below the Healthy People 2000 goal of 7.2 deaths per 100,000. Finger said the lack of huge metropolitan areas in Kentucky is one reason we see fewer homicides compared to the rest of the nation.

Homicide indicates the level of intentional violence in a community and it may reflect other problems such as substance abuse," he said.

Progress has been made in reducing the number of tuberculosis cases in Kentucky to 9.1 reported cases per 100,000 people in 1994. The U.S. goal is 6 cases per 100,000 people.

Since 1990, prenatal care has improved and the infant mortality rate has decreased. The percentage of mothers delivering live infants who did not receive prenatal care during their first trimester of pregnancy dropped from 22.8 percent in 1990 to 17.9 percent in 1994. The national goal is 10 percent.

Kentucky's infant mortality rate improved from 8.4 deaths per 100,000 people in 1990 to 7.4 deaths per 100,000 people in 1994. The Healthy People 2000 goal is 7 deaths per 100,000 people.

"We're pleased with the progress of these indicators because a woman's health during pregnancy makes a difference in the life of the baby. Both also indicate the access women and children have to health care," he said.

Another indicator, total deaths per 100,000 people, relates to other measures of a community's health such as years of potential life lost, life expectancy, and years of healthy life. In Kentucky, that number has declined from 679 in 1990 to 630 per 100,000 people in 1994. There is no related Heathy People 2000 goal for this indicator by the 1990 national baseline was 523 deaths per 100,000 people.

The mid-point figures show that Kentucky still has a battle against several major killers and debilitators including heart disease, cancer and stroke.

"While we're pleased with progress Kentucky is making in several important areas, other Healthy People 2000 goals will take considerable effort to reach," Finger said.

The national goal for heart disease is 100 deaths per 100,000 and Kentucky has a rate of 193.4 per 100,000 people. For stroke, Kentucky's 38.4 deaths per 100,000 people is nearly double the U.S. goal of 20 deaths per 100,000.

"There are a variety of reasons why we do not do well in the area of heart disease and stroke. The Kentucky Health Interview and Examination Survey of 1993 shows that many Kentuckians have a poor diet, smoke, lack of exercise, and are overweight, and these are factors that can lead to heart dis-ease," he said.

Workshop for farmers scheduled

Farmers can learn how to handle land coming out of the Conservation Reserve Program (CRP) at a day-long workshop february 21 at the University of Kentucky Research and Education Center in Princeton. Registration is from 8:30-9a.m.

"Most of the 435,000 acres Kentucky farmers have in CRP will be coming out of the program in the next year or two," said Lloyd Murdock, Extension soils specialist with the UK College of Agriculture. "This workshop will help farmers know what to expect in terms of soil fertility and pest problems and give them some ideas on land management and alternative uses."

During the workshop, farmers will be give results of surveys to determine soil nutrienta status, presence of perennial weeds and infestations of soybean cyst nematode(SCN), wireworms and white grubs on CRP land. Surveys were taken in 16central and western counties where most CRP land is located-Breckinridge, Caldwell, Christian, Criddenden, Graves Hardin, Hickman, Hopkins, Marshall and Webster.

Other sessions will be on the results of farm demonstration plots on CRP land. This research addressed soil fertility, residue management, grain cropping systems, land preparation for haying and grazing, perennial soil and weedy vegtation management, insect and vole control, soybean seed treatment, and a SCN survey.

Speakers also will discuss economic considerations for land coming out of CRP, alternative uses such as agroforestry and wildlife habitats, and the latest regulations and procedures to follow on released land.

"We believe the workshop will help farmers by giving them information developed from research on land actually enrolled in CRP," Murdock said. "Farmers will know more about soil and environmental conditions into which they'll be planting and will have information alternative crops and management practices. This will give them a better understanding of how to manage land that has idle for almost 10 years."

Acatered lunch will be served during the workshop. Tickets are $6 and will be sold only during registraton from 8:30-9a.m.

County Extension Offices have more details on the workshop.

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Beef

Continued from Page 1

products wholesome, consumers ultimately see to it that foods eaten at home are safe.

The Safe Food Journey was distributed in early December 1 o 100,000 third and fourth grade teachers across the country with an in-school magazine for children called the *Weekly Reader*.

This poster kit is part of the industry's overall goal of helping consumers feel confident about purchasing and consuming beef," explains Stephanie Blevins, Director, Promotion & Consumer Affairs for the Kentucky Cattlemen's Association. *The Safe Food Journey* shows children their important role as the lastline of defense against foodborne illness."

The message that the industry is striving to provide consumers with completely safe food is part of the "Today's Health" TV show, which was developed with funding from beef producers. Hosted by broadcast journalist Kathleen Sullivan, "Today's Health" is a weekly half hour program that examines topical issues positively affecting consumers' health.)

The food safety segment aired in mid-November and is appearing in syndication. The focus was on beef industry research initiatives that are working to control and eliminate foodborne pathogens like E. coli O 157:H7 in beef. The segment features Michael Doyle, Ph.D., a microbiologist for the Center for Quality and Food Safety at the University of Georgia. Also included: James "Bo" Reagan, Ph.D., director of product and technology research for the Meat Board and Nick Nickelson, Ph.D., head of the meat industry's Blue Ribbon Task Force.

