

MERCURY MEMORIES

Mercury Memories
Five Years Ago...
 Thursday, December 13
 Nicholas County Judge Executive Reese Smoot has named Douglas Fryman to succeed Rose Scott as Nicholas County Clerk.

Carolyn Mathes was originally appointed as county clerk. Mathes turned down the appointment.
 Fryman will begin his term in January.
 A surprise birthday supper was given Tuesday night by Margie Caswell at her home for her husband, Robert and her son William Earl.
 Those present were Mr. and Mrs. Junior Jolly and daughter, Mr. and Mrs. Bartles Carson and three children, Mrs. Mildred Ritchie, Mrs. Laura Conley and Ryan Barkley all of Cynthia and Mr. and Mrs. Bobby Glines and daughter and Ricky McFarland and daughter, Sean David and Edgar Allen Carson all of Carleville.
 Bob Baker and William Earl received several gifts and all had a good time. Robert's birthday was December 4, and he was 64, and William Earl's birthday is December 11 and he was 28.
 Nicholas County High School has named co-students of the week for the week of December 3-7.
 Anna Kearny and Brian Caswell have been named

Fainting: What Causes it?
 This patient information is provided by C. M. Dahan, M.D. and the American Academy of Family Physicians.
 Fainting, which in technical terms is called syncope, can be related to many different things. More than one thing may be the cause of fainting and, sometimes, a specific cause can't be found.
 But fainting is a relatively common occurrence and the cause usually isn't serious. It can be worrisome, though, and one can be injured from the fall. Generally fainting occurs when not enough oxygen flows through your blood and into your brain. You lose consciousness, or "pass out," for a very brief time — just a very few minutes.

A sudden drop in blood pressure can cause someone to faint. Sometimes your heart rate and blood vessels can't react fast enough when your body's need for oxygen changes. This is very common for the elderly. It can happen when:
 • You stand up too fast
 • You work hard or play hard, especially if it's very hot
 • You breathe too fast or too deeply (hyperventilation)
 • You get very upset. Being upset can affect the nerves that control blood pressure.
 • You're taking blood pressure medication.
 Coughing, urinating and stretching can also get in the way of the flow of oxygen to the brain and may be a cause for fainting. If you faint once during these activities, it's probably not something to worry about. However, if it happens more than once, you should tell your doctor about it.
 If you faint when you turn your head to one side, the bones in your neck may be pinching on one of the blood vessels that leads to your brain. If this happens to you, tell your doctor about it.
 A drop in your blood sugar may also cause you to faint. This can happen if you have diabetes, but it may also happen if you have gone without eating for a long time.
 Put an asterisk and call for a list of doctors who have a good record of treating fainting.

There are some prescription medicines that can cause fainting. Be sure to talk with your doctor if you think your fainting may be related to a medicine you're taking. Alcohol, cocaine and marijuana can also cause fainting.
 But while most causes of fainting are not serious, it can be caused by serious problems with the heart or with blood vessels leading to the brain. If fainting is a fairly common occurrence, call your doctor and learn more about its possible cause.
 As we advance in life, we acquire a longer sense of time. Nothing else less seems of any consequence; and it becomes time to live.
 —William Hazlitt

student of the week for their academic achievements. Both students won five awards at the recent Limestone League awards banquet held at the Nicholas County Courthouse. Anna is a 17-year-old senior. She is the daughter of Nicholas County Clerk.

Points for Parents
Childhelp Hotline
 (NAPS)—When things seem overwhelming, because of holiday bustle and excitement, school or other factors, free help is available nationwide for parents, children and adult survivors of abuse and it's as close as a telephone call away.
 There is only one North American, toll-free crisis line for child abuse available to help 24 hours a day, 365 days a year. It's called the Childhelp 1-800-FOUR FORESTERS Hotline.
 If you feel you need help, or if you think someone you know needs help—and you want advice—call 1-800-A-CHILD. All calls to the hotline are confidential.

KSP arrest reports given
 Trooper Shain Stephens charged Johnny L. Collins, age 26, Paris with speeding, Moorefield, with DUI first offense, reckless driving, no insurance. He was arrested, no registration renewal and failure to transfer registration of motor vehicle. He was arrested December 8 at 12:28 a.m. on East Main Street in Carleville. He was turned over at 1:03 a.m. in transportation office.

Points for Parents
 (NAPS)—When things seem overwhelming, because of holiday bustle and excitement, school or other factors, free help is available nationwide for parents, children and adult survivors of abuse and it's as close as a telephone call away.
 There is only one North American, toll-free crisis line for child abuse available to help 24 hours a day, 365 days a year. It's called the Childhelp 1-800-FOUR FORESTERS Hotline.
 If you feel you need help, or if you think someone you know needs help—and you want advice—call 1-800-A-CHILD. All calls to the hotline are confidential.

