

**BUSINESS PROFILES**

**Tropical Tan a complete shop**

**By Marsha Livingston**  
of the **Carlisle Mercury**

After all it is said and done, one will be able to walk inside the building located at 350 E. Main Street and have a complete beauty makeover.

First opened as Tropical Tan in May, 1985, the building now houses an exercise center and beauty salon, with plans for an additional business in the making.

Randy Richter, owner of Tropical Tan, originally rented space in the building, which belongs to Cliff Voss, to house two Wolf Tanning beds.

In December, 1986, Voss purchased another tanning bed and the California Concept exercising tables, complete with exercise center, to form Tropical Tan and Exercise Center.

"This area is worth considering," Voss said, "that I thought an exercise center would go over well in Carlisle."

After talking with several owners of exercise centers in surrounding counties, Voss planned several different companies, including beds for the exercising tables.

According to information provided by California Concept, each of the tables works the body by firming, toning, tightening and reducing.

Physical therapy uses motorized equipment to build up muscle tone until the individual can work the muscles themselves.

The progressive use of weight resistance is the idea behind aerobic exercise; therefore, wearing the machine that each table exercises will provide the benefits of toning.

Several skin type shows a skin tone change after the first or second session, and being fully tanned after three sessions.

Over three tanning, one or two sessions a week should be adequate to keep the tan year round.

Open Monday through Friday, 10 a.m. to 8 p.m., Saturday, 8 to 4, and Sunday, 11 a.m. tanning and exercising can be fit into almost any schedule.

Paul Allen, manager of Tropical Tan and Exercise Center, said the center has an average of 22-24 exercising customers per day, with three tanning beds going full time.

Richter, an employee of First National Bank of Carlisle, manages the center one night a week and on Saturday.

She is married to Cliff Richter, and they have one daughter, Melissa.

In addition to tanning a business, Voss has been an insurance agent in Carlisle for 24 years, a substitute mail carrier for 19 years, and owns a farm on the side.

Voss has three children, Debbie, Steve and Mark, three grandchildren and three step grandchildren.

Debbie manages the center two nights a week.

Other part-time employees are Lisa Fryman and Tracy Shaw.

Beginning the first of June, a beauty salon, Stylist Unlimited, will be open for business in the room located next to Tropical Tan and Exercise Center, with Janice Owens as its beautician.

How many places can you walk into and reduce your waistline, get a suntan and have your hair styled all in one place?

**Replacing Your Air Conditioning?**

The conditioner will quit in the summer. Don't be forced to make a last decision. Call your neighbor to find out how they replaced their old unit. You need now to make the right choice. Freedom.

**In the Heat of the Moment, Make the Right Choice. Rheem.**

Quality Air, Inc.  
1826 So. Main - Paris, Ky.  
Home Phone 987-0666  
After 6:00 p.m. call City Bridge 289-2884

**The Oxford Shop**

Yard Sale!  
Selected Groups  
Men's Shirts  
\$20 NOW \$5.00  
Ladies Shorts Sets  
\$25 NOW \$7.50  
NOW \$3.00  
Shorts  
\$6.00 NOW \$3.00  
Ladies Summer  
Sweaters  
Selected Group  
1/2 PRICE  
Belts  
\$12 NOW \$5.00  
NOW \$1.00  
Free hot towel service  
at Our Fresh Dough  
200 E. Main - Paris, Ky.  
Home Phone 987-0666

**Don't Forget**

The My notices have been sent.  
Renew your subscription

**The Carlisle Mercury**

**NOW**

Check the mailing label on your paper for renewal date. Timely renewal prevents interruption of service.

Rather than pulling against gravity to do leg lifts, sit-ups, arm lifting or waist bends, the body is in a relaxed, horizontal position, with the tables performing the majority of the work, eliminating fatigued muscles.

Each treatment consists of eight minutes on each of the six tables.

Weights and measurements are recorded first, second, frequently, to help set attainable goals and to measure inch loss.

The tummy-bip table works at the waist and tightening the shoulders.

The high-end table works both the waist and loins, reducing the waistline.

The body rock table works the entire upper body and upper arms, and is beneficial in relieving tension.

The midriff, upper back, abdominal, stomach and abdomen are all firm and toned by this table.

Debbie manages the center two nights a week.

By improving the circulation of the blood, cellulite is more easily broken up.

According to the information provided, cellulite is a condition which affects many men and women, regardless of body weight.

Unlike ample fat which disappears under the lift sense of weight loss and an exercise program, cellulite stays on.

