

COMMUNITY SPOTLIGHT

In the kitchen...
Show an award winning cook

By Julie Pfeiffer
Of The Carlisle Mercury Staff
Judy Shaw was always a member of FHA and 4-H. She also loved to cook, she said and likes to collect recipes. The collection has finally paid off, as her recipe for Coconut Delight Cake will be included in the Herald-Leader's "What's Cookin'" in the Bluegrass' cookbook.

A letter from the Herald-Leader notes that there were over 500 entries from 42 counties. The cookbook was last published in 1982, the letter said, and almost all of the winners said they still had theirs.

Indeed, Shaw has several from past years. She explained that the person who always coordinated the book passed away and the book was never revised. A friend gave Shaw the recipe, she said, and was delighted at her good fortune with it.

"It's an easy recipe," Shaw said. "And I'm in for anything fast and easy."

Lately, she explained, she hasn't been doing the cooking she used to. She works part time at her family's liquor store, J & J Liquors, Working outside the home makes cooking difficult. "I don't want to do the cleaning up," she said, laughing.

Trick or treat
This clown...or hubb...stopped by The Mercury office on his nightly rounds Halloween night. - Julie Pfeiffer photo

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Shaw, was a "guinea pig" she said, when they were first married. Apparently his mother didn't like to cook. "I thought 'This will be easy,'" to impress him, she said.

She has two daughters, Lisa and Tracy, attending the University of Kentucky. They seem to be on the go a lot and don't do much cooking. Her son, Jimmy Allen Shaw Jr., just requests more services, such as sandwiches for a school function.

Shaw attended a reception for the winners at E.S. Good Barn on the UK campus. "The Herald people were there," she said. "And they treated us like queens!"

Everyone took a sample of their recipe and Shaw said there were some pretty good cooks there. There were five winners just in Fayette County.

All of the Herald-Leader associates were sporting bright blue aprons, Shaw said, with a logo reading "Doggone Good Cooks." These were presented to the cooks, Shaw said, who had been admiring them most of the day.

The cookbook will run with the regular Herald-Leader November 2.

Coconut Delight Cake...
From Judy Shaw
13x9 pan

1 yellow cake mix (bake as directed on box)
1 1/2 cups Coco Lopez cream of coconut
1 can Eagle Brand milk
1 1/2 cups Cool Whip
Coconut
After baking cake, while still warm, punch holes in cake (kind of wooden spoon good for this.) Mix cream of coconut and Eagle Brand milk and pour in the holes. Let cool completely. Spread Cool Whip on the top and sprinkle with coconut. Keep in fridge. Keeps for a week or longer and gets better each day.

Shaw prefers a traditional yellow cake mix, not one with pudding in it.



Judy Shaw

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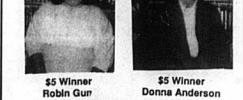
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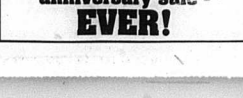
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