

LETTERS TO THE EDITOR

NCHS Band: A reason to be PROUD!

Dear Editor: We have a reason this week to be extra proud of the group of young people in our community who have overcome many obstacles to hold their heads high and get the job done. I am talking about the Nicholas County High School Marching Band. They will be competing in the State Marching Band Competition at Berea this Saturday. I believe all the community needs to show their support for these young people in whatever way possible. No, I'm not talking about giving them money. I mean businesses print and decorate your store windows, individuals put a sign in your yard or by a flag from your vehicle. SHOW SOME SCHOOL SPIRIT!

Every single vote counts on Nov. 7

Editor, The Mercury: Tuesday, Nov. 7, is Election Day in Kentucky. Each registered voter in Nicholas County should consider it a privilege to have the opportunity to vote for the man or woman of his or her choice. There are many countries that do not have that right guaranteed by a document that has stood the test of time for over 200 years. Nonmater what happens on any election day, every single vote counts. There are elections won or lost by one single vote. That vote might be yours.

You must make a difference for Kentucky and Nicholas County by casting your vote for Paul Patton for Governor of Kentucky on Tuesday, November 7. Patton is by far the most qualified candidate with a working knowledge of our state's legislative process and a "front row seat" to the duties and responsibilities of the highest political office in the Bluegrass. Paul Patton cares about Nicholas County. He has visited our County, talked with our people — farmers, business men and women, and common folk — to find out their concerns and ideas to make things better for us.

Make your vote voices heard!

Dear Editor: We have once again set a record for voter registration with 2,249,249 Kentuckians on the list. Since motor-voter began this year, 17,907 people have registered to vote. This is more than three times the number who usually register in a year. We can possibly have nearly 30 percent more voter registration by the end of 1996, exceeding 30 percent registration for certain. Analyt, while voter registration is a laudable goal, voter participation is a dig-

Baseline mammogram is the first line of defense

It's all true, but it's not the whole story. In the fight to prevent breast cancer, most physicians suggest you have a baseline mammogram between age 30-39. If your family has a history of breast cancer, the baseline mammogram screening should be taken earlier. There is a very good reason to have a baseline mammogram. Breast tissue is different for everyone. They all have different densities, different looks on the imaging. A radiologist can give a radiologist a view of what your tissue looks like under healthy conditions. When you begin scheduling mammograms as part of your normal medical check-up, the radiologist, Dr. Klecker in the case of Johnson Mathers Health Care, compares new X-rays to old ones and notes changes in the tissue. Some of these changes are simply the result of aging. But another change a radiologist might see is a small area of growth, something that "looks suspicious."

A new day promised?

Dear Voters: The Republican Party is promising a new day for our nation. I am sure you heard the words when they were being said. When only one or five have the right to make their voices heard, the will of the majority is silenced. Tomorrow Thursday, Please vote.

Every single vote counts on Nov. 7

Editor, The Mercury: Tuesday, Nov. 7, is Election Day in Kentucky. Each registered voter in Nicholas County should consider it a privilege to have the opportunity to vote for the man or woman of his or her choice. There are many countries that do not have that right guaranteed by a document that has stood the test of time for over 200 years. Nonmater what happens on any election day, every single vote counts. There are elections won or lost by one single vote. That vote might be yours.

Proven track record needed in Kentucky

To Be Editor: I believe Paul Patton is the best candidate for governor to come along in Kentucky for many years. He has a proven track record in the legislature and has a stated desire for a return to normalcy that will not change if you don't vote. The decision is up to you. Do we continue down the same path of corruption and mismanagement or choose new leadership? The only chance for real change is Larry Forgy. Sincerely, Darla Thomas Lexington, Ky.

The CARLISLE MERCURY

Serving Nicholas County Since 1867
General Business Office, 234 N. Locust St., Carlisle, KY 40311
Publisher: RONALD D. CAULLI
Advertising Manager: LEO STONE
Circulation Manager: JAMANDA MERRI
Managing Editor: JULIE K. HOGG
Subscription Rates: \$16.95 per year
Advertising Rates: \$20.00 per column inch
Phone: 606-273-7434

Migraine headaches: new strategies for prevention and pain relief

By Osias Villarfor, M.D. Migraine is much more than a "bad headache." It is a physical disorder that can severely disrupt a person's life. Causes and effects are still a mystery, but research has made significant progress in understanding and treating the disease. Methods now exist to help ease pain or even prevent migraines from occurring.

Tobacco

Continued from Page 1: The sale of vegetable raised by KOC producers, plus by grants such as recent ones from the Brown-Farm Corporation and the Kellogg Foundation, Clay said.

GENERAL NEWS

School

Continued from Page 1: The school cost of \$3.74,000. Phase 4 is a renovation of the elementary school for grades 1 through 4. The school cost of \$3.74,000. Phase 4 is a renovation of the elementary school for grades 1 through 4. The school cost of \$3.74,000. Phase 4 is a renovation of the elementary school for grades 1 through 4.

"We should know something in a month. They'll look it over and see if it's feasible."