**Eye Openers**

By Dr. Robert F. Pretzsch, Optometrist

HELPING THE ELDERLY SEE BETTER

Many people in their sixties and eighties still read newspapers, balance their own checks, and even drive their own cars. They don't need "special" help, other than regular eye examinations to make sure their eyes stay healthy and that new glasses are prescribed when needed to correct changes in visual acuity.

For some elderly, however, glasses alone may not be enough to correct deficient vision. Additional help can be provided by supplying them with brighter lights, getting them lamps that shed close to the pages of reading material.

Introducing them to the large type books in your local library.

recommending helpful magnifying devices and encouraging their use.

New types of magnifiers are now available that can help many people whose vision cannot be corrected by regular glasses and allow them to enjoy life more by enhancing their vision.

Brought to you as a community service by...

**Dr. Robert F. Pretzsch,**  
Optometrist

21 S. Walnut, Carlisle - Call 234-1424 for Appointment

**Carpenter Motors Sets The Pace With Dodge Trucks**

**3.7% A.P.R. Financing Or Up To \$1000<sup>00</sup> Cash Back**



**All Dodge D and W150's 3.7% APR Or \$1000 Rebate Plus... Free Automatic Transmission**



**3.7% APR Or \$1000 Rebate**

**87 Dakota V6 Ton**

8 ft. bed, 3 pass. cab, V6, 5 speed over drive, deluxe wheel covers, power steering, step bumper, AM/FM stereo; 255's tires, 5300 GVW pkg.

**Only \$9500**



**Prospector III \$1400 Rebate**

V6 engine, auto, trans., power steering, stereo, air cond., 2 tone paint, speed control, 18" wheel, deluxe cab with carpet and cloth seat, sliding rear glass, chrome, step bumper, 22 gal. gas tank, 9200 GVW pkg. SALE PRICED



**\$11,405**

V6 engine, 3.9 liter, 4 wheel drive, auto, trans., power steering, 2 tone paint, S.E. Decoy Pig, transfer slide plate, chrome step bumper, 235x24x15 Mud & Snow tires, Full packages, 5850 GVW, Pkg. AM & FM stereo.



**\$12,546**

Less 3.7% A.P.R. or \$800 Rebate

Dakota 4x LE

2.6 liter engine, auto, trans., w/overdrive, rear step bumper, deluxe cab with cloth seats and carpet, sport stripes, wide vinyl side moldings.

**ALL FOR \$7,582**



**\$10,033**

FOR AN EXTRA SPECIAL DEAL, BRING IN THIS AD...

Come See Us at...  
**Carpenter Motors, Inc.**  
Second & Limestone Downtown Maysville 564-3373  
Open Until 6 P.M. Monday - Friday

**AMERICA'S BEST BACKED TRUCKS ARE RAM TOUGH**

**COMMUNITY SPOTLIGHT**

**Leonard Patton has finally retired for real**

**By Janice H. Duncan**  
of the **Carlisle Mercury**

Leonard Patton, 106 Taylor Avenue, worked for the railroad for over 40 years, retired May 30, 1983 at age 64, and began work at 68 years old. He is not on any medication, except for a daily vitamin pill, and has been in the second time last year when he spent 17 days in the Nicholas County Hospital suffering from double pneumonia.

He drives anywhere he wants to go, and he and Mrs. Patton attend the Carlisle Christian Church every Sunday without fail. He will be 69 on August 31. He has enjoyed good health all his life. He is not on any medication, except for a daily vitamin pill, and has been in the second time last year when he spent 17 days in the Nicholas County Hospital suffering from double pneumonia.

At 68 now, he does pretty good work on the farm. He has a riding mower plus a push mower when mowing next to the street. He trims with a power hand clipper.

When he lived in Millersburg before moving to Carlisle 10 years ago, his idea of a big garden was a two acre plot behind his house, a lot larger than his Carlisle plot.

He laughs and says, "I do about as much resting as I do moving."

Mr. Patton was 24 when he started with the L. & N. Railroad system, working on the line from Paris to Maysville.

He was a "farm boy" living with his mother, Auntie Betty Fitzpatrick and stepfather, Tom Fitzpatrick of Maysville.

At the time he was working with a construction crew building the road which ran beside the old hospital is two different times. A railroad foreman, who lived close to his family's farm gave

Patton his first job on the railroad. He went up in salary to a whopping 31 cents per hour, which was a considerable amount for a young man in the 1920's.

His first raise was one cent on the hour, for which he was grateful. When he retired in 1963 he was making \$2.18 per hour.

Patton's job was track maintenance which was all done during the off-peak hours.

