Saltwell News

By Mrs. Fred Hollar

Mr. Hisel Rule was a patient at Nicholas County Hospital several days last week. He was moved to St. Joseph on Monday evening and underwent surgery there last Tuesday. He had several visitors during the week.

Mr. and Mrs. Tommy Cardwell of Frankfort and Deloris Caswell of Carlisle visited Mr. and Mrs. H.A. Gaunce. Mrs. Cardwell is Mrs. Gaunce's niece.

Mr. Claudie Fryman who has spent several weeks at Nicholas County Hospital returned home on Friday. He has had several visitors.

Mrs. Tracy Allison of Sharpsburg was Sunday supper guest of Mr. and Mrs. Gary Hollar. Chris Hollar of Eastern Kentucky University also spent Monday with them.

Mr. and Mrs. Donald Jenkins, Sterling and Dudley Ritchie, and Mr. and Mrs. Fred Hollar were among those attending the funeral of Mrs. Vada Earlywine at the Boone and Nickell Funeral Home in Flemingsburg, Friday preached by Rev. Roy C. Hunt. Burial was in the Carlisle Cemetery. She was 98-years-old and had spent most of her life in Nicholas County.

Mr. and Mrs. Frank McCoy and Sandy spent Saturday with Mr. and Mrs. Mark Devaney of Ashland and accompanied their grandson Danney Lee home after a two week visit with the McCoys.

Rev. Charles Tanner remains very ill at the Harrison Memorial Hospital, Cynthiana.

Allen Rule entered Harrison memorial Hospital on Thursday for treatment and remains a patient there for treatment. He is slightly improved at this writing.

Amanda Gaunce spent the weekend with Kenneth Gaunce in Lexington and went roller skating for her birthday. Kenneth accompanied her home on Sunday and he and Delores Gaunce dined with Mr. and Mrs. H.A. Gaunce.

Mr. and Mrs. Glenn Thacker and Glenda, Ramona George and Sterling Hollar visited Mr. and Mrs. Fred Hollar on Sunday.

Mrs. Jennings Mattox and Mrs. Joanne Purcell and girls, Phillip and Rita Mattox and Brandon, and Mike Mattox visited Mr. and Mrs. Vaughan Mattox on Sunday and during the week. They're both on the sick list.

Mrs. Carol Epperson of Friendship, Wisconsin visited Mrs. Naomi Gaunce in Carlisle on Monday.

Darrin Snapp spent Saturday night with Mrs. Betty Snapp.

Mrs. Jean Mattox was Sunday supper guest of Mr. and Mrs. Jeff Mattox, Jonathan and Amanda.

Mr. and Mrs. Charles Doyle and Robbie, Mr. and Mrs. Bobby Brady, Mr. and Mrs. Raymond McKinney and Crystal and John Cleaver attended the Tobacco Meeting and Supper at the old armory on Wednesday night.

Mr. and Mrs. Bobby Brady were among a large crowd of family attending a dinner and party with ice cream and cake for the first birthday of Carlena Whitson at the home of Mr. and Mrs. Carl Whitson, Paris on Saturday.

Mrs. Phyllis Brady and Mrs. Jane Mae Gillispie attended a baby shower on Sunday afternoon for Mr. and Mrs. Michael Lynn Beckett at the home of Mr. and Mrs. Fred Whitson, Cynthiana, given by Fay and Rhonda Whitson, Penny Fryman and Freda Saunders.

The Carlisle Mercury/Rebecca Mullins Photo

Nicholas County Elementary students Travis Burns (left), Darren Hunter (center) and Mike Morris recently competed and were awarded at a math competition. Congratulations, students!

Mr. and Mrs. Livingood

Mr. and Mrs. Wayne Livingood celebrated their 25th wedding anniversary with their children and grandchild at the Golden Corral Steakhouse on February 20.

Wayne and Judy were united in marriage on February 24, 1968 by the Reverend Harold Rice at his home.

They now have two children: Mrs. Larry (Sheila) Fryman and Derrick Livingood. They also have one grandchild - Sara Brooke Fryman.

April will be Reading Celebration Month

April is Nicholas County Reading Celebration Month. Various activities are being planned.

Vice - Fultz

Mr. and Mrs. Leslie K. Vice wish to announce the marriage of their granddaughter Wendy Ann Vice to James Harold Fultz, February 12, 1993.

