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SATURDAY AUGUST 17. TV schedule grid for Saturday, August 17, 1996. Includes channels like 7 ABC, 8 NBC, 9 FOX, 10 CW, 11 PBS, 12 HBO and various local and national programs.

WEDNESDAY AUGUST 14. TV schedule grid for Wednesday, August 14, 1996. Includes channels like 7 ABC, 8 NBC, 9 FOX, 10 CW, 11 PBS, 12 HBO and various local and national programs.

SUNDAY AUGUST 18. TV schedule grid for Sunday, August 18, 1996. Includes channels like 7 ABC, 8 NBC, 9 FOX, 10 CW, 11 PBS, 12 HBO and various local and national programs.

THURSDAY AUGUST 15. TV schedule grid for Thursday, August 15, 1996. Includes channels like 7 ABC, 8 NBC, 9 FOX, 10 CW, 11 PBS, 12 HBO and various local and national programs.

MONDAY AUGUST 19. TV schedule grid for Monday, August 19, 1996. Includes channels like 7 ABC, 8 NBC, 9 FOX, 10 CW, 11 PBS, 12 HBO and various local and national programs.

FRIDAY AUGUST 16. TV schedule grid for Friday, August 16, 1996. Includes channels like 7 ABC, 8 NBC, 9 FOX, 10 CW, 11 PBS, 12 HBO and various local and national programs.

TUESDAY AUGUST 20. TV schedule grid for Tuesday, August 20, 1996. Includes channels like 7 ABC, 8 NBC, 9 FOX, 10 CW, 11 PBS, 12 HBO and various local and national programs.

SCHEDULE CONTINUED. Additional TV schedule information for the week.

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Nicholas County Co-Operative Extension Notes. Free things to send for. Mike Phillips reports on a tobacco striping ring and a tobacco striping machine. Another stop was the Kenaf plant, manufactured into paper or cloth products. Tobacco continues to be the largest agriculture commodity in Nicholas County. Labor requirements are exceptionally high particularly in housing and striping of the crop. Striping alone accounts for 21 percent total labor required for the tobacco crop. This translates to 18 hours of labor for this operation alone. At this year's field day, U.K.'s tobacco striping ring was introduced to the Nicholas County producers. This new machine replaces the need to hand the tobacco stalk from person to person along the striping table. Instead the stalk is placed in a stalk holder that carries the stalk around and each person removes the leaves for each grade. By reducing the number of times the stalk has to be

picked up and passed along needs a great improvement. Another stop was the Kenaf plant, manufactured into paper or cloth products, or transferred into building materials. Tests will be conducted later this fall to determine yield data for the best plot. A storage system for frozen hay can be preserved with the following field day. Wrapping plastic around grocery items has long been a common practice. Now that practice has been taken to the field. Large rolls of plastic are available for use in the field. Higher quality hay and 50 percent less spillage means less waste. Producing quality forage was the last stop on the farm. Producers were shown a field that had alfalfa used instead of clo-

increase the feed value of the crop. Alfalfa has the ability to stay in the blend for a longer period of time as does clover. It also has a higher feed value increasing the quality of the pasture whether grazed or cut for hay. Following the field day activities a meal was provided by Farm Credit Services and the Nicholas County Cattle Association. YOU CAN AFFORD COLLEGE! The Kentucky Higher Education Savings Program will pay free tuition for one semester each year, but there are 12 months of your term! Call Today 550 Randall Drive 606-299-4420 or Toll Free 1-888-KY GUARD

Korean troupe coming to MSU. MOREHEAD - Korean music and native costumes will be shared with the area Monday, August 19, when the Young, Hill Soon Korean Dance Academy from the Republic of Korea visits Morehead State University. The 13-member troupe will perform at 8 p.m. at MSU's Button Auditorium as part of a goodwill tour. The entertainment is free and open to the public. Anational performing troupe, the entertainers have made numerous international appearances. Their Kentucky performance is part of a cultural awareness trip in conjunction with an international trade mission coordinated by the Korean American Association of Kentuckiana and Kentucky Trade Center. Additional information is available by calling 1-606-783-2292.

exhaust pro. DISCOUNT MUFFLERS & BRAKES. 3900 Lexington Road Paris 987-1640. Absolute Action in Mt. Olivet Saturday morning, August 17th. Two Commercial Bldgs.-House & 2 Acres-Antique Store Contents-Office Contents. Having sold the Whalen & Company Insurance Agency for Robertson and Mason Counties to Carol Moran, Gerald M. Whalen, Broker, has a new listing in Absolute Action in Mt. Olivet. The Whalen & Company real estate auction business was not sold, just the insurance business.