The grass along the whole line was mowed twice a year, using a scythe. "We mowed from fence to fence from Mayville to Paris, with some banks so steep you could hardly stand," he explained. "And then there would be some lawns (with which to contend)!"

Patton talked about being "out" (or laid off) two different times on the railroad, and some a whole lot younger than now.

Patton also had a tobacco crop, and raised cows and pigs.

Mrs. Patton says of her husband, "He proved hard work won't kill you. While he worked on the railroad, he also raised a crop. He milked cows and fed hogs before going to work each day. He could get some home from work in the afternoon.

He took his lunch to work every day. Mrs. Patton said, "I had any thing I could eat here."

Patton and his wife both retired May 3, 1964. That day he said, "I called and told me they had had a bad week at Laid."

He went to the wreck site, and while working to restore the town, he lost a leg below the hip and bit him on the side.

He lost a leg of blood by the time he arrived at the hospital in Paris. A hole had been punched in his side by the angle bar and a pulley artery was exposed.

The doctor told him all that and his wife was in disbelief. He was going to wait till he retired to travel. He did just couldn't take it any longer.

He retired in the early 1960s just before his retirement, the passes for employees and their families were discontinued.

In the 1920s and 1930s, Patton said, there were more trains (passenger) going here from Lexington to Mayville than there was going to Mayville from Lexington.

Legislation to work on that line. He had to go to Winchester for several months to find work, and then to the line at Cowan.

He said, "They cut me out again. But that was the last time."

Mrs. Patton, his wife of 33 years, said, "That was real bad. Nobody thought anything about kicking someone off the line."

He considered himself lucky to find work on other lines during the lay-off periods.

Patton is six feet, four inches tall and the most he ever weighed in his life was 150 pounds.

He must take a "long, lean" man to get the job done on the railroad! He said he got a lot of good money during his work over the years about his weight.

He weighed an even lesser 128 pounds today.

Patton did not marry until he was 54. He laughed and said, "I got late start."

He stayed on the farm with his family until his mother died. He was the oldest of nine children.

He said he was "raised up with my mom's children," more so than his stepfather's children. He was three years older than his mother and stepfather married. He had three half sisters, George Ruth Clark, who lived in Carlisle; Lillian Bauges, in Cincinnati; Fannie Perry, in California, and a half brother, Thomas Fitzpatrick, in San Antonio.

Mrs. Patton, the former Mary Emma Teilder, had five children who they married.

He and Mrs. Patton had five children and three grandchildren who they could use to go anywhere L. & N. had lines.

He was the colorful, fun loving short order cook and waiter at the Little House with the Big Girls in the late 1930s and early 1940s.

Patton described the establishment, which was located where True Value is on a 2 1/2 restaurant and filling station.

Lynn Morgan owned the business. He loved Tommy off the restaurant. It was too late for him to get back to the farm.

Mrs. Patton said of him, "Everybody had Tommy. He was friendly and talkative."

Patton said Velveta Walls used to work with him at the restaurant. He also had other part-time jobs in Carlisle.

When Morgan sold the restaurant to Bill Henry, he told Henry, "Thomas is just the fatter, and goes with the business," which indeed he did.

In 1941 Tommy left to go into the army. Upon retirement, he joined the Air Force, staying in until retirement. He settled down in San Antonio, Texas to be near an Air Force hospital where he could see doctors treatments due to complications caused from diabetes.

He eventually had both legs amputated, and other medical problems plagued him. He drove to Carlisle two summers in a row in recent years in a specially equipped car to visit Patton.

He used to visit him in San Antonio twice a year for several years before his death in July, 1986.

Two exceptional men in one family, both dedicated to what they did, and both possessing a special outlook on life.

Railroading was lucky, and two branches of the army were lucky to have had such men in their ranks.

He was the colorful, fun loving short order cook and waiter at the Little House with the Big Girls in the late 1930s and early 1940s.

Patton described the establishment, which was located where True Value is on a 2 1/2 restaurant and filling station.

Lynn Morgan owned the business. He loved Tommy off the restaurant. It was too late for him to get back to the farm.

Mrs. Patton said of him, "Everybody had Tommy. He was friendly and talkative."

Patton said Velveta Walls used to work with him at the restaurant. He also had other part-time jobs in Carlisle.

When Morgan sold the restaurant to Bill Henry, he told Henry, "Thomas is just the fatter, and goes with the business," which indeed he did.

In 1941 Tommy left to go into the army. Upon retirement, he joined the Air Force, staying in until retirement. He settled down in San Antonio, Texas to be near an Air Force hospital where he could see doctors treatments due to complications caused from diabetes.

