ip the Kevist Thomas Pastor, Kevis Thomas Pastor, First Baptist Church A few weeks gain lade tepperunity to see an againfent sight. A few weeks gain lade tepperunity to see a sugarificant sight. Combined to the control of the combined of

sindeed breathtaking.

3: As we stood at the top of that mountain, it became very clear that was the stood at the top of that mountain, it became very clear that we could see the very hand of God at work in His creation. I was Teminded of a verse in the Genesia account of reation that says, "God saw all that He had made, and it was very good." (Genesis 131)

This mountain top experience served as a fresh reminder of the wonderful gift of God's creation. The beauty and majesty of His work was very evident, and it served to remind us that in the ierspective of God's universe, man is indeed quite small and smited.

wederful gift of Consequence served as a fresh reminder of the
work was very recions, and its served to remind su that in the
perspective of Goff survivers, man is indeed quite small and
in the Palmisti must havehad a similar experience when he wrete,
When I consider your heavens, then were of your fingers, the monet
mindful of him? (Palan 6-3-4). The Palmisti was humbled by the
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Goff creation is not a majestic mountain, nor a herlikant sunset; it
but not the sus house of Goff to you.
The nost magnificent work in all of Goff a remaining to the proposition of the control of the contro

The Pulmist west on to write. I praise you because I am Earthful you were against west on to write. I praise you because I am Earthful you demoderfully made with real to a work as are wonderfull, know hat full west. I chain 15:140 Luring his season of Spring, a Willey School Brach School and the work of a grain reminded of the beauty of God is creation, may we take a we are again reminded of the beauty of God is creation, may we take a work of a spring to the state of the spring to the s

Parks Homemakers meet

the Excession Office to 12 p.m.
Eula Corter called the meeting to order. Roll call was answered by six members. They each told a trait most becoming a mother. Minutes were read and approved and the treasurers

and approved and the treasurers report was give. Helen Roberts gave the devention on a month of promise truly one God I lonellest times. Scripture early, 1726. Borellest Carellest Carell

Women's Fitness Camp slated for June 10 - 12

CARLISLE - Now is the time to sign up for the annual women fitness camp June 10-12 at North Central 4-H Camp in Carlisle. The theme for this year's camp is "Your Health and More in

which includes program materials, free blood pressure and cholesterol screening and body fat composition analysis, lodg-ing, meals and anacks and classes on women's health is-sues, personal safety, wardrobe strategies, selecting the right eye glasses for one's face, improving

McCartys mark 25th wedding anniversary

Mr. and Mrs. Doug McCarty wancelebrate their 25th wedding anniversary on June 4th at 3, p.m. at the Mt. Pleasant Methodist Church by renewing their wedding vow
They invite all their family and friends to come help make this a joyous occasion.



Breakfast Pizza.
Tuesday, May 31, Juice,
Ham/Biscuit, Milk.
Wednesday, June 1, Juice,

Sausage/Biscuit, Milk.

Lunch:
Monday, May 30, Hamburger on Bun, Lettuce/Tomato/
Pickle/Onion, French Fries, Ice
Cream, Milk/Tea/Lemonade,
Salad Bar Available.

Tuesday, May 31, Pizza,
Shredded Lettuce/Dressing,

Buttered Corn, Banana Pudding or Fruit, Milk/Tea/Lemonade, Individual Salad Available. Wednesday, June 1, Chef's Surprise, Milk/Tea/Lemonade.

Wednesday, June 1, Surprise, Milk/Tea/Lemonade. Thursday, June 2, Bag Lunch, Ham Sandwich, Chips, Relish Tray, Fruit, Candy Bar, Milk/Tea/Lemonade. Menus subject to change.