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KET program addressing health issues. LEXINGTON - Three live "Kid Health Calls" airing Aug. 17, 18 and 19 at 8 p.m., on Kentucky Educational Television focus on critical children's health issues. Parenting tips around the home, recognizing developmental delays and managing asthma. Each year more children die from injuries than from all diseases combined. They're the preventable cause of death for children - and they can be prevented. "Accidents don't happen, but unintentional injuries do," said former U.S. Surgeon General C. Everett Koop, National Safe Kids Campaign chairman, said. These injuries kill and maim children, and parents and society can prevent them from happening. "Family Safety Check," which begins KET's three-part series on Aug. 20, focuses on practical steps families can take to prevent needless, unintentional injuries. Parents naturally have questions and concerns about their child's development. "When should be walking?" "She hasn't able to sit up yet. Is something wrong?" "Monitoring" development on Aug. 21 will help parents and caregivers recognize signs of disability and delay in child's development. Parents also will learn where to find resources and services in Kentucky when parents and children need extra help. "Facts About Asthma" closes the series on Aug. 22 with information on diagnosing and managing this disabling - but controllable - chronic disease, the number one cause of both school absenteeism and children's emergency room visits. This program will offer practical information on how to manage asthma and reduce the stress it can cause a family. Parents, grandparents and caregivers can get a toll-free number during each program to ask questions of panelists or about the contents of the above Packet from KET Community Outreach. By registering in advance and then completing questionnaires about the contents of the above, child care providers can receive three hours of continuing education credit toward licensing requirements. For more information, call KET Education at 1-800-422-0501. The free packets are available from July through August at Family Flavell, KET Community Outreach, at 1-800-865-8556. Renew Your Subscription. Renew Your Subscription. Renew Your Subscription. Renew Your Subscription. Renew Your Subscription. Renew Your Subscription.

Coaches' clinic planned Sept. 7. LOUISVILLE - A basketball coach's clinic featuring six college coaches has been set for Saturday, Sept. 7, at St. Xavier High School in Louisville. Western Kentucky University's Matt Kibbles will speak on "The Lost Art of Passing: Teaching and Drills," followed by Northern Kentucky University's Ken Shields, who will speak on "Interpersonal Relationships Between Players and Coaches." The University of Kentucky's Winston Bennett will speak on "Individual Instruction for Guards and Big Men." Eastern Kentucky University's Mike Calhoun will speak on "Press Offense: Structure, Philosophy and Drills." Bob Valenza of Louisville's Bellarmine College will speak on "Offense: The Three-Point Attack." The University of Louisville's Steve Davenport will conclude the day's lectures by speaking on "Pressing Defenses." Tuition for the clinic will be \$40 on or before Tuesday, Sept. 3, and \$50 after that date. Further information is available by calling 1-502-585-7141.

Title V workshop set Aug. 22 at park. LEXINGTON - The Kentucky Division for Air Quality is conducting a free workshop Thursday, Aug. 22, at Carter Caves State Resort Park to assist applicants in the Title V permitting process. The workshops will provide important information to sources of air pollutants regarding when and how to complete and file their applications. The division also will explain how sources may obtain conditional major permits or apply pursuant to a regulatory limit on the potential to emit pollution to avoid Title V requirements. Title V applications for major sources of pollution are due by October 14. The Kentucky Business Environmental Assistance Program in Lexington provides information on air quality regulations to all Kentucky businesses. For businesses with fewer than 100 employees, KBEAEP perform an on-site assessment for air quality regulations, provide assistance and help in determining emissions and completing permit applications. This service is free and is kept confidential from state regulatory agencies. Anyone wishing further information about the service or the workshop may contact KBEAEP at 1-800-562-2327.