Local Farm Bureau announces contest winners

Farm Bureau winners of the 2nd annual Christmas decoration contest for Nicholas County included 1st place city winners (l-r)P James A. Murrell, Sharon Murrell, Cliff Vice, Malinda Hunt.

Second place city winners of the Farm Bureau contest were (l-r): Evelyn Beattty, Jennifer Beatty being presented by Cliff Vice.

Third place city winners of the Farm Bureau contest were (l-r): Calvin Wills, Reba Wills being presented by Cliff Vice.

Third place county winner of the Farm Bureau contest were (l-r) Laura Pope, Charlie Pope, Carolyn Pope, being presented with the prize by Cliff Vice.

Second place winners of the Farm Bureau contest were (l-r): Thrashley Markland being presented by Cliff Vice.

Second place winners of the Farm Bureau Contest were Mrs. Naoma Dale, 1st place county winners, with Cliff Vice of Farm Bureau.

You can cope with Holiday blues

FRANKFORT - The holiday season is not joyous and bright for everyone. If you are among the people who would rather skip to Jan. 2, there are some steps you can take to make the holidays better.

"For people who are experiencing the loss of someone or something such as a loved one, a marriage or a job, the holidays can make the grief more intense. Other people who feel lonely, depressed or stressed may find that the holidays make the pain worse," said Edward Maxwell JR., M. D., clinical director of Kentucky's Department for Mental Health and Mental Retardation Services.

"In all of these scenarios, people can make changes or prepare for the holidays so that they can cope with their feelings"

Maxwell, an associate professor psychiatry at the University of Kentucky, said the normal feelings associated with a major loss such as anger, fear, confusion, loneliness, depression and anxiety often become accentuated during the holidays because it's suppose to be a happy, family oriented time." Even though celebrating the holidays is usually fun, it does strain your budget, time and family. When something has upset your life or you feel emotional pain, those stresses can be overwhelming," Maxwell said.

The first step is to accept your feelings. Then express them in a positive way through talking with others, writing in a journal, or through some other personally meaningful activity such as prayer, and then come up with a plan to ease the pressure.

"If you have had a major loss in your life this year, be aware that Christmas will not be the same, but it can still be meaningful. Do not isolate yourself. Try to participate in a social gathering or church, or spend time with other people who are lonely such as nursing home residents," Maxwell said. "Most importantly, focus on the real meaning of the holidays."

In a reserve bid auction, the seller reserves the right to place one last bid after the other bids are opened. In other words, the seller has a price below which he or she will not sell. Instead of announcing that price before the auction, it is common practice for the auctioneer to list the high and low end bids he or she expects to get. You can usually assume that the seller's reserve bid is about two-thirds of the lower estimate.

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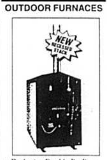

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Physical Therapy Center of Grayson

WHAT IS THE EDUCATIONAL PREPARATIONS FOR PHYSICAL THERAPISTS?

This is not a question answered easily or correctly by most individuals in today's society.

Physical therapists are college graduates, with such pre-requisite classes as psychology, biology, physics, statistics, chemistry, English, professional writing, and humanities. Once they have completed a well-rounded basic college education, it's time for them to apply to an accredited physical therapy program of their choice.

If accepted into a physical therapy program, the student is extensively schooled in such fields as human anatomy and physiology, life span, neuroanatomy, and many other medically related courses. Within the program, the student will have many opportunities to apply and integrate classroom learned theories into practice through extensive clinical education offered through a variety of practical settings. "Clinicals" are scheduled periodically throughout the PT program for student in order to give them a large amount of hands on experience prior to graduation.

Depending upon the school chosen and the level of education of the program, the new graduate will have achieved a Bachelor's Degree or a Master's Degree in physical therapy. The opportunity is open to them at this time, to continue their education and obtain a PhD in physical therapy.

Finally, before beginning practice as a physical therapist, the individual must pass a licensing examination in the State in which they wish to practice, certifying them as a Licensed Physical Therapist. To be eligible for State licensing each year a Physical Therapist must complete accredited continuing education courses.

There is "much to learn" for the PT, and the educational process is forever ongoing, as this ensures quality patient care in the professional field of physical therapy. We at the Physical Therapy Centers of Ashland, Grayson, Wheelersburg, and South Shore are dedicated to providing each patient the most current therapy, thorough treatment, and highest quality of care.

PART ONE!