Nicholas County High School Greg Reid, also chairman of the LFC, said the state could strip the plan. "It can be amended. It can be changed. The direction is to really get the funding available," he said Tuesday morning.

Tobacco

Continued from Page 1: "We want to get the facts out about tobacco about supplemental crops, and about how development can boost the economies of our small counties," Worthington said.

Enjoy the value of electric water heating

Safe • Economical • Dependable • Versatile
KENTUCKY UTILITIES COMPANY
Ask about Value Plus programs for KU customers.

Reid & Vice

Lumber • Hardware • Paint • Plumbing • Electric
We Accept • Visa • MasterCard • American Express • Discover
289-7175 Carlisle, KY 606-273-7434

ATTENTION CUSTOMERS

As of October 31, we will be unable to accept cattle until November 27 or hogs from November 8 to November 27 due to deer season. We are sorry for any inconvenience this may cause. Please call to schedule an appointment!

Boy Season Has Started!

Bring your deer to us and we will process and package it to your specifications. WE WILL NOT KNOWINGLY ACCEPT ILLEGAL DEER!

C&W MEAT PACKERS

(Formerly Stead's Meat Packers)
318 West Park Street • Cynthiana, KY
606-234-4121
Hours: Mon.-Fri. 8 am-5 pm & Sat. 8 am-12 pm

Success lasts a lifetime.

Get the training, the education, the job!
A safe and drug-free environment
April 18-24
For more information, call (800) 211-0088

Johnson Mathers Clinic offers flu vaccine as public service

The flu season is fast approaching, and conditions are good, this year, for a large outbreak of the illness. Influenza, though common, is hard on elderly people, children, and people with chronic breathing problems. The best way to treat the flu is to avoid it altogether. If possible, the flu vaccine is the best method to prevent the virus from attacking you. We'd rather see you healthy than sick. Therefore, from Wednesday, November 10, Johnson Mathers Clinic will provide the flu vaccine for five dollars a shot. Appointments only! Call 289-2283.
PAID ADVERTISEMENT

JOHNSON MATHERS CLINIC NOW CHRISTMAS IS!

Flu vaccine available for \$5.00
Monday - Friday • Nov. 1 - Nov. 10
Call 289-2283 for an appointment
PATIENTS AT TIME OF VACCINATION. NO INSURANCE PAID.

GOOD ANYTIME!

SOUP & SANDWICH SPECIAL
• Philly Steak Sandwich
• Fish Sandwich
• J-Joy Sandwich
• Burrito Q Sandwich
• "Hot" Fried Chicken Sandwich
• "Hot" Appetizer Combo
Only \$3.99
Jerry's FAMILY RESTAURANT
Mapleville Rd., Mt. Sterling, KY 606-498-1940

Free Eye Screening

We will check your eyes for cataracts, glaucoma, diabetic eye disease and general health at the Lexington office of Kentucky Eye Institute.
Thursday, November 2
8:30 am - 4:30 pm
Call 1-800-432-9278
OR (606) 278-9393
By Appointment Only

FREE THINGS TO SEND FOR



For information about the new updated Encyclopedia of U.S. Postage Stamps is available to those who call 1-800-POWERS.

FREE THINGS TO SEND FOR



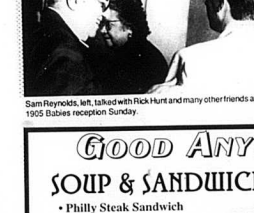
For information about the new updated Encyclopedia of U.S. Postage Stamps is available to those who call 1-800-POWERS.

FREE THINGS TO SEND FOR



For information about the new updated Encyclopedia of U.S. Postage Stamps is available to those who call 1-800-POWERS.

FREE THINGS TO SEND FOR



For information about the new updated Encyclopedia of U.S. Postage Stamps is available to those who call 1-800-POWERS.

FREE THINGS TO SEND FOR



For information about the new updated Encyclopedia of U.S. Postage Stamps is available to those who call 1-800-POWERS.

FREE THINGS TO SEND FOR



For information about the new updated Encyclopedia of U.S. Postage Stamps is available to those who call 1-800-POWERS.

You can see the concentration that goes on during band practice on the many brands and models of music stands from the Nicholas County High School. The band is to be congratulated on being named to state competition for the second consecutive year.

The Carlisle Mercury Logo Show Photo is a collection of logos from various businesses in the Nicholas County area. The logos are arranged in a grid and include names like 'The Carlisle Mercury', 'Nicholas County High School', and 'Nicholas County Chamber of Commerce'.

Amanda Florence showed spirit at the conference championship game last Thursday and was named the most valuable player. She was also named the most valuable player of the conference.

The school board has approved a plan to build a new high school for grades 9-12. The plan is to build a new high school for grades 9-12. The plan is to build a new high school for grades 9-12.

The school board has approved a plan to build a new high school for grades 9-12. The plan is to build a new high school for grades 9-12. The plan is to build a new high school for grades 9-12.

The school board has approved a plan to build a new high school for grades 9-12. The plan is to build a new high school for grades 9-12. The plan is to build a new high school for grades 9-12.