Sames welcome a daughter

Sames Welcom
Mr. and Mrs. Edward Sames
of Shelbyville announce the birth
of a daughter, Rathel Glenn, on
Friday, April 8, at Jewish HosMaternal grandparents are
Mr. & Mrs. Carroll G. Hall of
Versailles, Paternal grandpaents are Mr. & Mrs. William
Rathel Glenn is the greatgrandparent are
Rathel Glenn is the greatgrandparent grandparent
Rathel Glenn is the greatgrandparent grandparent
Rathel Glenn is the greatgrandparent grandparent
Rathel Glenn is the greatgrandparent
Rathel was Rathell grandparent
per silver, Elizabeth Logan.

Day. It will reopen on Tues-day, May 31, 1994 ay 8:00 Chuck Smith County Judge/Executive

NOTICE

NOTICE
The Nicholas County Courthouse will close at 4:30 p.m.

n Friday, May 27, 1994 i



Look Who Will Be 40 Years Old On May 29th Happy Birthday To Charlene Hope Snapp

It's Not Too Early To Choose Flowers For Memorial Day

We Have:

Roses Carnations & More

> We also have a complete line of cut flowers

Small's Greenhouse

Eastern Avenue Carlisle, KY 289-2256

0

The Parks Homemakers met Por Feiks Thurnday, June 16. Each let us in recreation. To produce the territory of the control of the product of the control of

Dr. Carl Rosen talks about...

Kidnev Stones

(Part 3 of 3)

QUESTION: Perhaps the most common urologic complaint is kidney stones. What can you tell us about this condition

ANSWER: It's supposed to be the worst pain known to mankind — some have even compared it to the pain of childbirth. It's nothing that you can "tough out Q: Can you mistake kidney stone pain for appendicitis?

A: Except that sometimes the pain starts in the back and radiates around to the front, or in a man will sometimes locate in his testicles. It's kind of a cramping, colicky pain. A patient during an acute attack will be rolling around, legs drawn un trying to get the pain to stor

Q: I've heard it's desirable to try to pass the first kidney stone you have so it can be analyzed.

A: You'd like to pass every stone if you could.

Q: But there are ways to shatter the stone internally without passing it, aren't there? Eve heard of sonic or laser procedures.

A: These procedures are called *lithortipsy*, It's usually done on larger stones in the kidney or the upper ureter. Sometimes you can push the stone back into the kidney and do the lithortipsy.

Q: What are the procedures involved?

A: In shock wave lithotripsy, two electrodes generate a shock under water that or axes an electrohydrolic wave that is focused by computer on a stone. Quite often that causes the stone to fragment, but occasionally a stone doesn't cooperate. Q: Does it hurt the patient to be shocked in water?

A: in the procedure done locally, you're not in water, you're on a gel pad, and under general anesthesia. Other procedures are done with the patient under mini-mal anesthesia.

O: What happens during laser lithotripsy? A: A laser fiber is passed up the ureter to the stone, and laser power is used to

Q: Is that a process similar to catheterization? A: You have to instrument the patient to do that, yes. Shock wave lithotripsy is no invasive; it's all done externally.

O: Is there any benefit in trying to pass the stone so it can be analyzed? A: A stone larger than 8 millimeters usually won't pass. You can see them on Xavs., usually near the bladder. The urejer narrows there and stones often hang up Q: Is there a better or worse place for a stone to be, surgically speaking? A: For a surgeon, it's better if the stone is higher. The higher and larger the stone, the easier the operation.

Carl Rosen, M.D. is Bourbon General Hospita's Chief of Urology.

Dr. Rosen offers services ranging from performing simple tests for common prostate and kidney disorders to complex surgical procedures to treat urinary tract discusses and conditions.



Q: Are there other disorders we haven't mentioned?

Quarter outer doubter about 50 km control 50

Q: Does diet play a role in preventing kidney problems? Eve heard that some kidney stone patients can help themselves by not drinking milk,

A: It's my feeling that diet doesn't play that big a role in kidney problems. There ditions such as hyperparathyroidism which can lead to stone formation. Q: Are there standard symptoms of kidney trouble, as there are for

A: Not usually. Pain is the primary symptom. A kidney infection called pyleonephritis has symptoms similar to a kidney stone, such as fever and chills and similar pains. As in the case of other infections, this is treated with antibiotics. O: Is there anything preventive we can do to guard against kidney disease.

lo we just have to wait for something to go wrong and then fix it? A: To do an X-ray of everybody's kidneys in advance, looking for trouble, would not be very cost-effective. Usually you just have to wait until you know something's wrong, and attack that.