Points for Parents
 (NAPS)—When things seem overwhelming, because of holiday bustle and excitement, school or other factors, free help is available nationwide for parents, children and adult survivors of abuse and it's as close as a telephone call away.
 There is only one North American, toll-free crisis line for child abuse available to help 24 hours a day, 365 days a year. It's called the Childhelp 1-800-FOUR FORESTERS Hotline.
 If you feel you need help, or if you think someone you know needs help—and you want advice—call 1-800-A-CHILD. All calls to the hotline are confidential.

THE CARLE MERCURY
 Serving Nicholas County Since 1867
 General Business Office, 234 N. Locust St., Carleville, KY 40311
 Publishing Weekly and Entered as Second Class Matter at Carleville, KY 41139 — Publication Number (USPS) 599-820
 Postmaster: Send Change of Address Form 3579 To P.O. Box 272, Carleville, KY 40311-0272

Points for Parents
 (NAPS)—When things seem overwhelming, because of holiday bustle and excitement, school or other factors, free help is available nationwide for parents, children and adult survivors of abuse and it's as close as a telephone call away.
 There is only one North American, toll-free crisis line for child abuse available to help 24 hours a day, 365 days a year. It's called the Childhelp 1-800-FOUR FORESTERS Hotline.
 If you feel you need help, or if you think someone you know needs help—and you want advice—call 1-800-A-CHILD. All calls to the hotline are confidential.

Points for Parents
 (NAPS)—When things seem overwhelming, because of holiday bustle and excitement, school or other factors, free help is available nationwide for parents, children and adult survivors of abuse and it's as close as a telephone call away.
 There is only one North American, toll-free crisis line for child abuse available to help 24 hours a day, 365 days a year. It's called the Childhelp 1-800-FOUR FORESTERS Hotline.
 If you feel you need help, or if you think someone you know needs help—and you want advice—call 1-800-A-CHILD. All calls to the hotline are confidential.

Points for Parents
 (NAPS)—When things seem overwhelming, because of holiday bustle and excitement, school or other factors, free help is available nationwide for parents, children and adult survivors of abuse and it's as close as a telephone call away.
 There is only one North American, toll-free crisis line for child abuse available to help 24 hours a day, 365 days a year. It's called the Childhelp 1-800-FOUR FORESTERS Hotline.
 If you feel you need help, or if you think someone you know needs help—and you want advice—call 1-800-A-CHILD. All calls to the hotline are confidential.

Points for Parents
 (NAPS)—When things seem overwhelming, because of holiday bustle and excitement, school or other factors, free help is available nationwide for parents, children and adult survivors of abuse and it's as close as a telephone call away.
 There is only one North American, toll-free crisis line for child abuse available to help 24 hours a day, 365 days a year. It's called the Childhelp 1-800-FOUR FORESTERS Hotline.
 If you feel you need help, or if you think someone you know needs help—and you want advice—call 1-800-A-CHILD. All calls to the hotline are confidential.

Points for Parents
 (NAPS)—When things seem overwhelming, because of holiday bustle and excitement, school or other factors, free help is available nationwide for parents, children and adult survivors of abuse and it's as close as a telephone call away.
 There is only one North American, toll-free crisis line for child abuse available to help 24 hours a day, 365 days a year. It's called the Childhelp 1-800-FOUR FORESTERS Hotline.
 If you feel you need help, or if you think someone you know needs help—and you want advice—call 1-800-A-CHILD. All calls to the hotline are confidential.

Points for Parents
 (NAPS)—When things seem overwhelming, because of holiday bustle and excitement, school or other factors, free help is available nationwide for parents, children and adult survivors of abuse and it's as close as a telephone call away.
 There is only one North American, toll-free crisis line for child abuse available to help 24 hours a day, 365 days a year. It's called the Childhelp 1-800-FOUR FORESTERS Hotline.
 If you feel you need help, or if you think someone you know needs help—and you want advice—call 1-800-A-CHILD. All calls to the hotline are confidential.

Points for Parents
 (NAPS)—When things seem overwhelming, because of holiday bustle and excitement, school or other factors, free help is available nationwide for parents, children and adult survivors of abuse and it's as close as a telephone call away.
 There is only one North American, toll-free crisis line for child abuse available to help 24 hours a day, 365 days a year. It's called the Childhelp 1-800-FOUR FORESTERS Hotline.
 If you feel you need help, or if you think someone you know needs help—and you want advice—call 1-800-A-CHILD. All calls to the hotline are confidential.

GENERAL NEWS



Parents and well-wishers turned out for the Bluejean Football Banquet held at Nicholas County Elementary.

Court
 Continued from Page 1
 Thornburg seconded the motion.
 Stacy asked if the judge had liked at pricing any metal buildings for storage.
 Magistrates agreed with a later motion by Stacy to declare the situation an emergency because winter is here and the building is not complete. Judge Smith will price the block and look for someone to lay it. As a Highpointed-out, the current rock quarry building is good enough to house sale, rock and ash, but not suitable for humans so another building is needed.