An Affiliate of Physical Therapy Centers of Ashland, Wheelersburg, and South Shore

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WEDNESDAY DECEMBER 25

	WSAZ 3	WCHS 8	WCPO 9	WVAH 11	WOWK 13	WLEX 18	WKYT 27	WTVQ 36	WTSF 61	KET	TBS	ESPN	WGN	USA
7 AM :30	Today	Good Mornin-	Good Mornin-	FullHse Louie	Sounds of	Today	This Mornin-	Good Mornin-	Come- Project	Sesame Street	Jetsons Flintstn.	Best of Sport-	In Touch Griffith	Smoky Mtn.
8 AM :30	"	g	g	Peter Rider	Christ- mas	"	g	g	Spirit Jerry C.	Play Arthur	Brady Bewitch	scenter Best of	Bugs- Ani-	Movie: Always
9 AM :30	Christm- as	Regis & Kathie	Regis & Kathie	Break- fast	"	Geraldo Rivera	Restless	Regis & Kathie	Parsley Jeru-	Christm- as	Little House	Sport- scenter	C'mas- Church	"
10 AM :30	Leeza	Walt Disney	Walt Disney	Judge Judge	"	Another World	Crook & Chase	Walt Disney	Cele- bration	Mouse- Snowm-	Little House	Best of Sport-	Griffith Emp-	Back to
11 AM :30	Montel Wms.	World Parade	World Parade	Matlock	"	Days of Lives	Christm- as	World Parade	Sto- Word-	Cele- bration	on the Prairie	scenter Best of	Char. Angels	the Future
12 PM :30	News Edition	College Foot-	College Foot-	Jenny Jones	" Restless	Out- Lucy	Parade	College Foot-	Call of Spirit	Station Barney	Movie: The	Sport- scenter	Geraldo Rivera	Part II Movie:
1 PM :30	Days of Lives	ball: Blue-	ball: Blue-	E.N.G	Bold	Leeza	Griffith Bold	ball: Blue-	Faith Exercise	C'mas- Naval	Grea- test	Gym- nastics	News	Back to the
2 PM :30	Another World	Gray All-Star	Gray All-Star	Bananas Samurai	Wrld Trns	Jenny Jones	Wrld Trns	Gray All-Star	Eas- B. Hinn	Memory Christm-	Story Ever	Rock 'n Roll	Magnu- m, P.I.	Future Part III
3 PM :30	Maury	Classic College	Classic College	Batman Spider	Guiding Light	Ricki Lake	Guiding Light	Classic College	Pearson Dean	Barney Mr Ro-	Told	Golf	Beauty & Beast	Movie: Star
4 PM :30	Oprah Winfrey	Foot- ball:	Foot- ball:	Beetle- Rangers	Rosie O.	FreshPr HardCpy	Oprah Winfrey	Foot- ball:	Shephrd Chapl	Sesame Street	Movie: Ben-	Senior PGA	Beverly Hills	Wars
5 PM :30	News NBA	Cali- fornia	Cali- fornia	Ricki Lake	Christm- as	Thursd- NBA	Chorus News	Cali- fornia	Shephrd Chapl	Reading San-	Hur	Golf	Family Dreams	Movie:
6 PM :30	NBA Bas-	vs. Navy	vs. Navy	Step FreshPr	News News	NBA Bas-	News News	vs. Navy	Come- Eas-	Har- ambee!	"	UpClose Sport-	Saved- Saved-	The Empire
7 PM :30	ketball Lakers	H. Patrol Videos	Fortune J'pardy	Mad Simp-	Hom- Seinfeld	ketball Lakers	Fortune J'pardy	Mad Seinfeld	Spirit Anker-	News- Lehrer	"	scenter AllAmer	Family Bzzz!	Strikes Back
8 PM :30	at Suns NBA	Grace Coach	Grace Coach	Movie: Hero	Nanny Pearl	at Suns NBA	Nanny Pearl	Grace Coach	Cele- bration	Bus Holiday	Movie: A Christ-	Gym- nastics	Sister Nick-	Movie: Return
9 PM :30	Bas- ketball	Carey Ellen	Carey Ellen	"	The Christ-	Bas- ketball:	The Christ-	Carey Ellen	Cope- Willie	Carols- Atlanta	mas Story	Nut- cracker	Wayans Jamie F.	of the Jedi
10 PM :30	Pistons at Bulls	Prime- time	Prime- time	Real TV Cops	mas Box	Pistons at Bulls	mas Box	Prime- time	Vanimpe Begin-	Mtn. Born	Stars on Ice	on Ice	News	"
11 PM :30	News Tonight	News Night-	News Night-	Griffith Griffith	News Late	Lifes- Tonight	News Late	Gadget Night-	Pro- Spirit	News Politics	"	Sport- scenter	Wiseguy	Movie: Cry-
12 AM :30	Show Late-	Bay- watch	Access Real TV	Deep Space 9	Show LateLate	Show Late-	Show LateLate	Bay- watch	B. Hinn Faith	Sign-Off	Scavngr Hunt	Holiday Golf	Heat of Night	Baby