"Appearing on this show provides a good opportunity to reassure viewers that a top industry priority is improving the production of safe meat," says Blevins. "The segment shows that we are continuously investigating new methods and procedures to combat E. coli through an all-encompassing research program."

Nicholas County beef producers continue to fund programs like these food safety efforts that maintain and promote the positive role of beef in the American diet. These state and national programs are funded through a beef checkoff of $1 per animal collected each time cattle are sold. For more information on the beef checkoff, contact the Kentucky Cattlemen's Association.

On February 1, 1996, the National Live Stock and Meat Board and National Cattlemen's Association will consolidate operations to form the National Cattlemen's Beef Association (NCBA), a consumer-driven organization representing all segments of the industry. The NCBA will for the first time bring together membership and checkoff efforts under a single plan and budget and also will incorporate many aspects of the Beef Board through a joint operating agreement.

Visit scheduled for veterans' officer

Mr. Alvin Cruther, a County Veterans Assistance Officer for the Kentucky Division of Veterans Affairs, will be at the Robertson County Court House from 9:00A.M. till 3:00P.M. on Friday February 2, 1996.

Veterans and their families will be provided counseling and assistance in filing claims for state and federal benefits.

This is a service provided by the State of Kentucky. There is no charge or fee of any kind.

Banta family welcomes a son

Steven Douglas Banta

Tim and Kathy Banta are proud to announce the birth of their first child a son, steven Douglas, born October 5, 1995 at the Central Baptist Hospital. He weighed four pounds, three ounces and eighteen inches long.

Material grandparents are Albert and Wanda Lamb, Judy and Fred Kelly of Lexington. Paternal grandparents are Roger H. and Helen Banta of Carlisle.

Trooper Ron Mullins, charged Troy Jones, 21, Berry KY with alcohol intoxication and disorderly conduct. He was arrested January 25, 1996 at 11:58 pm at Lakeside Bar, 4 miles West of Carlisle. He was then turned over to the Transportation Officer.

Trooper Keith Jones executed an arrest warrant on Cindy Sparks, 22, of Carlisle. She was arrested January 26, 1996 at 2:50 pm on Sugar Creek Road 9.6 miles East of Carlisle. Then turne d over to the Transporation Officer.

The tune for Yankee Doodle was sung in Europe in the Middle Ages. It was first sung in the United States to make fun of the untrained American troops during the French and Indian Wars. By 1768 new lyrics made it a favorite in every patriot camp.

KENTUCKY STATE POLICE

Trooper Bret Kikerland charged Cornelious A. Watkins, 27, Moorefield, with DUI first offense, failure to wear seat belt, no insurance. Arrested January 22 at 1:50 P.M. at the junction 36 and 57, Nicholas County. He was then turned over to the Nicholas County Transportation Officer.

Trooper David Combs, charged Samuel Jones, 20, of Carlisle with disregarding a traffic control device, no insurance, no seatbelt. Arrested January 15, at 11:28 p.m. on Main Street in Carlisle. He was then turned over to the Nicholas County Transportation Officer.

Trooper Steve Aucoinshine executed an arrest warrant on Kevin Wessley, 25, of Carlisle, charged with assault in 2nd degree. He was arrested Jan. 17, at 10:28 a.m. at Clark's Trailer Park, then lodged in Bourbon County Jail.

Trooper Shain Stephens investigated a non-injury accident on Jan. 17, at 5:50 p.m. on U.S. 68, 4 miles West of Carlisle. The accident involved 2 drivers, Eddie Murrell, 80, of Carlisle, who was driving a 1984 Chevy -pickup and Dorothy Latham, 33, of Winchester, OH, who was driving a 1995 Cadillac.

Trooper Bret Kikland investigated an injury crash on January 19 at 7:30 a.m. at the corner of KY 1879 and KY 36. There were two cars involved one was being driven by Lemuel Burden, 34, of Carlisle and he was driving a '94 Dodge. The second car involved was a '94 Chevy driven by Dona Frazier, 35, of Paris. Ms. Frazier suffered minor neck injuries and was transported to the Bourbon County Hospital.

Trooper Ron Mullins charged Donald Patton, 43, of Carlisle with failure to dim headlights, DUI 1st offence,, no child restraint, and no seatbelt. He was arrested Jan. 20 at 1:19 a.m. on Cassidy Creek Road, 10 miles North of Carlisle. He was then turned over to the Transportation Officer.

Trooper Ron Mullins charged Dennis Watkins, 34, of Moorefield with DUI 1st offence, driving from side to side of the road, no insurance, no registration receipt. His companion, Theresa Barlow, 37, of Moorefield was charged with alcohol intoxication. Both were arrested Jan. 20 at 12:36 a.m. then turned over to the Transportation officer.

Trooper Shain Stephens charged Paul Hatton, 29, of Carlisle with DUI 3rd offence, no headlights, no insurance, no seat belt, and operating on a DUI suspended licence, 2nd offence. He was arrested Jan. 20 at 1:17 a.m. on Cassidy Creek Road 9 miles North of Carlisle, then turned over to the Transportation officer.

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