

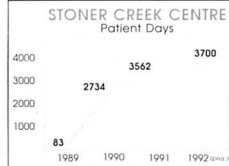
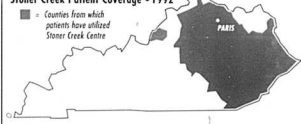
STONER CREEK CENTRE "1992 - A Continuation of Dramatic Growth"

Bourbon General Hospital's Stoner Creek Centre, which opened in August of 1989, offers help for those suffering from emotional problems. Statistics show that one out of every four people will at some time in their lives experience emotional problems resulting from stress, depression or anxiety. It can happen to anyone.

The philosophy of Stoner Creek Centre is to treat each patient with a program of individualized care. Since opening its doors, Stoner Creek Centre has developed into a statewide provider of mental health services. The Centre has received patients from over 50 Kentucky counties as well as several patients from Tennessee, Ohio, and West Virginia. Patients travel from several hours away to take advantage of the quality mental health care provided by the staff of Stoner Creek Centre. Admissions have increased dramatically each year, totaling over 400 for 1991. "We strive for more than short-term recovery. When our patients return home, we want them to have new hope and confidence in themselves to change their lives and enjoy being themselves is a unique process with every person," said Beth Dunn, R.N., Unit Director.

The program at Stoner Creek Centre is designed to help meet those individual needs and assist the patient in

Stoner Creek Patient Coverage • 1992



feeling comfortable and in charge again. "Our philosophy of psychiatric treatment is based upon the belief that each patient has the right to receive an individualized planned treatment program," said Dr. R. Ford, M.D., Medical Director of Stoner Creek Centre. Stoner Creek Centre's treatment team consists of professionals in psychiatry, psychology, social work, nursing, recreational and occupational therapy, and other allied health professions. Treatment of the unit is likely to include individualized therapy, daily group therapy, individualized psychotherapy, family therapy and activity therapy.

The outlook for Stoner Creek Centre for 1992 is excellent. Admissions are continuing to rapidly increase and plans to expand services are underway. A service recently added is an 800 number referred to as the COPELINE. This is a toll free number which may be used 24 hours a day, seven days a week. Callers do not have to give their name and the phone is staffed by a team member trained in crisis intervention. Within Bourbon County call 987-1084 • Outside of Bourbon County call 1-800-770-COPE (2673). The Centre receives approximately 500 calls per month on the COPELINE, ranging from simple questions to persons in serious crisis.

Stoner Creek Centre's growth and expansion holds great promise for the families of Kentucky. Bourbon County families can find the inpatient mental health care expertise they need right in their own community. Plus, families throughout the state benefit from Stoner Creek Centre's services. For further information about Stoner Creek Centre, please contact Michelle Bowe, Professional Relations Director, at 987-1084.