Judge places first in pharmacy contest

Gretchen Judge, daughter of Mr. and Mrs. Charles Judge and a fourth year student at the UK College of Pharmacy, recently placed first in a patient counseling contest. Besides winning a set of drug reference books, Gretchen's expenses to the American Pharmaceutical Convention in Dallas, Texas in March will be paid and she will compete in the national contest taking place during the convention.

Gretchen is past president of Lambda Kappa Sigma, a women's professional fraternity, and is one of two students serving on the College of Pharmacy Task Force on Long Range Curriculum Planning along with college faculty and administrators. She was recently accepted into the PharmD program for the 1993 Fall Semester and is employed at the Medicine Shoppe in Lexington.

Curtis and Cobb to marry on March 6

Hilda Curtis and Radford Cobb will exchange wedding vows at the Worthington Center March 6, 1993 at 4 p.m.

All friends and relatives are invited to attend.

The wedding hour was printed incorrectly as 6 p.m. in the February 11 paper. We are sorry for any inconvenience this may have caused.

Carlisle West Homemakers met and had lessons

Carlisle West Homemakers

The Carlisle West Homemakers met on Thursday, February 11 in the home of Mrs. Mary Halcomb. The meeting was called to order by the president Mrs. Terrie Sallee. Roll call was answered by seven members telling about their favorite tree.

The devotional was given by Mrs. Loraine Irvine "The Meaning of Love." Minutes of the January meeting were read and approved.

Cards were signed by those present to send to our shut-in members. We exchanged Valentine's and it was decided that we would exchange St. Patrick's Day Cards in March.

It was decided that we will have a bake sale the first week in May in order to make money for our club.

Mrs. Halcomb gave the lesson on "Quick Nutritious Meals."

Mrs. Halcomb, being our hostess, had prepared the recipe for chili and chocolate cake, which we enjoyed.

We missed Miss Edna very much and hope she will soon be able to return.

The next meeting will be March 12.

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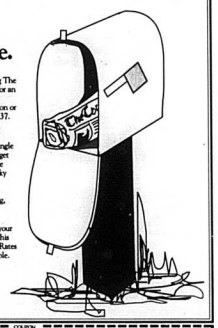

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Menus

Nicholas County Elementary School

Breakfast:

Monday, March 1, Juice, Cinnamon/Raisin Biscuit, Milk.

Tuesday, March 2, Juice, Ham/Biscuit, Milk.

Wednesday, March 3, Juice, Breakfast Pizza, Milk.

Thursday, March 4, Juice, Pancake/Syrup, Milk.

Friday, March 5, Juice, Sausage and Biscuit, Milk.

Lunch:

Monday, March 1, Ham Sandwich, California Blend, Mashed Potatoes, Pudding, Milk.

Tuesday, March 2, Pizza, Tossed Salad, Corn, Oatmeal Cookie, Milk.

Wednesday, March 3, Hamburger on Bun, Lettuce/Tomato, French Fries, Baked Beans, Applesauce Raisin Cake, Milk.

Thursday, March 4, Taco Salad, Buttered Corn, Shredded Lettuce/ Cheese/ Tomato, Taco Shells, Pirate Cake, Milk.

Friday, March 5, Pimento Cheese Sandwich, Buttered Peas, Applesauce, Chips, Chocolate Chip Cookie, Milk.

Nicholas County High School

Breakfast:

Monday, March 1, Juice, Cinnamon Raisin Biscuit, Milk.

Tuesday, March 2, Juice, Scrambled Egg/Bacon, Milk.

Wednesday, March 3, Juice, Bacon/Egg on Biscuit, Milk.

Thursday, March 4, Juice, Cinnamon Roll, Milk.

Friday, March 5, Juice, Sausage/Biscuit, Milk.

Lunch:

Monday, March 1, Fish/Bun, Peach Cobbler, Cole Slaw, Beans, Milk/ Tea/ Lemonade, Salad Bar Available.

Tuesday, March 2, Chicken Nuggets, Green Beans, Mashed Potatoes, Biscuit, Milk/Tea/Lemonade, Salad Bar Available.

Wednesday, March 3, Bologna/Cheese Sandwich, Baked Beans, Slaw, Fresh Fruit, Milk/Tea/Lemonade, Hot Dog Bar Available.

Thursday, March 4, Hamburger/Bun, French Fries, Lettuce/ Tomato/ Onion, Cookie, Milk/ Tea/ Lemonade, Salad Bar Available.

Friday, March 5, Barbecue on Bun, Broccoli/Cheese, Buttered Potatoes, Cookie, Milk/Tea/Lemonade, Potato Bar Available.

