

GENERAL NEWS

Stress a concern for children in farm families

Carlisle
That's the way life should be for children. Unfortunately, however, many farm family children report that much of the same stress as their parents when caught in the night of the farm crisis.

"A great deal of attention has been focused on the stress felt by the farm family," said Gary Hansen, University of Kentucky Extension specialist in sociology. "But little has been focused on their children who also may be feeling anxiety, anger and fear."

The farm crisis directly touches the lives of many youth in that it is more likely to affect younger farm-ers whose children probably will live at home.

"These children may experience both anger and fear," said Hansen. "They see but may not understand fully what is happening to their family, especially in times of severe financial distress. Farm children may become read at or blame either the bank or their own parents for the situation. On the other hand, the children may worry about their parents as they see how the crisis is affecting them."

Children also may experience sadness over things lost or gained daily.

The farm crisis is just as large a part of the child's world as it is the parent's.

One of the things farm children may lose is their own opportunity to go into farming. Their career dreams may be lost.

Both adults and children with depression when experiencing stress, Hansen said.

Farm children may withdraw from friends. They may drop out of extracurricular activities at school or through other organizations. In addition, such children have been found to have more physical illness and academic problems.

Hansen said there are a number of ways both parents and other adults can help farm children manage during the current crisis.

Children's fear and bewilder-

ment often are the product of ignorance about the situation.

Parents need to realize that they cannot hide the family's problems from the children. Children can tell when their parents are tense, worried and experiencing stress.

Problems need to be approached as a family. Children should be included, even in the pain, on a level they can understand.

All adults can attempt to help children look to the future with hope and self-confidence. The current crisis threatens many children's life dreams. "They may need help in finding new ones."

Since parents often are preoccupied during stressful periods, other

adults need to reach out to the children in their communities.

"Above all," Hansen said, "adults can listen to children's ideas and feelings. They need to know that someone cares and understands."

OBITUARIES

MRS. ERNEST LINVILLE
Mrs. Ernest Clinton Linville, 82, Symmes Hill, widow of Ernest Linville, died Thursday, September 10, 1987 at the Nicholas County Hospital after a long illness.

She was a member of the Stone Creek Christian Church, native of Nicholas County, daughter of the late August and Cora Parrell Frye. She is survived by five sons, Carl and Robert Abner, both of Carlisle.

William, Joe and Jerry Linville, all of Carlisle; a daughter, Miss Naomi Linville, Carlisle; 14 grandchildren; seven great-grandchildren.

Services were Saturday, September 12 at Mathews-Glance Funeral Home by the Reverend Mike Greer. Burial in Carlisle Cemetery.

Casketbearers were Frankie and Bonnie Abner, Steve Linville, Timothy Fryman, Jimmy Boone, Billy Price and Bobby Price.

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