He eventually had both legs amputated, and other medical problems plagued him. He drove to Carlisle two summers in a row in recent years in a specially equipped car to visit Patton.

He used to visit him in San Antonio twice a year for several years before his death in July, 1986.

Two exceptional men in one family, both dedicated to what they did, and both possessing a special outlook on life.

Railroading was lucky, and two branches of the army were lucky to have had such men in their ranks.

He was the colorful, fun loving short order cook and waiter at the Little House with the Big Girls in the late 1930s and early 1940s.

Patton described the establishment, which was located where True Value is on a 2 1/2 restaurant and filling station.

Lynn Morgan owned the business. He loved Tommy off the restaurant. It was too late for him to get back to the farm.

Mrs. Patton said of him, "Everybody had Tommy. He was friendly and talkative."

Patton said Velveta Walls used to work with him at the restaurant. He also had other part-time jobs in Carlisle.

When Morgan sold the restaurant to Bill Henry, he told Henry, "Thomas is just the fatter, and goes with the business," which indeed he did.

In 1941 Tommy left to go into the army. Upon retirement, he joined the Air Force, staying in until retirement. He settled down in San Antonio, Texas to be near an Air Force hospital where he could see doctors treatments due to complications caused from diabetes.

He eventually had both legs amputated, and other medical problems plagued him. He drove to Carlisle two summers in a row in recent years in a specially equipped car to visit Patton.

He used to visit him in San Antonio twice a year for several years before his death in July, 1986.

Two exceptional men in one family, both dedicated to what they did, and both possessing a special outlook on life.

Railroading was lucky, and two branches of the army were lucky to have had such men in their ranks.

He was the colorful, fun loving short order cook and waiter at the Little House with the Big Girls in the late 1930s and early 1940s.

Patton described the establishment, which was located where True Value is on a 2 1/2 restaurant and filling station.

Lynn Morgan owned the business. He loved Tommy off the restaurant. It was too late for him to get back to the farm.

Mrs. Patton said of him, "Everybody had Tommy. He was friendly and talkative."

Patton said Velveta Walls used to work with him at the restaurant. He also had other part-time jobs in Carlisle.

When Morgan sold the restaurant to Bill Henry, he told Henry, "Thomas is just the fatter, and goes with the business," which indeed he did.

In 1941 Tommy left to go into the army. Upon retirement, he joined the Air Force, staying in until retirement. He settled down in San Antonio, Texas to be near an Air Force hospital where he could see doctors treatments due to complications caused from diabetes.

He eventually had both legs amputated, and other medical problems plagued him. He drove to Carlisle two summers in a row in recent years in a specially equipped car to visit Patton.

He used to visit him in San Antonio twice a year for several years before his death in July, 1986.

Two exceptional men in one family, both dedicated to what they did, and both possessing a special outlook on life.

Railroading was lucky, and two branches of the army were lucky to have had such men in their ranks.

He was the colorful, fun loving short order cook and waiter at the Little House with the Big Girls in the late 1930s and early 1940s.

Patton described the establishment, which was located where True Value is on a 2 1/2 restaurant and filling station.

Lynn Morgan owned the business. He loved Tommy off the restaurant. It was too late for him to get back to the farm.

Mrs. Patton said of him, "Everybody had Tommy. He was friendly and talkative."

Patton said Velveta Walls used to work with him at the restaurant. He also had other part-time jobs in Carlisle.

When Morgan sold the restaurant to Bill Henry, he told Henry, "Thomas is just the fatter, and goes with the business," which indeed he did.

In 1941 Tommy left to go into the army. Upon retirement, he joined the Air Force, staying in until retirement. He settled down in San Antonio, Texas to be near an Air Force hospital where he could see doctors treatments due to complications caused from diabetes.

He eventually had both legs amputated, and other medical problems plagued him. He drove to Carlisle two summers in a row in recent years in a specially equipped car to visit Patton.

He used to visit him in San Antonio twice a year for several years before his death in July, 1986.

Two exceptional men in one family, both dedicated to what they did, and both possessing a special outlook on life.

Railroading was lucky, and two branches of the army were lucky to have had such men in their ranks.

He was the colorful, fun loving short order cook and waiter at the Little House with the Big Girls in the late 1930s and early 1940s.

Patton described the establishment, which was located where True Value is on a 2 1/2 restaurant and filling station.

Lynn Morgan owned the business. He loved Tommy off the restaurant. It was too late for him to get back to the farm.

Mrs. Patton said of him, "Everybody had Tommy. He was friendly and talkative."

Patton said Velveta Walls used to work with him at the restaurant. He also had other part-time jobs in Carlisle.