Menus subject to change.

Margie Zansler pays visit home

Margie Zansler of Fountain Valley, California, surprised her parents, Johnie and Elsie Gray of Cassidy Creek Road by arriving for a three week visit to help celebrate Elsie's 85th birthday.

While here, there has been sunshine, rain, sleet, hail, snow, warm weather, freezing weather, tornados, and wind.

Her sister, Carolyn Bowles, water pump broke, so three homes were without water for two weeks then her mobile home burnt to the ground. Her dad's car broke down so she had no wheels. She commented, "Folks, I'm going home."

Mr. and Mrs. Julian Crawford are celebrating their 25th anniversary February 18, 1993.

They were married February 18, 1968 at the Judyville Christian Church in Millersburg.

They have two children and one grandchild.

Happy Sweet 16th Birthday, Carol

Love,
Mom & Dad

NCES Book Fair scheduled for March

On March 3 from 12:30 to 2:30 and March 4-9 from 7:30 to 2:30, Nicholas County Elementary School PTA will sponsor a Scholastic Book Fair, presenting a wide variety of books for students at all reading levels.

According to the Barbara Bush Foundation For Family Literacy, when parents and teachers work together to introduce children to the world of books, the results can be dramatic. Children who read more become more successful readers . . . and, in turn, successful readers read more books. This happy cycle is encouraged when parents, teachers and friends come together to share and explore new publications at events such as the Scholastic Book Fair.

The Nicholas County School PTA Book Fair will display hundreds of titles, including award-winning favorites, classics, how-to books, biographies, mysteries, adventures and the latest works of popular authors. All are offered at reasonable prices, so that students can choose books that appeal to their personal interests and parents can add to home libraries or purchase gifts for their young readers.

Proceeds from the fair will benefit the classrooms and allow the PTA to continue to support the education of our students, but the real profit lies in introducing children to the "magic" of the books and in encouraging them to be lifelong readers.

Parents and friends are invited to a reception March 4 from 7 - 8:30 p.m.

The Carlisle Mercury
289-2464

Bowles host dinner to celebrate birthdays

Bobby and Carolyn Bowles of Bowles Grocery, Myers Road hosted a birthday dinner Sunday, February 14.

Those celebrating their birthday were Bobby Bowles, January 31; Elsie Gray, February 15; Sophia Bowles, February 19; and Pamela Shepherd, February 20.

The Carlisle Mercury/Rebecca Mullins Photo

Carolyn Dotson and her daughter, Mary Susan McCord (far left) presented a copy of Dotson's cookbook *Thank Heaven for Homemade Cooks: Yummy Recipes* to Nicholas County Home Economics teachers Martha Taylor (being presented the book), Bonnie Metcalfe and Karen Gilbert recently. Dotson compiled the recipes and published the book in honor of her parents who were killed in a car wreck in 1991. The books are available at Georgie Girl Styling and Tanning Salon, Eddie's Restaurant, Yesterday's Treasures in Millersburg or through Dotson at 289-7120.

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The Saint Joseph Heart Emergency Network combines the resources of Bourbon General Hospital and The Saint Joseph Heart Institute. It's designed to reduce the time between the onset of a heart attack and the initiation of advanced medical intervention. Because the sooner a heart attack victim receives diagnosis and treatment, the better the chances for recovery.

The Saint Joseph Heart Emergency Network brings immediate cardiac services to where they are needed most: right here at Bourbon General Hospital. We can administer clot-dissolving drugs, helping minimize damage to the heart and allowing doctors to assess the patient's condition and plan further treatment. Plus we have access to the resources of The Saint Joseph Heart Institute through a direct 24-hour electronic communications link.

Of course, the most important step you can take is knowing the warning signs of a heart attack:

☐ Pain, pressure, fullness or a squeezing sensation in the center of the chest, lasting two minutes or longer.
☐ Severe pain that radiates to the shoulders, arms, neck, jaw or back.
☐ Shortness of breath, dizziness, fainting, nausea or sweating.

Some of these signs may not be present, or they may subside and return, but any one of them needs immediate attention at Bourbon General Hospital or the nearest Emergency Room.

For quick access to the most advanced emergency cardiac care, look to Bourbon General Hospital and the Saint Joseph Heart Emergency Network. Where our connections could save your life.

If you ever think you are having a heart attack, call your local ambulance service immediately.

The Saint Joseph Heart Institute
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