

Tribute to Mother '87

The Carlisle Mercury

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On behalf of the National Mother's Day Committee, Governor Martha Layer Coffin of the State of Kentucky, presented the 1987 CMAA Honor Award to the PACT's outstanding Mothers of the Sherman Cruise in New York on April 23. Gov. Coffin was honored in 1985 as the National Outstanding Mother and a year later, in 1986, she was named Official Flower Mother of the Year. She appeared with her family, including her daughter-in-law, in a family portrait photo taken in the Kentucky State House. Governor Coffin is one of only three women who held gubernatorial posts in the country. She has been a leader in National Democratic Party activities for many years, having served as Chairperson of the National Democratic Party Council in 1984. Prior to her election to the post of Governor, she served as Executive Director of the State of Kentucky's first women's political action committee, the National Council of the Women's Club. The North Annual Outstanding Mother Award was presented at a luncheon attended by nearly a thousand guests from five groups, commerce and industry, government, religious organizations and education.

PAPER MOM FROM HEAD TO TOE ON MOTHER'S DAY

Whether your mom spends her days working on the job or at home, she's probably the boss of us all. This Mother's Day, give your mom some special pampering with these gift ideas.

- Send her that special beauty salon for a new hairstyle or hair color makeover.
- Give her a professional manicure or pedicure.
- Make an appointment for her to get her face facial at home.

• Give her a gift certificate for a beauty salon consultation with her favorite cosmetic company.

• Treat her to a body massage at a local spa and/or the tanning center - give her a pair of tanning gloves and slippers. Their unique massaging action will soothe her and massage her feet each time she wears them.

• Find a color analyst who will tell mom what "color" she is and help her pick the best clothes to fit her body and her complexion.

- Give a certificate to cook a special Mother's Day Breakfast for mom - and the won't have to lift a finger because they'll do all the cleaning too!

Tips for working moms that can help lighten cleaning load

Television commercials of the filthies and soaps portrayed the housewife as a Sassy Soaphead, always fretting about hard water spots on her china and dreading the white glove inspection visit of her magazine mother-in-law.

But these are the eighties. It's push-her, Sassy, and hello to Working Mom. With more than half of American women employed outside of the home, few have time to worry about floor wax buildup and "fing around the collar."

To help out the more than 40 million Working in the U.S., cleaning experts from The Earth's Company have compiled these suggestions to make house cleaning go faster.

- Set aside a specific time period for cleaning, say 1:00 to 3:00 on Saturday. Don't make any other plans for that slot.
- Once you get started, stick with it. Laying on the phone, looking at the mail and other interruptions will only prolong your tasks.
- Do one room at a time. It's self-defeating to run all over your house or apartment, doing little things here and there. By sticking with one room, you'll receive the instant gratification of seeing it sparkle. You can then advance to the next area.

- Prepare a cleaning plan and schedule the labor among your spouse and children. Even smaller children can be responsible for retrieving their toys from the living room and "picking up" their

- Your versatile vacuum cleaner can handle many different types of cleaning jobs. Don't do anything by hand that can be done with your vacuum equipment. For example, use your vacuum cleaner's attachments to pick up dust and crumbs in kitchen drawers, shelves and cabinets.
- Invite a friend over to share big cleaning jobs, and then appreciate the favor by helping out with tasks in her house. Coordinating jobs so you'll both be in the same room and have someone to chat with while working.

For example, clean the oven or refrigerator while your friend cleans the counter, drawers and shelves; one can polish the other while the other tackles the carpet pads.

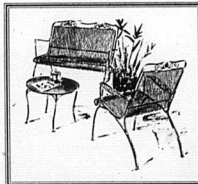
Ironing and window washing blend well together in the same room, as does polishing furniture and shampooing upholstery or washing woodwork and cleaning out closets.

- Consider purchasing a second vacuum cleaner to lighten the load. One of you can vacuum stairs and hallways with a canister vac or Power Floor, while the other handles large carpeted areas with an upright vac.
- For big chores, such as cleaning out a utility room or basement, you might want to invite several friends. Reward their efforts with a snack or a movie rental for your VCR to be viewed after the job is finished.

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