Miss Jane Ann Tincher of Nichels and J.J. and Betty arlisle, spent Saturday night Snapp. Jamie Kenney also

wise, Mrs. Leens Riggs.

Mrs. Verna Earlywise,
Stephanic and Christy Fitzer
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# Seithers completes training

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Bring in this coupon and receive \$5.00 Off our exercise program.

Beginning Nov. 1 thru Dec. 31 **Excellent Christmas Gifts** 

Tropical Tan & Exercise Center 336 E. Main Carlisle, KY 289-5850



16th birthday of Jenatham
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Dr. Albert W. Sweazy will and the public is invited. Dr. Sweazy went into the Carlisle United Methodist Church on October 22, 1989, at his father was the pastor of the the Evening Worship Service. Carlisle United Methodist (The service will be at 7 p.m. Church.



Saturday, October 21, 1989 7:00 P.M. Nicholas Co. High School

To Benefit: Nicholas Co. Athletic Dept. \*Children - \$1.50 \*Adults - \$2.00

### Watkins family holds reunion

Watkins family noids recuiring the relation was below fine and alliheld October 1 at Mt. Zion Church, attending were.

Bill Smith, Mr. and Mrs. And Warren Smith, Mr. and Mrs. And Warren Smith, Mr. and Mrs. And Warren Smith, Mr. and Mrs. And Watkins, Michelle J. T. Harmon, Mr. and Mrs. Johnsey of Watkins, Michelle J. T. Harmon, Mr. and Mrs. Johnsey of Watkins, Michelle Company, Mr. and Mrs. Johnsey of Watkins, Michelle Company, Mr. and Mrs. Johnsey for Watkins, Michelle Company, Mrs. and Mrs. Johnsey McKlerch, Mrs. and Mrs. Johnsey McKlerch, Mrs. and Mrs. Johnsey McKlerch, Mrs. and Mrs. Johnsey Mrs. Johnsey Mrs. Johnsey Mrs. Johnsey Mrs. Johnsey Mrs. and Mrs. Johnsey Mrs. an

 $\mathrm{R}$  and  $\mathrm{A}$  -Mr. Mary Ann Evans,
dampher of Mr., seid Mrs.
James N. Weed, pent several siderin from Tebrans,
days attending the Mallinst,
days and Mrs. Mrs.
days attending the Mrs.
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## **VOTE FOR** CARL COHORN

**Democratic Candidate Magistrate 1st District November 7, 1989** 

### ATTENTION

Mary H. Kozak, Management Specialist with Bluegrass Area Development District

### will be speaking at Carlisle Main Street Office Thursday, October 26

at 12 noon Her topics will include: **Building Rehabilitation** Recreation Historic Preservation Community Development Grant Mone

Public Invited To Attend

Openers

By Dr. Robert F. Pretzsch

Optometrist

# Eye



A PLACE TO STUDY Although many factors contribute to the decline of visu

Although many fasters contribute to the decline of visual activity in middle great and high whole students, one of the factors which adds to systemia is poor study habits. This condition can be partially alleviated by providing a special studying area for your child. One that is well planned and studying area for your child. One that is well planned and the student of the studen

Dr. Robert F. Pretzsch, Optometrist

21 S. Walnut, Cynthiana Call 234-1424 for Appointment

### COMMUNITY

School Menus

**Classes** offered

The sixthin a series of classes will be taught on Monday evening October 23, from 7 to 9 p.m.

ning October 23, from 7 to 9 p.m.
in the Hone Economics Department of Nicholas County High
School.
Please bring your own sweatshirt, fabric design you wish to
apply, fabric paints or other
289-7111.

# Homemakers Legislation may affect home

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# **Ronnie Clark**

City Councilman City of Carlisle

Your vote and influence greatly appreciated.



## Kitchen Korner

Fruit Cocktail Cake 1 1/2 C sugar C flour 2 tsp. soda

1/4 tsp. salt

1 C brown sugar 1 C nuts 1/2 C melted margarine

Still together sugar, flour, soda and salt. Add eggs and juice from can of thut cockstal. Mix well. Add thut and pour link or greased and found of stratz: park. Add thut and pour link or sold that the still strategy of the state in the still strategy of core. 40-50 minutes. In heavy success place 12 C margarities, 34 C evaporated mills, 34 C throw sugar, and 2 eggs flow. Add or experiend mills, 34 C strategy strategy of the st

or butter

Kitchen Korner is brought to you by ...



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