

Saltwell News

By Mrs. Fred Hollar

Mrs. Betty Snapp attended a party at the Plaza Hut, visiting his Uncle Frank and Wednesday night, honoring Rev. Marion Snapp's 11th birthday. Several attended and he received many gifts.

Kenny, Theresa and Darrin Snapp and Altha and Betty Snapp enjoyed the Christmas lights at the Horse Park on Friday night.

Mr. and Mrs. Lloyd Graham, Sunceria, and Elizabeth and Tiffany spent Thanksgiving with his mother, Mrs. Archie Feback and Mr. Feback at Harrodsburg.

Myrl Hollar returned home on Thursday from Nicholas County Hospital after several days treatment.

Elizabeth Conyers and Alberta Snapp enjoyed lunch at the Ponderosa Steak House on Saturday.

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KSP executes arrest warrant

Trepper Shain Stephens executed an arrest warrant for harassing communications on Melba Hunt, 34, of Hillsboro. She was arrested on December 2nd.

Doctors Advise Steps To Help You Stop Smoking

INAPS—If you smoke, you already know the bad news. Now doctors offer some good news.

Ms. Patty's Creations

Holiday Open House

December 16, 1995
10:00am-6:00pm
1100 Burris Road
Carlsile, Ky

This Is Precious!

Protect your vision through remarkable medical and technological advancements in eye care.

Bluegrass Jewelry

GOING ALL OUT FOR BUSINESS SALE!

TOTAL INVENTORY SELL-OFF NOTHING HELD BACK!*

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Parents and students applauded the efforts of the Nicholas County Football Bluejackets at the annual banquet held November 30.

Nicholas County Co-Operative Extension Notes

By Melba A. Burch
Nicholas County Extension Agent for Home Economics

Don't Hit the Panic Button on Food Safety Mishaps

During the hustle and bustle of the holidays, it's easy to forget sanitation practices as we handle, prepare or cook food. A consequence could be foodborne illness. Advise Sandra Bastin, UIC Extension Food Specialist and Melba A. Burch, Nicholas County Extension Agent for Home Economics.

Consumers posed these food safety questions to the U.S. Department of Agriculture's toll-free Meat and Poultry Hotline.

Q: I cooked a turkey with the giblets package still inside the cavity. Is it safe to eat the turkey and giblets?

A: Although it's not advisable to leave giblets inside the cavity during roasting, the turkey and giblets probably are safe. However, you shouldn't use either if the giblets packaging changed shape or melted in any way during cooking because harmful chemicals form the packing might penetrate the surrounding meat.

Q: My mother always left a frozen turkey out on the kitchen counter to thaw. But now I hear this isn't safe. What's the scoop?

A: Thaw any frozen meat in the refrigerator to prevent bacterial growth that can contaminate meat and cause illness. Bacteria multiply rapidly at room temperature. Some bacteria produce toxins that cooking doesn't kill and could cause illness. You also saw that the turkey in a bowl of ice cold water. Change the water about every 20 minutes to keep its temperature below 40 degrees F.

Q: Instructions on the ham said it would take about four hours to cook, but the meat thermometer indicated it was cooked after three hours. We weren't eat for another four hours. Can I cover the ham with foil and leave it on the counter until I eat?

A: Don't leave the ham on the counter for an extended period of time. If bacteria that cause foodborne illnesses are present, they will multiply.

He is educated who knows where to find what he needs doesn't know. —George Simms

INSULATE NOW for big energy savings

Do it fiberglass insulation

Use Blower Free With 20 Bag Purchase.

Reduce heating and cooling costs by increasing the insulating value of walls, ceilings & floors. Keep your house warmer in the winter and cooler in the summer. These energy savings will continue year after year. Easy do-it-yourself installation.

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BRIGHT IDEAS

Ask an adult to help...

- To make children's cardboard games and puzzles last longer, coat them with shellac or decoupage.
- The next time you cook over an open fire, soap the outside of the pot for easy cleanup.



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The Carlsile Mercury FUN PAGE

Kids in the KITCHEN

Seek & Find

LET'S PARTY

ARRANGE BUFFET CATERER CHAIRS CHATTER COCKTAILS COMPANY DISH DISHES DRINKS ENTERTAIN FESTIVE FLOWERS FOOD FRIENDS GLASSES GOWN GREETINGS GUESTS PLANS HORNS/DOLBYERES MUSIC PASTRY PLACE MATS PLATTERS SERVING SMILES SOCIALLY SQUIETS TRAYS VIDEO TABLES WELCOME

SNOW CONES

GET READY...

- A bowl full of clean snow
- envelope unsweetened drink mix
- 1/2 cup sugar

GET SET...

Ask an adult to help you get the snow.

- GO!
- 1 Stir drink mix and sugar together in a small bowl.
 - 2 Add water by tablespoons, stirring after each addition, until mix has a syrupy consistency.
 - 3 Fill a cup or a bowl with snow. Spoon the syrup over the snow.
 - 4 Eat & enjoy!

Missing Connections

Using only the letters given below, fill the diagram to complete the words that read across and down.

A	R	A	I	R	E	R	E	R	U	N	T	O	O	N
E	M	I	E	I	N	A	O	L	O	A	N			
I	A	T	S	A	L	V	A	L	O	A	N	W		
S	E	A	R	E	A	I	S	T	O					
S	U	D	I	N	E	G	L	M	B	E	L	L	P	
O	H	O	E	E	G	L	M	B	E	L	L	P		
O	U	H	O	E	E	G	L	M	B	E	L	L	P	
L	T	L	E	T	E	E	B	N	I	S				
G	O	R	C	L	I	T	E	N	I					
A	T													

AA B CCC DDDD EEEE FFF GGGG HHH III
KK LLLL M NN OOO PP RRRRRR SSSS
TTTT UUU VV WW

January Fun Fact

Betsy Ross is generally credited with having sewn the first flag in 1775, under direction from George Washington. She was born in Philadelphia on January 1, 1752.

Quiz

What is the Land of the Midnight Sun?

Answer: Far to the north, near the North Pole, is the land where the sun shines 24 hours a day during the summer. During the winter in this part of the world, the sun never shines at all.

