#### Boosters honor boys hoopsters

By William Million
O'The toride Memory had
CARLISLE — The 1991
Boys' Baskethall Boosters'
annual banquet was held-on
Thursday, March 21.
Seniors Brian Hilander,
David Sibers, Shad Tibbs, and
Shawn Sexton were recog-

Hilander was awarded the award for the team's highest field goal percentage and the award for most rebound. Junior Daniel Brown was recognized with the awards for highest free throw percent-age and most assists. Tibbs received the 110 per-

award and Sexton was ored with the Coach's

red for t

First year coach Ed Oakley vesented the awards. Oakley said " Coming in, voking at the schedule, I vould have been happy to win

This team exceded myexpectations.
The Bluejackets finished
the season with a record of 188, after opening the year 12-2.
Juniey Warsity Coach Greg
Letcher and Freshman Coach
J. W. Ballard presented awards to their teams.
The Boosters also awarded
gifts to the coaches and Gary
Sibert.

A Swing and a Miss

High School

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Maysvite's Timmy Myrick swings at Daniel Brown's fastball in the first pit County Bluejacket's baseball season. The Bluejackets opened the seas-pacher David Sibert's combining for a no-hitter for a 2-1 win over the

Gilbert spoke to the group, say-ing the team made him "proud to live in Nicholas

Jim Galbraith served as Master of Ceremonies.

## Staying fit is important

Maintaining physical fit-ness is important for us all and should begin at a young age. Building sound eating and exercise habits could re-duce the threat of heart disease

later in life.

Children as young as five and six have the same risk factors for heart disease as adults according to a study from Columbia University, said Janet Kurzynske, Ktarysnich Steinlist with the University of Kentucky College of Agriculture. Age: 19 Parents: Mr. and Mrs. Otto and Brenda Comp ton
Interests: Drawing,
Riding horses, Being
with family
Plans After School: Going to college

rentary College of Agriculture.

"Results of the study revealed that boys are generally more fit than girls,"

Kurzynske said. "The fitter child had lower blood pres-

lligh blood pressure is High blood pressure is a major risk factor in cardio-vascular disease, she added. "As an adult, boys carry most of their body fat on the trunk. Girls will carry most of their body fat of the arms and legs," Kurzynske said. Fat on the trunk is related to cardiovascular disease, Kurzynske asid.





March 24th - 30th Time: 7:30 Nightly Ministry by Randle Jackson Everyone Welcome Pastor Daryl Marshall

Nicholas County Little League Basketbal Awards Program and Dance April 6, 1991 6:00 p.m.

### LITTLE LEAGUE BASEBALL TRYOUTS

SATURDAY, APRIL 6 AT 1:00 P.M. AT: THE LITTLE LEAGUE BASEBALL PARK EAST UNION ROAD

March Winner Of The Fleeting Mercury Contest and an entertainment package from Carlisle Pic • Pac is

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el Brown's fastball in the first pit

Virginia Bellamy **Bald Hill Road** Carlisle, KY

We thank you for your entires this nonth and urge you to enter often, in next month's contest.







Revival at The First Church of Nazarene

Nicholas County High School Gymnasium

# AGES 9 - 12

#### 101 DANIEL A. EWEN, M.D. Ophthalmology - Diseases and Surgery Of The Eye

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5/28/72. Show Cause. Fact in full.
Scott Hebbs, dob 1/23/66. Show Cause. StC 3/36/91. Bobby \_\_McDonald. dob 3/30/58. Show Cause. On motion of Com. D/M.
Darrin Marshall, dob 10/1/68. Show Cause. StC 4/8/91.
Arnold Payne, dob 8/22/63. Show Cause. StC 4/28/91.

Arnold Payne, dob 8:220-5.
Show Cause, SC 4:2293.
Show Cause, SC 4:2293.
Larry McFarland, dob
12074. Review, SC 3:27(9).
Alma T, Serr, dob 11/4/6.
Review, SC 6:293.
Evelyn Bellomit, 4:293.
920 for review.
Perry Feeback, dob 2:227.11.
Review (3), Residential treatment completed, 90 days usepended for 2 yrs. Supervised probation. Cauth of Ky & Rei

Commonwealth of Ky Ex Re Robin Mitchell vs Timothy

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plan, pretrial 46791, 9-30.

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March 21, 1991

March 13, 1991



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