

HEALTH NEWS

Change in Medicare may increase write-offs

By Julie Plautner
of the Carlisle Mercury staff
The changes in Medicare that will take place Jan. 1 will potentially result in an increase in write-offs at Nicholas County Hospital, said Bob Hester, hospital administrator.

Medicare beneficiaries who are hospitalized next year will pay a higher deductible, but it will become a one-time charge, the government said.

Knowing cholesterol level important

ATLANTA (AP)—Only 6 percent of the adults surveyed in 32 states last year could recall what their cholesterol levels were, reports the national Center for Disease Control.

Many outside, don't know titles School nurse's role is important

Most people don't really know what the role of the school nurse is, says a nursing education expert who is finding out how helpful to students, parents and teachers alike.

Americans may not exercise enough

NEW YORK (AP)—Americans say they exercise an average of 8.7 hours a week, but a majority believe they don't exercise enough, according to results of a nationwide poll.

High cholesterol levels may actually begin early

High blood cholesterol, a prime factor in stroke and heart attacks, may begin in childhood, according to a number of nutritionists and pediatricians.

LET US FILL YOUR NEXT PRESCRIPTION

Advertisement for Carlisle Drug Store, featuring a storefront image and text: 'The Drug Store' CARLISLE, KY.

With a higher deductible, those who are hospitalized may not be able to pay it. The hospital will continue to make efforts to collect the deductible, he said, but access to the hospital has never been denied because of inability to pay.

Under existing law, the deductible in 1988 could be charged for each hospitalization. By law, the deductible is pegged to changes in hospital costs, so, in theory, the deductible would go down if average hospital costs fell.

Evidence about the links between cholesterol and heart disease has grown in the past decade, the CDC noted in its report.

A cholesterol level of below 200 — measured in milligrams per deciliter of blood — is considered "desirable," according to the CDC.

Remington said cholesterol specialists want people to know their exact numbers to avoid misconceptions.

In the 32 states and the District of Columbia, the percentage of people knowing their cholesterol ranged from 1 percent in New Mexico to 57 percent in Maryland.

The margin of polling error for the surveys differed from state to state and question to question, but ranged from 1 percent to 4 percent.

Portions of this story were contributed by the Associated Press.

Like the hospital deductible, the Part B premium is adjusted each year according to a formula pegged to actual costs the preceding year.

Part B outlays, a direct reflection of the amount the nation's doctors charge the federal government, are the fastest-growing segment of the federal budget.

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GENERAL NEWS

Junior Lady Jackets hang onto record against former champion, Belmont

Nicholas County's Junior High girls basketball team pulled victory from defeat at Belmont, Monday night.

Nicholas County's seventh grade girls basketball team led throughout the game but had to hold on to post a 35-33 win.

Nicholas led 7-4 after one, 14-11 at intermission and 25-23 at the third stop, before posting the win.

Kim Dunkins led Nicholas County's seventh graders, now 11-0, with 11 points and 10 rebounds, while Elizabeth Schandling added 10 points.

In the eighth grade game, Belmont led at every stop, but inspired Nicholas County rallied in the final frame out scoring the hosts 9-6, to win 29-27.

The Jackets trailed 10-6 after one period of play but by eight, 22-14 at intermission.

A strong third quarter pulled Nicholas County within three, 31-28, and the final frame gave Nicholas the time it needed to work for the win.

Dunkins led the winners with 17 points and eight rebounds, and Christie Hatten had nine rebounds for the winners.

It was the first loss for Belmont on its home floor since capturing its program, an eight game play.

Nicholas County's eighth grade improved on the year to 10-1, and averaging its only loss to Belmont.

Nicholas County continued to roll up wins, capturing two more last week.

In seventh grade action at Scott County Middle School in Georgetown, the junior jackets led from the opening quarter, 11-4, 22-8 at intermission and coasted to a 43-19 win.

Dunkins led Nicholas County with 18 points and nine rebounds. Tawnya Livingston had eight for the winners.

In the eighth grade game, it was more of the same. Nicholas County led 11-8 at the end of one period of play, 48-12 at intermission, ex-

Continued from page 10

Bears-4, Campbell-3, Hall-1, Ricketts-5, Livinfield-1, Cawwell-1, Livinfield-1.

Kats-5, Willoughby-1, Ranta-4, Phillips-5, Dixon-1, Edwards-1, Tipton-2, Jolly-1, Livinfield-4.

Saints-1, Mitchell-1, Edwards-2, McNabb-1, Edwards-2, Livingood-2, Tipton-4.

A-Team Scores: Patriots-18; Hughes-8, Mitchell-4, Vice-2, Compton-2, Foyam-2, Hornets-6, Anderson-4, Hunt-2.

Hookers-13; Ring-12, Shields-1, Baiders-17, French-8, Fulton-2, House-3, Massey-2, Jenkins-6.

Hawks-27; S. Kenney-12, D. Kenney-6, Burns-7, Sims-2, Collins-7, Tischer-4, Reid-1, Kenney-2.

Jets-5, Buswell-1, McClan-2, Roman-1, Seston-1, Schub-16, Broderick-7, B. Simpson-2, Evans-2, S. Simpson-2, Demoss-20, Oles-5, Brown-13, Green-2, Taber-2, Abseel-1, Colby-16, R. Long-11, S. Long-2, Hamilton-3.

Beavs-23; Warren-10, Smith-2, Eton-1, Evans-0, Holler-2, Rockets-2, Stone-1, Bloomfield-1.

Kats-10; Allison-4, Fryman-4, Caswell-2, Phillips-7, Jolly-2, Gates-1, Hamilton-4, Saints-0, Phillips-22; Livinfield-4, Mitchell-6; Jolly-12.

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McFarland's advertisement featuring various Buick models (1983 Cadillac Coupe DeVille, 1988 Chevy Cavalier, 1987 Chevy Nova, 1985 Chevy Conversion Van, 1984 Chevy El Camino, 1983 Buick Park Avenue, 1983 Nissan Diesel Coupe) and services like 'Crash the Price Barrier!' and 'Whichever It Takes'.



Young ladies cheer the Little League basketball team at their season opener October 15. Hank Reed photo.