THURSDAY DECEMBER 26

	WSAZ 3	WCHS 8	WCPO 9	WVAH 11	WOWK 13	WLEX 18	WKYT 27	WTVQ 36	WTSF 61	KET	TBS	ESPN	WGN	USA
7 AM :30	Today	Good Mornin-	Good Mornin-	FullHse Louie	News	Today	This Mornin-	Good Mornin-	Come- Project	Sesame Street	Jetsons Flintstn.	Sport- scenter	Love- Griffith	Fighter WingCo-
8 AM :30	"	g	g	Peter Rider	Morning	"	g	g	Spirit As-	Play Arthur	Brady Bewitch	Sport- scenter	Bugs- Ani-	MortalK Dragon
9 AM :30	Leeza	Regis & Kathie	Regis & Kathie	Break- fast	Geraldo Rivera	Geraldo Rivera	Restless	Regis & Kathie	Parsley In Step	Har- ambee!	Movie: Son of	Sport- scenter	Woody Bewitch	Dr. Otto & the
10 AM :30	Leeza	Springer	Rosie O.	Judge Judge	Dating New-	Another World	Crook & Chase	Sally	Cele- bration	Body Wood-	God- zilla	Sport- scenter	Griffith Emp-	Riddle
11 AM :30	Montel Wms.	Caryl- Marilyn	Rolonda	Matlock	Price Is Right	Days of Lives	Price Is Right	Caryl- Marilyn	Sto- Word-	Newtons Wish-	Godzill- a-Sea	Sport- scenter	Char. Angels	Movie: Ernest
12 PM :30	News Edition	News The City	News The City	Jenny Jones	News Restless	News Lucy	News News	Old The City	Call of Spirit	Station Barney	Movie:	Sport- scenter	Geraldo Rivera	Goes to Camp
1 PM :30	Days of Lives	Children	Children	E.N.G	Bold	Leeza	Griffith Bold	Children	Faith Exercise	Paint Home	The Beast-	Football NFL	News	USALive USALive
2 PM :30	Another World	One Life to Live	One Life to Live	Bananas Samurai	Wrld Trns	Jenny Jones	Wrld Trns	One Life to Live	Eas- B. Hinn	Har- ambee!	master	Amer.'s Horse	Magnu- m, P.I.	USALive
3 PM :30	Maury Povich	Hospital	Hospital	Batman Spider	Guiding Light	Ricki Lake	Guiding Light	Hospital	Cele- bration	Barney Mr Ro-	Flintstn. Scooby	Battle- Stars	Beauty & Beast	USALive USALive
4 PM :30	Oprah Winfrey	Dr. Quinn	Oprah Winfrey	Beetle- Rangers	Rosie O.	FreshPr HardCpy	Oprah Winfrey	Rosie O.	Shephrd Chapl	Sesame Street	Taz- Jon-	Golf	Beverly Hills	Wanted Top-
5 PM :30	News Journal	Sally	News News	Ricki Lake	News News	Montel Wms.	Review News	News Enter-	Shephrd Chapl	Reading San-	Saved- Saved-	"	Family Dreams	Wings Wings
6 PM :30	News News	News News	News	Step FreshPr	News News	News	News News	News News	Come- New	Kwanza- Mo-	Family Family	UpClose Sportsc-	Saved- Saved-	Rene- gade
7 PM :30	Fortune J'pardy	H. Patrol Videos	Fortune J'pardy	Mad Simp-	Hom- Seinfeld	News H. Patrol	Fortune J'pardy	Mad Seinfeld	Spirit Faith	News- Lehrer	Videos Videos	Bowl Kickoff	Family Bzzz!	High- lander
8 PM :30	Friends Sin-	Movie: Hook	Movie: Hook	Martin Single	Diag. Murder	Friends Sin-	Diag. Murder	Movie: Hook	Cele- bration	Railway Jrnys.	NBA Bas-	NHL Hockey	Movie: Ama-	Murder Wrote
9 PM :30	Seinfeld Men-	"	"	Under- covr	Ken- nedy	Seinfeld Men-	Ken- nedy	"	Cope- Willie	Mystery!	ketball: Magic	"	deus	Movie: Dead
10 PM :30	ER	"	"	Real TV Cops	Center Honors	ER	Center Honors	"	Break- through	Jubilee	at Heat Movie:	"	News	Air
11 PM :30	News Tonight	News Night-	News Night-	Griffith Griffith	News Late	News Tonight	News Late	News Night-	Family Spirit	News Todays	Slap Shot	Sport- scenter	Wiseguy	Sa- turday
12 AM :30	Show Late-	Bay- watch	Access Real TV	Deep Space 9	Show LateLate	Show Late-	Show LateLate	Bay- watch	B. Hinn Faith	Sign-Off	"	NFL Horse	Heat of Night	Night Fever

