

MAY
20
1993

In The Mercury
• The Nicholas County Water District set new higher rates at their monthly meeting. Story, page 1.
• Saitwell News, Mercury Vapours, and your favorite weekly features

Democratic Primary Nears
The next edition of The Carlisle Mercury will contain results of all the Democratic Primary races. With eleven candidates vying for the nomination in the judge-executive race, it is shaping up to be an interesting primary.

Events In Nicholas Co
• May 26, Planning and Zoning Commission.
• Arts & Cultural Association of Nicholas County will hold two events this month, May 21 and 22. See their ads inside.
• Writers Showcase Open House, May 31. NCCS Library

Forecast
The forecast for the week of May 19-25, 1993 is as follows:
• **Highs** - 60s to 70s
• **Lows** - 40s to 50s
• **Chance of showers** - 20-30%
• **Light chance of showers** - 40-50%
• **Warmer with highs in the 80s, lows in the 60s.**

THE CARLISLE MERCURY

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These three brothers, the Michels, ages 4, 3, and 2 were photographed enjoying the sunshine this past week in front of the courthouse.

Program trains sitters to handle emergencies, give better care

By Heather Mathes-Harris Of The Carlisle Mercury Staff
CARLISLE - What if you're watching your baby sister Beth until your Mom gets home from work, you give her a snack and she chokes on a small piece of hotdog and is unable to breathe. What do you do?
Or, say you are babysitting and let three year old LaBerna play in the yard and she gets stung by a bee. Within minutes her arm is terribly swollen and she is breathing in short, sporadic gasps.
What do you do?
A coalition of local civic organizations including Johnson-Mathers Community School of Good Health, the Nicholas County Family Resource Center and the Community Action Council is utilizing a landmark national program called Safe Sitter in order to ensure Nicholas County parents have trained babysitters with emergency and safety knowledge.
Safe Sitter has been recognized as one of the first programs of its kind and won national attention, receiving the prestigious Ross Education Award and by the American Academy of Pediatrics.
Locally, the program will be held on June 7 and 8 from 9 a.m. until 4 p.m. at the Community Action Center and will be open to boys and girls ages 11-15.
A registration form may be picked up from Wendy Price at Nicholas County Hospital on or before June 2, or any interested parties may call 289-7181; also, a fee of just \$25 will be charged for the program.
Safe Sitter offers a proven 13-hour curriculum complete with student instructional materials.
A low ratio of students to instructors is required to ensure a high quality learning experience for all participants.
Each student must pass a rigorous written and practical test to complete the Safe Sitter Course.
The program includes hands-on instruction in babysitting skills and techniques like choking and rescue breathing, accident management, safety for the sitter, child development and the general business of babysitting.
Instructors, two from JMHCC and two from Nicholas County Family Resource Center, are being certified May 21 at Louisville's Kenner Children's Hospital.
Certified instructors assure continuity and training with quality control.
Josh Shepherd, member of the JMHCC Community School of Good Health, commented on the reasons behind instituting a Safe Sitter program in Nicholas County.
"Nationally, accidents are the leading cause of death in children and the sad fact is that most of these deaths are preventable."
Dr. Patricia A. Keener, a professor at Indiana University, was prompted