> This Interview Series is another progressive step from th professional staff of Bourbon General Hospital, dedicated to providing complete and convenient quality bealth care.



SOCIAL

Wilson and Snapp to exchange vows SALTWELL NEWS

Garla Kathleen Snapp & Michael Wilson

Kirby celebrates first year

By Mrs. Fred Hollar

Friday.
Mr. and Mrs. David Gaunce of Wilson, North Carolina spent a few days the past week with Mrs. Naomi Gaunce. They also visited Mrs. Hensel Gray and Mrs. H.A. Gaunce and other relatives. Mr. Allen Rue, Carlisle, returned home on Monday, May 16, from Harrison Memorial Hospital where he had been a patient for

from Harrison Memorial Hospital where ne nasa toesa passenseveral days. Kithy and son. Nathan, visited Mr. and Mrs. Fred Mrs. Edwards of the Artificial Mrs. And Mrs.

Nathan Thomas Kirby cel-ebrated his 1st birthday on May 13, with a Big Bird Party. Helping him celebrale was Sirby, and Mommy and Daddy

Lowell Rideout of Covington. Several of their church falks and team to the home of irr, and Mrs. Jed Matta for an one meal and time of fellowship.

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HOSPITAL NOTES

Hospitas
Admissions and
Discharges
Discharges
Discharges
My 17, 1994
Admissions: Carlisle: Roy
Berry, Mark Terrell, Henry
Flora, Brenda Blake, Christina
Mchotah, dustin Feback, Jesse
Catherine Islalar, Juanita Shore,
Michelle Sastoque, Sally
Markwell, Frances Hammonds;
Ewing: Tonja Gray, Mt. Olivet.
Rarbel Norris, Leedon Miore;
Brookeville: Harry Hester;
Harry Hester;
Harry Hester;
Harry Hester;

Fish & Game Club to meet



Paris: Walter Dale; Millersburg:
Phyllis Gaunce; Moorefield:
Magpie Smoot:
Discharges: Carlials:
Discharges: Ray Campbell,
Jr., Mark Terrell, Philip Linville,
Justin Feeback, Betty Sadler,
Catherine Hollar, Jesser
Thornsburgh, Sadler,
Catherine Hollar,
Justin Hollar,
Melitach, Ray Berry, Jacob Hall,
Moorefield: Maggie Smoot;
Cynthians: Lalls Mansfield, Mr.
Orthians: Lalls Mansfield, Mr.
Ortis, Ewing: Tonja Gray.

Health Matters

Sponsored by Johnson Mathers Health Care Safe Sitter gives parents reassurance

Mr. & Mrs. William H. Snapp would like to announce the marriage of their daughter. Garla Kathleen, to Michael Wilson of Vanceburg.

Garla is employed by Johnson Mathers Health Care and is a student at the University of Kentucky, with majors in art, science, and nursing.

The groom is a graduate of Kentucky Christian College in Grayson, with a major in bible relatives are invited to attend.

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LAMB FRIES \$5.25
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ATTENTION NCHS Class Of 1989

Our 5-year reunion is approaching. It will be held on July 30, 1994.

For Further Details, Contact Mary Susan McCord (606) 987-4177 Gretchen Judge (606) 254-0986



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This Week's Deli Specials

Thursday, May 26.......Chili Dogs, 2 for \$1.00 Friday, May 27.....Dressed Cheeseburger, \$1.49 Saturday, May 28......Tenderloin, \$1.79 Sunday, May 29BBQ, 99¢ *

Bud & Bud Light, 12 pk. cans......\$6.09 Coke, 2 liter.

Coke, 12 pk. cans\$2.99 Ruffles, 6 oz. size89€ REFILL ALL CHEVRON MUGS FREE SATURDAY, SUNDAY, AND MONDAY!

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