FRIDAY DECEMBER 27

	WSAZ 3	WCHS 8	WCPO 9	WVAH 11	WOWK 13	WLEX 18	WKYT 27	WTVQ 36	WTSF 61	KET	TBS	ESPN	WGN	USA
7 AM :30	Today	Good Mornin-	Good Mornin-	FullHse Louie	News	Today	This Mornin-	Good Mornin-	Come- Project.	Sesame Street	Jetsons Flintstn.	Sport- scenter	Vanimpe Griffith	Fighter WingCo-
8 AM :30	"	g	g	Peter Rider	Morning	"	g	g	Spirit Eas-	Play Arthur	Brady Bewitch	Sport- scenter	Freako- Freak-	MortalK Dragon
9 AM :30	Leeza	Regis & Kathie	Regis & Kathie	Break- fast	Geraldo Rivera	Geraldo Rivera	Restless	Regis & Kathie	Parsley Family	Busi- Pastels	Invaders From	Sport- scenter	Woody Bewitch	Princess Acad.
10 AM :30	Leeza	Springer	Rosie O.	Judge Judge	Dating New-	Another World	Crook & Chase	Sally	Cele- bration	Body Glass	Mars	Sport- scenter	Griffith Emp.	"
11 AM :30	Montel Wms.	Caryl- Marilyn	Rolonda	Matlock	Price Is Right	Days of Lives	Price Is Right	Caryl- Marilyn	Sto- Word-	Newtons Wish-	Masters of the	Sport- scenter	Char. Angels	Movie: Private
12 PM :30	News Edition	News The City	News The City	Jenny Jones	News Restless	News Lifes-	News News	Living The City	Call of Spirit	Station Barney	Univ- erse	Sport- scenter	Geraldo Rivera	School
1 PM :30	Days of Lives	Children	Children	E.N.G	Bold	Leeza	Griffith Bold	Children	Faith Exercise	Painting Painting	The Last Star-	Outback Super-	News	USALive USALive
2 PM :30	Another World	One Life to Live	One Life to Live	Bananas Samurai	Wrld Trns	Jenny Jones	Wrld Trns	One Life to Live	Eas- B. Hinn	Water- mark	fighter	Super- Super-	Magnu- m, P.I.	USALive
3 PM :30	Maury	Hospital	Hospital	Batman Spider	Guiding Light	Ricki Lake	Guiding Light	Hospital	Cele- bration	Barney Mr Ro-	Flintstn. Scooby	College Foot-	Beauty & Beast	USALive USALive
4 PM :30	Oprah Winfrey	Dr. Quinn	Oprah Winfrey	Beetle- Rangers	Rosie O.	FreshPr HardCpy	Oprah Winfrey	Rosie O.	ShephrdJ Chapl	Sesame Street	Taz- Jon-	ball: Housto-	Beverly Hills	Wanted Top-
5 PM :30	News Journal	Sally	News News	Ricki Lake	News News	Montel Wms.	News News	News Enter-	Shephrd Chapl	Reading San-	Saved- Saved-	n vs. Syra-	Family Dreams	Wings Wings
6 PM :30	News News	News News	News	Step FreshPr	News News	News	News News	News News	Come- Lift Up	Euro- Asian	Family Family	cuse Sportsc-	Saved- Saved-	Rene- gade
7 PM :30	Fortune J'pardy	H. Patrol Videos	Fortune J'pardy	Mad Simp-	Hom- Seinfeld	News H. Patrol	Fortune J'pardy	Mad Seinfeld	Spirit Scan	News- Lehrer	Videos College	College Bas-	Family Bzzz!	High- lander
8 PM :30	Mys- teries	Family Boy-	Family Boy-	Sliders	Dave's Ray-	Mys- teries	Dave's Ray-	Family Boy-	Cele- bration	Com- Group	Foot- ball:	ketball	Movie: Ama-	Movie: Dead
9 PM :30	Dateline	Sabrina Clueless	Sabrina Clueless	"	Rock- ford	Dateline	Rock- ford	Sabrina Clueless	Cope- Willie	WashWk Wall St.	Miami vs.	College Foot-	deus	Poets Society
10 PM :30	Profiler	20/20	20/20	Real TV Cops	Files	Profiler	Files	20/20	As- Hope	Genesi- s-Living	Virginia	ball: Utah	News	"
11 PM :30	News Tonight	News Night-	News Night-	Griffith Griffith	News Late	News Tonight	News Late	News Night-	Big- Spirit	News People	Movie: The	vs. Wis-	Wiseguy	Big Easy
12 AM :30	Show Late-	Bay- watch	Access Real TV	Deep Space 9	Show LateLate	Show Late-	Show LateLate	Bay- watch	B. Hinn Cerullo	Sign-Off	Outsi- ders	consin Sportsc-	Heat of Night	Every Which

