

Kids in the KITCHEN

Raisin Crunch Bars
Ruth Burdette, Frederick, MD

- Ingredients:**
- 1/2 cup Grape Nuts cereal
 - 1/2 cup raisins
 - 2 tsp shredded coconut
 - 1/2 cup frozen apple juice concentrate with no added sugar, thawed
 - 1 tsp honey
 - 1 envelope unflavored gelatin

Carefully chop the raisins in small pieces. Pour the cereal, the raisins and coconut into a small bowl. Set aside. In a small saucepan, mix juice, honey and gelatin. Cook over low heat until gelatin is dissolved. Pour the juice mixture over the cereal mixture and stir thoroughly. Spray a mini-loyal pan with non-stick shortening spray, and pack the fruit and cereal firmly into the pan. Refrigerate till firm. Use spatula to loosen edges of the mix. Cut into four bars, wrap in plastic wrap and store in the refrigerator until ready to eat.

BRIGHT IDEAS

When using ordinary white glue for craft projects, pour a little in a disposable lid and add some flour to it. Mix well. The flour will make the glue tacky; the glue will dry faster and speed up your work.

"R" Animal Riddles

An animal whose name begins with "R" is described in each poem. Can you name it?

- Masked, with striped tail a-swishing,
It wastes its catch when it's finished fishing.
- It sprinks along the desert plains,
Reeping out horn-like refrains.
- Broad of wing and black of feather,
Its group is loud when they come together.
- Over the ocean floor it glides,
This thin, flat fish in sand will hide.
- With Lapland folks and elves, as well,
Does this antlered creature dwell.
- With snake-like tail and long, whiskered face,
This menacing rodent is found everywhere.

The Carlisle Mercury Fun Page

GAMES FOR THE ROAD

Before you set off for your vacation, read these traveling games. If you play them, you'll have a little vacation while you travel to your vacation spot.

License Plate Word Game
Using the letters on the license plates of the cars you pass on the road, think of as many words as you can which start with that letter. If a license plate has more than one letter, think of words which use all the letters in the same order as they're printed on the plate.

Sight Search
Before you leave for your trip, make a list of things to look for while you drive along. Make some items and scenes common and some rare. Give a copy of the list to everyone. Check off each item as you see it.

Treasure Chest
Choose a general category like fruits, vegetables, first names or animals. The first player says, "I looked in a treasure chest and found..." and then names an item which fits in the category and begins with the letter "A." The second player repeats this sentence, including the "A" item the first player has named, and adds a "B" item. Each player repeats what the previous players have said and adds an item starting with the next letter of the alphabet. Try to get through the whole alphabet doing this. Then try another category.

For the FUN of it Follow My Mirror Image

- Actors and performers use this as a warm-up. Two players pair up and look into each other's eyes.
- One person starts with an action such as a wave of the hand, a bend or a movement of the head.
- The other person "mirrors" the first person by doing exactly as he/she is doing, just like what you would see happening in a mirror.
- Move slowly and precisely. How well can two of you look like reflections?

Quiz

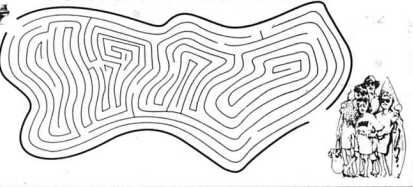
On March 28, 1850, a make-believe whaling captain named Captain Ahab harpooned a make-believe whale. What was the whale's name?
Answer: Moby Dick

What state, referred to as the "Bargain State," became part of the United States on March 30, 1867?
Answer: Alaska

GOING ON VACATION



Help this family find their way to vacation fun at the beach!



BASEBALL FEVER

Baseball Canister

A home-run idea! by Janice Jones

GET READY...

- One 2-lb. or 3-lb. coffee can with lid
- Off-white material to cover can
- Wallpaper, shelf paper or butcher paper
- Appliques: cut from fabric with team logos
- Trims: rickrack and 5/8" red sequins
- Felt: brown and red (or color of choice)
- 1-1/2" high letter and number stencil
- One 1" white pom-pom
- One 1/2" white pom-pom
- Thick craft glue
- Compass, pen, scissors

Option: Use pre-cut adhesive-backed letters and numbers instead of stencils and felt for lettering and numbers.

GET SET...

- Wash and dry canister.
- Use patterns to cut materials as indicated.
- Use stencils to trace and cut letters for team name and any numbers desired from felt.
- Cut a 6-1/2" x 20" rectangle from white material.
- Set compass on 2-1/2". Draw a circle onto a piece of white material. Cut out circle.

GO!

1 Cover and decorate the can. Wrap and glue fabric rectangle around can. Overlap and glue ends down. See Figure 1.
Divide canister into three equal sections by gluing three 6-1/4" lengths of rickrack down outside of can, glue rickrack from the bottom up so there is a 1/4" gap left at top of can. In one section, glue hat, handle down at an angle onto canister. Glue 1/2" pom-pom touching hat's striking surface. Decorate canister as desired. Glue sequins at random around can.

2 Decorate the top. Center fabric circle on lid and glue down. Glue rickrack around the edge of the fabric. Using pattern as a guide, clip glove at base. Overlap halves slightly so a pouch is formed in glove. Glue ends down. For ball, glue 1" pom-pom inside of glove pouch. Glue glue, with thumb pointing up, to center top of lid. Glue a row of sequins around lid between rickrack and glove. Replace lid on canister.

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SATURDAY **JUNE 3**

MSZ	MOIS	WCFO	WYAN	WORK	WLEA	WVTM	WTVG	WET	WISN	WISN	WISN	WISN
7	10	10	10	10	10	10	10	10	10	10	10	10

WEDNESDAY **MAY 31**

MSZ	MOIS	WCFO	WYAN	WORK	WLEA	WVTM	WTVG	WET	WISN	WISN	WISN	WISN
7	10	10	10	10	10	10	10	10	10	10	10	10

SUNDAY **JUNE 4**

MSZ	MOIS	WCFO	WYAN	WORK	WLEA	WVTM	WTVG	WET	WISN	WISN	WISN	WISN
7	10	10	10	10	10	10	10	10	10	10	10	10

THURSDAY **JUNE 1**

MSZ	MOIS	WCFO	WYAN	WORK	WLEA	WVTM	WTVG	WET	WISN	WISN	WISN	WISN
7	10	10	10	10	10	10	10	10	10	10	10	10

MONDAY **JUNE 5**

MSZ	MOIS	WCFO	WYAN	WORK	WLEA	WVTM	WTVG	WET	WISN	WISN	WISN	WISN
7	10	10	10	10	10	10	10	10	10	10	10	10

FRIDAY **JUNE 2**

MSZ	MOIS	WCFO	WYAN	WORK	WLEA	WVTM	WTVG	WET	WISN	WISN	WISN	WISN
7	10	10	10	10	10	10	10	10	10	10	10	10

TUESDAY **JUNE 6**

MSZ	MOIS	WCFO	WYAN	WORK	WLEA	WVTM	WTVG	WET	WISN	WISN	WISN	WISN
7	10	10	10	10	10	10	10	10	10	10	10	10