FREE THINGS TO SEND FOR
 (NAPS)—For information on training programs for health professionals working with infants and families, write to The Braxton Center for Infant & Family Health, 1208 Boylston Street, Boston, Mass. 02215.
 For free brochures about orthodontics, call 1-800-STRAIGHT (1-800-787-2444) or write the American Association of Orthodontists, 401 N. Lindbergh Blvd., St. Louis, MO 63147-7616. If you're considering orthodontics, call and order picture of yourself with a big, toothy grin to the American Association of Orthodontists, 401 N. Lindbergh Blvd., St. Louis, MO 63147-7616. If you're going... —Elmer Cramwell

NOW OPEN
The Picture Barn
 Custom framing, Prints and framed prints.
 Wide variety of frames to choose from.
 Open evenings and weekends thru Christmas. After Christmas we will be open weekends, 10-6.
 Don & Martha Selvaige
 1048 Mt. Marial Road
 Carleville, KY 40311
 (606) 289-2504

MONDAY NIGHT
All The SPAGHETTI You Can Eat
\$5.25
COCA COLA CHRISTMAS GLASSES
 No Purchase Necessary
99¢ No Limit
Jerry's
 FAMILY RESTAURANTS
 Mayville Road Mt. Sterling, KY • (606) 493-1940

WELCOME HOME!
Williamsburg Terrace Apartments
 Where your Rent is Based on your Income.
 Presently accepting applications for 1-2 and 3 bedroom apartments
 TDD 1-800-247-2510 for the Hearing Impaired
 101 Williamsburg Terrace
 Paris, Ky. 987-6209
 Equal Opportunity Housing

Enjoy the value of electric water heating
 • Safe
 • Economical
 • Dependable
 • Ventless
KU Kentucky Utilities Company
 The power to save more intelligently.
 Ask about Value Plus programs for KU customers.
Reid & Vice
 • Licensed Plumbers • Plumb • Plumbing Electric
 We Accept MasterCard American Express Discover
 289-7175 Carleville, KY 800-273-7494

Navy recruit Elklar graduates

Navy Hospitalman Recruit Jason E. Elklar of Williamsport, Ky., recently graduated from the Basic Hospital Corps School at Naval Hospital Corps Schools, Great Lakes, Ill. The 1992 graduate of Harrison County High School joined the Navy December 1994.

McJONSSON MATTERS HEALTH CARE
 Great Health is Our Primary Concern

DECEMBER, 1995 SPECIALTY CLINICS		
WEDNESDAY	THURSDAY	FRIDAY
Dr. Pam Cousins CARDIOLOGY 1 pm - 3:30 pm Dr. Joan Wolford Gastro-Enterology 1 pm		Dr. John Tuttle UROLOGY 9 am - 11 am
Dr. Pam Cousins CARDIOLOGY INT. MEDICINE 1 pm - 3:30 pm		

FACTORY DIRECT
 Wooden Storage Building Sales
 Buy Now For Better Christmas Delivery

Model	Standard	Mat. Free
"MINI BARN"		
8X12	\$749.00	\$929.00
10X12	\$1319.00	\$1499.00
12X20	\$1999.00	\$2099.00
"SMOKEHOUSE"		
8X12	\$899.00	\$1069.00
10X16	\$1469.00	\$1669.00
12X20	\$2159.00	\$2359.00
"WORKSHOP"		
8X12	\$959.00	\$1199.00
10X16	\$1569.00	\$1779.00
12X20	\$2239.00	\$2469.00

Storage Buildings • Garages • Cabins
 All buildings are priced set up on your lot, complete with concrete floors.

Custom Wood Products
 US 27 North
 Paris, KY
 Located 5 miles North of Paris on US 27
 606-887-2827

Northside RV
 142 New Circle Road
 Lexington, KY
 Located on new Circle Road between Limestone and Bryan Station Road
 606-254-1400

Why do Bluegrass Jewelry's prices scare the competition? Because they are that much lower!

TOTAL INVENTORY SELL-OFF
NOTHING LEFT BACK!

Check us out...

Diamond Engagement Rings	99%
Angel Rings	49%
1 Ct. Dia. Sapphire Ky. Cluster Rings	437%
Nike and Tax Charms	18%
Sella and Pulsar Watches	Save 30%
10K & 14K Gold Chains	30 to 50%
Little Miss Cluster Rings	29%

Take an additional 25% off
 • Includes Sale Merchandise

In 1996, we go to market and purchase jewelry at quantity discounts to offer you continued savings through-out the year.

Bluegrass Jewelry and Diamonds
 Harrison Square, U.S. 27 North, Cynthia, Ky.
 806-234-9898
 Shop Mon-Sat. 9-7; Sun. 12-5 — Open Christmas Eve 11-6
 Financing Available • Jewelry & Watch Repair • Major Credit Cards