SATURDAY DECEMBER 28

	WSAZ 3	WCHS 8	WCPO 9	WVAH 11	WOWK 13	WLEX 18	WKYT 27	WTVQ 36	WTSF 61	KET	TBS	ESPN	WGN	USA
7 AM :30	News	Concern Story	Planet Ghostw-	All Dogs Dragon	News	Madison Saved-	Kipper Cryptkpr	Ghostw- Story	Exercise Zola		Mind Planet	Sportsc- Out-	Char- Peopl-	Paid Paid
8 AM :30	Today	Jungle New-	Jungle New-	Rangers C-Bear		Today	The- Timon	Jungle New-	Sun- Gospel	Theo- Bus	Flintstn. Taz-	FlyFish Skies	FarmRpt Busi-	Paid Paid
9 AM :30	"	New- Ducks	New- Ducks	Beetle- Spider	Kidsma- Geeker		The- Geeker	New- Ducks	Janices Big-	Smith Contrary	WCW Wrest.	Shooter Outdoor	WWF Blastoff	Paid Paid
10 AM :30	G. White Pitino	Bugs&T Bugs&T	Bugs&T Bugs&T	Casper Goos-	Ac- Kipper	Week Closer	Scott Kipper	Bugs&T Bugs&T	Health Gerbert	Group Kwanza-	Movie: At the	Safari Walk-	Outdoor Paid	Wres- tling
11 AM :30	Saved- Dreams	Bone- Gar-	Bone- News	Louie X-Men	Cryptkpr High Q	Saved- Dreams	Cryptkpr Kids	Bone- Gar-	Fly-Hse. Word-	YourDo- Grilling	Earth's Core	Out- NFL	Paid Paid	Fighter WingCo-
12 PM :30	NBA Edition	Pre- NFL	Pre- NFL	Movie: Foolin'	Paid Paid	Auto Paid	Mattox Pitino	Pre- NFL	Exercise Jeru-	Sewing BearCtr-	Rescue- Gilli-	Aero- batics	Soul Train	MortalK Dragon
1 PM :30	Movie: Her	Foot- ball	Foot- ball:	Around	Paid Paid	Movie: Private	College Bowl	Foot- ball:	Pro- Rob-	On Lo- cation	gan's Isle	Billiards	Movie: Captain	Pacific Blue
2 PM :30	Hidden Truth	Wild- card	Wild- card	Movie: The Hot	Skiing	Ben- jamin	Skiing	Wild- card	Pearson Luth-	Kirkland	Return to the	Shootin- Timber	Americ- a	Movie: Donor
3 PM :30	Pitino TBA	Pre-	Pre-	Rock	Figure Skatin-	FreshPr FreshPr	Figure Skatin-	Pre-	Murdock Home-	Art-Wild	Blue Lagoon	Series Sports	Adv. of Sinbad	Unk- nown
4 PM :30	Wonder- s-Rome	NFL Foot-	NFL Foot-	Star Trek	g: Conti-	Wonder- s-Rome	g: Conti-	NFL Foot-	Jesus Insight	Show- case	Movie: The	Amazing Games	Xena: Warrior	Movie: Raising
5 PM :30	Tennis	ball: Wild-	ball: Wild-	Wres- tling	nents Cup	Tennis	nents Cup	ball: Wild-	Church Scrip-	Law Legisla-	Goonie- s	Extreme	Hercule- s-Jrnys.	Arizona
6 PM :30	News News	card	card	Deep Space 9	News News	News News	News SEC	card	Tulley's Family	Think- Firing-	WCW Sa-	USGA Year	High- lander	Movie: Jaws III
7 PM :30	College Bas-	Dr. Quinn	Fortune Cash	Mad Griffith	Hom- Seinfeld	News Lifes-	College Bas-	Mad Seinfeld	Begin- Word-	Prime Trailside	turday Night	Sportsc- NFL	Family Rich-s	"
8 PM :30	ketball	Caesar's Palace-	Caesar's Palace-	Cops Cops	Dr. Quinn	Movie: Dennis	ketball	Caesar's Palace-	Pfeifers Truth	Ken- KyLife	Movie: The	College Foot-	Movie:	Movie: Shoot
9 PM :30	Fortune J'pardy	Anniv- ersry	Anniv- ersry	Bravo Awards	Early Edition	the Menace	Early Edition	Anniv- ersry	C. Jerry C	Austin City	War Wagon	ball	Wicked Ways	to Kill
10 PM :30	Pre- tender	America Music	America Music	Babylon 5	Texas Ranger	Pre- tender	Texas Ranger	America Music	Sunday Baptist	Mystery!	Movie: Paint	"	News	WeirdS- Duckm-
11 PM :30	News Sat.	News Cape	News Access	Mad TV	News Coach	News Sat.	News Sports	News Bay-	Naza- Hagee	Jazz- voices	Yodr Wagon	Sportsc-	Night Ct. Allan	Movie: Alien
12 AM :30	Night Live	Bay-	H'wood Crypt	Voyager	Coach Her-	Night Live	Deep Space 9	watch Crypt	B. Hinn God	Sign-Off	"	NFL Bas-	Qua- termain	"

