

**GENERAL NEWS**

**Smoking**

Continued from Page 1  
Jan. 2  
Cigarette smoking isn't permitted either in the Nicholas County Elementary or high school, the outgoing manager of The Carle Life Mercury.

**Resolutions**

Continued from Page 1  
outgoing manager of The Carle Life Mercury.  
"I wish everybody a healthy, safe new year," said Lois Ockerman of Mulberry Street.

**Snow**

Continued from Page 1  
Rieck said the Lexington office recorded 3 inches at Bluegrass Airport, which the region uses as its official statistic. But in Carlisle, Gene Kelly, sewer plant operator and spokesperson for the Disaster and Emergency Services in Nicholas County,

Central School Office or Bus Garage. Designated areas will be in place outside of each building soon, Eversly said.

"One of the best things that happened in 1994 was that my son, Capt. Tim Ockerman and his wife Lori came home for Christmas from Germany. That made me awfully happy," she said.

Kimball Booth of Chestnut Street had words of wisdom to share. "I'm alive and healthy and all my family is healthy. My New Year's wish is the hope

that we have peace on earth and be able to live with one another."

Joe Conroy said the best thing about 1994 is "We get through it, I guess."

police man Jerry Bloomfield and by Ambulance Service Director Ronnie McDonald. Bloomfield added that each business owner is responsible for the sidewalk in front of their businesses by city ordinance.

**"Take a Pause for Paws"**

PARIS — It's the time of year we all make New Year's Resolutions, so why not make one to be a better pet owner?

The following tips are courtesy of the Paris Animal Welfare League:

- Resolve to not add to the pet overpopulation by making sure

all your pets are spayed or neutered.

- Resolve to take your pets to the veterinarian for routine vaccinations and check-ups.

- Resolve to make sure all your pet's identification and tags are up to date.

Resolve to spend as much time as possible a day just petting and playing with your pet one-on-one.

- Resolve to stop feeding your pet table scraps and only feed well balanced pet foods.

- Resolve to provide safe pet toys, chews and scratching posts for your pets.

Resolve to be a good pet owning neighbor by not allowing your dog to bark at night and by not allowing your pet to annoy your neighbor's lawn.

Resolve to be a good pet owning citizen by taking along plastic bags when you are out walking your dog, so you can scoop up your pet's deposits.

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**Winterize Your Pets**  
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The best way to protect your pet is to keep it indoors. If your dog is kept outdoors, be sure he or she has a doghouse that is at least two inches off the ground, has a flap over the door, and has hay or straw bedding. A shed or garage does not offer enough protection if it is not heated and the animal has no bedding.

Do not use metal bowls or chains as they can freeze and stick to the animal's tongue.

Keep fresh water available. Check it frequently to make sure it is not frozen.

Give your pet extra food. It takes more energy to keep warm. Remember, your pet's depend on you, and your care will be the reward with a loving companion for life.

Further, a smoking area will be designated outside school buildings during sports events. We had designated areas,

some of the snow melted as soon as it hit the ground - before the temperatures began dropping into the 20s.

Kelly said there was no difficulty with snow-related accidents as far as he knew. That report was confirmed by city

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**HEALTH ALERT!**

**Allergies: Not Just From Pollen**

SNAI. An estimated one in five Americans suffer from allergic rhinitis, also known as hay fever, and pollen from early spring trees and late spring grasses are the season's usual culprits.

Unfortunately, if you're sneezing, itching, and your eyes are itchy, you could be finding your way to the National Academy of Sciences, some indoor air triggers, according to a new study.

The study, which involved 100 subjects, found that indoor air pollution can be up to 20 times more concentrated than the air outside.

Many common pet dander, dust mites, and mold spores are common indoor allergens. According to a recent survey of 1,000 homeowners conducted by HomeWell, 41 percent used their pet's or other allergens products inside their homes, even as frequently as daily.

A quick look at the sunlight streaming through your windows will reveal some of the particles that make up this indoor pollution. Some are present all year long, while others are seasonal.

These include dust, mold, pollen, pet dander, and other allergens that can affect your health. These include dust, mold, pollen, pet dander, and other allergens that can affect your health.

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