Water board increases rates

By Heather Mathes-Harris Of The Carlisle Mercury Staff
On January 21, 1993 the City of Carlisle increased its wholesale water rate to the Nicholas County Water District. A new purchased water contract was therefore entered into between the City and the District which resulted in an increase of customer rates of twenty nine cents per 1,000 gallons.
The adjustment went into effect on April 20 and will be reflected on this month's water bill.
This adjustment of rates has been filed with the Public Service Commission of Kentucky in accordance with 807 DAK 9.068 Sections one through five.
The water board asked if the public has any questions to please contact John Blevins at 289-3157.
The new rates are as follows: first 1,000 gallons per month, \$7.86 minimum; next 2,000 gallons, \$4.11 per 1,000 gallons; next 3,000 gallons, \$3.61 per 1,000 gallons; next 4,000 gallons, \$2.86 per 1,000 gallons; next 5,000 gallons, \$2.61 per 1,000 gallons; over 25,000, \$2.36 per 1,000 gallons.
The minimum monthly charges are as follows: five eighths inch or three fourths inch meter, \$7.86 monthly, 1,000 gallons; one inch meter, \$16.08 monthly, 3,000 gallons; one and one half inch meter, \$33.03 monthly, 8,400 gallons; two inch meter, \$44.57 monthly, three inch meter, \$114.84 monthly, 41,125 gallons; four inch meter, \$173.57 monthly, 66,125 gallons.
Robert Kinstyle, water board member, said there would be many complaints after the rate increases had gone into effect.
"People will say things like, 'My water bill was the same for 20 years before you people came along', or, 'Why should I have to pay more than so other people can get water.'
"Most complaints are going to center around the fact that a new board, and a new management company came and took over operation of the District and rates went up. Everyone involved must be prepared to inform the customers the district is taking necessary steps to ensure the continued existence of a safe and well-appearing public water system.
Kinstyle urged board members to inform customers that a water system requires continuous and sometimes costly maintenance schedules.
"In the twenty years that rates have not gone up, the price of labor and materials has gone up 100 percent. The amount of mandatory water testing that is required has quadrupled over the last ten years and is going to continue to increase.
"This testing is both time consuming and costly. He added, "Every water system is now required to have a certified operator on duty, and anyone with a certification is going to command higher wages than the ordinary person."
"Since the stated goal of the District is to provide a safe and plentiful water supply to every available citizen of Nicholas County, everyone must understand that this goal is not going to be achieved without certain costs," concluded Kinstyle on the rate issue.
During The Nicholas County Water Board's monthly meeting they also discussed acquiring property for a pump site on the corner of Old Paris Road and Kentucky 68.
Garvey Curtisinger informed the board that property and a concrete block building presently owned by Phil Ecton and previously owned by Forest Retreat Farms is for sale.
"There are three bays in the building. One could be used for an office where people could pay their water bill, one as a meeting and storage space and the third for a pump site.
"This way we would not have the cost of building a site for the pump; we could put it in the back left corner of the building, and be (Ecton) willing to include one acre surrounding the building for parking. Also, it already has an entrance way so we would not have to pay any easement over someone else's property," explained Curtisinger.
John Blevins agreed the site was a central location for the public and held enormous potential.
Sue Kirby questioned Curtisinger on the subject of renovation.
"We could put block over the two boys and an overhead door over the third, walls in between and a heating and cooling system," answered Curtisinger. But there is no crack in the existing block, and the metal roof and walls outside the building are like new, so we wouldn't have to do anything to them in the next several years."
After more discussion the board agreed Curtisinger should pursue acquiring the property at a set, agreed upon price.
Also, a motion passed which would require the board to take customers which were delinquent upon bill payment for six months or more to small claims court.
Kinstyle informed board members of problems which consistently arise during day-to-day operations.

found found Safe Sitter after the accidental death of a colleague's child. She taught the first class of the program in her own children's school in 1980.
"Last week, in Georgetown, a child-care provider left a five-month old baby to die of heat exposure in a car while she was inside the house," Shepherd explained.
"Although the Safe Sitter program was already scheduled before this incident, this is exactly the kind of tragedy we want to try and prevent in our own community."
Cathy Brunker, employee health and infection control coordinator at the Johnson-Mathers health care facility and member of the JMHCC Community School of Good Health, said, "We want to prepare boys as well as girls to handle the responsibility they take on when accepting a babysitting job, when they watch a little brother or sister for any length of time or even when they stay at home by themselves after school until their parents get home from work."
"Our goals are not limited to knowledge concerning emergency first-aid, fire and electric safety. We want to have better prepared baby sitters and in the future we will have better prepared parents," commented Wendy Price, another member of the JMHCC Community School of Good Health.
Charles Canupp of the Family Resource Center added, "The reason we wanted to participate in this program is really two-fold.
"The largest percentage of people in this community are parents or grandparents. We want to provide safe baby-sitters for the community so the stress of leaving their child for a time may be somewhat alleviated.
"Now they will have trained childcare providers they can feel comfortable with because these teens will be able to handle emergency situations that may arise."
"And also, this program will prove to be a plus for the baby-sitters because it will help them to find work."
Canupp concluded, "My real concern is the safety of children, after all they are our most precious resource."

Correction
Due to a mix-up with cards identifying candidates at last week's political forum, Mike Pryor, the only candidate to migrate from District 3 to District 4, was identified as Ralph McGlothlin. Mr. Pryor's name should have read I have been on the Shاربung Water Board for seven years. Recently we had a project run in \$1,200,000. I should write the grant for that through Bluegrass ADD, so I know what it's like to work with Frankfort to get funds. The main change I would like to see involve generating more growth in Nicholas County. We apologize for any inconvenience or misunderstanding this may have caused.