SUNDAY DECEMBER 29

	WSAZ 3	WCHS 8	WCPO 9	WVAH 11	WOWK 13	WLEX 18	WKYT 27	WTVQ 36	WTSF 61	KET	TBS	ESPN	WGN	USA
7 AM :30	Hour of Power	J.Ken- nedy	Busi- Forum	Oscar's Masters	Paid Search	Dr Kenndy	Cope- land	Church Paid	Awaken Church		Scooby Planet	Sportsc- Ski	Oral R. Daffy	Chip- Dragon
8 AM :30	Today	Faith Dis-	Bl. Mer-	FullHse Valley	Outreac- Light-	Today	Paid Direc-	Good Mrn.	Insight Hardy	Sesame Street	Dexter Jetsons	Be- Golf	Ani- Su-	Ac- Ultrafrc.
9 AM :30	Talking Vanimpe	Ernest Angley	Good Mrn.	FreshPr Step	Sunday Mornin-	Meet the Press	Sunday Mornin-	Hour of Power	H. R. Vanimpe	Barney Tots TV	Flintstn. Flintstn.	NFL Sport-	Bozo Super	Fighter MortalK
10 AM :30	Cope- land	In Touch	Living This	Griffith Griffith	g Nation	Your Baptist	g Nation	South- land Hr.	Family Home-	Bus Wish-	Griffith Movie:	sweekly Re-	Rovers Way-	Dragon WingCo-
11 AM :30	Meet the Press	Children This	Week Enquirer	Star Trek	Destinat Garden	Closer	News- Is	Taber- This	Hagee Word-	Crea- Puzzle	The Goonie-	Sport- scenter	Pinky- Ani-	WWF Super.
12 PM :30	To Be An-	Week House	News House	Fox NFL Sunday	Paid Paid	Paid Prog.	Lazarus Man	Week News	Presby- terian	Memory Com-	s	NFL Tennis	Sylvstr Dreams	Movie: Out on
1 PM :30	nounc- ed	Paid Paid	TV.COM Mercury	NFL Foot-	Paid Paid	FreshPr Movie:	Mo- Health-	Kidd PE-TV	Fredrick Price	Fiddlers' Jam	Movie: Summ-	Equestr-	The Gam-	a Limb
2 PM :30	"	Golf: Three-	Media	ball Play-	Skiing: King	Man- hunter	Skiing: King	Golf: Three-	Word- C.	Fiddlers' Jam	er Rental	Figure Skatin-	bler Re-	Movie: The
3 PM :30	TBA NFL	Tour Chal-	"	offs	Figure Skatin-	NFL	Figure Skatin-	Tour Chal-	Repass Dean	Journal Legends	Movie: Summ-	g: Le- gends	turns: Luck of	Butche- r's Wife
4 PM :30	NFL Foot-	lenge – Final	Golf: Three-	To Be An-	g: Conti-	NFL Foot-	g: Conti-	lenge – Final	Eas- New	RodReel Ken-	er School	Cheer- leading	the Draw	Movie: Maid to
5 PM :30	ball: Wild-	Day	Tour Chall.	nounc- ed	nents Cup	ball: Wild-	nents Cup	Day	Insight Brown	House Wdwrig-	Wres- tling	Billiards	Movie: Six	Order
6 PM :30	card	News News	News News	"	News News	card	News News	News News	Zola Old	Garden Gourmet	Videos Videos	Super- bouts	Pack	Maternal In-
7 PM :30	Dateline	Videos Videos	Videos Videos	Married Married	60 Minutes	Dateline	60 Minutes	Videos Videos	Gospel Murdock	National Geo.	National Geo-	Sportsc- NFL	7th Heaven	stincts
8 PM :30	3rdRock Boston	Movie: Scent	Movie: Scent	Simp- Ned-	Touche- d-Angel	3rdRock Boston	Touche- d-Angel	Movie: Scent	Swag- gart	Nature	graphic Exp.	College Foot-	Parent Harvey	Pacific Blue
9 PM :30	Movie: The	of a Woman	of a Woman	X-Files	Movie: Die	Movie: The	Movie: Die	of a Woman	Family Eas-	Master- piece	Driving Passion	ball: Iowa	Unhap- LifeR-	Stalk- ings
10 PM :30	Paper	"	"	Voyager	Hard 2	Paper	Hard 2	"	Revival Rob-	Theatre	"	vs. Texas	News Replay	Big Easy
11 PM :30	News Fox-	News Siskel	News Sports	InHouse Malcolm	News	News Car-	News News	News Siskel	Kay Arthur	America	National Geo-	Tech Sport-	Night Ct. Adv. of	Stalk- ings
12 AM :30	Fox- Two	Outer Limits	of Sorts Sports	Ro- News	Coach Coach	H. Patrol H. Patrol	Paid Movie	Ent. Tonight	B. Hinn Faith	Sign-Off	graphic Exp.	scenter NFL	Sinbad Her-	Reel Wild

