

Church Corner

Knowing What to be Successful

We all like to be a success. I don't believe anyone wants to be a loser. The dictionary says to succeed is "to attain the desired object or end. I believe that God wants us to be successful. He wants us to be full of Hope and Power and Peace and not be bowed down with the things of the world.

By now we are living in New Year and we might say that we are taking a journey into the unknown. None of us know what is in store for ourselves, that I believe will make 1995 a more successful year for all of us.

I believe that the whole secret in success is going to put God first in our lives. Not just on Sundays but everyday for the week.

The Bible must have a place in our lives and must be applied to our daily living, not just sit around and read it. It is the greatest book ever written, all secrets of life and the elements of living are contained inside its pages.

Travis is another element that we need this year. We must pray to have a Spiritual Life. I hope you will find time in your busy schedule to pray this year. (Find a place where you can be alone with God. David in the Bible made resolutions, first he resolved to read the Bible and kept it as a standard of life. Then David made a resolution about prayer (Psalm 119:2). Because he had inclined his ear unto me, therefore will I call upon his name.

Richard Gardner



Bright smiles
Stephanie Frederick, 10, and Rhya Breez, 8, walked on buses after school on Monday at Nicholas County Elementary School. (Photo by Kim Hamilton)

Jackets in All A Classic Feb. 1-5 in Richmond

LEXINGTON, Ky. — Nicholas County Lady Jackets and Bluejackets will participate in the Sixth Annual Kentucky All-A Classic high school boys and girls basketball tournament. The 1995 tournament will be held Feb. 1-5 at McRayner Arena in Richmond on the Eastern Kentucky University campus.

Last year, the Lady Jackets were barely defeated by Louisville Holy Cross, 38 to 35 for the championship.

Harlan won the 1994 boys basketball tournament, defeating the Sixth Annual Kentucky All-A Classic Invitational basketball tournament held in Northern Kentucky. Due to an overwhelming success, the program was expanded to the entire state of Kentucky.

"We are very pleased to have Harlan's and Ashland OH, Inc. as the tournament's major corporate sponsors," continued Joidel. "Without their support, we could not have evolved into an event of this magnitude."

Along with this year's basketball tournament, there will also be an academic competition, as well as cheerleading competition for the All-A schools. The academic competition will take place Jan. 14 at the Holiday Inn South in Lexington.

Scholarship money will be awarded to competition stop finishers. The statewide cheerleading competition for All Class 'A' schools will be held Jan. 21 at Lafayette High School in Lexington. Awards will be presented to the first through third place winners of each division.

Cheerleading squads of the

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dr. Pam Collins CARDIOLOGY INT. MEDICINE 1 pm - 3:30 pm	Dr. Pam Collins CARDIOLOGY INT. MEDICINE 1 pm - 3:30 pm	Dr. Pam Collins CARDIOLOGY INT. MEDICINE 1 pm - 3:30 pm	Dr. Pam Collins CARDIOLOGY INT. MEDICINE 1 pm - 3:30 pm	Dr. Pam Collins CARDIOLOGY INT. MEDICINE 1 pm - 3:30 pm
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The girls regional tournament will be played Jan. 16-21, with the boys regional taking place Jan. 22-28. Regional winners will then advance to the state finals in Richmond.

The first round of the girls tournament will begin Wednesday, Feb. 1. The first round of

The Medical Practice of FARA KARDAN, M.D.

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Kardan opens practice at JMHC Clinic

The new year brings with it good news for Nicholas County. Fara Kardan, M.D., has opened his medical practice in Nicholas County.

Dr. Kardan, a board certified internal medicine physician, was recruited to serve this area by Johnson Mathews Health Care in the late spring of 1994. Since then, all he has wanted to do is get through the red tape and paper work and start his professional medical practice.

Where Dr. Kardan will start being a physician is with Chuck Dabney, M.D., at Johnson Mathews Health Care in Nicholas County. Dr. Kardan brings to Nicholas County a wealth of medical education and experience. After a few years working as a general medical practitioner, Kardan decided to pursue a specialty in internal medicine. He started that work at the Interfaith



Dr. Fara Kardan, center, shakes the hand of Dr. Wendell Kingsolver at the physician's reception held recently. At left is Dr. Kardan's wife, Susan, Dr. Kingsolver's wife, Ginny, Isaac the pig.

AMERICANS With Disabilities Speak Out

In March 1994, the time has come to better understand and articulate how the Americans with Disabilities Act (ADA) is making a positive difference in the lives of 19 million Americans with disabilities, their families, and friends. You can help.

The National Council on Disability (NCD) would like to hear personal stories as to the life's impact NCD is particularly interested in hearing about varying types of successes and the personal impact of these on the lives of those with disabilities.

The stories could be about providing a service, or about an employer or something related to employment.

NCD has compiled a list of successful ADA accommodations. In 1993, NCD published ADA Bank and in 1994, NCD prepared the findings to the President and the Congress on the implementation of the ADA. You can write to National Council on Disability, 1411 Street, NW, the ADA, Suite 100, Washington, DC 20004.

A Merit Award is being given to the National Council on Disability. The President signed a bill that prepared the Americans with Disabilities Act.

To gather additional information, NCD is committed to the Administration's goal of inclusion and these stories will assist in that goal. Other stories, developing as a result of initiatives affecting a wide range of Americans with disabilities, will be included in the ADA Bank.

A team should be formed to study the accounts.

— Judith Proctor

Family requests help with medical expenses

A local family looks toward their neighbors for help. Nicholas County.

In early winter, a young Nicholas County boy was involved in a serious automobile accident that left him hospitalized and unconscious through most of the holiday season.

His hospital stay has already incurred a tremendous bill, and there is every likelihood that existing terms of insurance and occupational therapy will be necessary to bring this young



These Nicholas County Elementary School youngsters like to work hard at school, but look forward to going home at the end of a busy day!



A car driven by Tommy Dalley left the road and landed in the creek about one-half mile from Carlisle on Moorfield Road on Monday night at approximately 8:30 p.m. Dalley was treated and released at Johnson Mathews Health Care Center. Kentucky State Police worked the accident. (Photo by Kim Hamilton)

Richardson graduates medical school

Navy Petty Officer 3rd Class Ronald J. Richardson, son of Wanda L. Kinnard of Paris, KY, recently graduated from Field Medical Service School.

During the course at Field Medical Service School, Marine Corps Base, Camp Lejeune, NC, students are prepared for duty with Marine Corps combat units as either Navy hospital corpsmen or dental technicians. The course emphasizes battlefield survival, personal protective measures and the basic tactics and use of weapons for self-defense.

To graduate, students are required to demonstrate basic proficiency in emergency medical techniques, casualty evacuation, field sanitation and preventive medicine procedures.

The 1992 graduate of Paris High School of Paris, KY, joined the Navy in August 1992.

Todd Usery, M.D.

ANESTHESIOLOGY

We are pleased to announce that Todd W. Usery, M.D., anesthesiologist, has joined the staff of Harrison Memorial Hospital.

This is a special occasion for us since he becomes the first full-time physician-anesthesiologist to practice in this area. As such, Dr. Usery assumes overall responsibility for all of our anesthetic care. He earned his medical degree at the Medical College of Georgia in Augusta and served his residency at the University of Florida.

Dr. Usery comes to Cynthiana from Lexington, where he was a fellow in pain management, Department of Anesthesiology, School of Medicine, University of Kentucky. He is married and has seven children. Glad to have you all aboard!

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