When Morgan sold the restaurant to Bill Henry, he told Henry, "Thomas is just the fatter, and goes with the business," which indeed he did.

In 1941 Tommy left to go into the army. Upon retirement, he joined the Air Force, staying in until retirement. He settled down in San Antonio, Texas to be near an Air Force hospital where he could see doctors treatments due to complications caused from diabetes.

He eventually had both legs amputated, and other medical problems plagued him. He drove to Carlisle two summers in a row in recent years in a specially equipped car to visit Patton.

He used to visit him in San Antonio twice a year for several years before his death in July, 1986.

Two exceptional men in one family, both dedicated to what they did, and both possessing a special outlook on life.

Railroading was lucky, and two branches of the army were lucky to have had such men in their ranks.

He was the colorful, fun loving short order cook and waiter at the Little House with the Big Girls in the late 1930s and early 1940s.

Patton described the establishment, which was located where True Value is on a 2 1/2 restaurant and filling station.

Lynn Morgan owned the business. He loved Tommy off the restaurant. It was too late for him to get back to the farm.

Mrs. Patton said of him, "Everybody had Tommy. He was friendly and talkative."

Patton said Velveta Walls used to work with him at the restaurant. He also had other part-time jobs in Carlisle.

When Morgan sold the restaurant to Bill Henry, he told Henry, "Thomas is just the fatter, and goes with the business," which indeed he did.

In 1941 Tommy left to go into the army. Upon retirement, he joined the Air Force, staying in until retirement. He settled down in San Antonio, Texas to be near an Air Force hospital where he could see doctors treatments due to complications caused from diabetes.

He eventually had both legs amputated, and other medical problems plagued him. He drove to Carlisle two summers in a row in recent years in a specially equipped car to visit Patton.

He used to visit him in San Antonio twice a year for several years before his death in July, 1986.

Two exceptional men in one family, both dedicated to what they did, and both possessing a special outlook on life.

Railroading was lucky, and two branches of the army were lucky to have had such men in their ranks.

He was the colorful, fun loving short order cook and waiter at the Little House with the Big Girls in the late 1930s and early 1940s.

Patton described the establishment, which was located where True Value is on a 2 1/2 restaurant and filling station.

Lynn Morgan owned the business. He loved Tommy off the restaurant. It was too late for him to get back to the farm.

Mrs. Patton said of him, "Everybody had Tommy. He was friendly and talkative."

Patton said Velveta Walls used to work with him at the restaurant. He also had other part-time jobs in Carlisle.

When Morgan sold the restaurant to Bill Henry, he told Henry, "Thomas is just the fatter, and goes with the business," which indeed he did.

In 1941 Tommy left to go into the army. Upon retirement, he joined the Air Force, staying in until retirement. He settled down in San Antonio, Texas to be near an Air Force hospital where he could see doctors treatments due to complications caused from diabetes.

He eventually had both legs amputated, and other medical problems plagued him. He drove to Carlisle two summers in a row in recent years in a specially equipped car to visit Patton.

He used to visit him in San Antonio twice a year for several years before his death in July, 1986.

Two exceptional men in one family, both dedicated to what they did, and both possessing a special outlook on life.

Railroading was lucky, and two branches of the army were lucky to have had such men in their ranks.

He was the colorful, fun loving short order cook and waiter at the Little House with the Big Girls in the late 1930s and early 1940s.

Patton described the establishment, which was located where True Value is on a 2 1/2 restaurant and filling station.

Lynn Morgan owned the business. He loved Tommy off the restaurant. It was too late for him to get back to the farm.

Mrs. Patton said of him, "Everybody had Tommy. He was friendly and talkative."

Patton said Velveta Walls used to work with him at the restaurant. He also had other part-time jobs in Carlisle.

When Morgan sold the restaurant to Bill Henry, he told Henry, "Thomas is just the fatter, and goes with the business," which indeed he did.

In 1941 Tommy left to go into the army. Upon retirement, he joined the Air Force, staying in until retirement. He settled down in San Antonio, Texas to be near an Air Force hospital where he could see doctors treatments due to complications caused from diabetes.

He eventually had both legs amputated, and other medical problems plagued him. He drove to Carlisle two summers in a row in recent years in a specially equipped car to visit Patton.

He used to visit him in San Antonio twice a year for several years before his death in July, 1986.

Two exceptional men in one family, both dedicated to what they did, and both possessing a special outlook on life.

Railroading was lucky, and two branches of the army were lucky to have had such men in their ranks.

He was the colorful, fun loving short order cook and waiter at the Little House with the Big Girls in the late 1930s and early 1940s.

Patton described the establishment, which was located where