MONDAY DECEMBER 30

	WSAZ 3	WCHS 8	WCPO 9	WVAH 11	WOWK 13	WLEX 18	WKYT 27	WTVQ 36	WTSF 61	KET	TBS	ESPN	WGN	USA
7 AM :30	Today	Good Mornin-	Good Mornin-	FullHse Casper	News	Today	This Mornin-	Good Mornin-	Come- Project	Sesame Street	Jetsons Flintstn.	Sport- scenter	Children Griffith	Sonic Sharks
8 AM :30	"	g	g	Mumfie Rider	Morning	"	g	g	Spirit Word-	Play Arthur	Brady Bewitch	Sport- scenter	Bugs- Ani-	Max Sonic
9 AM :30	Leeza	Regis & Kathie	Regis & Kathie	Break- fast	Geraldo Rivera	Geraldo Rivera	Restless	Regis & Kathie	Parsley Insight	To Read Math	Movie: Them!	Sport- scenter	Woody Bewitch	Teenage Mutant
10 AM :30	Leeza	Springer	Rosie O.	Judge Judge	Dating New-	Another World	Crook & Chase	Sally	Cele- bration	Body TaiChi	"	Sport- scenter	Griffith Emp-	Ninja Turtles
11 AM :30	Montel Wms.	Caryl- Marilyn	Rolonda	Matlock	Price Is Right	Days of Lives	Price Is Right	Caryl- Marilyn	Sto- Word-	Newtons Wish-	Movie: Teen	Sport- scenter	Char. Angels	Movie: Big Top
12 PM :30	News Edition	News The City	News The City	Jenny Jones	News Restless	News Lucy	News News	Garden The City	Call of Spirit	Station Barney	Wolf	Sport- scenter	Geraldo Rivera	Pee- wee
1 PM :30	Days of Lives	Children	Children	Paid Paid	Bold	Leeza	Griffith Bold	Children	Faith Exercise	Violence Violence	Movie: Little	Swim- ming	News	USALive USALive
2 PM :30	Another World	One Life to Live	One Life to Live	Bananas Samurai	Wrld Trns	Jenny Jones	Wrld Trns	One Life to Live	Eas- B. Hinn	Great Masters	Mons- ters	Holiday Scho-	Streets of S.F.	USALive
3 PM :30	Maury	Hospital	Hospital	Batman Spider	Guiding Light	Ricki Lake	Guiding Light	Hospital	Cele- bration	Barney Mr Ro-	Flintstn. Scooby	College Bas-	Beauty & Beast	USALive USALive
4 PM :30	Oprah Winfrey	Dr. Quinn	Oprah Winfrey	Beetle- Rangers	Rosie O.	FreshPr HardCpy	Oprah Winfrey	Rosie O.	Shephrd Chapl	Sesame Street	Taz- Jon-	ketball	Beverly Hills	Wanted Top-
5 PM :30	News Journal	Sally	News News	Ricki Lake	News News	Montel Wms.	News News	News Enter-	Shephrd Chapl	Reading San-	Saved- Saved-	Super- NBA	Family Dreams	Wings Wings
6 PM :30	News News	News News	News	Step FreshPr	News News	News	News News	News News	Come- Jeru-	Learn House	Family Family	UpClose Sport-	Saved- Saved-	Rene- gade
7 PM :30	College Bas-	H. Patrol Videos	Fortune J'pardy	Mad Simp-	Hom- Seinfeld	News H. Patrol	Fortune J'pardy	Mad Seinfeld	Spirit In Step	News- Lehrer	Videos Videos	scenter Kickoff	Family Bzzz!	High- lander
8 PM :30	ketball	Dan- gerous	Dan- gerous	Madonn- a-Lost	Cosby Ink	Fox- Movie:	Cosby Ink	Dan- gerous	Cele- bration	Metro- politan	Movie: Magnu-	College Foot-	Movie: Coo-	WWF Monday
9 PM :30	Movie: Batman	Breakin- g	Breakin- g	"	Murphy Cybill	Batman	Murphy Cybill	Breakin- g	Cope- Willie	Opera Pre-	m Force	ball	gan's Bluff	Movie: Lion-
10 PM :30	"	Throug- h	Throug- h	Real TV Cops	Most- Women	"	Most- Women	Throug- h	Bhld Eas-	sents: Cosi	Movie:	"	Hmoon- Hmoon-	heart
11 PM :30	News Tonight	News Night-	Sign-Off Night-	Griffith Griffith	News Late	News Tonight	News Late	News Night-	Rob- Spirit	News	One Good	Sport-	News Hmoon-	Movie: True
12 AM :30	Show Late-	Bay- watch	News TBA	Deep Space 9	Show LateLate	Show Late-	Show LateLate	Bay- watch	B. Hinn Faith	Sign-Off	Cop Magnum	scenter Bas-	Heat of Night	Crime

TUESDAY DECEMBER 31

	WSAZ 3	WCHS 8	WCPO 9	WVAH 11	WOWK 13	WLEX 18	WKYT 27	WTVQ 36	WTSF 61	KET	TBS	ESPN	WGN	USA
7 AM :30	Today	Good Mornin-	Good Mornin-	FullHse Casper	News	Today	This Mornin-	Good Mornin-	Come- Project	Sesame Street	Cavema- n	Sport- scenter	Winning Griffith	Sonic Sharks
8 AM :30	"	g	g	Mumfie Rider	Morning	"	g	g	Spirit Repass	Play Arthur	Movie: She's	Sport- scenter	Bugs- Ani-	Max Sonic
9 AM :30	Leeza	Regis & Kathie	Regis & Kathie	Break- fast	Geraldo Rivera	Geraldo Rivera	Restless	Regis & Kathie	Parsley Scan	GED Page	Out of Control	Sport- scenter	Woody Bewitch	Movie: Little
10 AM :30	Leeza	Springer	Rosie O.	Judge Judge	Dating New-	Another World	Crook & Chase	Sally	Cele- bration	Body Instruc-	Movie: Troop	Sport- scenter	Griffith Emp-	Sister
11 AM :30	Montel Wms.	Caryl- Marilyn	Rolonda	Matlock	Price Is Right	Days of Lives	Price Is Right	Caryl- Marilyn	Sto- Word-	Newtons Wish-	Beverly Hills	Sport- scenter	Char. Angels	Movie: Once
12 PM :30	News Edition	News The City	News The City	Jenny Jones	News Restless	News Lucy	News News	House The City	Call of Spirit	Station Barney	Movie: Little	College Foot-	Geraldo Rivera	Bitten
1 PM :30	Days of Lives	Children	Children	Paid Paid	Soap-	Leeza	Griffith Soap-	Children	Faith Exercise	Embroid Des-	Shop of Horrors	ball: Howard	News	USALive USALive
2 PM :30	Another World	One Life to Live	One Life to Live	Bananas Samurai	College Foot-	Jenny Jones	College Foot-	One Life to Live	Eas- B. Hinn	Great Masters	Honey, I Shrunk	vs. Southe-	Streets of S.F.	USALive
3 PM :30	Maury	Hospital	Hospital	Batman Spider	ball: Mi-	Ricki Lake	ball: Mi-	Hospital	Cele- bration	Barney Mr Ro-	the Kids	rn College	Beauty & Beast	USALive USALive
4 PM :30	Oprah Winfrey	Dr. Quinn	Oprah Winfrey	Beetle- Rangers	chigan St. vs.	FreshPr HardCpy	chigan St. vs.	Rosie O.	Shephrd Chapl	Sesame Street	Movie: Weird	Foot- ball:	Beverly Hills	Wanted Top-
5 PM :30	News Journal	Sally	News News	Ricki Lake	Stan- ford	Montel Wms.	Stan- ford	News Enter-	Shephrd Chapl	Reading San-	Science	Army vs.	Family Dreams	Wings Wings
6 PM :30	News Gator-	News News	News	Step FreshPr	News News	News	News News	News News	Come- Vanimpe	GED Wdwrig-	The Break-	Auburn	Saved- Saved-	Rene- gade
7 PM :30	Fortune J'pardy	H. Patrol Videos	Fortune J'pardy	Mad Simp-	College Foot-	News H. Patrol	College Foot-	Mad Seinfeld	Spirit Scrip-	News- Lehrer	fast Club	Sport- scenter	Family Bzzz!	High- lander
8 PM :30	MadYou Some-	Ro- Life's	Ro- Life's	Movie: Doctor	ball: Orange	MadYou Some-	ball: Orange	Ro- Life's	Cele- bration	Nova	Movie: Fletch	Boxing	New Year's	Murder Wrote
9 PM :30	Frasier Caroline	Hom- SpinCity	Hom- SpinCity	Who	Bowl – Neb. vs.	Frasier Caroline	Bowl – Neb. vs.	Hom- SpinCity	Cope- Willie	Front- line	"	College	Eve Jam	Movie: Dead
10 PM :30	Dateline	NYPD Blue	NYPD Blue	Real TV Cops	Va. Tech	Dateline	Va. Tech	NYPD Blue	Eas- Faith	New- Year	Police Aca-	Bas- ketball	News	Ahead
11 PM :30	News Tonight	News New	News New	New Year's	News Late	News Tonight	News Late	News New	Hope Spirit	Ghost	demy 3	Sport-	Wiseguy	Don't Talk to
12 AM :30	Show Late-	Year- Eve	Year- Eve	TBA	Show LateLate	Show Late-	Show LateLate	Year- Eve	B. Hinn Faith	Sign-Off	Nationa- l-House	scenter Super-	Heat of Night	Stran- gers